

Houston Parks and Recreation Department

Youth and Family Engagement

Activities

Week of March 21 – March 25, 2022

Crab Walk

Have participants sit with their feet in front and hands behind, then lift their hips off the ground so they're walking like a crab.

Paper Dandelions

Materials Needed: light blue cardboard, yellow crepe paper, paper (green, red, and black), googly eyes, pencil, glue, and scissors

- Cut from the yellow crepe paper approximately 1-inch strips. Fold in half and cut with scissors to make nice incisions. Apply some glue onto the edge and roll it up to make a dandelion flower. If needed, add some more glue at the end so the flower will stick together nicely. Cut off the excess of the flower heads. Now make a bunch of dandelion flowers by repeating the steps above. Cut thin strips of the green paper for the flower stem. Draw some leaves on the green paper. Cut them out and zig-zag their edges with scissors. Glue the flower stems. Add the flowers and leaves to the cardboard. Now draw a ladybug shape on the black paper and cut it out. Draw around that shape on the red paper and cut it out as well. Cut off a small piece from the red shape to make the ladybug's wings. Glue together the ladybug's body, wings, and googly eyes. Draw some dots onto the ladybugs with a marker and stick them onto the cardboard. Your paper dandelion scenery is all done!

Container Garden

It's easy to grow a container garden. Even if you live in an apartment, there is room on a windowsill for a small potted plant or herb. The easiest and most rewarding plants for a patio or indoor garden are culinary herbs or leafy salads: great for cooking and garnishing! For good success from seed, try parsley, chives, rosemary and arugula.