



Press Release

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MEMORIAL DAY WEEKEND MARKS START OF SUMMER SWIM SEASON

The Houston Parks and Recreation Department's summer swim season begins with the opening of all 37 outdoor pools for the Memorial Day Weekend. Pools **will be open to celebrate the holiday from May 27 - May 29 (Saturday, Sunday and Monday)**. All pools will begin **full summer operation on June 3 through August 13**. The regular summer operating hours are **Tuesday - Sunday 1:00 pm to 8:00 pm with all pools closing on Monday** for regular maintenance.

"Our neighborhood pools are a great way to cool off from the heat during the summer," said Lisa Johnson, Interim Director, Houston Parks and Recreation Department. "In addition to offering a free neighborhood pool for all ages, we also offer a variety of classes from water fitness and learn to swim classes for the public. We invite everyone to visit one of our neighborhood pools this summer."

Water Fitness and Learn to Swim classes are offered by the department at select pool locations across the city. All classes are offered free of charge but **registration is required**. The offered classes include:

H₂O Safe a learn to swim class offered at 3 levels that is designed to teach **youth ages 6-13** basic swim skills, swim strokes and water safety skills to help them become proficient at swimming. Classes meet Tuesday through Friday for two weeks for a 30-minute class.

SwimWise is a Learn to Swim series of swim classes offered for **all ages and skill levels** from beginner to advanced, designed to teach swimming and water safety skills.

Classes meet Tuesday through Friday for two weeks for a 30-minute class.

Adult Water Fitness classes are offered to promote the importance of staying fit and healthy. These classes consist of general exercise in the shallow end of the pool or more strenuous deep-water activity. Aqua shoes, a towel and a plastic bottle of water are recommended. Classes meet on various days.

For a complete listing of pool sites, hours of operation (including holiday hours) and to register online for Water Fitness or Learn to Swim classes, visit www.houstonparks.org.

The Houston Parks and Recreation Department (H.P.A.R.D.) stewards and manages over 37,851 acres of parkland and greenspace for the City of Houston and develops and implements recreational programming for citizens of all abilities. For more information on the Houston Parks and Recreation Department, call (832) 395-7022 or visit www.houstonparks.org.