



MEDIA ALERT

FOR IMMEDIATE RELEASE
April 20, 2009

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HPARD Announces Third Annual Health and Information Fair

The Houston Parks and Recreation Department invites Houstonians to attend the Third Annual Health and Information Fair. The FREE fair offers exhibits and information on wellness and exercise programs. Educational material and door prizes are available for attendees.

WHO: Houston Parks and Recreation Department Staff
Health and Wellness Vendors
Health Program Educators
Citizens Interested in Health and Wellness Programs

WHAT: Third Annual Health and Information Fair

WHEN: Thursday, April 23, 2009
10:00 a.m. – 1:00 p.m.

WHERE: Judson Robinson, Jr., Community Center
2020 Hermann Drive
Houston, Texas 77004

WHY: To encourage citizens to take an active role in their health and wellness by providing information and demonstrations on fitness and health. The fair will provide interactive fitness demonstrations, health and wellness vendor exhibits, and handouts and educational material on wellness and exercise.

For additional information on the Houston Parks and Recreation Department, call (713) 865-4537 or visit our web site at www.houstonparks.org