

Houston Parks and Recreation Department

Youth and Family Engagement

Activities

Week of May 30 – June 3, 2022

Kickin' Croquet

Create a croquet course with pool noodles (or hula hoops), then have youth kick bouncy balls through the wickets. First, cut up different colored pool noodles, making sure they are long enough to create an arch to kick the balls through. Design your own croquet course with the arches and use garden stakes to secure them to the ground. To play, have youth kick their balls through the course. Tally up points for the number of wickets passed or for the youth who gets through the course first. You could also call out colors and simply have them kick it through the ones that match what you've called out.

Frisbee Golf

Have youth throw soft foam flying discs into buckets, baskets, cardboard boxes, and other goals positioned all around your outdoor playing space. This game can be played by taking turns in a big group or in teams, and you can incorporate extra rules, such as having youth dance in place for five seconds if they don't land the frisbee in the goal in three or fewer tries.

Topple Ball

Divide youth into teams of four and set up one cone per team with a tennis or whiffle ball balanced on top. Have youth take turns rolling other balls toward the cones, trying to topple them over. When the ball on top falls, the youth who toppled it must try to chase it down and grab it within five seconds to win a point for their team. They also must set up the cone and ball on top for the next teammate to take their turn.