

NEWS RELEASE

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2009 Corporate Games Presented by Humana Gets Workers Off Their Desks and Into the Park

Opening Ceremonies for the First Annual Corporate Games Presented by Humana will begin at 12:45 p.m. with games beginning at 1:00 p.m. on May 1 at Memorial Park's Jim McConn Ballfield. Thirty corporate teams will compete during the two day event in competitions ranging from a 3 mile walk to shooting basketballs. Funds raised from the event will benefit HPARD's Athletes Seeking Knowledge program. The games are sponsored by Humana and are designed to promote health and fitness while creating teamwork for participating corporations.

"We couldn't be more pleased to be part of this event and by Humana's sponsorship of the program," said Joe Turner, Director, Houston Parks and Recreation Department. "It is truly inspiring to see the number of corporations who have signed up to support employee wellness. Their philanthropy today benefits our ASK participants, who will become our city's future entrepreneurs and workforce and I cannot think of a better way to invest in the future."

Corporate teams and individuals will test their mettle against other in such fields as a 3-mile walk/run, basketball hotshot, soccer dribble/shoot, football TD pass, golf putting, tai chi, tug-of-war, and much more. Competitors will have a great time, develop teamwork with their coworkers, and gain an expanded sense of the importance of regular exercise to a healthy lifestyle. All events will take place in Houston's beautiful Memorial Park, and all equipment will be supplied by the Houston Parks and Recreation Department.

For more information on the Houston Parks and Recreation Department, Memorial Park, and HPARD's Athletes Seeking Knowledge program, call (713) 865-4537 or visit www.houstonparks.org.