

Houston Parks and Recreation Department

Youth and Family Engagement

Activities

Week of January 24 – January 28, 2022

How To Make Slime

Materials: Glue, water, borax, food coloring

Directions:

1. Bowl: Pour 1/4 cup glue, 1/4 cup of water and 4 drops of food coloring into a large mixing bowl. Mix with a spoon.
2. Cup: Mix 1/2 teaspoon borax into 1/2 cup of water and stir until borax dissolves.
3. Slowly pour the borax solution from the cup into the large mixing bowl with the glue and stir slowly.
4. Continue stirring until a slimy mixture forms.
5. Once the slime has formed, knead the mixture until it becomes less sticky.

Nature Treasure Hunt

Work with children to brainstorm a list of “treasures” found outside (e.g. flowers, a bug, animal tracks, a smooth rock, etc.) Explore the backyard, playground, or park to see what all can be found. Invite children to draw, journal, or take a picture of what they find and compare to other outdoor spaces. To make it a little more challenging, have children identify or look for certain items that have a specific shape, color, or purpose (e.g. used for cooking or in medicine, can be used to build a shelter, food, etc.).

Time Capsule

Put anything you want to remember along with your resolutions in a container and then hide it till next year.