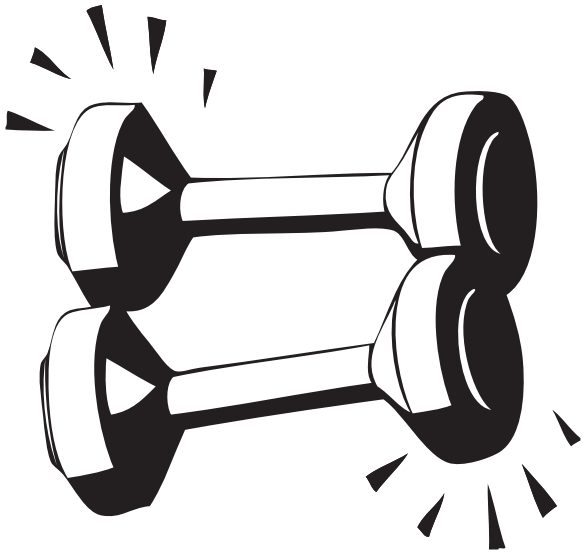
Muscle Tone Class

Houston Parks and Recreation Department

Crestmont
Muscle Tone Class



This is your chance to firm up those muscles,
get fit, and have fun at the same time!

Location:	Crestmont Park Community Center 5200 Selinsky, 77048
Time:	10:15 a.m. – 11:15 a.m.
Date:	Tuesdays & Fridays
Information:	(713) 733-2236

G-0317.14

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