

Houston Parks and Recreation Department

Youth and Family Engagement

Activities

Week of March 7 – March 11, 2022

Spring has Sprung!

Materials Needed: paper plate, paint & paintbrushes (or Dotters), piece of white cardstock, piece of pastel colored cardstock, scissors, glue stick, green markers, and a Sharpie.

- Turn your paper plate over and have youth paint the back of the plate.
- While the plate dries, have youth use green paint and green markers to cover the white piece of cardstock.
- Draw a tulip or flower with a Sharpie on the front of the paper plate (non-paint side). Then use scissors to cut out the flower tops.
- Cut out leaves and stems from the green painted white piece of cardstock.
- Use a Sharpie to draw the outline of the flower, leaf, and stem onto another piece of pastel cardstock. This outline will help your child when he is positioning the parts (leaves, flowers, stem) and make it kind of like a puzzle.
- Have youth cover the back of the pieces with glue and stick them to the outline on the pastel piece of paper.
- Hang your flowers where you can see them often and get even more excited that spring has arrived!

Freeze and Justify

The group sits or stands around the acting space. Two people enter the space and begin to improvise a scene, with dialogue and as much physical action as possible. At any moment, anyone else in the group may shout, "FREEZE!" The actors freeze instantly and exactly. The person who stopped the scene taps one of the actors on the shoulder. The actor sits down, and the new person takes his or her position exactly. The new person must now initiate a new and DIFFERENT scene. The scene must flow naturally from the positions of the two bodies, and it is the new person's responsibility to communicate to his or her partner and to the audience what the new scene is about. At any moment another person may shout, "FREEZE!" and it begins again.

TV Tag

It is a basic game of freeze tag, but in this case the person that unfreezes the frozen player must call out a TV show title each time. The catch of the game is that every TV show can only be used once!