

Programs & Activities

Houston Parks and Recreation Department

Carverdale Community Center Programs

Plan your week around the many programs held every week at Carverdale Community Center!

Location:	Carverdale Community Center 9920 Porto Rico, 77041
Information:	(713) 895-6141
Step Aerobics:	Monday, Wednesday, & Friday 10:00 a.m. – 11:30 a.m.
Resistance Ball Training:	Tuesday 10:00 a.m. – 11:00 a.m.
Open Computer Lab:	Monday & Wednesday 12:00 p.m. – 1:00 p.m.
Circuit Training:	Monday & Wednesday 6:00 p.m. – 6:45 p.m.
Book Club:	Thursday 6:00 p.m. – 7:00 p.m.

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