

HOUSTON PARKS AND RECREATION DEPARTMENT

FALL ACTIVITIES GUIDE & CLASS CATALOG

VOL. 11 - ISSUE 2 AUGUST 1, 2016 - DECEMBER 31, 2016



REGISTER ONLINE FOR ADULT SPORTS LEAGUES!

inside



VOLUNTEER FOR
LADY BIRD JOHNSON
WILDFLOWER
TRIBUTE PLANTING
PROJECT

SAT, NOV 5, 2016



REGISTER FOR HPARD'S
AFTER SCHOOL
ENRICHMENT PROGRAM!

ENJOY SPORTS, CRAFTS,
FIELD TRIPS AND MUCH
MORE! Page 3



After-School Meal Program

Programa de Alimentos para Después de la Escuela

September 6 - May 2
Septiembre a Mayo

***Friends, Fun
and Free Food***

**Hey, Parents
and Guardians!**

FREE meals are available for children
ages 1-18 who participate in programming
at HPARD community centers.
No registration is required.

In more than **76** operating sites
Snacks and supper served
between 3:00 pm and 6:00 pm

Children must consume meals on site



***Amigos, diversión
y comida gratis***

***¡Hola padres y
tutores!***

Alimentos **GRATIS** para
niños y niñas de 1 a 18 años.
No es necesario registrarse.

En más de **76** sitios de operación
3:00 p.m. - 3:45 p.m. Refrigerio
5:00 p.m. - 6:00 p.m. Cena

Los niños deben consumir los
alimentos en el sitio

Information / Información
(832) 395-7284

Sponsored by
Houston Parks and Recreation Department



**National Recreation
and Park Association**



Sponsored by Houston Parks and Recreation Department. This program is administered by the Texas Department of Agriculture Food and Nutrition Division. In accordance with federal law and USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. *Patrocinado por el Departamento de Parques y Recreación de Houston. El programa es administrado por el Departamento de Agricultura de Texas División de Alimentos y Nutrición. De acuerdo con la Ley Federal y los reglamentos del Departamento de Agricultura de E. U., no se permite la discriminación basada en la raza, el color de la piel, el país de origen, el sexo, la edad o la discapacidad.*

LAKE HOUSTON WILDERNESS PARK

25840 FM1485, NEW CANEY, TX 77357

gateway to nature

Rent A Fully Furnished Lakeside Cabin For Your Next Family Camping Trip!



Reservations, Prices & Information: (281) 354 -6881 | www.houstonparks.org





Shady Lane Park - Water Sprayground

Once more, the sizzling heat of summer is getting ready to give way to a glorious autumn, and Houstonians are out and about in the great outdoors. Here on the Gulf Coast, this is one of the best times of year, and the facilities and programs offered in Houston parks give you many ways to enjoy the perfect weather. No matter whether you are an active youngster, a senior full of pep, or an adult who wants to stay in shape, this catalog offers activities for everyone's taste in active and passive recreation.

Houston's 370 developed parks offer plenty of room to run and play, and many have playgrounds, ball fields, water spraygrounds, tennis courts and disc golf courses for public use. Free sports programs for youth include soccer, baseball, and tennis. After School Enrichment is available for children ages 6 – 13 at community centers all over town, again, free of charge. You will find the facts inside the pages of this catalog.

Seniors who want to stay active through their retirement years have choices, too. With crafts classes and exercise opportunities like line dancing, pickle ball and Tai Chi, HPARD's community centers are a vital resource in an active senior's life.

Staying fit and healthy is not just child's play, or an option for retirement. Ready to stretch your muscles and your prowess by taking part in a team sport? Adult sports leagues give you several options. What better time to run the bases or kick a ball than in the autumn air in Houston?

Don't forget the Houston Parks and Recreation Department offers up camping and outdoor activities in the woods at Lake Houston Wilderness Park, a 5,000-acre park a few miles north of the city. Campers can take advantage of a broad range of options, from rustic sites where you can pitch a tent to spectacular cabins where you can unwind from the stress of urban life in a peaceful forest. Don't forget to check out the Lake Houston Wilderness Park Nature Center. It offers a variety of learning experiences for young and old alike.

Houston is a great place to have an active life outdoors, and autumn is a great time to enjoy it! I hope you find opportunities for everyone in your family in this catalog and that you never forget the simple joys of play!

Joe Turner
Joe Turner

Director, Houston Parks and Recreation Department

MISSION STATEMENT

To enhance the quality of urban life by providing safe, well maintained parks and offering affordable programs for the community.

CONTENTS

Director's Message	1
HPARD Mission Statement	2
HPARD Park Rules and Regulations	2
Youth Programs	3
Youth Tennis	7
Skateparks / Disc Golf	9
Adult Sports Leagues / Adult Senior Sports Leagues	11
Adult Fitness Centers	15
Community Center Weight Rooms / Gyms / Basketball	17
Adult Fitness Classes / Aerobic Classes	20
Adult Walking Clubs	25
Park Trails	27
Senior Programs	30
Adaptive Sports and Recreation	34
Pool Hours/Locations	37
Water Spraygrounds	39
Lake Houston Wilderness Park	41
Tennis Centers	45
Tennis Neighborhood Courts	46
Golf Courses	48
Park Volunteers	53
Park / Greenspace Adoption Programs	55
Permits and Reservations / Gardens	56
Community Center Listing	57
Phone Numbers	58

HPARD ACTIVITIES IN THE PARK PROGRAM GUIDE AND CLASS CATALOG

The Houston Parks and Recreation Department provides programs and recreational opportunities for people of all ages and abilities on a year-round basis. HPARD's Activities in the Park Program Guide and Catalog is printed three times a year. Printed copies are available at your local HPARD Community Centers. A download-able electronic version is available online at www.houstonparks.org.

- **2016 Winter/Spring Activities in the Park - Dec 1, 2016**
- **2017 Summer Activities in the Park - April 1, 2017**
- **2017 Fall Activities in the Park - Aug 1, 2017**

PARK RULES AND REGULATIONS

- Park hours of operation for all city parks are 6:00 am to 11:00 pm unless otherwise posted.
- Glass bottles and glass containers are prohibited.
- Camping in City parks is prohibited except at Lake Houston Wilderness Park where fee based camping is permitted by reservation only. Walk-ins are welcome pending site availability.
- No motorized vehicles may be driven on turf areas.
- Riding or driving animals over or through the park, except along designated bridle paths is prohibited.
- Molesting, injuring, etc., animals, fowl or fish is prohibited.
- Erecting structures, bill posting, etc. is prohibited.
- Walking, sitting or standing on any border or flower bed is prohibited.
- No hunting or use of firearms is permitted in city parks.
- Fishing is not permitted. Exceptions are children 12 and under and senior citizens 65 and older and at Lake Houston Wilderness Park with appropriate Texas State Fishing License.
- Alcoholic beverages are prohibited in City parks with posted signage.
- All animals must be on a leash and under the direct control of its owner.
- Owners must pick up after their dogs. City of Houston Code of Ordinances Sec 6-24.
- Picnic areas are on a first come, first serve basis unless the area has been permitted. It is recommended that park patrons obtain permits to secure a picnic area for a special activity.
- The selling of food, drink or any other commodity on park property is prohibited.
- Littering is prohibited. Please take care to dispose of your litter. Keep our greenspaces clean.

For a complete list of Park Rules and Regulations, please visit the City of Houston Code of Ordinances, Chapter 32.

HOUSTON PARKS AND RECREATION DEPARTMENT
2999 South Wayside | Houston, TX 77023 | (832) 395-7000
askparks@houston.tx.gov | www.houstonparks.org

To report the need for repairs in a park or at a park facility please contact the City of Houston non-emergency Help and Info Line by dialing 311 or (713) 837-0311

You may also submit a service request your request online by visiting
<http://hfdapp.houstontx.gov/311/index.php>.



YOUTH PROGRAMS

After School Enrichment Program (AEP)

Enjoy arts and crafts, games, entertainment, special events, sports, field trips, nature explorations, and a variety of FREE activities at community centers across the city.

This program is open to youth ages 6-13. Register at a community center near you.

Ages:	6 - 13
Registration:	Aug 1 - Ongoing
	During Community Center Hours
Fee:	FREE
Program Dates:	Sep 6, 2016 - May 12, 2017
Times:	3:00 pm - 6:00 pm
Locations:	All community centers
Information:	(832) 395-7297
	(832) 395-7161
	(832) 395-7280
	(832) 395-7134

Instructional Sports Play

As part of HPARD's After School Enrichment Program (AEP), youth ages 6-13 will learn the fundamentals of a variety of sports this fall through Instructional Sports Play.

This program is FREE to youth enrolled in HPARD's After School Enrichment Program.

Sports programming includes instruction and scrimmage play in a variety of sports including: Basketball, Soccer, Volleyball, and Flag Football. Equipment will be provided. Contact your After School Enrichment Program site for the Instructional Sports Play schedule this fall.

Ages:	6 - 13
Registration:	Aug 1 - Ongoing
Program Dates:	Sept 2, 2016 - Dec 19, 2016
Fee:	FREE
Information:	(832) 395-7279
	(832) 395-7131
	(832) 395-7294

After School Meal Program (ASMP)

Get a FREE nutritious meal and snack at more than 75 ASMP Provider Sites in the Houston/Harris county area.

This program is open to youth ages 1 to 18. It provides a FREE nutritious meal and snack to qualifying registered youth during the week. Meals are served Monday through Friday from 3:00 pm to 6:00 pm at participating ASMP sites.

Join the increasing number of families and children participating in the After School Meal program.

No registration is required. To locate a site near you, dial 2-1-1 and the operator will provide you with a site in your zip code area.

Ages:	1 - 18
Registration:	Not Required
Program Dates:	Aug 22, 2016 - May 31, 2017
	Mon - Fri
Time:	3:00 pm - 6:00 pm
Fee:	FREE
Information:	(832) 395-7284
	2-1-1



Lakewood Craft Time - After School Enrichment Program

Tiny Tots Program

Parents are invited to participate in this program for youth ages 4 and under. This parent/child program includes: fitness activities, arts and crafts, and social games.

Parents and/or guardian must accompany child at all times.

Ages:	4 and under
Registration:	Ongoing
Program Dates:	Ongoing
Time:	Varies
Fee:	FREE
Information:	Contact Community Center

Candlelight	M, W, & F	10:00 am - 12:00 pm
Cherryhurst	M, W, & F	10:00 am - 12:00 pm
Kendall	T - Th	11:00 am - 12:00 pm
Milroy	M & Th	10:00 am - 12:00 pm
Proctor Plaza	W & F	10:00 am - 1:00 pm



Athletes Seeking Knowledge

(A.S.K.) provides scholarships and other resources to assist young people in the pursuit of higher education or to help improve their current academic standing. Hundreds of teens participate in the ASK Program every year.

Since 2000, over \$300,000 has been awarded to Houston area youth and teens in scholarships, tutoring programs, college and career fairs, SAT and ACT practice exams, academic bowls, and college campus tours.

A variety of ASK activities are planned throughout the year. Activities are open to all HPARD youth and teen recreation program registrants and volunteers.

Contact your local community center for upcoming ASK program activities.

Ages:	13 - 18
Registration:	Ongoing
Program Dates:	Year-round
Fee:	FREE
Locations:	All community centers
Information:	(832) 395-7275



Houston Teens Outside With Nature

(HTOWN) is a year-round program for teens, ages 14-18.

Participants will be provided with opportunities to build confidence and self-esteem through mentoring, HPARD programming, and special events.

HTOWN offers participants with activities and events including: community/volunteer projects, teen forums, educational workshops, field trips, tours, hands-on outdoor activities, monthly awareness events, sports, and special events.

Ages:	14 - 18, (Boys and Girls)
Registration:	Ongoing
Program Dates:	Year-round
Fee:	FREE
Information:	(832) 395-7131 (832) 395-7135 (832) 395-7270

D-Tag Program

D-Tag is a FREE tattoo removal program for youth and young adults, 10 to 24 years old, who reside in the greater Houston area. D-Tag is designed to help individuals re-enter mainstream society by removing tattoos which could identify them as participating in or supporting anti-social behavior. This specialty service is a scheduled process.

The D-Tag program is FREE; however, participants must complete six hours of community service before the procedure is performed. All youth under the age of 17 must complete a Parent or Guardian Permission Form to participate. Registration is required.

The Houston Police Department co-sponsors this program.

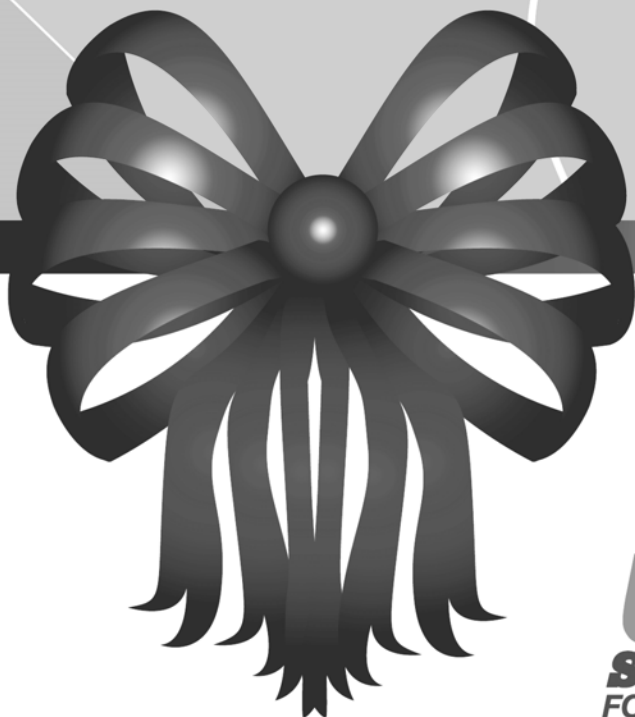
Ages:	10 - 24
Registration:	Required
Fee:	FREE With completion of 6 Hrs of Community Service prior to procedure
Program Dates:	Scheduled Quarterly on the 2nd Saturday of the Month
Locations:	Judson Robinson, Jr. 2020 Hermann Dr, 77004
Information:	(832) 395-7297 (832) 395-7270

**You Are Invited to Attend
the Ribbon Cutting Ceremony for the
Futsal Court at Ingrand Park.**

**This project is sponsored by the National Recreation and Park Association
in collaboration with The Walt Disney Company including
Disney Citizenship, Disney|ABC Television Group and ESPN.**

**Other funding partners include US Family Health Plan, the U.S. Soccer Foundation
and the Major League Soccer Players Union.**

**Location: 7302 Keller St., Houston, TX 77012
Date and Time: September 29, 2016 at 7:00 p.m. to 7:30 p.m.
Refreshments will be served.**



SAVE THE DATE 10.01.2016

100 Year Gragg Park Citywide Celebration

6200 Wheeler | Houston TX 77023

Event time: 10:00 am – 1:00 pm | Ceremony: 11:00 am – 12:00 noon
www.houstonparks.org

Please RSVP to rsvpparks@houstontx.gov



Mayor Sylvester Turner



FALL YOUTH TENNIS



AN NJTL CHAPTER SUPPORTED BY



The Youth Tennis Program is a FREE program offered at a variety of public parks throughout the year by the Houston Parks and Recreation Department in partnership with the Houston Tennis Association, Inc.- NJTL.

The program is designed to provide children with the fundamentals of the game of tennis and educational components that develop life skills. Equipment is available for use during class.

No pre-registration is necessary; however, you may register online at www.houstonparks.org. No new registrants are accepted after the first two weeks of each session and class size may be limited.

Ages:	6 - 18
Registration:	Online or On Site First Day of Class
Fees:	FREE
Fall I:	August 29 - October 6, 2016
Fall II:	October 10 - November 17, 2016
Information:	(832) 395-7561

Age	Class	Description	Time
6 - 10	Beginners	Fun based instruction	4:15 pm - 5:15 pm
8 - 18	Beginners/Advanced Beginners	Emphasis on learning	4:15 pm - 6:15 pm
8 - 18	Intermediates *	Skill development/match play (must pass skill test)	6:15 pm - 7:15 pm
8 - 18	Home School Program +	Morning Tennis Class at Highland Site only	8:30 am - 10:30 am
8 - 18	Home School Program +	Highland	8:30 am - 10:30 am
6 - 10	Home School Program +	Lee LeClear	10:00 am - 11:00 am
10 - 18	Home School Program +	Lee LeClear	11:00 am - 12:00 pm



Memorial Park - HPARD Youth Tennis



Memorial Park - HPARD Youth Tennis

* Intermediates Class Offered At Sites Marked with Asterisk

+ Indicates Home School Program with morning classes



FALL I - YOUTH TENNIS CLASSES AUG 29 - OCT 6			
CENTRAL			
Cherryhurst (KM 492V)	T & Th	1700 Missouri, 77006	(713) 284-1992
Jaycee (KM 452W)	T & Th	1300 Seamist, 77008	(832) 395-7561
EAST			
Finnigan (KM 494G)	M & W	4900 Providence, 77021	(713) 678-7385
WEST			
Bendwood (KM 489H)	M & W	12700 Kimberley, 77024	(832) 395-7561
NORTH			
Melrose (KM 413T)	T & TH	1001 Canino, 77076	(281) 447-0514
NORTHWEST			
Highland (KM 451D) +	W & F	3316 DeSoto, 77091	(713) 269-9986
RL & Cora Johnson (KM 450A)	M & W	9920 Porto Rico, 77041	(713) 895-6141
SOUTH			
Sunnyside (KM 533X)	T & Th	3502 Bellfort, 77051	(832) 395-7686
SOUTHEAST			
Sagemont (KM 576Y) *	M & W	11507 Hughes, 77089	(281) 922-2343
SOUTHWEST			
Alief (KM 529E) *	T & Th	11903 Bellaire, 77072	(281) 564-8130
Lee LeClear (KM 530 P) ^+	T & Th	9506 S Gessner, 77074	(832) 395-7561
Linkwood (KM 532P)	M & W	3699 Norris, 77025	(713) 314-3107

FALL II - YOUTH TENNIS CLASSES OCT 10 - NOV 17			
CENTRAL			
Cherryhurst (KM 492V)	T & Th	1700 Missouri, 77006	(713) 284-1992
Graham (KM 452R)	T & Th	540 West 34th St., 77018	(832) 395-7561
EAST			
Finnigan (KM 494G)	M & W	4900 Providence, 77021	(713) 678-7385
WEST			
Nottingham (KM 489E)	M & W	14205 Kimberley, 77029	(832) 395-7561
NORTH			
Melrose (KM 413T)	T & TH	1001 Canino, 77076	(281) 447-0514
NORTHWEST			
Highland (KM 451D) ^+	W & F	3316 DeSoto, 77091	(713) 269-9986
RL & Cora Johnson (KM 450A)	M & W	9920 Porto Rico, 77041	(713) 895-6141
SOUTH			
Sunnyside (KM 533X)	T & Th	3502 Bellfort, 77051	(832) 395-7686
SOUTHEAST			
Sagemont (KM 576Y) *	M & W	11507 Hughes, 77089	(281) 922-2343
SOUTHWEST			
Alief (KM 529E) *	T & Th	11903 Bellaire, 77072	(281) 564-8130
Lee LeClear (KM 530P) +	T & Th	9506 S Gessner, 77074	(832) 395-7561
Linkwood (KM 532P)	M & W	3699 Norris, 77025	(713) 314-3107
Meyerland (KM 531Q)	T & Th	5151 Jason, 77096	(832) 395-7561
Linkwood (KM 532P)	M & W	3699 Norris, 77025	(713) 314-3107

* Intermediates Class Offered At Sites Marked with Asterisk

^ After School Tennis at Lee LeClear is T & Th 4:00 - 5:00 pm for Beginners Ages 6 - 10, 5:00 - 6:00 pm for Beginner/Adv Beginners Ages 8 - 18, 6 - 7 for Intermediate, Ages 10 - 18

+ Home School Tennis Program at Highland is W & F 8:30 - 10:30 am for Ages 6 - 18

+ Home School Tennis Program at Lee LeClear is T & Th 10:00 - 11:00 am for Ages 6 - 10, 11:00 am - 12:00 pm for Ages 11 - 18

SKATE PARKS



Lee and Joe Jamail Skatepark 103 Sabine (KM 493K)

The Lee and Joe Jamail Skatepark is the first world-class in-ground skatepark that put Houston on the map as one of the nations best venues for this fast growing, dynamic sport. The Lee and Joe Jamail skatepark is a great place for skaters to work on their kick flip, Ollie, fakie big spin or to learn how to stay balanced!

Note: The Lee & Joel Jamail Sketa Park is currently closed for facility renovations untill October 2016. Please visit www.houstonparks.org for more information on its reopening.

Ages:	6 - Up
Fees:	FREE
Program Dates:	Opens Winter 2016
Location:	103 Sabine Street, 77007
Information:	(713) 222-5500

Clinton Skatepark 200 Mississippi (KM 495U)

This 12,070 square foot facility measures 142' X 85'. Components include half pipes, roll-in, bank ramp, quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', and a grindbox (kinked).

Dylan Duncan Skatepark 3950 Rustic Woods (KM 297X)

This 5402 sq foot facility measures 73' X 74'. Components include: a mini half pipe with 90' hip, skate benches, a kinked round grind rail, a kicker ramp, skate tables, a bank to stair with rail, shade structures with benches, drinking fountain and a bike rack in the shape of a skateboarder.

Eastwood Skatepark 5020 Harrisburg (KM 494T)

Eastwood Skatepark is a 4,928 sq foot facility measuring 88' X 56'. Components include: a concrete curb, a grind box, a grindrail, a concrete bench, a curved bench, a mini ramp with start wedge, a pyramid with planter and a wedge with box, grind rail (kinked round 20') and a sub box, bank ramp with kicker.

Joe and Theresa Padilla Skatepark 6200 Lyons (KM 494H)

The Joe and Theresa Padilla Skatepark is designed to give the skater a world-class workout on an exciting series of challenging features such as quarter pipes, bank ramps, grind boxes, stairs, and rails.

Watonga Skatepark 4100 Watonga Blvd (KM 451H)

The Watonga Skatepark is a 12,070 square foot facility measuring 142' X 85'. Components include half pipes, roll-in, bank ramp, quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', grindbox (kinked), grind rail (kinked round 20'), sub box and a bank ramp with kicker.



SKATEPARKS / DISC GOLF

Disc golf is an activity the entire family can enjoy. It is inexpensive, healthful, and a great way to enjoy the outdoors. The Houston Parks and Recreation Department has five disc golf courses ranging from 9 to 18 holes in parks throughout the city. Disc golf courses are open to the public during normal park hours of operation.



MacGregor Park

Agnes Moffitt Park 10845 Hammerly (KM 449R)	
Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher
Mason Park 541 South 75th St.(KM 535A)	
Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher
MacGregor Park 525 Calhoun (KM 489E)	
Holes:	18
Warm-up Basket:	Yes
Tee Type:	Asphalt
Basket Type:	Stroke Saver
Milby Park 2001 Central (KM 535G)	
Holes:	18
Warm-up Basket:	Yes
Tee Type:	Natural
Basket Type:	Disc Catcher
T.C. Jester Park 4201 T.C. Jester West (KM 451M)	
Holes:	21
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Stroke Saver

ADULT SPORTS LEAGUES

Get off of that couch and join an adult sports league! Flag Football, softball, volleyball, kickball and basketball leagues are offered at various parks throughout Houston. League play is open to adults ages 18 and over. Adult sports leagues require fees per team. Check www.houstonparks.org for more adult sports opportunities.

Adult Fall Flag Football League

Adult flag football leagues are offered during the fall and winter seasons. Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - Older
Divisions:	Men's C, Co-ed Open
Registration Dates:	Aug 1 - Aug 19
Fee:	\$365.24 per team
League Dates:	Sept 6 – Oct 28
League Format:	5-Wk Doubleheader Season (10 games total)
Days:	Tues, Wed, and Thurs
Time:	7:00 pm - 11:00 pm
Information:	(832) 395-7130

Adult Fall Softball

Slow pitch softball leagues are offered year-round in select park sites throughout of the city.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - Older
Divisions:	Men's C/D, Co-ed D
Registration Dates:	Aug 1 - Aug 19
Fee:	\$276.72 - \$332.05 per team
ASA Fee:	\$20.00 Per Calendar Year
League Dates:	Sept 6 - Oct 28
League Format:	5-Week Doubleheader (10 games total)
Days:	Mon - Fri
Time:	6:30 pm - 10:30 pm
Information:	(832) 395-7130

Adult Winter Flag Football League

Adult flag football leagues are offered during the fall and winter seasons. Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - Older
Divisions:	Men's C, Co-ed Open
Registration Dates:	Sept 26 - Oct 14
Fee:	\$365.24 per team
League Dates:	Oct 31 – Dec 16
League Format:	5-Week Doubleheader (10 games total)
Days:	Tues, Wed, and Thurs
Time:	7:00 pm - 11:00 pm
Information:	(832) 395-7130

Adult Fall Kickball League

Kickball, it's not just for kids, sign up today and play one of the fastest growing Adult Sports in the U.S. Come join the league and have fun playing the sport you once played as a kid! Open to adults 18 and older. Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - Older
Divisions:	Co-ed D
Registration Dates:	Aug 1 - Aug 19
Fee:	\$199.22 per team
League Dates:	Sept 6 - Oct 28
League Format:	5-Wk Doubleheader Season (10 games total)
Days:	Mon and Wed
Time:	6:30 pm - 9:30 pm
Information:	(832) 395-7130

Adult Fall Basketball

Hoop it up this Fall by signing up for HPARD's Adult Basketball League! Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - Older
Divisions:	Men's Open
Registration Dates:	Aug 1 - Aug 19
Fee:	\$199.22 per team
League Dates:	Sept 6 - Oct 28
League Format:	10 - Week Single
Days:	Tues and Thurs
Time:	6:30 pm - 10:30 pm
Information:	(832) 395-7130



Adult Flag Football League

Locations:

Memorial Park (KM 492K)	6501 Memorial Drive, 77007	Fall
T.C. Jester Park (KM 451M)	4201 West T.C. Jester, 77018	Fall
J Robinson, Jr (KM 533B)	J Robinson, Jr (KM 533B)	Fall & Winter
Townwood (KM 572P)	3403 Simsbroom, 77051	Fall & Winter

Adult Winter Basketball

Hoop it up this Fall by signing up for HPARD's Adult Basketball League! Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - Older
Divisions:	Men's Open
Registration Dates:	26 - Oct 14, 2016
Fee:	\$199.22 per team
League Dates:	Oct 31 - Dec 16, 2016
League Format:	10 - Week Single
Days:	Tuesday and Thursday
Time:	6:30 pm - 10:30 pm
Information:	(832) 395-7130

Adult Winter Kickball League

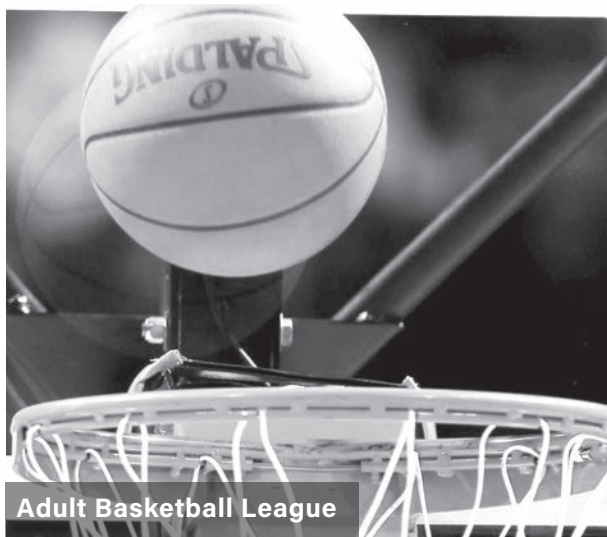
Kickball, it's not just for kids, sign up today and play one of the fastest growing Adult Sports in the U.S. Come join the league and have fun playing the sport you once played as a kid! Open to adults 18 and older. Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - Older
Divisions:	Co-ed D
Registration Dates:	Sept 26 - Oct 14
Fee:	\$199.22 per team
League Dates:	Oct 31 - Dec 16
League Format:	5-Wk Doubleheader Season (10 games total)
Days:	Mon and Wed
Time:	6:30 pm - 10:30 pm
Information:	(832) 395-7130

Adult Winter Softball

Slow pitch softball leagues are offered year-round in select park sites throughout the city. Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - Older
Divisions:	Men's D/E, Co-ed D
Registration Dates:	Sept 26 - Oct 14
Fee:	276.72 - \$332.05 Per Team
ASA Fee:	\$20.00 Per Calendar Year
League Dates:	Oct 31 - Dec 16
League Format:	5-Wk Doubleheader Season (10 games total)
Days:	Monday - Friday
Time:	6:30 pm - 10:30 pm
Information:	(832) 395-7130



Adult Basketball League

Adult Fall Volleyball

Adult flag football leagues are offered during the fall and winter seasons. Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - Older
Divisions:	Co-ed Open
Registration Dates:	Aug 1 - Aug 19
Fee:	\$199.22 per team
TAAF Fee:	\$10.00 Per Calendar Year
League Dates:	Sept 6 - Oct 28
League Format:	5-Week Doubleheader (10 games total)
Days:	Tues
Time:	6:30 p.m. - 9:30 p.m.
Information:	(832) 395-7130

Adult Fall Kickball League

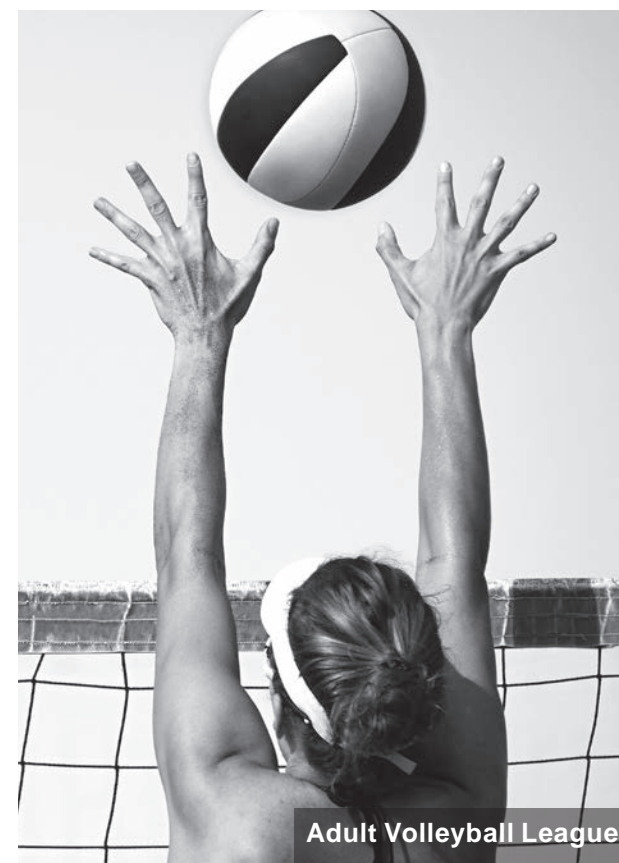
Kickball, it's not just for kids, sign up today and play one of the fastest growing Adult Sports in the U.S. Come join the league and have fun playing the sport you once played as a kid! Open to adults 18 and older. Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - Older
Divisions:	Co-ed D
Registration Dates:	Aug 1 - Aug 19
Fee:	\$199.22 per team
League Dates:	Sept 6 - Oct 28
League Format:	5-Wk Doubleheader Season (10 games total)
Days:	Mon and Wed
Time:	6:30 pm - 9:30 pm
Information:	(832) 395-7130

Adult Spring Basketball

Hoop it up this Fall by signing up for HPARD's Adult Basketball League! Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - Older
Divisions:	Men's
Registration Dates:	Jan 25 - February 12, 2016
Fee:	\$352 per team
League Dates:	Feb 29 - April 22, 2016
League Format:	10 - Week Single
Days:	Tuesday and Thursday
Time:	6:30 pm - 10:30 pm
Information:	(832) 395-7130



Adult Volleyball League

Locations:		
Memorial Park (KM492K)	6501 Memorial Drive, 77007	Fall
T.C. Jester Park (KM 451M)	4201 T.C. Jester, West, 77018	Fall
J Robinson, Jr (KM 533B)	2020 Hermann, 77004	Fall & Winter
Townwood (KM 572P)	3403 Simsbrook, 77051	Fall & Winter

You Are Invited...

To attend the ribbon cutting ceremony for the Fruit Orchard and Community Garden at Herman Brown Park. This partnership between the Woodsy Owl Conservation Corps Green Ambassadors, Furr High School and the Houston Parks and Recreation Department will provide access to fresh produce year-round and volunteer engagement opportunities for healthy living.

This project is sponsored by the National Recreation and Park Association in collaboration with The Walt Disney Company, including Disney Citizenship, Disney|ABC Television Group and ESPN. A portion of the project is also sponsored by the Darden Foundation.

Location: 400 Mercury Drive, Houston, TX 77013

Date and Time: August 31, 2016 at 5:00 p.m. to 6:30 p.m.

Refreshments will be served.



ADULT SENIOR SPORTS LEAGUES

The Adult Sports Section offers a variety of low-impact recreational sports programs for individuals 55 years and older. Programs like pickle ball and table tennis are designed to provide opportunities for active living, improve health and fitness levels, and enhance socialization with friends.

Senior Fall Pickle Ball

Pickle Ball is a game that is a mix between Table Tennis and Badminton played on a court smaller than a tennis court with wooden paddles. This program is FREE.

Ages:	55 - Older
Divisions:	Coed Recreational
Registration Dates:	Jan 4 - 15, 2016
Fee:	FREE
League Dates:	Aug 4 - Aug 22
Days:	Tues
Time:	10:00 am - 11:30 am
Locations:	Tidwell Park (KM 454D) 9720 Spaulding, 77016
Information:	(832) 395-7273

Senior Fall Table Tennis

Table Tennis is a game resembling lawn tennis and is played on a tabletop with wooden paddles and a small hollow plastic ball. This program is FREE.

Ages:	55 - Older
Divisions:	Coed Recreational
Registration Dates:	Aug 4 - Aug 22
Fee:	FREE
League Dates:	Sept 8 - Oct 22
Days:	Tues and Wed
Time:	10:00 am - 11:30 am
Information:	(832) 395-7273
Locations:	Tidwell Park (KM 454D) 9720 Spaulding, 77016
Information:	(832) 395-7273

Senior Winter Pickle Ball

Pickle Ball is a game that is a mix between Table Tennis and Badminton played on a court smaller than a tennis court with wooden paddles.

Ages:	55 - Older
Divisions:	Coed Recreational
Registration Dates:	Sept 29 - Oct 17
Fee:	FREE
League Dates:	Nov 3 - Dec 19
Days:	Tues
Time:	10:00 am - 11:30 am
Locations:	Tidwell (KM 454D) 9720 Spaulding, 77016 Hobart Taylor (KM 455Q) 8100 Kenton, 77028
Information:	(832) 395-7273

Senior Winter Table Tennis

Table Tennis is a game resembling lawn tennis and is played on a tabletop with wooden paddles and a small hollow plastic ball. This program is FREE.

Ages:	55 - Older
Divisions:	Coed Recreational
Registration Dates:	Sept 29 - Oct 17
Fee:	FREE
League Dates:	Nov 3 - Dec 19
Days:	Tues and Wed
Time:	10:00 am - 11:30 am
Location:	Tidwell (KM 454D) 9720 Spaulding, 77016 Hobart Taylor (KM 455Q) 8100 Kenton, 77028
Information:	(832) 395-7273



Fonde Rec Center

FITNESS CENTERS

HPARD's five Fitness Centers are equipped with state of the art fitness equipment and are open year round. Workout times and fees vary by community center. All centers are close in and are reasonably priced. Contact individual fitness centers for more detailed information.

Memorial Park Fitness Center

Work out and get fit right in the middle of Memorial Park! The Memorial Park Fitness Center is equipped with weights and cardiovascular equipment.

In addition, an Olympic size outdoor swimming pool is open during the summer and into the fall for lap swimming based on temperature. Showers and lockers are also available for fitness center guests.

Prices subject to change after Dec. 31, 2016.

Ages:	18 - Older *
Program Dates:	Year Round
Hours:	6:00 am – 8:00 pm, M - F 8:00 am – 4:00 pm, Sat 8:00 am – 12:00 pm, Sun
Location:	Memorial Park (KM 492K) 6402 Arnot, 77007
Information:	(832) 395-7596

Fee Schedule (Prices subject to change after Dec. 31, 2016.)

Monthly membership	\$22.13
Daily membership	\$ 1.93
Shower rental	\$.83
Towel rental	\$.55
Locker Rental	\$.55
Lap Pool Swimming	\$ 1.00 (When open)

* Minors (anyone 14 - 17 years old and younger) MUST BE accompanied by an adult or guardian.



Memorial Park Fitness Center



Judson Robinson Jr. Fitness Center

Judson Robinson, Jr. Fitness Center

The Judson Robinson, Jr. Fitness Center is located inside of Hermann Park. The center is equipped with weights and cardiovascular equipment for your fitness needs. The center is open year-round. In addition to the Fitness Center, J Robinson, Jr offers basketball, racquetball and a number of other fitness activities. Contact J Robinson Jr Community Center for information.

Prices subject to change after Dec. 31, 2016.

Note: The weight room is closed Mon-Thurs from 3:00 pm - 3:30 pm for cleaning.

Ages:	18 - Older *
Program Dates:	Year Round
Early Morning Workout:	6:00 am - 9:00 am, M - F
Fitness Center Hours:	10:00 am - 8:00 pm, M - Th 10:00 am - 4:00 pm, F 10:00 am - 2:00 pm, Sat
Racquetball Court Hours:	9:00 am - 7:30 pm, M - F 10:00 am - 1:30 pm, Sat
Location:	J Robinson, Jr., (KM 533B) 2020 Hermann Dr, 77004
Information:	(832) 395-7626
Early Morning Workout:	\$22.13/ month
Racquetball Court Rental:	\$1.70/ half hour \$3.42 / hour



Fonde Fitness Center

Fonde Fitness Center

The Fonde Recreation Center, home to some of basketball's greatest players, is also a great place to get fit!

Conveniently located near downtown off of Memorial Drive and Sabine Street, Fonde offers lunch-time fitness opportunities.

Fonde features a state-of-the-art weight room, showers and lockers as well as a full-court gym and aerobics room all FREE to help you meet your fitness goals.

Ages:	18 - Older *
Program Dates:	Year Round
Hours:	9:00 am - 7:00 pm, M - F 1:00 pm - 7:00 pm, Sat
Location:	Fonde (KM 493K) 110 Sabine, 77007
Information:	(713) 226-4466

MacGregor Fitness Center

The MacGregor Park Fitness Center is located inside MacGregor Park. The facility is equipped with full-service weight room equipment.

Showers and lockers are available next door at the Homer Ford Tennis Center for a \$.75 fee each.

A covered, full-court basketball pavilion and a 1.25 mile jogging trail are conveniently located near the center.

Ages:	18 - Older *
Fee:	No membership fees
Program Dates:	Year Round
Hours:	7:00 am - 7:00 pm, M - F
Location:	MacGregor (KM 534K) 5225 Calhoun, 77021
Information:	(713) 747-8650

Hackberry Fitness Center

The Hackberry Fitness Center is the newest HPARD fitness center. It is equipped with weights and cardiovascular equipment for your fitness needs.

The center is open year round. Contact the Hackberry Park Community Center for more information.

Ages:	18 - Older *
Fee:	No membership fees
Program Dates:	Year Round
Hours:	9:00 am - 7:00 pm, M - F 10:00 am - 2:00 pm, Sat
Location:	Hackberry (KM 528M) 7777 S Dairy Ashford, 77072
Information:	(832) 395-7616

COMMUNITY CENTER WEIGHT ROOMS

In addition to HPARD's Fitness Centers, many community centers offer weight-training facilities and many feature indoor gyms.

Hours of operation vary by location and season, so call the community center nearest you for information.

Please note: Showers and lockers ARE NOT AVAILABLE at these centers. All guests must present valid picture ID.

NORTHEAST

Moody (KM 452Y)	M - Th (Ladies)	9:30 am - 11:00 am	3725 Fulton, 77009	(713) 692-6925
Moody (KM 452Y)	M - F (Seniors 55+)	11:00 am - 1:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 452Y)	M - F (Teens)	4:00 pm - 6:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 452Y)	M - Th (Open)	1:00 pm - 9:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 452Y)	F (Open)	1:00 pm - 8:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (K M 452Y)	Sat (Open)	10:00 am - 2:00 pm	3725 Fulton, 77009	(713) 692-6925
Shady Lane (KM 414W)	M, W & F (Ladies)	9:00 am - 10:30 am	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	Th	12:00 pm - 7:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	M, W & F	11:00 am - 7:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	M - Th	4:00 pm - 8:00 pm	10220 Shady Lane, 77093	(713) 742-1503

NORTHWEST

Fonde (KM493K)	M - F	9:00 am - 7:00 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM493K)	S	1:00 pm - 7:00 pm	110 Sabine, 77007	(713) 226-4466
Highland (KM 451D)	M - Th	12:00 pm - 8:00 pm	3316 DeSoto, 77091	(713) 956-9137
Highland (KM 451D)	F	12:00 pm - 7:00 pm	3316 DeSoto, 77091	(713) 956-9137
Judson Robinson, Jr. (KM533B)	M - Th	10:00 am - 8:00 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM533B)	F	10:00 am - 4:00 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM533B)	S	10:00 am - 2:00 pm	2020 Hermann Drive, 77004	(832) 395-7626
Lincoln (KM 412Q)	M - Th	8:00 am - 7:00 pm	979 Greshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	F	8:00 am - 6:00 pm	979 Greshaw, 77088	(281) 445-1617
Love (KM 452Z)	M - Th	2:00 pm - 8:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	F	2:00 pm - 7:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	S	10:00 am - 2:00 pm	1000 West 12th, 77008	(713) 867-0497
Woodland (KM 493C)	M - F	1:00 pm - 7:30 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	S	10:00 am - 2:00 pm	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

Crestmont (KM 572J)	M - F	1:00 pm - 6:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 572J)	M - Th	3:30 pm - 6:30 pm	5200 Selinsky, 77048	(713) 733-2236
Hartman (KM 535C)	F	1:00 pm - 6:00 pm	9311 E. Ave. P, 77012	(713) 928-4803
MacGregor (KM 534E)	M - F	7:00 am - 7:00 pm	5225 Calhoun, 77021	(413) 747-8650
Mason (KM 535A)	M - F	5:00 pm - 8:00 pm	541 South 75th, 77023	(713) 928-7055

SOUTHWEST

Alief (KM 529E)	M - F	1:00 pm - 3:00 pm	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	M - Th	6:00 pm - 8:45 pm	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	F	6:00 pm - 7:45 pm	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	F	10:00 pm - 1:45 pm	11903 Bellaire, 77072	(281) 564-8130
Hackberry (KM 528M)	M-F	10:00 am - 8:00 pm	7777 S. Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	S	10:00 am - 2:00 pm	7777 S. Dairy Ashford, 77072	(832) 395-7616
Marian (KM 530X)	M - F	1:00 pm - 3:00 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	M - Th	6:00 pm - 8:30 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	F	6:00 pm - 7:30 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	S	10:00 am - 1:30 pm	11101 South Gessner, 77071	(713) 773-7015

GYMS

Sign up today to play one of the most popular and widely viewed sports in the world basketball! There are a variety of basketball courts and games available for you to choose from. Check with individual community centers for more information.

NORTHEAST

Melrose (KM 413T)	Freeplay BB	M & W	7:00 pm - 9:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay Volleyball	T	7:00 pm - 9:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay Volleybal	Th	6:00 pm - 9:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay BB	S	10:00 am - 2:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay Volleybal	F	6:00 pm - 8:00 pm	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	Freeplay BB	M, W & Th	7:30 pm - 9:00 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM 453Y)	Freeplay Volleyball	T	6:00 pm - 9:00 pm	3725 Fulton, 77009	(832) 395-7645
Selena Quintanilla Perez (KM 494H)	Freeplay BB	M - Th	6:00 pm - 9:00 pm	6402 Market, 77020	(832) 395-7640
Selena Quintanilla Perez (KM 494H)	Freeplay BB	F	6:00 pm - 8:00 pm	6402 Market, 77020	(832) 395-7640
Selena Quintanilla Perez (KM 494H)	Freeplay BB	S	10:00 am - 2:00 pm	6402 Market, 77020	(832) 395-7640
Tidwell (KM 454D)	Freeplay BB	M & F	6:00 pm - 8:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Freeplay BB	M - Th	6:00 pm - 9:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Freeplay BB	S	10:00 am - 2:00 pm	9720 Spaulding, 77016	(713) 636-8221

NORTHWEST

Candlelight (KM 452E)	Freeplay BB	M - F	1:00 pm - 3:00 pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E)	Freeplay BB	M - F	6:00 pm - 9:00 pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E)	Freeplay BB	S	10:00 am - 2:00 pm	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K)	Full Court BB	M - F	9:00 am - 12:30 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	Full Court BB	S	1:00 pm - 4:00 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	3 on 3 BB	M, W, & F	12:30 pm - 9:00 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	3 on 3 BB	T	12:30 pm - 6:00 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	3 on 3 BB	F	12:30 pm - 5:45 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	3 on 3 BB	S	1:00 pm - 7:00 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	Senior BB	S	10:30 am - 12:30 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	Senior BB	T	4:30 pm - 6:30 pm	110 Sabine, 77007	(713) 226-4466
Freed (KM 451Y)	Freeplay BB	S	10:00 am - 2:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Freeplay BB	W	6:30 pm - 9:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Judson Robinson, Jr (KM 533B)	Freeplay BB	M - F	10:00 am - 2:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Freeplay BB	S	10:00 am - 2:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Freeplay BB	T	6:00 pm - 9:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Ladies Freeplay	W	6:00 pm - 9:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Leisure BB	F	6:00 pm - 8:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Kendall (KM 488C)	Freeplay BB	M, W, & F	1:00 pm - 6:00 pm	609 N. Eldridge, 77079	(832) 393-1897
Kendall (KM 488C)	Freeplay BB	S	10:00 am - 2:00 pm	609 N. Eldridge, 77079	(832) 393-1897
Kendall (KM 488C)	Freeplay BB 18 & Under	T & Th	3:00 pm - 6:00 pm	609 N. Eldridge, 77079	(832) 393-1897
Lincoln (KM 412Q)	Freeplay BB	M, W, & F	12:00 pm - 3:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Freeplay BB	M & W	5:00 pm - 9:00 pm	979 Grenshaw, 77088	(281) 445-1617

In addition to HPARD's Fitness Centers, many community centers offer weight-training facilities and many feature indoor gyms.

Hours of operation vary by location and season, so call the community center nearest you for information.

Please note: Showers and lockers ARE NOT AVAILABLE at these centers. All guests must present valid picture ID.

NORTHWEST

Love (KM 452Z)	Freeplay BB	M	6:00 pm - 9:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	Freeplay BB	T	8:00 pm - 9:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	Freeplay BB	F	7:00 pm - 8:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	Freeplay BB	S	10:00 am - 2:00 pm	1000 West 12th, 77008	(713) 867-0497
Stude (KM 493E)	Freeplay BB	M - F	1:00 pm - 3:00 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Men's Night	T	6:15 pm - 9:00 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Women's Night	Th	6:15 pm - 9:00 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	4 on 4 BB	S	12:00 pm - 2:00 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Freeplay BB	S	10:00 am - 2:00 pm	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	Freeplay BB	S	10:00 am - 2:00 pm	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

Hartman (KM 535C)	Freeplay BB	M & W	7:30 pm - 9:00 pm	9311 Ave P, 77012	(713) 928-4803
Hartman (KM 535C)	Freeplay BB	M - F	1:00 pm - 3:00 pm	9311 Ave P, 77012	(713) 928-4803
Hartman (KM 535C)	Freeplay BB	F	6:00 pm - 8:00 pm	9311 Ave P, 77012	(713) 928-4803
Hartman (KM 535C)	Freeplay BB	S	10:00 am - 2:00 pm	9311 Ave P, 77012	(713) 928-4803
Mason (KM 535A)	Freeplay BB	M, W, F	12:30 pm - 2:30 pm	541 South 75th St, 77023	(713) 928-7055
Mason (KM 535A)	Freeplay BB	F	6:00 pm - 8:00 pm	541 South 75th St, 77023	(713) 928-7055
Sagemont (KM 576Y)	Freeplay BB	M - Th	1:00 pm - 3:00 pm	11507 Hughes Rd, 77089	(281) 922-2343
Sagemont (KM 576Y)	Freeplay BB	T	7:00 pm - 9:00 pm	11507 Hughes Rd, 77089	(281) 922-2343
Sagemont (KM 576Y)	Freeplay BB	S	10:00 am - 2:00 pm	11507 Hughes Rd, 77089	(281) 922-2343

SOUTHWEST

Alief (KM 529E)	Freeplay BB	M - F	6:00 pm - 7:00 pm	11903 Bellaire Blvd., 77072	(281) 564-8130
Alief (KM 529E)	Freeplay BB	S	10:00 am - 2:00 pm	11903 Bellaire Blvd., 77072	(281) 564-8130
Burnett Bayland (KM 531B)	Freeplay BB	M - F	1:00 pm - 6:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B)	Freeplay BB	S	10:00 am - 2:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Hackberry (KM 528M)	Freeplay BB	S	10:00 am - 2:00 pm	7777 S. Dairy Ashford, 77072	(832) 395-7616
Marian (KM 530X)	Freeplay BB	M - Th	1:00 pm - 3:00 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Freeplay BB	W	6:00 pm - 8:30 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Freeplay BB	F	12:00 pm - 3:00 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Freeplay BB Teen	F	6:00 pm - 7:30 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Freeplay BB	S	10:00 am - 2:00 pm	11101 South Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	Freeplay BB	M - F	1:00 pm - 3:00 pm	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X)	Freeplay BB	M & W	6:45 pm - 8:45 pm	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X)	Freeplay BB Teen	T	6:45 pm - 8:45 pm	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X)	Freeplay BB Teen	F	6:45 pm - 7:45 pm	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X)	Freeplay BB	S	10:00 am - 2:00 pm	3502 Bellfort, 77051	(832) 395-7586
Townwood (KM 572P)	Freeplay BB	M - F	1:00 pm - 9:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	Freeplay BB	S	10:00 am - 2:00 pm	3403 Simsbrook, 77045	(832) 395-7565

ADULT FITNESS CLASSES

The Houston Parks and Recreation Department offers a variety of fitness opportunities to help keep Houstonians fit. We offer more than 100 miles of walking/jogging trails in and around our parks. In addition, there are exercise workstations located along some of our trails as well as indoor and outdoor basketball courts, outdoor tennis courts and swimming pools, disc golf courses, golf courses, and community center fitness programs designed to meet the needs of all Houstonians. So if you're looking for a fun way to get fit, check out HPARD's many offerings and workout at a park near you!

Adult Step Aerobics

Burn off those unwanted pounds in step aerobics classes for adults. Step classes are available for all levels. Classes range from medium intensity cardio workouts focusing on simple step routines to highly choreographed step routines for the advanced stepper, frequent exerciser, or experienced dancer. Check with the individual community center for more information. All classes are FREE unless otherwise noted.

Ages:	18 - Older
Registration:	Ongoing
Program Dates:	Year round
Times:	Varies by Community Center
Information:	Contact Community Center



NORTHEAST

Clark (KM 453B)	M - F	10:00 am - 11:00 am	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	M - F	6:00 pm - 7:00 pm	9718 Clark, 77076	(713) 742-1497
Finnigan (KM 494H)	T & Th	6:00 pm - 7:00 pm	4900 Providence, 77020	(713) 678-7385
Melrose (KM 413T)	M, W & F	9:00 am - 10:00 am	1001 Canino, 77076	(281) 447-0514
Shady Lane (KM 414W)	T & W	9:00 am - 10:30 am	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	M - F	10:00 am - 11:00 am	10220 Shady Lane, 77093	(713) 742-1503
Tuffly (KM 454X)	M & W	6:00 pm - 7:00 pm	3200 Russell, 77026	(713) 674-2355

NORTHWEST

Freed (KM 451Y)	M, T, W & Th	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(832) 395-7611
J. Robinson, Jr. (KM 533B)	T, W & Th (Sr Program)	9:00 am - 10:00 am	2020 Hermann Dr., 77004	(832) 395-7626
Kendall (KM 488C)	W	6:00 pm - 7:00 pm	3699 Norris, 77036	(713) 314-3107

SOUTHEAST

Crestmont (KM 574J)	M & F	6:30 pm - 8:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	T & Th	7:00 pm - 8:00 pm	5200 Selinsky, 77048	(713) 733-2236
Edgewood (KM 534X)	M - Th	6:30 pm - 7:30 pm	5803 Bellfort, 77033	(713) 734-8434
Hartman (KM 535C)	T, W & Th (Sr Program)	9:00 am - 10:00 am	9311 E. Ave P, 77012	(713) 928-4803
Meadowcreek (KM 535A)	M, T & W	10:00 am - 11:30 am	5333 Berry Creek, 7701	(713) 946-9020

SOUTHWEST

Alief (KM529E)	F	6:00 pm - 7:00 pm	11903 Bellaire Blvd., 77072	(281) 564-8130
Kendall (KM 488C)	W	6:00 pm - 8:00 pm	609 N. Eldridge, 77079	(832) 393-1898
Lansdale (KM530K)	M & W	6:30 pm - 7:30 pm	8201 Ross, 77036	(713) 772-3668
Linkwood (KM 532P)	T	6:00 pm - 7:00 pm	3699 Norris, 77025	(713) 314-3107
Sunnyside (KM 533X)	T & Th	5:30 pm - 6:30 pm	3502 Bellfort, 77051	(832) 395-7686
Townwood (KM 572P)	M, T, & Th	6:00 pm - 6:50 pm	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	M & W	1:00 pm - 2:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	M - F	1:00 pm - 2:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Windsor Village (KM 571P)	M - Th	6:00 pm - 7:00 pm	14441 Croquet, 77085	(713) 726-7113

FITNESS CLASSES

Houston let's get moving! Join a fitness class at your local community center. Activities include weight training, aerobics and circuit training. Call your nearest community center for more information!

NORTHEAST

Clinton (KM495V)	Senior Fitness	T & Th	10:00 am - 11:00 am	200 Mississippi, 77029	(713) 673-0955
Finnigan (KM494H)	Zumba	M	6:00 pm - 7:00 pm	4900 Providence, 77020	(713) 678-7385
Hobart Taylor (KM 455Q)	Line Dance	M	10:00 am - 11:30 am	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Zumba	F	6:00 pm - 7:00 pm	8100 Kenton, 77028	(832) 395-7621
Judson Robinson Sr (KM 495L)	Line Dance	F	10:00 am - 12:00 am	1422 Ledwicke, 77029	(713) 674-2401
Kingwood (KM 296X)	Chair Yoga	M, W	9:00 am - 10:00 am	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Tai Chi	M, Th	6:00 pm - 8:00 am	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Beginner Line Dancing	T, Th	2:00 pm - 3:15 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Advanced Line Dancing	T, Th	3:30 pm - 4:15 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Zumba	W	7:00 pm - 8:00 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Lakewood (KM 455G)	Line Dance	Th	6:00 pm - 7:00 pm	8811 Feland, 77028	(713) 636-8217
Melrose (KM 413T)	Adult Fitness	M - F	9:00 am - 10:00 am	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Senior Fitness	M & W	6:00 pm - 7:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay Volleyball	T	7:00 pm - 9:00 pm	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	Zumba/Toning	M	6:00 pm - 8:00 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM 453Y)	Zumba	M, W & Th	6:30 pm - 7:30 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM 453Y)	Boot Camp	M, Th	7:30 pm - 8:30 pm	3725 Fulton, 77009	(832) 395-7645
Tidwell (KM 454D)	Pickle Ball	T	10:00 am - 11:00 am	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Swim Aerobics	T - F	10:00 am - 11:00 am	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Line Dancing	Th	10:00 am - 12:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Zumba	T - F	6:00 pm - 7:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tuffly (KM 454X)	Adult Fitness	M, W	6:00 pm - 7:00 pm	3200 Russell Street, 77026	(713) 674-2355
Selena Q Perez/Denver Harbor (KM 494H)	Latin Dance	M - Th	6:00 pm - 7:00 pm	6402 Market, 77020	(832) 395-7640
Selena Q Perez/Denver Harbor (KM 494H)	Zumba	M - Th	11:00 am - 12:00 pm	6402 Market, 77020	(832) 395-7640
Selena Q Perez/Denver Harbor (KM 494H)	Bootcamp	M - Th	12:00 pm - 1:00 pm	6402 Market, 77020	(832) 395-7640
Shady Lane (KM 414W)	Zumba	M, T, W, & F	9:00 am - 10:00 am	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	Zumba	M, T, W, & F	6:00 pm - 7:00 pm	10220 Shady Lane, 77093	(713) 742-1503

NORTHWEST

Candlelight (KM 452E)	Adult Fitness	M, T, & W	6:30 pm - 7:30 pm	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K)	General Fitness	M, W, & Th	5:00 pm - 6:00 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	Senior Pickleball	W (seasonal)	9:00 am - 11:00 am	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	Senior Pickleball	S	10:30 am - 12:30 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	Adult Badminton	F	5:45 pm - 8:45 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	Youth Badminton	S	8:30 am - 10:30 am	110 Sabine, 77007	(713) 226-4466
Freed (KM 451Y)	Pickle Ball	M	1:30 pm - 3:00 pm	6818 Shady Villa, 77055	(713) 682-4467
Freed (KM 451Y)	Pickle Ball	F	4:30 pm - 7:40 pm	6818 Shady Villa, 77055	(713) 682-4467
Freed (KM 451Y)	Zumba	Th	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(713) 682-4467
Freed (KM 451Y)	Adult Fitness	T, Th	6:30 pm - 8:00 pm	6818 Shady Villa, 77055	(713) 682-4467
Freed (KM 451Y)	Adult Badminton	M	6:30 pm - 8:45 pm	6818 Shady Villa, 77055	(713) 682-4467
Freed (KM 451Y)	Senior Fitness	M - W	10:00 am - 11:00 am	6818 Shady Villa, 77055	(713) 682-4467
Freed (KM 451Y)	Beginners Line Dance	T	11:00 am - 12:00 pm	6818 Shady Villa, 77055	(713) 682-4467
Freed (KM 451Y)	Karate	S	9:00 am - 12:00 pm	6818 Shady Villa, 77055	(713) 682-4467
Highland (KM451D)	Youth Dance	M-Th	6:00 pm - 7:00 pm	3316 DeSoto, 77091	(713) 956-9137
Highland (KM451D)	Girls with Purpose Dance	T-Th	6:00 pm - 7:00 pm	3316 DeSoto, 77091	(713) 956-9137
Judson Robinson, Jr (KM 533B)	Beginning Line Dance	M	6:00 pm - 7:30 pm	2020 Hermann Dr., 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Karate (Youth)	M & W	6:00 pm - 6:50 pm	2020 Hermann Dr., 77004	(832) 395-7626



Judson Robinson, Jr (KM 533B)	Karate (Adult)	M & W	7:00 pm - 8:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Spin Bike	T	6:00 pm - 7:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Circuit Training	T & Th	5:30 pm - 6:30 pm	2020 Hermann Dr., 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Line Dance	W	10:00 am - 11:00 am	2020 Hermann Dr., 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Open Volleyball	Th	6:30 pm - 9:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Kendall (KM 488C)	Integral Tai Chi	M & W	6:00 pm - 8:00 pm	609 N. Eldridge, 77079	(832) 393-1898
Kendall (KM 488C)	Swing Out Class	M	6:00 pm - 8:00 pm	609 N. Eldridge, 77079	(832) 393-1898
Kendall (KM 488C)	Adult Line Dancing	M	12:30 pm - 2:30 pm	609 N. Eldridge, 77079	(832) 393-1898
Kendall (KM 488C)	All Age Boxing Fundamentals	W	6:00 pm - 8:00 pm	609 N. Eldridge, 77079	(832) 393-1898
Kendall (KM 488C)	Adult Zumba	S	12:00 pm - 1:00 pm	609 N. Eldridge, 77079	(832) 393-1898
Kendall (KM 488C)	Badminton	T & Th	6:00 pm - 7:00 pm	609 N. Eldridge, 77079	(832) 393-1898
Kendall (KM 488C)	Yoga	T & Th	6:30 pm - 7:30 pm	609 N. Eldridge, 77079	(832) 393-1898
Kendall (KM 488C)	Tai Chi	F	10:00 am - 12:00 am	609 N. Eldridge, 77079	(832) 393-1898
Lincoln (KM 412Q)	Line Dance	M	10:00 am - 6:15 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Senior Fitness	T & Th	10:30 am - 11:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Adult Fitness	T & Th	10:30 am - 11:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Yoga	W & F	9:30 am - 10:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Adult Zumba	Th	9:30 am - 10:30 am	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	Weight Training	M - Th	7:00 pm - 9:00 pm	1000 W 12th St, 77008	(713) 867-0497
Love (KM 452Z)	Line Dance	W	6:30 pm - 8:30 pm	1000 W 12th St, 77008	(713) 867-0497
Love (KM 452Z)	Senior Basketball	Th	6:00 pm - 7:00 pm	1000 W 12th St, 77008	(713) 867-0497
Montie Beach (KM 453X)	Zumba	T & Th	6:30 pm - 7:30 pm	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	Cheerleading	M	5:30 pm - 8:00 pm	803 W Temple, 77009	(713) 862-6907
Proctor Plaza (KM 453X)	Tai Chi	W	11:30 am - 12:30 pm	803 W Temple, 77009	(713) 862-6907
Proctor Plaza (KM 453X)	Dance	W	5:30 pm - 7:00 pm	803 W Temple, 77009	(713) 862-6907
R L & Cora Johnson (KM 450A)	Adult Fitness	M, W, & F	5:45 pm - 6:45 pm	9920 Porto Rico, 77041	(713) 895-6141
R L & Cora Johnson (KM 450A)	Adult Fitness	T & Th	5:45 pm - 6:45 pm	9920 Porto Rico, 77041	(713) 895-6141
Stude (KM 493E)	Zumba	M	6:00 pm - 7:00 pm	1031 Stude, 77007	(713) 867-0496

SOUTHEAST

Bessie Swindle (KM 573L)	Senior Aerobics	M & W	10:00 am - 11:30 am	11800 Scott, 77047	(713) 773-4581
Bessie Swindle (KM 573L)	Toddler Fitness	M, W, & F	10:00 am - 11:00 am	11800 Scott, 77047	(713) 773-4581
Bessie Swindle (KM 573L)	Adult Line Dancing	T	9:00 am - 1:00 pm	11800 Scott, 77047	(713) 773-4581
Beverly Hills (KM 576S)	Senior Aerobics	M & W	10:00 am - 11:30 am	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM 535P)	Circuit Training	M, W, & Th	6:30 pm - 7:30 pm	8200 Park Place, 77017	(713) 645-3589

Charlton (KM 535P)	Keep Fit	M, W, & F	9:00 am - 10:00 am	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Leo Fitness	M, W, & F	1:00 pm - 2:30 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Tai Chi	M & Th	6:30 pm - 7:30 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Zumba	T & Th	10:00 am - 1:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Wing Chun	W	6:30 pm - 7:30 pm	8200 Park Place, 77017	(713) 645-3589
Crestmont (KM 574J)	Seniorsize	W	10:00 am - 11:00 am	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Low-Impact	M & W	6:30 pm - 7:30 pm	5200 Selinsky, 77048	(713) 733-2236
DeZavala (KM 535C)	Urban Workout	M, W, & F	10:00 am - 11:30 am	907 76th Street, 77012	(713) 923-5163
Eastwood (KM494T)	Adult Aerobics	M - W	8:30 am - 9:30 am	5020 Harrisburg, 77011	(713) 928-4801
Garden Villas (KM 535W)	Adult Fitness	M, T, Th	6:00 pm - 7:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Garden Villas (KM 535W)	Adult Softball	W	6:30 pm - 8:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Garden Villas (KM 535W)	Senior Fitness	M, Th	9:00 pm - 10:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Garden Villas (KM 535W)	Teen Sports	T	6:30 pm - 7:30 pm	6720 S. Haywood, 77061	(713) 847-5168
Garden Villas (KM 535W)	Adult Aerobics	M - F	9:00 am - 10:00 am	6720 S. Haywood, 77061	(713) 847-5168
Garden Villas (KM 535W)	Soccer Futbolito	Th	6:30 pm - 8:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	Cardio & Weights	T, Th	6:00 pm - 7:00 pm	9311 E. Avenue P, 77012	(713) 928-4805
Ingrando (KM 535F)	Adult Fitness	T - Th	6:30 pm - 7:30 pm	7302 Keller, 77012	(713) 643-4764
Ingrando (KM 535F)	Adult Aerobics	M - Th	6:30 pm - 7:30 pm	7302 Keller, 77012	(713) 643-4764
Meadowcreek (KM 536S)	Zumba	M, T, & W	6:00 pm - 7:15 pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 536S)	Line Dance	T	9:00 am - 1:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Sagemont (576Y)	Zumba	M & W	6:30 pm - 7:30 pm	11507 Hughes, 77089	(281) 922-2343
Sagemont (576Y)	Boot Camp	M & W	6:15 pm - 7:15 pm	11507 Hughes, 77089	(281) 922-2343
Sagemont (576Y)	Taekwondo	T & Th	7:00 pm - 8:00 pm	11507 Hughes, 77089	(281) 922-2343

SOUTHWEST

Hackberry (KM 528M)	Zumba Fitness	M - F	10:15 am - 11:15 am	7777 S. Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Zumba/Step Aerobics	M - F	5:45 pm - 6:45 pm	7777 S. Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Boxing	M, W, & F	6:30 pm - 7:45 pm	7777 S. Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Cardio Line Dance	T & Th	6:45 pm - 7:45 pm	7777 S. Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Senior Tai Chi	Th	4:30 pm - 5:30 pm	7777 S. Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Insanity Fitness	S (1st one of each month)	10:30 am - 11:30 am	7777 S. Dairy Ashford, 77072	(832) 395-7616
Lansdale (KM 530K)	Senior Fitness	M & W	6:00 pm - 7:00 pm	8201 Roos, 77036	(713) 272-3668
Lansdale (KM 530K)	Table Tennis	T & Th	6:30 pm - 8:00 pm	8201 Roos, 77036	(713) 272-3668
Linkwood (KM530K)	Zumba	T	6:00 pm - 7:00 pm	3699 Norris, 77036	(713) 314-3107
Marian (KM 530X)	Tap	M	6:00 pm - 8:30 pm	11101 S Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Line Dance	S	9:00 am - 10:00 am	11101 S Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Circuit Training	T & Th	6:30 pm - 7:30 pm	11101 S Gessner, 77071	(713) 773-7015
Platou (KM 571B)	Ball Room Dancing	M & W	7:00 pm - 8:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Sharpstown (KM 530F)	Tai Chi	M	5:00 pm - 8:00 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Tai Chi	T	2:00 pm - 5:00 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Tai Chi	T	5:30 pm - 8:00 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Asian Health Dance	W	1:00 pm - 3:00 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Table Tennis	W	5:30 pm - 7:30 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Senior Stretching	T & Th	5:30 pm - 12:00 pm	6600 Harbor Town, 77036	(832) 395-7605
Sunnyside (KM 533X)	Line Dance	M	9:00 am - 10:30 am	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X)	Boot Camp	T & F	5:30 pm - 6:45 pm	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X)	Solid Gold Soul (Open Gym 35 +)	W	6:45 pm - 8:30 pm	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X)	Line Dance	W	5:30 pm - 6:45 pm	3502 Bellfort, 77051	(832) 395-7586
Townwood (KM 572P)	Pickle Ball	M	10:00 am - 12:30 pm	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	Line Dance	M	6:00 pm - 8:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	Morning Stretch	M & W	10:00 am - 10:50 am	3403 Simsbrook, 77045	(832) 395-7565
Windsor Village (KM 571P)	Adult Fitness	T & Th	6:00 pm - 7:00 pm	14441 Croquet, 77075	(713) 726-7113

ADULT AEROBICS

Grapevine-step your way into a great cardio workout with adult aerobic classes. Classes are offered during the week at lunchtime and in the evenings. Call the community center nearest you for more information. All classes are FREE unless otherwise noted.

NORTHEAST

Clark (KM 453B)	M - F	9:00 am - 10:00 am	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	M - F	6:00 pm - 7:00 pm	9718 Clark, 77076	(713) 742-1497
Kingwood (KM 297X) (Walking)	T & Th	9:00 am - 10:00 am	4102 Rustic Woods Drive, 77345	(281) 348-2570
Melrose (KM 413T)	M - F	6:00 pm - 7:00 pm	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	M - Th	8:30 am - 9:30 am	3725 Fulton, 77009	(832) 395-7645

NORTHWEST

Fonde (KM 493K)	T - Th	12:15 pm - 12:45 pm	110 Sabine, 77007	(713) 226-4466
Freed (KM 451Y)	M - Th	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(832) 395-7611
Highland (KM 451D)	M - Th	6:30 pm - 7:30 pm	3316 DeSoto, 77091	(713) 956-9137
Montie Beach (KM 453X)	M, T, & Th	9:00 am - 10:00 am	915 Northwood, 77009	(713) 864-6820

SOUTHEAST

Eastwood (KM 494T)	M - Th	6:00 pm - 7:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Garden Villas (KM 535W)	M, T, & Th	6:00 pm - 7:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	M - Th	6:30 pm - 7:30 pm	9311 E. Ave. P., 77012	(713) 928-4803
Hartman (KM 535C)	M - Th	11:30 am - 12:30 pm	9311 E. Ave. P., 77012	(713) 928-4803
Ingrando (KM 535F)	M - F	8:30 am - 9:30 pm	7302 Keller, 77012	(713) 643-4764
Mason (KM 535A)	T - Th	8:30 am - 9:30 am	541 S. 75th, 77023	(713) 928-7055
Mason (KM 535A)	M - Th	6:00 pm - 7:00 pm	541 S. 75th, 77023	(713) 928-7055

SOUTHWEST

Alief (KM 529E)	M, W, & F	10:00 am - 11:00 am	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	M & W	6:00 pm - 7:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Hackberry (KM 528M)	T & Th	6:00 pm - 7:00 pm	7777 S. Dairy Ashford, 77072	(832) 395-7616
Linkwood (KM 532P)	M - W	6:00 pm - 7:00 pm	3699 Norris, 77025	(713) 314-3107
Marian (KM 530X)	M - Th	6:00 pm - 7:00 pm	11101 South Gessner, 77071	(713) 773-7015
Platou (KM 571B)	T & Th	6:00 pm - 7:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Sunnyside (KM 533X)	M, W, & Th	5:30 pm - 6:30 pm	3502 Bellfort, 77051	(832) 395-7586
Townwood (KM 572P)	M, T, & Th	6:00 pm - 8:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Windsor Village (KM 571 P)	M - Th	6:00 pm - 7:00 pm	14441 Croquet, 77085	(713) 726-7113

Adult Aerobics Muscle Toning

This class focuses on increasing strength and improving muscle tone, which will help you burn calories even while you're not working out! The class uses weights, bands, bars and step platform. Check with individual community center for more information. All classes are FREE unless otherwise noted.

NORTHEAST

Clark (KM 453B)	M - F	10:00 am - 11:00 am	9718 Clark, 77076	(713) 742 -1497
Clark (KM 453B)	M - Th	7:00 pm - 7:30 pm	9718 Clark, 77076	(713) 742 -1497

NORTHWEST

J. Robinson, Jr. (KM 533B)	M & W	6:00 pm - 7:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
----------------------------	-------	-------------------	-------------------------	----------------

SOUTHWEST

Hackberry (KM 528M)	M - F	10:15 am - 11:15 am	7777 S. Dairy Ashford, 77072	(832) 395-7616
Sunnyside (KM 533X)	F	5:30 pm - 6:00 pm	3502 Bellfort, 77051	(832) 395-7586

SOUTHEAST

Sagemont (KM 576Y)	M & W	12:00 am - 1:00 pm	11507 Hughes, 77089	(281) 922-2343
--------------------	-------	--------------------	---------------------	----------------



ADULT WALKING CLUBS

Get fit while enjoying the sights of your neighborhood by joining a walking club. Contact your local community center for details on this year-round FREE program.

NORTHEAST

Clark (KM 453B)	M - F	6:00 am	-	12:00 pm	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495U)	M - F	4:00 pm	-	7:00 pm	200 Mississippi, 77029	(713) 673-0955
Finnigan (KM 494H)	M - W	9:00 am	-	10:00 am	4900 Providence, 77020	(713) 678-7385
Hobart Taylor (KM 455Q)	M - F	8:00 am	-	11:00 am	8100 Kenton, 77028	(832) 395-7621
Lakewood (KM 455G)	T - Th	7:00 am	-	9:00 am	8811 Feland, 77028	(713) 636-8217
Melrose (KM413T)	T - Th	6:00 pm	-	7:00 pm	1001 Canino, 77076	(281) 447-0514
Selena Quintanilla Perez (KM 494H)	M - F	10:00 am	-	11:00 pm	6402 Market, 77020	(832) 395-7640
Shady Lane (KM 414W)	M - F	8:00 am	-	11:00 am	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	M - F	4:00 pm	-	8:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Swiney (KM 494J)	M -Th	6:30 pm	-	7:30 pm	2812 Cline, 77009	(713) 238-2197
Tidwell (KM 454D)	M, W & F	10:00 am	-	11:00 am	9720 Spaulding, 77016	(713) 636-8221

NORTHWEST

Candlelight (KM 452E)	M - F	6:00 pm	-	8:00 pm	1520 Candlelight, 77018	(713) 682-3587
Freed (KM 451Y)	M - F	5:00 pm	-	7:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Highland (KM 451D)	M - Th	8:30 am	-	9:30 am	3316 DeSoto, 77091	(713) 956-9137
Independence Heights (KM 453N)	M & W	6:00 pm	-	7:00 pm	603 East 35th, 77002	(713) 867-0373
Judson Robinson, Jr. (KM 533B)	M, W & F	8:30 am	-	9:30 am	2020 Hermann Dr., 77004	(832) 395-7626
Kendall (KM 488C)	M, W, & F	1:00 pm	-	3:00 pm	609 N Eldridge, 77079	(832) 393-1897
Lincoln City (KM 412Q)	M - F	8:30 am	-	11:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	M - Th	6:30 pm	-	8:30 pm	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	M - F	1:00 pm	-	2:00 pm	1000 West 12th, 77008	(713) 867-0497
Montie Beach (KM 453X)	M - Th	7:00 pm	-	8:00 pm	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	M, T, & Th	5:00 pm	-	6:00 pm	803 West Temple, 77009	(713) 862-6907
R L & Cora Johnson (KM 450A)	T & Th	5:30 pm	-	6:00 pm	9920 Porto Rico, 77041	(713) 895-6141
R L & Cora Johnson (KM 450A)	M, W, & F	8:30 am	-	9:00 am	9920 Porto Rico, 77041	(713) 895-6141
Stude (KM 493B)	T & F	8:00 am	-	9:00 am	1031 Stude, 77007	(713) 867-0497
Woodland (KM 493C)	M - F	6:00 pm	-	8:00 pm	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

Bessie Swindle (KM 573L)	M - F	10:00 am	-	11:30 am	11800 Scott, 77047	(713) 733-4581
Beverly Hills (KM 576S)	M & W	5:00 pm	-	6:00 pm	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM 535P)	T & Th	9:00 am	-	10:00 am	8200 Park Place Blvd, 77017	(713) 645-3589
Crestmont (KM 455G)	M, W & F	6:00 pm	-	7:00 pm	5200 Selinsky, 77048	(713) 733-2236
DeZavala (KM 495S)	W	6:00 pm	-	7:00 pm	7521 Ave. H, 77012	(713) 923-5163
Crestmont (KM 455G)	M - Th	7:00 am	-	9:30 am	5200 Selinsky, 77048	(713) 733-2236
DeZavala (KM 495S)	M - F	7:30 am	-	9:00 am	907 76th, 77012	(713) 923-5163
DeZavala (KM 495S)	M - F	6:00 pm	-	8:00 pm	907 76th, 77012	(713) 923-5163
Eastwood (KM 494T)	M, T, & W	6:00 pm	-	7:00 pm	5020 Harrisburg, 77011	(713) 734-8434
Eastwood (KM 494T)	M, W, & F	8:30 am	-	9:30 am	5020 Harrisburg, 77011	(713) 928-4801
Edgewood (KM 534X)	W & F	6:30 pm	-	7:00 pm	5803 Bellfort, 77033	(713) 734-8434
Garden Villas (KM 535W)	M - F	6:00 pm	-	8:00 pm	6720 S Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	M, W, & F	5:00 pm	-	6:00 pm	9311 E Ave P, 77012	(713) 928-4803
Ingrando (KM 535F)	M - F	8:00 am	-	11:00 am	7302 Keller, 77012	(713) 643-4764
MacGregor (KM 534E)	T & Th	9:00 am	-	10:00 am	5225 Calhoun, 77021	(713) 747-8650



Memorial Park - Seymour Lieberman Trail

SOUTHEAST continued

Mason (KM 535A)	M - TH	7:00 am - 8:30 am	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 536S)	M, W & F	5:30 pm - 6:30 pm	5333 Berry Creek, 77017	(713) 946-9020
Sagemont (KM 576Y)	M - F	7:00 am - 11:00 am	11507 Hughes, 77089	(281) 922-2343
Sagemont (KM 576Y)	M - F	6:00 pm - 8:00 pm	11507 Hughes, 77089	(281) 922-2343
Settegast (KM 494N)	M - TH	8:30 am - 9:30 am	3000 Garrow, 77003	(713) 238-2200

SOUTHWEST

Almeda (KM 572Y)	T & Th	6:00 pm - 6:30 pm	14201 Almeda School Road, 77047	(713) 434-1909
Burnett Bayland (KM 531B)	M, W, & F	5:30 pm - 6:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Cherryhurst (KM 492V)	M, W, & F	6:00 pm - 7:00 pm	1700 Missouri, 77006	(713) 284-1992
Godwin (KM 531U) - For Seniors	M - Th	5:30 pm - 6:30 pm	5101 Rutherglen, 77096	(713) 726-7114
Hackberry (KM 528M)	M - W	8:00 am - 9:00 am	7777 S. Dairy Ashford, 77072	(832) 395-7616
Lansdale (KM 530K)	M - W	9:00 am - 10:00 am	8201 Roos, 77036	(713) 272-3668
Linkwood (KM 532P)	W & Th	6:00 pm - 7:00 pm	3699 Norris, 77025	(713) 314-3107
Marian (KM 530X) - For Seniors	M - F	6:00 pm - 7:30 pm	11101 South Gessner, 77071	(713) 773-7015
River Oaks (KM 492T)	Th	5:00 pm - 6:00 pm	3600 Locke Lane, 77027	(713) 622-5998
River Oaks (KM 492T) - Dog Walking Club	M - F	5:00 pm - 6:00 pm	3600 Locke Lane, 77027	(713) 622-5998
Sharpstown (KM 530F)	M, W, & F	9:00 am - 10:00 am	6600 Harbor Town, 77036	(832) 395-7605
Sunnyside (KM 533X)	M - Th	6:45 pm - 7:15 pm	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X) - For Seniors	T - Th	9:30 am - 10:00 am	3502 Bellfort, 77051	(832) 395-7586
Townwood (KM 572P)	M & W	6:30 pm - 7:30 pm	3403 Simsbrook, 77045	(832) 395-7565
Windsor Village (KM 571P)	M - F	8:00 am - 9:00 am	14441 Croquet, 77085	(713) 726-7113
Windsor Village (KM 571P)	M - W	1:00 pm - 2:00 pm	14441 Croquet, 77085	(713) 726-7113

PARK TRAILS

TRAIL	LOCATION	TYPE	MILES
Alief	11903 Bellaire Blvd.	Concrete	0.53
Aron Ledet	6300 Antoine	Concrete	0.38
Autry	911 Shepherd/Allen Pkwy	Granite	0.17
Baldwin	1701 Elgin	Granite	0.32
Bell	4800 Montrose	Granite	0.17
Bendwood	12700 Kimberly	Concrete	0.49
Beverly Hills	10201 Kingspoint	Asphalt	0.53
Bonham	8401 Braes Acres	Concrete	0.35
Boone Road	7700 Boone Road	Asphalt	1.06
Boyce-Dorian	2000 Erastus	Asphalt	0.40
Braeburn Glen	9510 Gessner	Asphalt	0.25
Brays Bayou	Gessner to MLK Blvd	Asphalt	12.50
Brays Bayou	Lawndale to Forest Hill	Concrete	1.00
Brays Bayou	75th to Evergreen	Concrete	0.50
Brays Bayou	Elm St Park to Brays Greenway Park	Concrete	0.73
Brentwood	13220 Landmark	Asphalt	0.33
Briarbend	7926 Woodway	Granite	0.20
Briarmeadow	7703 Richmond	Granite	0.31
Brock	8201 John Ralston	Concrete	0.17
Buffalo Bayou	Bagby to Shepherd	Concrete	4.90
Burnett-Bayland	6300 Chimney Rock	Asphalt	0.96
Cambridge Village	13000 Nitida	Asphalt	0.50
Candlelight	1520 Candlelight	Asphalt	0.45
Canterbury	12822 Northumb	Asphalt	0.33
Carter	7000 Santa Fe	Concrete	0.08
Catherine Delce	5700 Collingsworth	Asphalt	0.21
Clark	9718 Clark	Asphalt	0.36
Cleveland	200 Jackson Hill	Concrete-Granite	0.35
Clinton	200 Mississippi	Asphalt	0.42
Cloverland	3801 Hickok Lane	Asphalt	0.25
Cole Creek	7200 Drowsy Pine	Concrete	0.35
Columbia Tap - N	Dowling to Polk	Concrete	1.07
Columbia Tap - S	Union Station To S Macgregor	Concrete	3.09
Cravens Parkway	5901 Main	Granite	0.50
Crestmont	5100 Selinsky	Asphalt	0.25
Cullen	19008 Saums	Asphalt	7.38
Cullinan (JS & LH)	6700 Long Drive	Asphalt	1.06
Dodson Lake	9010 Dodson	Asphalt-Concrete	0.50
Dow	7942 Rockhill	Asphalt	0.58
Earl Henderson	4250 Elysian	Concrete	0.21
Eastwood	5000 Harrisburg	Asphalt-Concrete	0.20
Edgewood	5803 Bellfort	Asphalt-Concrete	0.50
E L Crain	9051 Triola	Asphalt	0.50
E P Hill	4800 Gloryland	Asphalt	0.39

TRAIL	LOCATION	TYPE	MILES
Ervan Chew	4502 Dunlavy	Concrete	0.21
Fonde	5500 Carrollton	Asphalt	0.32
Forest West	5915 Golden Forest	Asphalt	0.30
Forum	9900 Sugar Branch	Asphalt	0.49
Francklow	1300 Seagler Road	Asphalt	0.50
Freed	7020 Shadyvilla	Asphalt	0.35
Freeway Manor	2241 Bronson	Asphalt-Concrete	0.47
Freshmeadow	4500 Campbell	Concrete	0.38
Gail Reeves	8800 Mullins	Concrete	0.35
Garden Villas	6720 S Haywood	Asphalt	0.49
George T Nelson	3820 Yellowstone	Asphalt	0.17
Glenbrook	8201 N Bayou Drive	Asphalt	0.51
Glenshire	12100 Riceville School	Asphalt	0.41
Godwin	5101 Rutherglen	Concrete	0.42
Grady	1700 Yorktown	Granite	0.20
Groveland Terrace	3921 Herald	Concrete	0.16
Gulf Palms	11901 Palm Springs	Asphalt	0.41
Hackberry	7300 Dairy Ashford	Concrete	0.70
Haden	1404 Witte Road	Asphalt	0.32
Hager	12100 Landsdowne	Asphalt	0.51
Halls Bayou	Hirsch Rd to Bretshire & Rebel	Concrete	2.86
Harrisburg - Sunset	Drennan to Marsden	Concrete	2.00
Hartman	9311 Ave P	Asphalt	0.62
Harwin	11305 Harwin	Concrete	0.70
Haviland	11600 Haviland	Asphalt	0.28
Heights Blvd	400 to 1800 Heights Blvd	Granite	2.00
Hennessy	1900 Lyons	Concrete	0.20
Herman Brown	400 Mercury Drive	Asphalt	2.81
Herman Brown	400 Mercury Drive	Asphalt	1.60
Hermann	6001 Fannin	Concrete-Granite	2.85
Hobart Taylor	8100 Kenton	Asphalt	0.49
Houston Garden	6901 Apache	Concrete	0.39
Houston Heritage East	Studewood to Main & Girard	Concrete	0.38
Houston Heritage West	San Jacinto & Allen St. to McKee	Concrete	2.60
Hunting Bayou	Loop 610 to Lockwood	Asphalt	0.50
Hunting Bayou	US 59 to Calvalcade	Asphalt	0.50
Independence Heights	601 E 35th Street	Concrete	0.31
Ingrando	7302 Keller	Asphalt-Concrete	0.59
Jaycee	1300 Seamist	Concrete	0.50
Judson Robinson, Sr	1422 Ledwicke	Concrete	0.10
Karl Young	7800 Stella Link	Granite	0.20
Keith-Wiess	12300 Aldine-Westfield	Concrete	2.12
Kerr	4620 Arlington	Asphalt	0.17
Lake Forest	9200 Mesa	Concrete	0.43

TRAIL	LOCATION	TYPE	MILES
Lake Houston Wilderness	25840 FM 1485 New Caney Tx	Natural	11.60
Lakewood	8811 Feland	Asphalt	0.14
Langwood	3975 Bolin	Asphalt	0.44
Law	6100 Vassar Road	Asphalt	0.41
Lee	9025 Pitner	Asphalt	0.26
Levy	3801 Eastside	Concrete-Granite	0.24
Linkwood	3699 Norris	Concrete	0.12
Love	1000 W 12th Street	Asphalt	0.20
MacGregor	5225 Calhoun	Granite	1.11
Mangum Manor	5235 Saxon	Asphalt	0.29
Marian	11100 S Gessner	Granite	0.25
Mason	541 75th Street	Asphalt-Concrete	1.40
Melrose	1000 Canino Road	Asphalt	0.25
Memorial-S. Lieberman	6501 Memorial Drive	Granite	2.90
Memorial-Outer Loop	6501 Memorial Drive	Granite	1.50
Memorial-Timing Track	6501 Memorial Drive	Asphalt	0.25
Memorial-Arboretum	4501 Woodway	Granite	3.45
Memorial-Mountain Bike	6501 Memorial Drive	Natural	7.21
Memorial Silver Triangle	1901 Memorial Way	Concrete	0.23
Metropolitan Multi-Service Ctr	1475 West Gray	Concrete	0.33
MKT Trail	26th Street to I-45	Concrete	4.70
Montie Beach	915 Northwood	Asphalt	0.84
Moody	3725 Fulton	Asphalt-Concrete	0.94
Nellie Keyes	801 Lester	Concrete	0.12
Northline	6902 Nordling	Asphalt	0.42
Oak Meadow	500 Ahrens	Asphalt	0.25
Old Katy Hike & Bike Trail	236 N Dairy Ashford	Concrete	2.35
Park at Palm Center	5400 Griggs	Granite	0.22
Pleasantville Hike & Bike	Within Subdivision	Asphalt	1.50
Reveille	7700 Oak Vista Loop	Asphalt	0.40
River Oaks	3600 Locke Lane	Granite	0.25
Riverside	260 S Calumet/N Calumet	Concrete	0.42
R L & Cora Johnson	9801 Tanner	Asphalt	0.25
Robert C Stuart	7520 Bellfort	Asphalt	0.75
Rosewood	2800 Darien	Concrete	0.36
S Main Estates	12256 Zavalla	Asphalt	0.32
Scenic Woods	7449 Lakewood	Asphalt	0.34
Schnur	12227 Cullen Blvd	Asphalt	0.50
Schwartz	8203 Vogue	Asphalt	0.48
Scottcrest	10700 Rosehaven	Concrete	0.47
Selena Q Perez	6402 Market	Asphalt	0.87
Settegast	3001 Garrow	Concrete	0.40
Shady Lane	10100 Shady Lane	Asphalt	0.50
Sharpstown Green	6300 Sharpview	Paver Stones	0.09
Shepherd	4725 Brinkman	Granite	0.25
Siro Guitierrez	7900 Flaxman	Concrete	0.14
Songwood	548 Wetshire	Asphalt	0.33
Southcrest	5842 Southmund	Concrete	0.29
Spotts	401 Heights Blvd	Concrete	1.60

TRAIL	LOCATION	TYPE	MILES
Saint Lo	7335 Saint Lo Rd	Concrete	0.18
Stewart	6700 Reed Rd	Concrete	0.30
Stoneybrook Esplanade	3000-3600 Stoneybrook	Asphalt	0.55
Stude	1031 Stude	Asphalt	0.70
Stuebner Airline	9201 Veterans Blvd	Concrete	0.50
Sunflower	5000 Sunflower	Concrete	0.16
Sunnyside	3502 Bellfort	Asphalt	0.48
Swiney	2812 Cline	Concrete	0.15
Sylvan Rodriguez	1201 Clear Lake Blvd	Concrete	1.10
Sylvester Turner	2800 West Little York	Asphalt-Concrete	1.02
TC Jester Parkway	34th to 43rd Streets	Granite	1.15
Tanglewilde	9631 Windswept	Concrete	0.16
Tanglewood	5801 Woodway	Concrete	0.20
Tidwell	9720 Spaulding	Concrete	0.30
Timbergrove Manor	1500 West TC Jester	Asphalt	0.88
Timbergrove Trail	1500 TC Jester	Asphalt	0.80
Tony Marron	808 York	Asphalt-Concrete	0.46
Townwood	3403 Simsbrook	Asphalt	0.90
Tuffly	3200 Russell	Asphalt	0.33
Verde Forest	8800 Brock Park Blvd	Asphalt	0.17
Veterans Memorial	1800 Tidwell	Asphalt	0.36
Waldemar	11700 Waldemar	Asphalt	0.19
Weiss	100 North Post Oak Lane	Granite	0.70
West End Park	1418 Patterson	Concrete	0.13
Westside Trail	Westpark to Eldridge	Concrete	1.90
Westwood	4045 Lemac	Asphalt-Concrete	0.38
White Oak Bayou	Antoine Alabonson	Concrete	0.56
White Oak Bayou	Watonga to Antoine	Concrete	2.60
White Oak Bayou	W 11th to Pinemont	Asphalt-Concrete	4.80
Willow	10400 Cliffwood	Granite	0.25
Willow Waterhole	5300 Gasmer	Concrete-Granite	1.17
Wilson Memorial	100 Gilpin	Asphalt-Concrete	0.28
Windsor Village	14441 Croquet	Concrete	0.31
Winzer	7300 Carver at Dolly Wright	Concrete	0.60
Woodland Park	212 Parkview	Asphalt-Concrete	0.32
Zollie Scales	3501 Corder	Asphalt	0.23



Save the Date!

SATURDAY, NOVEMBER 5, 2016

10th Annual Lady Bird Johnson
Wildflower Tribute Planting Project



For more information visit www.houstonparks.org.
To volunteer contact Oneika Shelby at
oneika.shelby@houstontx.gov or (832) 395-7280.



A CAPRA Accredited Agency

SENIOR PROGRAMS

HPARD Senior Programs provide a wide variety of recreation and leisure activities for seniors, ages 55 years and older, at various community centers across the Houston area.

Activities include specialty and creative crafts, fitness, walking clubs, cultural events, senior forums, field trips and special events. Other program components include craft exhibitions, computer classes at local libraries, fashion shows, special holiday events, Senior Olympics competition and sports programs.

Most programming is FREE unless otherwise indicated. Field trips and certain programs may require a minimum fee or request that participant provide their own materials.

Ages:	55 and older
Registration:	Ongoing
Program Dates:	Ongoing
Fees:	FREE (Except for Field Trips or Special Programs)
Times:	Varies by Community Center
Information:	(832) 395-7133 (832) 395-7270

MONDAY

Clark (KM 455Q)	9718 Clark, 77076	(713) 742-1497
Hobart Taylor (KM 455Q)	8100 Kenton, 77028	(832) 395-7621
Ingrando (KM 535F)	7302 Keller, 77012	(713) 643-4764

TUESDAY

Edgewood (KM 534X)	5303 Bellfort, 77033	(713) 734-8434
Selena Quintanilla Perez/Denver Harbor (KM 494H)	6402 Market, 77020	(832) 395-7640
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 638-8221

WEDNESDAY

DeZavala (KM 495S)	907 76th Street, 77012	(713) 923-5163
Independence Hts. (KM453N)	603 E. 35th Street, 77022	(713) 867-0373
Sunnyside (KM 533X)	3502 Belfort, 77051	(832) 395-7686

THURSDAY

Eastwood (KM 949T)	5020 Harrisburg, 77011	(713) 928-4801
Lakewood (KM 455G)	8811 Feland, 77028	(713) 636-8217



SENIOR SPECIALTY CRAFTS/ACTIVITIES

Learn and enjoy a variety of leisure type activities including flower arranging, ceramics, quilting, painting, and much more at some of your local community centers.

NORTHEAST

Clark (KM 453B)	Arts & Crafts	T	12:00 pm - 2:00 pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Ceramics	W & F	12:00 pm - 2:30 pm	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495V)	Bingo	M, W, & F	9:00 am - 1:00 pm	200 Mississippi, 77029	(713) 673-0955
Clinton (KM 495V)	Arts, Crafts, Dominos, Chair Fitness	T	9:00 am - 1:00 pm	200 Mississippi, 77029	(713) 673-0955
Clinton (KM 495V)	Senior Fitness	Th	9:00 am - 1:00 pm	200 Mississippi, 77029	(713) 673-0955
DenverHarbor (KM 494H)	Senior Artist Crafts	T	10:00 am - 1:00 pm	6402 Market, 77020	(832) 395-7640
Finnigan (KM 495H)	Crafts	M - F	9:00 am - 12:00 pm	4900 Providence, 77020	(713) 678-7385
Hobart Taylor (KM 455Q)	Arts & Crafts	M	12:00 pm - 4:00 pm	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Jewelry	T, W, & Th	12:00 pm - 2:00 pm	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Quilting	T, W, & Th	12:00 pm - 2:00 pm	8100 Kenton, 77028	(832) 395-7621
Judson Robinson, Sr (KM 495L)	Senior Crafts	T & Th	11:30 am - 1:30 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Sr (KM 495L)	Water Coloring	F	11:00 am - 12:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Judson Robinson, Sr (KM 495L)	Photography 101	W	10:00 am - 11:00 am	1422 Ledwicke, 77029	(713) 674-2401
Judson Robinson, Sr (KM 495L)	Scrapbooking/Quilting	M	8:30 am - 12:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Judson Robinson, Sr (KM 495L)	Quilting	F	11:00 am - 1:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Judson Robinson, Sr (KM 495L)	Bingo	3rd T	1:00 pm - 2:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Judson Robinson, Sr (KM 495L)	Quilting	W	2:00 pm - 4:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Lakewood (KM 455G)	Quilting & Scrapbooking	Th	9:00 am - 1:00 pm	8811 Feland, 77028	(713) 636-8217
Kingwood (KM 296X)	Knitting & Needle Work	M	10:30 am - 12:30 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Beginner Crochet	M	10:30 am - 12:30 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Quilting	F	10:30 am - 12:30 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Zumba	W	7:00 pm - 8:00 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Moody (KM 453Y)	Open Table Tennis	T & Th	6:00 pm - 8:00 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM 453Y)	Senior Programs	T, W & Th	11:00 am - 1:00 pm	3725 Fulton, 77009	(832) 395-7645
Tidwell (KM 454D)	Recreation & Leisure	M - F	2:00 pm - 6:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Senior Craft	T & F	9:00 am - 1:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tuffly (KM 454X)	Ceramics	T	10:00 am - 1:00 pm	3200 Russell, 77026	(713) 674-2355

NORTHWEST

Candlelight (KM 452E)	Minor Games	W & Th	9:00 am - 1:00 pm	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM493K)	Senior Quilting	W	10:00 am - 1:00 pm	110 Sabine, 77007	(713) 226-4466
Freed (KM 451Y)	Quilting, Crochet & Crafts	M & W	4:30 pm - 9:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Exercise	M & W	10:00 am - 11:00 am	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Pickleball	F	1:30 pm - 3:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Pickleball (Advanced)	F	5:30 pm - 7:45 pm	6818 Shady Villa, 77055	(832) 395-7611
Highland (KM 451D)	Literacy	M - F	4:30 pm - 6:30 pm	3316 DeSoto, 77091	(713) 956-9137
Highland (KM 451D)	Money Managing	T	4:30 pm - 5:30 pm	3316 DeSoto, 77091	(713) 956-9137
Independence Hts. (KM453N)	Sr. Crafts	W	9:00 am - 1:00 pm	603 E. 35th Street, 77022	(713) 867-0373
Judson Robinson, Jr. (KM 495L)	Senior Crafts	T & Th	11:00 am - 1:30 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Beginner Bridge	M	10:30 am - 12:30 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Bridge (Advanced)	W	10:30 am - 12:30 pm	2020 Hermann Drive, 77004	(832) 395-7626
Kendall (KM 488C)	Minor Games	M, W, & F	1:00 pm - 3:00 pm	609 N. Eldridge, 77079	(832) 393-1898
Kendall (KM 488C)	Senior Board Games	T	12:00 pm - 1:00 pm	609 N. Eldridge, 77079	(832) 393-1898
Lincoln (KM 412Q)	Senior Line Dance	M	9:30 am - 11:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Computer Class	T	10:30 am - 12:30 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Gardening	W (2nd & 4th)	10:00 am - 11:00 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Senior Game Day	W	10:00 am - 12:00 pm	979 Grenshaw, 77088	(281) 445-1617
Milroy (KM 452Z)	Jewelry Making/General Crafts	T	10:00 am - 3:00 pm	1205 Yale, 77008	(713) 867-0397
Milroy (KM 452Z)	Quilting	W	10:00 am - 2:00 pm	1205 Yale, 77008	(713) 867-0397
Montie Beach (KM 453X)	Crafts	M & W	10:30 am - 12:30 pm	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	Scrapbooking	M	10:00 am - 12:00 pm	803 West Temple, 77009	(713) 862-6907

SOUTHEAST

Charlton (KM 535P)	Ceramics	M & F	10:00 am - 1:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Art 101	W	10:00 am - 12:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Chi Kung	Th	1:00 pm - 2:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Chi Kung	T	6:30 pm - 7:30 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Tai Chi	T	6:30 pm - 7:30 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Family Night Ceramics	Th	6:00 pm - 8:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Jewelry	Th	12:30 pm - 2:30 pm	8200 Park Place, 77017	(713) 645-3589
Crestmont (KM 574J)	Social Club	M, W, & F	1:00 pm - 5:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Bridge	M	11:00 am - 3:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Social Club	T & Th	11:00 am - 1:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Red Hat Society	T	9:00 am - 10:00 am	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Gardening Club	T	9:30 am - 10:30 am	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Senior Crafts	W & Th	9:00 am - 1:00 pm	5200 Selinsky, 77048	(713) 733-2236
DeZavala (KM 495S)	Arts & Crafts	W	9:00 am - 1:00 pm	907 76th, 77012	(713) 923-5163
Eastwood (KM 494T)	Board Games	T	11:00 am - 2:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Eastwood (KM 494T)	Senior Crafts	Th	9:00 am - 1:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Edgewood (KM 534X)	Hat Making	T	10:00 am - 2:00 pm	5803 Bellfort, 77033	(713) 734-8434
Edgewood (KM 534X)	Jewelry Making	F	9:00 am - 2:00 pm	5803 Bellfort, 77033	(713) 734-8434
Ingrando (KM 535F)	Ceramics	M & W	10:00 am - 12:00 pm	7302 Keller, 77012	(713) 643-4764
Ingrando (KM 535F)	Quilting	W	9:00 am - 1:00 pm	7302 Keller, 77012	(713) 643-4764
Mason (KM 535A)	Ceramics	T	10:00 am - 12:00 pm	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 535A)	Aerobics (Advanced)	M - W	10:00 am - 11:00 am	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Line Dance	F	10:00 am - 12:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Board Games	F	10:00 am - 12:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Sagemont (KM 576Y)	Senior Activities	M - F	9:00 am - 1:00 pm	11507 Hughes, 77089	(281) 922-2343
Sagemont (KM 576Y)	Scrapbooking	T & Th	4:00 pm - 5:00 pm	11507 Hughes, 77089	(281) 922-2343
Settegast (KM 494N)	Ceramics	T	9:00 am - 2:00 pm	3000 Garrow, 77003	(713) 238-2200
Settegast (KM 494N)	Scrapbooking	W	9:00 am - 12:00 pm	3000 Garrow, 77003	(713) 238-2200

SOUTHWEST

Alief (KM529E)	Scrapbooking	W	11:00 am - 1:00 pm	11903 Bellaire Blvd., 77072	(281) 564-8130
Burnett Bayland (KM 531B)	Dominos	T & Th	1:00 pm - 3:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Godwin (KM 531U)	Ceramics	T & Th	10:00 am - 1:00 pm	5101 Rutherglen, 77096	(713) 726-7114
Kendall (KM 488C)	Senior Board Games	T	12:00 pm - 1:00 pm	609 N. Eldridge, 77079	(832) 393-1898
Linkwood (KM 532P)	Adult/Sr. Quilting	W	12:00 pm - 1:00 pm	3699 Norris, 77025	(713) 314-3107
Linkwood (KM 532P)	Quilting	M - Th	6:00 pm - 7:00 pm	3699 Norris, 77025	(713) 314-3107
Linkwood (KM 532P)	Hat Making	M - Th	6:00 pm - 7:00 pm	3699 Norris, 77025	(713) 314-3107
Linkwood (KM 532P)	Scrabble	T	12:00 pm - 2:00 pm	3699 Norris, 77025	(713) 314-3107
Marian (KM 530X)	Computer Lab	T, W, & F	1:00 pm - 3:00 pm	11101 S Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Computer Lab	T & W	6:00 pm - 8:30 pm	11101 S Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Senior Fitness	T & Th	10:30 am - 12:30 pm	11101 S Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Senior Social	T & Th	12:30 pm - 5:00 pm	11101 S Gessner, 77071	(713) 773-7015
Platou (KM 571B)	Quilting	M & T	10:00 am - 12:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Clay Workshop	W	12:30 pm - 3:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Portable Projects	Th	9:30 am - 11:00 am	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Senior Games	Th	12:30 am - 2:30 pm	11655 Chimney Rock, 77053	(713) 726-7107
Sharpstown (KM 530F)	Beginning Quilting	M	11:00 am - 2:00 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Chess Club	T	5:00 pm - 7:30 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Quilting	W	12:30 pm - 3:30 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Crocheting	W	12:30 pm - 3:30 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Senior Crochet	W	12:30 pm - 3:30 pm	6600 Harbor Town, 77036	(832) 395-7605
Sunnyside (KM 533X)	Quilting	M	10:00 am - 2:00 pm	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X)	Sr Aerobics/Silver Sneakers	T - Th	10:00 am - 11:00 am	3502 Bellfort, 77051	(832) 395-7586
Townwood (KM 572P)	Jewelry Making	M	10:00 am - 2:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	Pickle Ball	M & W	10:00 am - 2:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	Morning Stretch	M & W	10:00 am - 10:50 am	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	Sewing Classes	T	10:00 am - 2:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	Ceramics	S	10:00 am - 1:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	Senior Sewing	F	10:00 am - 2:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Windsor Village (KM 530K)	Ceramics	T & Th	9:30 am - 12:00 pm	14441 Croquet, 77085	(713) 726-7113

HOUSTON PARKS AND RECREATION DEPARTMENT & U.S. PARALYMPIC MILITARY SPORTS PROGRAM

PRESENT

THE 8TH ANNUAL METAL & MUSCLE EXPO

December 2, 3, & 4 2016 | 9:00 a.m. - 5:00 p.m.
GEORGE R. BROWN CONVENTION CENTER HALL A
1001 Avenida de Las Americas, 77010



The Metal & Muscle EXPO is FREE and open to all and will feature a paralympic sports clinic, competitive team activities and exhibitors who provide services for people with physical disabilities.

Service men and women returning from Iraq and Afghanistan with permanent physical disabilities, including blind and visually impaired as well as all veterans with a physical disability, are encouraged to attend.

Demonstrations and activities will include:

- Sitting Volleyball
- Power Soccer
- Challenge Slalom
- Wheelchair Ruby
- Judo for the Blind
- Air Gun Competition
- Wheelchair Basketball
- Wheelchair Racing
- Amputee Walking/Running Clinic



A CAPRA Accredited Agency

Events are offered for participation by both able-bodied and persons with disabilities.
For more information contact Chuck French, (832) 395-7325 or charles.french@houston.tx.gov.

ADAPTIVE SPORTS & RECREATION

HPARD provides access to year round activities for children and adults with disabilities through the Adaptive Recreation Division located at the Metropolitan Multi-Service Center, 1475 West Gray. In addition to providing activities, the Metropolitan Multi-Service Center partners with organizations that serve children and adults with disabilities. The goal is to provide access, experiences and opportunities to learn new skills and redefine abilities while participating in recreational activities.

Friends of the Park Council at MMSC

The Friends of the Park Council at MMSC serves to support the staff and programs of HPARD's Adaptive Recreation section. They also help communicate the vision, goals and services of the program to constituent communities and provide a forum for program ideas and services.

The Friends of the Park Council at MMSC meets every two months on the second Tuesday of the month.

Date:	Every month 3rd Tuesday of the month
Time:	4:30 pm - 6:00 pm
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 395-7325 charles.french@houston.tx.gov

Adult Recreation Fitness Center

The Metropolitan Multi-Service Fitness Center is specifically designed to be used by adults with a physical disability including visually impaired and blind who are able to function independently.

The facility is equipped with wheelchair accessible upper body weight equipment along with cardio machines to get your heart pumping. Pre-registration and a safety briefing are required before using this facility.

Ages:	16 - older
Registration:	Required
Program Dates:	7:00 am - 7:00 pm, M - Th 7:00 am - 4:00 p.m., F
Fee:	FREE
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 395-7333 charles.french@houston.tx.gov



MMSC - Adaptive Recreation Fitness Center

Adaptive Yoga

This Adaptive Yoga class modifies traditional Kundalini Yoga for persons with physical disabilities based on students abilities. This 60 minute class led by a certified Kundalini Yoga instructor. It combines seated, standing and floor postures and incorporates guided meditation and creative visualization.

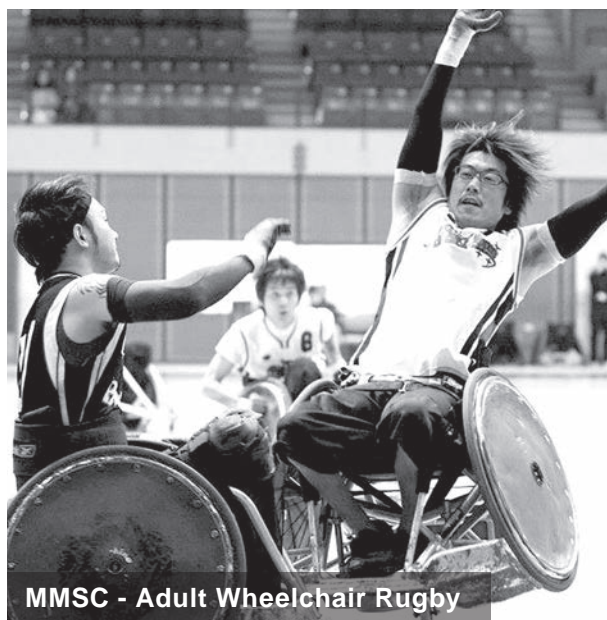
Ages:	Youth and Adult
Registration:	Required
Program Dates:	9:00 am - 10:15 am 2nd and 4th Thursday of each month, Ongoing
Fee:	FREE
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 395-7333 charles.french@houston.tx.gov

Adaptive Aquatics Program

The MMSC pool provides a great environment for people with disabilities to exercise. The 5-lane, 25-yard heated pool is fully accessible and is equipped with a zero depth entry ramp, hand rails, and 3 chair lifts. Changing and shower facilities are available adjacent to the pool area.

Participants are required to have independent functioning mobility skills or bring an adult attendant to assist.

Ages:	Youth and Adult
Registration:	Required
Program Dates:	Year-round
Time:	Vary, Call For Schedule
Fee:	FREE
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(832) 395-7333
Information:	(713) 395-7333



MMSC - Adult Wheelchair Rugby

Roll-Fit

This is a specialized program designed to enhance the overall fitness level and functional capacity of persons with a physical disability. Focus will be on all fitness components: Muscular Strength and Endurance, Cardiovascular, Flexibility and Nutrition.

Ages:	All Ages
Registration:	Required
Program Dates:	Sep 7 - Nov 16, 2016
Time:	5:00 pm - 7:00 pm Wednesdays
Fee:	FREE
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 395-7333

Power Soccer

Power Soccer is the fastest growing sport for wheelchair users. Power Soccer is the first team sport designed specifically for power wheelchair users. It combines the skill of the wheelchair user with the speed and power of the chair itself, to participate in an extremely challenging game similar to soccer. All ages and abilities welcome!

Ages:	All Ages
Registration:	Required
Fee:	FREE
Program Dates:	Jan 9 - April 30, 2016
Times:	11:00 am - 1:00 pm, Sat
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 395-7325

Adult Wheelchair Basketball

Weekly practice and play is scheduled throughout the year for adults age 16 and up. No motorized chairs allowed in this game.

January through March open gym will be held on Mondays and Wednesdays. From April through May, Mondays will be league nights. Sports chairs are available to check out. Registration is required.

Ages:	All Ages
Registration:	Required
Fee:	FREE
Program Dates:	Sept 5 - Nov 23
Times:	Mondays 6:00 pm - 9:00 pm Wednesdays 7:00 pm - 9:00 pm
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(832) 395-7333

Adult Wheelchair Rugby

Get ready for fast, full-court action when adults clash metal to metal in this fast paced wheelchair sport. Rugby is for quadriplegics who have independent, upper body function. Participants must have independent functioning skill to participate. Motorized chairs not permitted in this game.

Ages:	12 - Older
Registration:	Required
Fee:	FREE
Program Dates:	Sept 1 - April 26, 2016
Open Play:	6:00 pm - 8:00 pm, Thurs
Team Practice:	9:00 am - 11:00 am, Sat
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 395-7325



MMSC - Hot Wheels Youth Basketball



Boccia Ball

Boccia Ball athletes throw, kick or use an assistive device to propel leather balls as close as possible to a white target ball (the jack). Each player throws six balls. After each individual match, four ends are played, with the top two players from each pool advancing. BlazeSports America is the governing body for USA Boccia.

Ages:	All Ages
Registration:	Required
Fee:	FREE
Program Dates:	Sept 7 - Dec 21, Mon
Times:	1:00 pm - 3:00 pm
Location:	MMSC, 1475 W. Gray
Information:	832-395-7333

Hot Wheels Youth Basketball

The TIRR Memorial Hermann Youth Hotwheels are coming off a National Wheelchair Basketball Association 2nd Place National Finish! The team consists of wheelchair basketball players ages 8-18. They are currently ranked #1 going into the 2016/17 season. The team welcomes any new players who have a desire to practice and compete. No equipment is necessary. Athletes must qualify for wheelchair basketball by having a specific disability.

Ages:	12 - 21
Registration:	Required
Fee:	FREE
Program Dates:	Sept 8 - Dec 22
Times:	6:00 pm - 9:00 pm Tuesdays only
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(832) 395-7333

Adolescent Bariatric Surgery Program Support Group

The support group is hosted monthly for adolescents and their family by Texas Children's Hospital Staff in partnership, with HPARD's Adaptive Recreation Staff.

Meetings are held at the Metropolitan Multi-Service Center.

This is a specialized program designed to enhance the overall fitness level and functional capacity of each bariatric patient. Focus will be on lifetime fitness activities and exercise.

Date:	2nd Tuesday Of Every Month
Time:	5:00 pm - 7:00 pm
Fee:	FREE
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(832) 822-0615 Kari Turybury MS, RD, LD Case Manager Bariatric Surgery Program Texas Children's Hospital

The River Performing & Visual Arts Center

The River is a non-profit 501(c)(3) organization whose mission is to provide an accessible, affordable, fine arts education for special children, ages 2-19, who have disabilities, chronic illnesses, or are economically disadvantaged. Siblings are welcome. The River offers year round, barrier free, classes in music, art, drama and dance. Scholarships are available.

For more information contact The River Performing and Visual Arts Center.

Ages:	2 - 19
Information:	(713) 520-1220

Houston Deaf Seniors of Texas

This lively group of adults meets for coffee, socializing, games and informative presentations about services available for Houston area people who are deaf or hard of hearing. The group meets twice a month, usually the 2nd and 4th Wednesday of the month.

Ages:	55 - up
Date:	2nd & 4th Wed Of Every Month May - Aug
Time:	9:00 am - 12:00 pm
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(281) 656-2576 Nancy Morris



Houston Area Parkinson Society

The Houston Area Parkinson Society's mission is to improve the quality of life for those affected by Parkinson's disease through services, education and advocacy. The Houston Area Parkinson Society provides numerous programs and services for the Parkinson's community. Each week HAPS provides 34 free physical, occupational, speech, water, Tai Chi and other therapy groups. Free support groups are available for individuals with Parkinson's and caregivers to share their experiences in a warm, friendly environment. In addition, HAPS offers free transportation services to and from HAPS therapy sites and physician visits. Respite, social services and educational programs are also available.

For more information contact the Houston Area Parkinson Society (713) 313-1652.

Activity:	Tai Chi and Exercise for Adults with Parkinson
Information:	(713) 313-1652 www.hapsonline.org

The Arc of Greater Houston

The Arc of Greater Houston is a non-profit organization formed nationally in 1950 to advocate for the inclusion of people with mental retardation and other developmental disabilities in all aspects of society and is established at the national, state, and local levels.

The Arc of Greater Houston works in collaboration with other agencies and organizations to facilitate the development of a wide array of options available to individuals and their families in the community.

For more information contact the Arc of Greater Houston at (713) 957-1600.

Activity:	Monthly Dance/Social For Adults With Intellectual and Developmental Disabilities
Information:	(713) 957-1600 www.thearcofgreaterhouston.com

SWIMMING POOLS

Summer Swim Schedule:

May 28 – Aug 12

The Summer Swim Season is rapidly coming to a close as students make their way back to school. The final day of the Summer Swim Schedule is Aug 12. During the Summer all HPARD pools, with the exception of SwimWise Sites, are open Tuesday through Sunday and are closed on Monday.

SUMMER POOL SITES SCHEDULE:

Ages:	Open to all ages
Registration:	Daily sign-in required
Program Dates:	May 28 – Aug 12
Summer Schedule:	Tues - Sun 1:00 pm – 8:00 pm
Closed:	Mon
Location:	See Public Pool List
Information:	(832) 395-7129

SWIMWISE POOL SITES SCHEDULE:

Program Dates:	
Morning:	Tues - Fri 10:00 am – 12:00 pm
Afternoon:	Tues - Fri 1:00 pm - 6:00 pm
Weekends:	Sat 1:00 pm - 6:00 pm

NORTHEAST

Tuffly (KM 494B) (713) 674-3367
3200 Russell, 77026

NORTHWEST

Independence Heights (KM 453N) (713) 862-1284
603 East 35th, 77022

SOUTHEAST

Judson Robinson, Sr. (KM 495L) (713) 672-8958
1422 Ledwicke, 77029

SOUTHWEST

Alief (KM 599E) (281) 983-8137
11903 Bellaire, 77072

Fall Swim Schedule:

Aug 13 – Sept 5

The Fall Swim Season will begin on Aug 13. All pools will then be closed Monday through Friday and be open on weekends only (Sat and Sun). Labor Day (Sept 5) will be the last day that HPARD pools will be open for the year.

FALL POOL SITES SCHEDULE:

Ages:	Open to all ages
Registration:	Daily sign-in required
Program Dates:	Aug 13 - Sept 5
Fall Schedule:	Sat and Sun Only 1:00 pm – 8:00 pm
Closed:	Mon through Fri
Location:	See Public Pool List
Information:	(832) 395-7129



POOL LOCATIONS

NORTHEAST

Greenwood (KM 497A)	602 Beresford, 77015	(713) 455-5165
Hobart Taylor (KM 455P)	8100 Kenton, 77028	(713) 673-3774
Moody (KM 453Y)	3201 Fulton, 77009	(713) 238-2215
Northline (KM 413W)	6911 Nordling, 77076	(713) 742-1512
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 633-1618
Tuffly (KM 494B)	3200 Russell, 77026	(713) 674-3367

NORTHWEST

Agnes Moffitt (KM 449R)	10645 Hammerly, 77043	(713) 468-5666
Independence Heights (KM 453N)	603 East 35th, 77022	(713) 862-1284
Lincoln (KM 412Q)	1048 Grenshaw, 770 88	(281) 447-2525
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0490
Oak Forest (KM 452N)	1400 Du Barry Lane, 77018	(713) 684-1819
Schwartz (KM 451N)	8203 Vogue, 77055	(713) 973-6310
Stude (KM 493B)	1031 Stude, 77007	(713) 862-5762
T.C. Jester (KM 451M)	4205 T.C. Jester, 77018	(713) 686-6800

SOUTHEAST

Beverly Hills (KM 576S)	9800 Kingspoint, 77075	(713) 948-9063
Clinton (KM 495U)	200 Mississippi, 77029	(713) 675-9336
Cloverland (KM 573L)	11800 Scott, 77047	(713) 734-8948
Denver Harbor (KM 494H)	4020 Gazin, 77020	(713) 673-7140
DeZavala (KM 495S)	907 75th Street, 77012	(713) 923-7220
Eastwood (KM 494T)	5000 Harrisburg, 77011	(713) 923-8058
Emancipation (KM 493U)	3018 Dowling, 77004	(713) 284-1977
Finnigan (KM 494G)	4900 Providence, 77020	(713) 673-7311
George T. Nelson (KM 533L)	6900 La Salette, 77021	(713) 748-0449
Glenbrook (KM 535Q)	8201 North Bayou, 77017	(713) 645-7187
Judson Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	(713) 672-8958
MacGregor (KM 534E)	5225 Calhoun, 77021	(713) 748-0317
Mason (KM 535A)	541 South 75th, 77023	(713) 928-4826
Reveille (KM 535S)	7700 Oak Vista, 77087	(713) 645-6544
Sagemont (KM 576Y)	11507 Hughes, 77089	(281) 922-2312
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-0757
Wilson Memorial (KM 576G)	100 Gilpin, 77034	(713) 948-9051

SOUTHWEST

Alief (KM 599E)	11903 Bellaire, 77072	(281) 983-8137
Memorial (KM 492K)	6402 Arnot, 77007	(713) 862-1426
Sharpstown (KM 530F)	6600 Harbor Town, 77036	(713) 272-3690
Townwood (KM 572P)	3402 Simsbrook, 77045	(713) 434-3531
Westbury (KM 531W)	10605 Mullins, 77096	(713) 723-2192
Windsor Village (KM 571P)	14441 Croquet, 77085	(713) 726-7112



WATER SPRAYGROUNDS

The Houston Parks and Recreation Department's water playgrounds provide an engaging and interactive fun activity year-round for children, especially during the hot summer months. Water playgrounds have distinct advantages over swimming pools in that they are cost effective, low maintenance, and water-play activities extend well beyond normal pool season. Water playgrounds are controlled using a timer and touch-sensor.

The timer is set for 12 hours of water activation. The touch-sensor turns on the water for a two to three minute cycle.

H-E-B Grocery Company has generously donated more than \$1.1 million to the Houston Parks and Recreation Department through the Houston Parks Board Inc., to create and build additional water playgrounds in Houston city parks. These are brightly colored facilities featuring equipment that squirts, sprays, mists and shoots water. Children will be able to enjoy everything from oversized flowers that mist to a whale that spouts and squirts water and in-ground elements that resemble geysers.

Aron Ledet Park (H.E.B.) 6500 Antoine

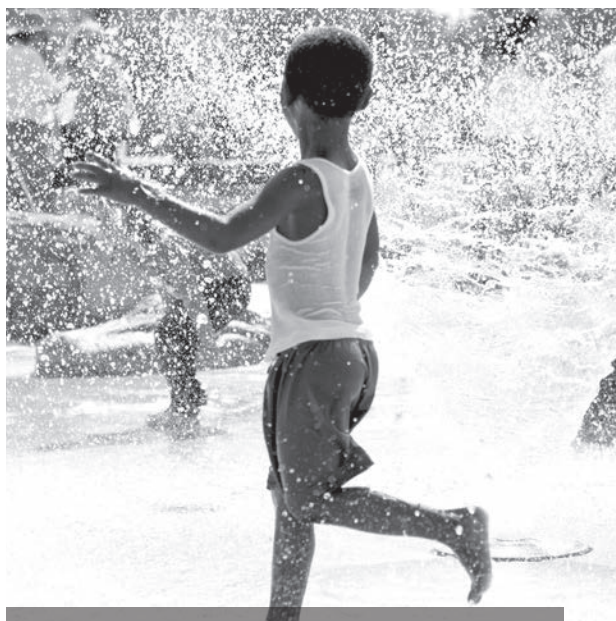
The Aron Ledet Park water sprayground's design appeals to park visitors with its brightly colored play surface and the inventive design of its spray fixtures.

Blueridge Park (H.E.B.) 5600 Court Road

The Blueridge Park water sprayground opened in July 2003. Its design incorporates a colorful play surface, a curved seating wall, and water fixtures designed to appeal to a child's sense of fun and whimsy.

Burnett Bayland Park 6200 Chimney Rock

This water sprayground has a multi-colored rubber surface, spray and ground features including three colorful arches, a flower, cactus, a spiral spray, and two water cannons.



Shady Lane Park - Water Sprayground

Cullen Park (H.E.B.) 19008 Saums Road

The H-E-B Cullen Park water sprayground opened in August 2003. It features a colorful play surface, multiple geyser, and spray fixtures. It is within easy viewing of the picnic pavilion

Dodson Lake Park (H.E.B.) 9010 Dodson

This H-E-B water sprayground's design includes a unique concentric circle splash pad that creates the illusion of ripples with geysers, pop-up sprays, tulip sprays, and a fan jet spray.

Edgewood Park (H.E.B.) 5803 Bellfort

This H-E-B water sprayground was built has brought a splash of fun to southeast Houston since June of 2003. Its design includes a brightly colored concrete play area, geysers and spray elements, and a curving seat wall.

Ervan Chew Park 4502 Dunlavy

Built in 2010, the sprayground at Ervan Chew Park is convenient to the playground, picnic area, soccer, and baseball fields, and the dog park.

Gutierrez Park (H.E.B.) 7900 Flaxman

This water sprayground features a large plaza with multiple ground sprays. The plaza is surfaced with colored concrete, and features a seat wall along one edge.

Guadalupe Plaza Park 2311 Runnels

This playground at Guadalupe Plaza Park was opened to the public on July 30, 2016. The Park's sitting allows parents to enjoy the action as the children play in the water jets and the view of the beautiful Azios Family Fountain adjacent to the sprayground.

Hackberry Park 7777 Dairy Ashford 77079

This 1,200-square foot spraygrounds brightly-colored areas equipped with turtles and lily pads that squirt, and spray water and mist, as well as in-ground geysers.

Herman Brown Park 400 Mercury Drive

The water sprayground features a large, vividly colored play area in the shape of a giant frog. Its gentle slope suggests a stream and interactive water geysers and spray elements spring up from the "stream." A covered picnic area with restrooms is adjacent to the sprayground.

Hermann Park 6100 Fannin

The water playground at Hermann Park features two large palm trees and a spiral provide a variety of water effects for all children to run through. Two large beaches create a sand play zone adjacent to the water play area.

Hidalgo Park (H.E.B.) 7000 Avenue Q

The 1,200-square foot sprayground features brightly colored recreational areas equipped with turtles and lily pads that squirt, spray water, and mist as well as in-ground geysers.

Jaycee Park (H.E.B.) 1300 Seamist

The H-E-B Jaycee Park sprayground's timed spouts are surrounded by colorful, oversized butterflies, and leaves in the paved surface. Benches are placed around the site for seating.

Marian Park 11000 S. Gessner

The Marian Park sprayground includes three different areas of play, with individually operated spray features. An adjacent shade structure provides seating.

Melrose Park 12200 Melrose Park Road

The Melrose Park water sprayground features a multi-colored rubber surface and spray and ground features like a flower, cactus and an arch.

Montie Beach Park (H.E.B.) 915 Northwood

The Montie Beach water sprayground opened in 2006. Its beach theme includes a palm island, a whale sporting a spout spray at its hump, and multiple wave sprays that create a rolling "wave" effect.

Nieto Park 500 Port

The Nieto Park Water sprayground is also designed with a beach theme in mind. It includes a wave of stairs, real palm trees, and plastic palm trees and other play items that spray water.

Park at Palm Center 5400 Griggs Road

The water sprayground at the Park at Palm Center was built in 2009. It is adjacent to the playground and picnic area in the park, and adds a wonderful recreational element to the neighborhood.

Settegast Park 3000 Garrow

Settegast Park sprayground includes a multi-colored rubber surface and spray ground features including a ground geyser, a bell-spray column, a misty arch, a magic touch bollard, a water trio, a donut, and a flower.

Shady Lane Park 10100 Shady Lane

The water sprayground at Shady Lane Park opened on Oct 10, 2013 during the National Recreation and Parks Association Congress and Expo. The sprayground was a part of the group's Parks Build Communities program.

It features a small pond with water bubbling up from a couple of boulders. Amongst the various spray features an alligator head peeking above the blue concrete surface will delight the children at play. This sprayground connects with other play features to simulate a forest and wetlands area designed to connect children with nature.



Hackberry Park - Water Sprayground

Stuebner - Airline Park 9201 Veterans Memorial

The sprayground at Stuebner-Airline Park is approximately 1900 square feet. All spray features are surface-mounted in a combination of sprays and jets. The surface pattern is a combination of multi-colored circles and semi-circles. This sprayground also has two benches and a seating wall.

Tony Marron Park (H.E.B.) 808 N. York

The water play area at Tony Marron Park features a variety of ground sprays. A seat wall curves around the area, offering great views of the park and downtown. This project was funded through the Park People.

Wiley Park 1414 Gillette

The James Wiley water sprayground includes a multi-colored rubber surface and sprayground features such as a flower, rainbow, fire hydrant activator, raining buckets and an in-ground spray fountain. Other park improvements include benches, landscaping, drinking fountains, electrical work, and black vinyl coated chain link fence.



LAKE HOUSTON WILDERNESS PARK

Lake Houston Wilderness Park (LHWP) is a beautiful, lushly forested expanse of nearly 5,000 acres located four miles east of New Caney (approximately 30 miles north of Houston) off of Hwy-59. Lake Houston Wilderness Park is the only park in the department's inventory that allows overnight camping. It offers a variety of outdoor learning experiences for people of all ages including: camping, hiking, trail running, mountain biking, canoeing, kayaking, birding, fishing and horseback riding (visitors must bring own bikes, fishing equipment, watercraft and horses). Most of the park is heavily forested with beautiful trails which provide a perfect setting for photography, nature study, bird watching and relaxing.

The Lake Houston Wilderness Park Nature Center is an incredible place to visit and learn about some of the woodland creatures that call LHWP home. Tour the Ecosystem Displays which include the Wetlands Ecosystem Room featuring live fish, turtles and amphibians; the Invertebrate Room, which features mounted insects of all types including moths, butterflies, spiders, beetles and more; the Reptile Room, containing live specimens of both venomous and non-venomous snakes as well as several lizards; the Nature Center classroom; and, Eye on the Wilderness, an exciting visual display of local flora and fauna with sound effects. The LHWP Nature Center offers classes and programs for all ages; please see next pages for a list of classes. You can also contact the LHWP Park Naturalist, Brock Nedland at 281-354-0173 for more information. (Note: Prices are subject to change.)

Program Dates:	Year Round
Location:	25840 FM1485 New Caney, Texas 77357 Listed rental prices DO NOT include Tax
Gate House Hours:	7:00 am – 6:00 pm, Sun - Th 7:00 am - 5:00 pm, Fri - Sat
Information/Reservations:	(281) 354-6881 www.houstonparks.org
Fees (All fees listed are without tax)	
Park Entry Fee - Per Person Ages 13- 64	\$3.00
Forest Lodge - Occupancy up to 12	\$180 / night *
Lazy Creek Lodge - Occupancy Up to 26	\$250 / night *
Lakeside Cabins - Occupancy Up to 6	\$125/ night *
Lakeside Tent Platforms - Occupancy Up to 6	\$35 / night
Screen Shelters, Occupancy Up to 6	\$25 / night
Group Campsites, Occupancy Up to 50	\$40 / night
Walk-in Campsites, Occupancy Up to 8	\$7 / night
Backpacking Campsites, Occupancy Up to 8	\$7 / night
Pine Grove Dining Hall	\$100 / day
* Holiday Weekends Add \$50 To Nightly Rate.	



LAKE HOUSTON WILDERNESS PARK NATURE CENTER PROGRAMS

All programs require a reservation unless noted. Please contact the LHWP Nature Center to make your reservation!

Hours: 9:00 am – 4:00 pm | Wednesday - Sunday | Closed Monday – Tuesday
Park Naturalist: Brock Nedland

Program and day camp information/reservations, field trips, and presentations for schools groups and other interested parties: (281) 354-0173

Every Sunday – 8 amn | Weekly Nature Hike | No Reservation Required

Come take a Sunday stroll with the Lake Houston Naturalist crew every Sunday at 8am sharp! Meet us at the Nature Center and we'll take you down one of our best trails while showing you what this park has to offer.

Sunday Activities – 2:00 – 3:00 pm

Every Sunday afternoon, we'll have a different activity planned to get you and your family involved. From archery to fly fishing, to everything in between, come join us! Events will be posted on the Nature Center events board each Saturday morning.

Sat, August 6 - 10:00 am – 11:00 am
Snakes - All Ages

Come find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

Sat, August 6 - 2:00 pm – 3:00 pm
Animal Eyes

Can your family dog see color? How do nocturnal animals see at night to hunt? Come discover how animals see their world!

Sat, August 13 – 10:00 am -11:00 am
Geocaching 101 – All Ages

Learn the basics of geocaching with a GPS. Then try your skills on a course here at the park! Personal equipment is required.

Sat, August 13 – 2:00 pm – 3:00 pm
Owl Pellets – All Ages

Do you know what an owl pellet is? Well this is the day for you to find out! We will dissect real owl pellets to discover the remaining bones inside and identify what they ate!



Sat, August 20 - 10:00 am – 11:00 am
Birding 101

Come with us and see what birds Lake Houston Wilderness Park has to offer! We'll teach you the basics of birding, and then take you on a hike to see what we can find.

Sat, August 20 - 2:00 pm – 3:00 pm
Turtle Program – All Ages

There are more to turtles than you think! Come get a close up look while you learn about these fascinating creatures.

Sat, August 27 - 10:00 am – 11:00 am
Amazing Amphibians

Frogs, toads, and salamanders are all amphibians! Come learn the lives and characteristics of amazing amphibians!

Sat, August 27 - 2:00 pm – 3:00 pm
Arts and Crafts

Join us as we take a break from hiking and the outdoors to explore our creative side! We'll be giving kids the tools they need to create nature friendly works of art.

Sat, Sept 3 - 10:00 am – 11:00 am
Snakes – All Ages

Come find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

Sat, Sept 3 - 2:00 pm – 3:00 pm
Animal Eyes

Can your family dog see color? How do nocturnal animals see at night to hunt? Come discover how animals see their world!

Mon, Sept 5 – All Day
Labor Day Scavenger Hunt
No Reservation Required

Start your Scavenger Hunt at the Nature Center by picking up your list of things to find! Then enjoy the park during your search!

Sat, Sept 10 - 10:00 am – 11:00 am
Mushroom Enthusiasts

There's more to mushrooms than eating! Join us as we teach you the finer points of these little fungi while taking a hike along one of our trails.

Sat, Sept 10 - 2:00 pm – 3:00 pm
Owl Pellets – All Ages

Do you know what an owl pellet is? Well this is the day for you to find out! We will dissect real owl pellets to discover the remaining bones inside and identify what they ate!

Sat, Sept 17 - 10:00 am – 11:00 am
Scavenger Hunt

Start your Scavenger Hunt at the Nature Center by picking up your list of things to find! Then enjoy the park during your search!

Sat, Sept 17 - 1:15 pm – 2:15 pm
Archery 101 – Ages 9 and Older

Learn the basics of archery! We will discuss safety, equipment, and its appropriate use and correct form.

Sat, Sept 17 - 2:30 pm – 3:30 pm
Intermediate Archery – Ages 12 - Older

Already taken Archery 101? Ready to take your skill to the next level? This program will help you work on form and accuracy.



**Sat, Sept 24 - 10:00 am - 11:00 am
Stream Ecology – All Ages**

Join us as we use dip nets to catch freshwater invertebrates in order to determine the water quality in Peach Creek.

**Sat, Sept 24 - 2:00 pm - 3:00 pm
Amazing Amphibians**

Frogs, toads, and salamanders are all amphibians! Come learn the lives and characteristics of amazing amphibians!

**Sat, Oct 1 - 9:00 am – 11:00 am
Junior Angler – Ages 8 and Older**

Join us and become a certified Jr. Angler. We will learn about tackle, tying knots, casting, bait, fishing regulations, and fishing safety. Then we will go fishing. If you do not have fishing equipment of your own, don't worry you can use ours.

**Sat, Oct 1 - 2:30 pm – 3:30 pm
Snakes – All Ages**

Come find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

**Sat, Oct 8 - 9:00 am – 10:00 am
Orienteering for Beginners
Ages 9 and older**

Have you ever used a map and compass to find locations and plot an adventure? This program will teach the basics of just how to do that.



**Sat, Oct 8 - 2:00 pm – 3:00 pm
Turtle Program – All Ages**

There are more turtles than you think! Come get a close up look while you learn about these fascinating creatures.

**Sat, Oct 15 - 10:00 am – 11:00 am
Insect Exploration - All Ages**

Learn about differences between species, adaptations insects have for survival, and the important role they play to maintain a healthy environment!

**Sat, Oct 15 - 2:00 pm – 3:00 pm
Geocaching 101 – All Ages**

Learn the basics of geocaching with a GPS. Then try your skills on a course here at the park! Personal equipment is required.

**Sat, Oct 22 - 10:00 am - 11:00 am
Scavenger Hunt - All Ages (No reservation required)**

Start your Scavenger Hunt at the Nature Center by picking up your list of things to find! Then enjoy the park during your search!

**Sat, Oct 22 - 1:15 pm – 2:15 pm
Archery 101 – Ages 9 and Older**

Learn the basics of archery! We will discuss safety, equipment, and its appropriate use and correct form.

**Sat, Oct 22 - 2:30 pm – 3:30 pm
Intermediate Archery – Ages 12 - Older**

Already taken Archery 101? Ready to take your skill to the next level? This program will help you work on form and accuracy.

**Sat, Oct 29 - 10:00 am – 11:00 am
Scavenger Hunt- All Ages
(No reservation required)**

Start your Scavenger Hunt at the Nature Center by picking up your list of things to find! Then enjoy the park during your search!

**Sat, Oct 29 - 2:00 pm - 3:00 pm
Arts & Crafts - Halloween Edition**

Trick or Treat! Come to the Nature Center and make your own Halloween Mask!

Sat, Oct 29 - 5:00 pm - 7:00 pm
Special Halloween Owl Prowl Meets
Bats Eat Bugs

Come celebrate Halloween with the Lake Houston crew! Come in your favorite costume and we'll take you outside for a special owl prowl meets Bats Eat Bugs program. Meet us at the Nature Center for a night full of tricks and treats galore!

Sat, Nov 5 - 10:00 am – 11:00 am
Snakes – All Ages

Come find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

Sat, Nov 5 - 2:00 pm - 3:00 pm Fly Tying
 Ages 9 and older: Witness and practice how to tie Texas specific fly patterns by ex-fly fishing guide and Park Naturalist, Brock Nedland. Bring your own vice and materials to participate, but everyone is welcome to come and observe.

Sat, Nov 12 - 9:00 am - 11:00 am
Junior Angler – Ages 8 and Older

Join us and become a certified Jr. Angler. We will learn about tackle, tying knots, casting, bait, fishing regulations, and fishing safety. Then we will go fishing. If you do not have fishing equipment of your own, don't worry you can use ours.

Sat, Nov 12 - 12:30 pm - 2:30 pm
Fly Fishing -
***Bring your own equipment**

Ages 9 and older: Come join us as we teach you how to fly fish! We'll give you the knowledge and expertise to have you catching your own fish in no time. Personal equipment required.

Sat, Nov 19 - All Day
Scavenger Hunt- All Ages
(No reservation required)

Start your Scavenger Hunt at the Nature Center by picking up your list of things to find! Then enjoy the park during your search!



Sat, Nov 26 - 10:00 am - 11:00 am
Geocaching 101 - All Ages

Learn the basics of geocaching with a GPS. Then try your skills on a course here at the park! Personal equipment is required.

Sat, Nov 26 - 2:00 pm – 3:00 pm
Archery 101 – Ages 9 and Older

Learn the basics of archery! We will discuss safety, equipment, and its appropriate use and correct form.

Sat, Dec 3 - 9:00 am – 11:00 am
Junior Angler – Ages 8 and Older

Join us and become a certified Jr. Angler. We will learn about tackle, tying knots, casting, bait, fishing regulations, and fishing safety. Then we will go fishing. If you do not have fishing equipment of your own, don't worry you can use ours.

Snakes

Sat, Dec 3 - 2:00 pm – 3:00 pm

Come find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

Sat, Dec 10 - 10:00 am - 11:00 am
Birding 101

We'll learn the basics of birding and then head out to see how many birds we can identify.

Sat, Dec 10 - 2:00 pm - 3:00 pm
Animal Eyes

Can your family dog see color? How do nocturnal animals see at night to hunt? Come discover how animals see their world!

Sat, Dec 10 – 5:00 pm - 6:00 pm
Owl Prowl - All Ages

Who? Who? Who wants to go on a night hike in search of owls? We will take a walk and use owl calls to see if our resident owls talk back

Sat, Dec 17 - 10:30 am – 11:30 am
Archery 101 – Ages 9 and Older

Learn the basics of archery! We will discuss safety, equipment, and its appropriate use and correct form.

Sat, Dec 17 - 2:00 pm - 3:00 pm
Orienteering for Beginners
Ages 9 and older

Have you ever used a map and compass to find locations and plot an adventure? This program will teach the basics of just how to do that.

Sat, Dec 24 - All Day
Scavenger Hunt- All Ages
(No reservation required)

Start your Scavenger Hunt at the Nature Center by picking up your list of things to find! Then enjoy the park during your search!

Sat, Dec 31 - 10:00 am – 11:00 am
Scavenger Hunt- All Ages
(No reservation required)

Start your Scavenger Hunt at the Nature Center by picking up your list of things to find! Then enjoy the park during your search!

Sat, Dec 31 - 2:00 pm - 3:00 pm
Bats Eat Bugs

Learn about these fascinating creatures of the night while playing a game outside. This is a perfect activity for young teenagers, families, or for the young at heart.



TENNIS CENTERS

HPARD operates three centers each complete with a pro shop as well as locker facilities that are available for a nominal fee. Lessons can be scheduled with center staff. Tournaments, leagues, corporate outings services and other events can be scheduled by calling any of the centers. For general tennis information as well as information on youth tennis programs, call (832) 395-7561.

PLEASE NOTE: Prices are subject to change. Hours are as indicated unless otherwise posted.

Memorial Park Tennis Center

The Memorial Park Tennis Center provides 18 courts plus a practice wall. Fees listed are per court for 1½ hours of use. A Smoothie King concession is located inside the pro shop.

Program Dates:	Year-round
Time:	6:00 am - 9:00 pm, M-F 7:00 am - 6:00 pm, Sat - Sun
Location:	Memorial Park (KM492F) 1500 Memorial Loop Drive, 77007
Information:	(832) 395-7556

Fees

Weekday Reserved (M-F) : Before 6:00 pm	\$ 4.00
Evening and Weekend Reserved :	\$ 6.00
Tournaments and Leagues :	\$ 7.00



Lee LeClear Tennis Center

The Lee LeClear Tennis Center is located in southwest Houston. It provides 26 courts plus 2 practice walls. Fees listed are per court for 1½ hours of use.

Program Dates:	Year-round
Time:	7:30 am - 9:00 pm, M - F 7:30 am - 6:00 pm, Sat - Sun
Location:	Lee LeClear (KM 530T) 9506 S. Gessner, 77074
Information:	(713) 272-3697

Fees

Weekday Reserved (M-F) : Before 6:00 pm	\$ 4.00
Evening and Weekend Reserved:	\$ 6.00
Tournaments and Leagues:	\$ 7.00

Homer Ford Tennis Center

The Homer Ford Tennis Center is located in MacGregor Park. It provides 16 courts plus a practice wall. Fees listed are per court for 1½ hours of use.

Program Dates:	Year-round
Time:	7:30 am - 9:00 pm, M - F 7:30 am - 6:00 pm, Sat - Sun
Location:	MacGregor Park (KM 534E) 5225 Calhoun, 77021
Information:	(713) 842-3460

Fees

Weekday Reserved (M-F) : Before 6:00 pm	\$ 3.00
Evening and Weekend Reserved:	\$ 5.00
Tournaments and Leagues:	\$ 6.00



NEIGHBORHOOD TENNIS COURTS

HPARD's neighborhood tennis courts are open to the public on a first come, first served basis. Play is limited to one hour when others are waiting. There is no fee required to use neighborhood tennis courts unless a reservation is made requiring a permit.

No one is allowed to give tennis lessons or offer structured tennis activities without the written authorization of the Houston Parks and Recreation Department. Tennis courts are for tennis use only.

PARK	LOCATION	NO.	LIGHTS	WALL
Alief (KM 529E)	11903 Bellaire Blvd, 77072	4	Yes	1
Anderson (KM 491X)	5701 Beverlyhill, 77057	2	Yes	
Bendwood (KM 489D)	12700 Kimberley, 77024	2	Yes	1
Beverly Hills (KM 576S)	10201 Kingspoint, 77075	1	No	
Bonham (KM 530Q)	8401 Braes Acres, 77074	2	Yes	
Briarmeadow (KM 490Z)	7703 Richmond, 77063	2	Yes	
RL & Cora Johnson (KM 450A)	9920 Porto Rico, 77041	2	Yes	
Charlton (KM 535P)	8200 Park Place, 77017	2	Yes	
Cherryhurst (KM 492V)	1700 Missouri, 77006	1	Yes	1
Chimney Rock (KM 571B)	11655 Chimney Rock, 77035	2	Yes	
Cleveland (KM 492M)	200 Jackson Hill, 77007	2	No	
Clinton (KM 495U)	200 Mississippi, 77029	2	Yes	
Cloverland (KM 573L)	3801 Hickok, 77047	2	Yes	
Cole Creek (KM 411W)	7200 Drowsy Pine, 77092	2	No	
Crestmont (KM 574J)	5100 Selinsky Rd, 77048	2	Yes	1
Dodson Lake (KM 454F)	9010 Dodson, 77093	2	Yes	1
Dow (KM 535X)	7942 Rockhill, 77061	3	Yes	1
Eastwood (KM 494T)	5000 Harrisburg, 77011	2	Yes	
Emancipation (KM 493U)	3018 Dowling, 77004	2	Yes	1
Finnigan (KM 494G)	4900 Providence, 77020	2	Yes	
Fleming (KM 532D)	1901 Sunset Blvd, 77005	2	Yes	
Freeway Manor (KM 576F)	2241 Bronson/2300 Theta, 77034	1	Yes	
Grady (KM 491Q)	1700 Yorktown, 77056	1	Yes	
Graham (KM 452R)	540 West 34th St, 77018	1	Yes	
Greenwood (KM 497A)	602 Beresford, 77015	2	Yes	
Grimes (KM 573D)	5150 Reed Rd, 77033	2	Yes	
Hager (Lee) (KM 571A)	12100 Landsdowne, 77035	1	Yes	1
Halbert (KM 453S)	200 East 23rd St, 77008	1	Yes	
Hartman (KM 535C)	9311 Avenue P, 77012	2	Yes	
Haviland (KM 570H)	11600 Haviland, 77035	2	Yes	
Herman Brown (KM 456X)	400 Mercury Drive, 77013	4	Yes	
Highland (KM 451D)	3316 DeSoto, 77091	2	Yes	1
Hutcheson (KM 454U)	5400 Lockwood, 77026	1	Yes	
Ind Heights (KM 453N)	601 East 35th St., 77022	1	Yes	
Ingrando (KM 535E)	7302 Keller, 77012	2	Yes	
Jaycee (KM 452W)	1300 Seamist, 77008	2	Yes	1
Karl Young (KM 532J)	7800 Stella Link, 77025	1	Yes	
Keith-Wiess (KM 413M)	12300 Aldine-Westfield, 77093	2	Yes	
Law (KM 534Y)	6200 Scarlet / 6100 Vassar, 77033	2	Yes	1
Lincoln (KM 412Q)	979 Grenshaw, 77088	1	Yes	
Linkwood (KM 532P)	3699 Norris, 77025	2	Yes	1
Mangum Manor (KM 451L)	5235 Saxon, 77092	1	Yes	1
Mason (KM 535A)	541 South 75th St./Tipps, 77023	2	Yes	
Meadowcreek Village (KM 536S)	5333 Berry Creek, 77017	2	Yes	

PARK	LOCATION	NO.	LIGHTS	WALL
Melrose (KM 413T)	12200 Melrose Park Rd., 77076	4	Yes	
Meyerland (KM 531Q)	5151 Jason, 77096	2	Yes	
Milby (KM 535G)	2001 Central, 77017	2	Yes	
Milroy (KM 452Z)	1205 Yale, 77008	1	Yes	
Montie Beach (KM 453X)	915 Northwood, 77009	2	Yes	1
Moody (KM 453Y)	3725 Fulton, 77009	2	Yes	
Nieto (KM 495A)	500 Port, 77020	1	Yes	
Northline (KM 413W)	6902 Nordling, 77076	2	Yes	
Nottingham (KM 489E)	14205 Kimberley, 77079	2	Yes	1
Oak Forest (KM 452N)	2100 Judiway, 77018	2	Yes	
Proctor Plaza (KM 453X)	803 W. Temple, 77009	1	Yes	
Gail Reeves (KM 531N)	8800 Mullins, 77096	2	Yes	1
River Oaks (KM 492S)	3600 Locke Lane, 77027	4	No	
J Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	1	Yes	
Sagemont (KM 576Y)	1507 Hughes, 77089	2	Yes	
Scenic Woods (KM 415W)	449 Lakewood, 77017	2	Yes	
Schwartz (KM 451N)	8203 Vogue, 77055	2	Yes	
Settegast (KM 494N)	3001 Garrow, 77003	1	Yes	
Sharpstown (KM 530F)	8200 Bellaire Blvd, 77036	2	Yes	
Smokey Jasper (KM 415A)	13400 River Trail Rd, 77050	2	Yes	
Spotts (KM 493J)	401 S. Heights Blvd, 77007	2	Yes	
Sunnyside (KM 533X)	3502 Bellfort, 77051	2	Yes	
J Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	1	Yes	
Sagemont (KM 576Y)	1507 Hughes, 77089	2	Yes	
Scenic Woods (KM 415W)	449 Lakewood, 77017	2	Yes	
Schwartz (KM 451N)	8203 Vogue, 77055	2	Yes	
Settegast (KM 494N)	3001 Garrow, 77003	1	Yes	
Sharpstown (KM 530F)	8200 Bellaire Blvd, 77036	2	Yes	
Smokey Jasper (KM 415A)	13400 River Trail Rd, 77050	2	Yes	
Spotts (KM 493J)	401 S. Heights Blvd, 77007	2	Yes	
Sunnyside (KM 533X)	3502 Bellfort, 77051	2	Yes	
Tanglewood (KM 491K)	5801 Woodward, 77057	2	Yes	
Tidwell (KM 454D)	9720 Spaulding, 77016	2	Yes	
Townwood (KM 572P)	3403 Simsbrook, 77045	1	Yes	
Walter Jones (KM 575T)	8000 Coastway Lane, 77075	2	Yes	
Westbury (KM 531W)	5635 Willowbend, 77096	2	Yes	
Westwood (KM 532S)	4045 Lemac, 77025	2	Yes	
Willow (KM 531Z)	10400 Cliffwood, 77035	2	Yes	1
Wilson Memorial (KM 576G)	100 Gilpin, 77034	2	Yes	
Windsor Village (KM 571P)	14441 Croquet, 77085	2	Yes	
Winzer (KM 412S)	7300 Carver/Dolly Wright, 77088	2	Yes	
Woodland (KM 493C)	212 Parkview, 77009	1	Yes	
Zollie Scales (KM 533P)	501 Corder, 77021	1	Yes	

HOUSTON'S BEST GOLF VALUE



A CAPRA Accredited Agency



Sharpstown Park Golf Course
6600 Harbor Town
(713) 988-2099



Gus Wortham Park Golf Course
7000 Capitol
(713) 928-4260



Brock Park Golf Course
8201 John Ralston Road
(281) 458-1350



Memorial Park Golf Course
1001 East Memorial Loop Drive
(713) 862-4033

GOLF COURSES

The Houston Parks and Recreation Department provides 7 challenging golf courses for citizens' enjoyment. From the highly acclaimed Memorial Park (the #1 municipal course in the state!), to the well maintained and lower priced Glenbrook and Gus Wortham Park courses, there is something for every golfer.

Memorial, Hermann, and Gus Wortham are all located inside the loop. Sharpstown, one of Houston's most popular and most walkable courses, is close in on the Southwest side. Brock offers opportunities to Northeast golfers, while Glenbrook provides a venue in the Southeast area of the City. Melrose, in the North Central part of the city, offers a chance to practice short-game skills with its 18 par -3 holes. All courses except Glenbrook have driving ranges. All have practice putting and chipping greens. Pro shops are available at all courses. Dining facilities are available at all courses except Melrose.

All courses are non-metal spike facilities. Weekday fees apply Monday through Thursday. Weekend fees apply Friday through Sunday, and all city holidays. Junior (under 18) and Senior (65 – older) rates are offered on weekdays only. Twilight start times vary by season and courses. Call individual courses for more information. For tee time reservations log on to www.houstonparks.org and access the tee time reservation system. This innovative tee time system includes Memorial, Sharpstown, Brock, and Glenbrook. For tee times at other courses call the pro shop. For information on all the courses, visit www.houstonparks.org. Lessons from qualified instructors are available at all courses. Tournament and corporate outings may be scheduled by calling any of the courses.

(Note: Prices are subject to change. Extra fee applies for use of electric golf car.)



Memorial Park Golf Course

Memorial Park Golf Course began in 1923 as a 9-hole sand green course built near the hospital at Camp Logan. In 1935, in an ambitious effort to enhance parks across the city, the Houston Parks and Recreation Department began constructing an illustrious 18-hole golf course. In July of 1936, the first ball was teed off on what architect John Bredemus called his "greatest golf course ever."

Through the years, Memorial Park Golf Course hosted many famous golfers like Arnold Palmer, Babe Didrikson, and Charlie Sifford. It also hosted the Houston Open PGA Tour event from 1951 to 1963. In 1995, a newly renovated 260-acre course opened with a lighted driving range, putting and chipping greens, and a beautiful new clubhouse facility featuring an expanded pro shop and a Beck's Prime Restaurant.

Today, Memorial Park Golf Course is known as one of the best municipal courses in the nation and is visited by more than 60,000 patrons each year. Houston is proud to call Memorial Park Golf Course the crown jewel of Memorial Park. Memorial Park Golf Course is closed on Tuesdays. Tee times are available online at www.houstonparks.org. Click on the golf link and choose "Online Tee Times" to access the tee time reservation system.

Location:	Memorial Park (KM 492F) 1001 Memorial Loop, 77007
Information:	(713) 862-4033
Yardage / Par:	7309 / 72
Hours:	Dawn - 10:00 pm
Fees	
Junior (Mon - Thur Only):	\$10.00
Senior/Disabled (Mon - Thur):	\$15.00
Mon - Thur:	\$30.00
Fri - Sat & Holidays:	\$38.00
Mon - Thur Twilight:	\$21.00
Fri - Sun Holiday Twilight:	\$28.00





Hermann Park Golf Course

Hermann Park Golf Course is a jewel nestled in the center of the Bayou City. Since 1922, this lush parkland course has been at the center of a rich tradition of golfing excellence. The course was fully renovated in 1998.

The new clubhouse is located at the corner of Almeda and North MacGregor and from there you set out on this short but challenging and enjoyable course. Water toughens the course, coming into play on half the holes.

You'll find no more enjoyable way to experience George Hermann's legacy than playing this 18-hole oasis in the very heart of Houston.

Hermann has a driving range, practice putting green, pro shop and complete snack bar. The Hermann Park Golf Course is managed for HPARD by BSL Golf Corp. Sales tax is additional on all fees. Carts required weekend mornings. Tee times are available online at www.houstonparks.org. Click on the golf link and choose Calendar of Events: Hermann Park Golf Course to access the Hermann Park Golf Course website.

Location:	Hermann Park (KM 533A) 2155 N. MacGregor, 77030
Information:	(713) 526-0077
Yardage / Par:	6014 / 70
Hours:	7:00 am - 9:00 pm
Fees	
Junior (Mon - Thur Only):	\$ 8.00
Senior/Disabled (Mon - Thur):	\$12.00
Mon - Thur:	\$21.50
Fri - Sun & Holidays:	\$30.64
Mon - Thur Twilight:	\$14.34
Fri - Sun Holiday Twilight:	\$18.78
Fri - Sun Holiday Twilight 2:	\$14.00



Gus Wortham Park Golf Course

Come play on living history. Gus Wortham opened in 1908 as the original Houston Country Club. Today, Gus Wortham is the oldest continually operating 18 hole course in the state. Gus Wortham provides challenges not regularly found in Houston. Elevated tees and uphill carries to greens make you use all your clubs. The course is relatively wide open, making it attractive for all levels of golfers. The front 9 features 3 consecutive par 5 holes, 2 of which you may want to go for in 2.

Your shot-making skills will be tested on several of the "short but challenging" par 4 holes. Playing to more than 6,400 yards, Gus Wortham is a fun course, located only minutes from downtown and inside the loop. A full driving range is available for practice or warming up. Additional practice areas include a putting green, chipping green and practice bunker. The pro shop staff are available for lessons. Gus Wortham has a fully stocked pro shop and full snack bar.

Tee times are available online at: www.houstonparks.org

Click on the golf link and choose "Online Tee Times" to access the tee time reservation system. Gus Wortham is managed for HPARD by The Houston Golf Association.





Sharpstown Park Golf Course

Welcome to Sharpstown Park Golf Course, Houston's "Best Golfing Value." Sharpstown has earned this reputation by providing outstanding customer service and excellent facility conditions, while offering some of the lowest fees in the Gulf Coast area. Sharpstown Golf Course is located in the heart of southwest Houston, one mile west of Hwy 59 and just 1 block north of Bellaire Blvd. on Harbor Town Drive. Sharpstown's convenient location allows for quick access from anywhere in the greater Houston area. Recent improvements at Sharpstown include new cart paths, improved drainage, and resurfaced greens with high quality mini-verde ultra-dwarf bermuda. The 18 hole, par 70 course has 4 sets of tees, allowing moderate degrees of difficulty for the novice and beginner, yet enough length (6,660 from the back tees) to test the avid and skilled player.

Sharpstown's amenities include a driving cage for practice or warming up, 2 putting greens, a chipping green, full service pro shop, cafe and beverage cart and golf professionals who are available for lessons.

Tee times are available online at www.houstonparks.org. Click on the golf link and choose "Online Tee Times" to access the tee time reservation system.

Location:	Sharpstown Park (KM 530F) 6660 Harbor Town, 77036
Information:	(713) 988-2099
Yardage / Par:	6600 / 70
Hours:	Dawn - Dusk
Fees	
Junior (Mon - Thur Only):	\$ 8.00
Senior/Disabled (Mon - Thur):	\$13.00
Mon - Thur:	\$18.00
Fri - Sun & Holidays:	\$26.00
Mon - Thur Twilight:	\$15.00
Mon - Thur Twilight 2:	\$13.00
Fri - Sun Holiday Twilight:	\$20.00
Fri - Sun Holiday Twilight 2:	\$16.00



Brock Park Golf Course

Brock Park is one of Houston's "Best Kept Secrets." Quietly tucked in northeast Houston, far from the noise, but less than 20 minutes from downtown, this tree-lined course has been one of the City's fine municipal courses since 1972.

Brock plays to 6,427 yards with elevation changes unlike many holes, and requires good shot selection and execution. In other words, it's a challenge. The course is played on 4 holes, and creeks cross 4 others. Good scores can be found at Brock, provided you stay out of the trees!

A driving range is available for practice or for warming up. Additional practice areas include a chipping green, putting green, and a practice bunker. A pro shop staff is available for lessons. Brock Park is a non-metal spike facility with a fully stocked pro shop and snack bar.

Visit www.houstonparks.org to learn more about the golf club and how to use "Online Tee Times" to access the tee time reservation system.

Location:	Brock Park (KM 456E) 8201 John Ralston Road
Information:	(281) 458-1350
Yardage / Par:	6427 / 72
Hours:	Dawn - Dusk
Fees	
Junior (Mon - Thur Only):	\$ 7.00
Senior/Disabled (Mon - Thur):	\$10.00
Mon - Thur:	\$16.00
Fri - Sun & Holidays:	\$23.00
Mon - Thur Twilight:	\$13.00
Mon - Thur Twilight 2:	\$10.00
Fri - Sun Holiday Twilight:	\$17.00
Fri - Sun Holiday Twilight 2:	\$13.00



Melrose Park Golf Course

Melrose Park Golf Course is one of the few 18 hole par-3 golf courses in the state and it is lighted for night play! Located on Canino Road, between Airline Drive and the Hardy Toll Road, Melrose also offers a lighted driving range with a grass hitting area, chipping green, practice bunker and practice putting green. With holes ranging in length from 70 yards to 145 yards you will get the opportunity to work on all aspects of your short iron game. Imagine being able to play 18 holes

in less than 2 hours and have a chance for a hole-in-one on every hole!

Melrose is managed for HPARD by Walton Golf Enterprises. Individual lessons and group clinics are available. Summer hours are from 8:00 am to 9:00 pm. Contact the course for further information.

Location:	Melrose Park (KM 413T) 401 Canino, 77076
Information:	(281) 931-4666
Yardage / Par:	2250 / 54
Hours:	Dawn - Dusk
Fees	
Junior (Weekday Only):	\$ 6.00
Senior/Disabled (Weekday Only):	\$ 6.00
Weekday (Mon - Thur):	\$10.00
Weekday Night:	\$11.00
Weekday/Holiday (Fri - Sat):	\$12.00
Weekday/Holiday Night:	\$13.00



Glenbrook Park Golf Course

Glenbrook Golf Course is located on the Southeast side of town just outside the 610 Loop off of I-45. The City of Houston Parks and Recreation Department acquired Glenbrook Golf Course in 1941. Glenbrook is well known for having to hit over Sims Bayou on 6 holes. The golf course is not extremely long but accuracy is a must off of the tee. The greens are small targets requiring great accuracy with the irons. Many of the greens have challenging slopes putting a premium on putting. The clubhouse and golf course have

been renovated. The bunkers on the golf course have been reworked. The clubhouse has a stocked pro shop and the café will have hot and cold food items for your enjoyment while playing a relaxing round of golf at Glenbrook Golf Course. Come out and see the changes and enjoy the golf course!

For tee time reservations log on to www.houstonparks.org and access the tee time reservation system.

Location:	Glenbrook Park (KM 535Q) 8205 Bayou Drive, 77017
Information:	(713) 649-8313
Yardage / Par:	6520 / 71
Hours:	Dawn - Dusk
Fees	
Junior (Mon - Thur Only):	\$ 7.00
Senior/Disabled (Mon - Thur):	\$10.00
Mon - Thur:	\$16.00
Fri - Sun & Holidays:	\$23.00
Mon - Thur Twilight:	\$13.00
Fri - Sun & Holiday Twilight:	\$17.00



SAVE THE DATE

3018 DOWLING
HOUSTON, TX 77004

NOVEMBER 12, 2016
10:00 A.M. - 1:00 P.M.

.....

EMANCIPATION PARK

1872
1918
2016



Mayor Sylvester Turner



A CAPRA Accredited Agency

PARK VOLUNTEER PROGRAM

Every year HPARD depends on hundreds of volunteers of all ages to assist in a variety of programs and activities from coaching youth sports teams to cleanup projects in neighborhood parks. We encourage individuals, businesses, youth and adult organizations and corporate sponsors to learn more about all the volunteer opportunities available with the department. Make a difference in your community, in the lives of children and in our park programs. Get involved and volunteer today!

GREENSPACE VOLUNTEER PROGRAMS

Green Team Volunteer Program

Green Team Volunteers provide landscaping maintenance and improvements, tree planting, park and/or bayou de-littering, and help with beautification projects. Individuals, businesses, youth and adult organizations and corporate sponsors are all encouraged to participate in this program.

All volunteers must complete a volunteer waiver form for each event.

Ages: Youth - Adult Varies With Project

Registration: (832) 395-7280
(832) 395-7270

Eagle Scout Projects

HPARD welcomes project submission from Eagle Scout candidates for projects involving green spaces, youth sports programs and community centers.

Ages: 18 - older

Registration: (832) 395-7280
(832) 395-7270

Internship Program

HPARD provides a professional environment in which undergraduate, graduate and post-graduate students may acquire experience, which relates to their academic course of study.

The internship program is open to all students from an accredited college or university who are seeking and actively pursuing a career in the fields of recreation, park management or other related professions.

Ages: 18 - older

Registration: (832) 395-7112



FACILITIES, MANAGEMENT AND DEVELOPMENT

Internship Program

HPARD provides a professional environment in which undergraduate, graduate and post-graduate students may acquire experience, which relates to their academic course of study.

The internship program is open to all students from an accredited college or university who are seeking and actively pursuing a career in the fields of recreation, park management, landscape architecture, planning, GIS and other related fields.

Ages: 18 and older

Registration: (832) 395-7097





RECREATION AND WELLNESS VOLUNTEER PROGRAMS

Volunteer at your area community center! You can gain valuable experience in the recreational field, explore a potential career option, develop personal and professional skills while giving back to your community.

Teen Volunteer Program

Volunteer opportunities include: Summer Enrichment Program Assistance, Office Assistant and acting as a Receptionist.

No experience is necessary. All teen volunteers are required to complete a Teen Volunteer Application Form before volunteering.

Ages:	14 - 17
Registration:	Ongoing
	During Community Ctr Hours
Program Dates:	Ongoing
Location:	All HPARD Community Ctrs
Information:	(832) 395-7280 (832) 395-7270

Athletic Team Volunteer

Team volunteers serve as coaches, assistant coaches or provide support to youth participating in Grand Slam for Youth Baseball and instructional sports (as part of the After School Enrichment Program). All applicants must pass a Background Check before being accepted as a volunteer. Apply at any HPARD Community Center.

Ages:	18 - older
Information:	(832) 395-7261 (832) 395-7270

Friends of the Park

Make a difference in your community by joining your neighborhood Friends of the Park Council. Your assistance is needed with volunteer opportunities, planning/assisting with special events and providing input regarding the community's programming needs. All applicants must pass a Background Check before being accepted as a volunteer.

Ages:	18 - older
Location:	All HPARD Community Ctrs
Information:	(832) 395- 7294

Adult Volunteer Program

Volunteer opportunities include: Afterschool and Summer Enrichment Program Assistance, Office Assistant Chaperone on youth field trips and Receptionist duties.

No experience is necessary. Each Adult Volunteer must complete an Adult Volunteer Application Form before volunteering.

All applicants must pass a Background Check before being accepted as a volunteer.

Ages:	18 - older
Registration:	Ongoing
	During Community Ctr Hours
Program Dates:	Ongoing
Location:	All HPARD Community Ctrs
Information:	(832) 395-7280 (832) 395-7270

PARK & GREENSPACE ADOPTION

HPARD's Adoption Programs are a great way to show your pride and commitment to Houston's parks and green spaces. Whether you're with a group or business interested in active community involvement we have a program that will fit your desire to improve the quality of our park system and public land. There are 5 different Adoption Programs for you to choose from, Adopt-A-Park, Adopt-An-Esplanade, Adopt-A-Sports Field, Adopt-A-Trail and Adopt-A-Library Greenspace. Regardless of the program you choose your involvement helps us maintain green spaces that we're all proud of!

Contact: Marilu De La Fuente

Information: (832) 395-7029 | marilu.delafuente@houston.tx.gov



Adopt-A-PARK

This HPARD adoption program welcomes homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of a park. Term of agreement minimum of 2 years.

Adopt-A-SPORTS FIELD

This HPARD adoption program welcomes organizations who wish to adopt a sports field in lieu of paying permitting fees associated with the use of ballfields.

This adoption is available for youth leagues only.

The term is for 6 months, Jan-June and July-Dec. The adopter is responsible for all maintenance related to the sports field for the entire 6 month period.

Adopt-An-ESPLANADE

This HPARD adoption program welcomes organizations homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of esplanades/medians.

Term is perpetual provided adopter maintains esplanades/medians free of trash, mowed and edged.

Adopt-A-TRAIL

This adoption program welcomes civic groups interested in providing long-term support for the maintenance and aesthetic quality of a portion of a trail. Term is a 2 year minimum.

Adopt-A-LIBRARY GREEN SPACE

This HPARD adoption program welcomes homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of library grounds. Term of agreement minimum of 2 years.

PERMITS AND RESERVATIONS

Permits and Reservations

HPARD has many different outdoor area spaces available for rental. No matter the event you desire to plan, there will be a venue or space at one of our parks that will accommodate your needs. Most areas within the park may be reserved for personal use or private events by obtaining a permit through HPARD's Permit Section for a nominal fee (some areas may require a refundable deposit). Open area space, pavilions, and picnic tables may be reserved for birthday parties, family or religious gatherings, weddings and more!

Sports field reservations are also available for weekdays or weekends. When planning your event it is very important to contact HPARD's Permits Office as early as possible to receive the most current information on the park or facility of your choice.

Make your online reservation and payments at: <https://apm.activecommunities.com/houstonparks>

For information regarding permits for large public events, call the Mayor's Office of Special Events at (832) 393-0861.

Office Hours:	8:00 am - 4:00 pm, M-F
Sportsfield Permits:	(832) 394-8804
Outdoor Permits:	(832) 394-8805
Rain-out Line:	(832) 395-7004
Fax Line:	(832) 395-9633
Online Reservations: apm.activecommunities.com/houstonparks	



GARDENS

McGovern Centennial Gardens

The McGovern Centennial Gardens and the Cherie Flores Garden Pavilion are expected to open early 2015.

The Cherie Flores Garden Pavilion is the entry way to the Gardens. Designed by world renowned architect Peter Bohlin of Bohlin Cywinski Jackson the dramatic entry way provides a meeting room as well as a spectacular fountain and walkway to a 30-foot Garden Mount.

The McGovern Centennial Gardens were designed by the landscape design firm Hoerr Schaudt, in collaboration with White Oak Studio and Dr. William C. Welch of Texas A & M University. They will feature several themed gardens (including a rose garden and sculpture garden). The 30-foot Garden Mount will provide a scenic view of the area's beauty.

The McGovern Centennial Gardens hours change seasonally. The gardens stay open later during the summer months between Memorial Day and Labor Day and close earlier during the shorter winter months.

For more information on the Cherie Flores Garden Pavilion and on the McGovern Centennial Gardens please visit <http://www.hermannpark.org/centennial-year/mcgovern-centennial-gardens-cherie-flores-garden-pavilion/>.

Location:	1500 Hermann Drive Houston, TX 77004
Information:	(713) 524-5876

Japanese Garden at Hermann Park

Nestled in a pine grove near the Sam Houston Monument in Hermann Park you'll find an island of serenity known as the Japanese Garden. Designed by world-renowned Japanese landscape architect Ken Nakajima, the garden was built to symbolize the friendship between Japan and the US, and to recognize Houston's thriving Japanese community.

The Japanese Garden in Hermann Park is built in the Daimyo Style, a traditional design that dates back to the 17th, 18th, and 19th century stroll gardens. Like most stroll gardens, this 5-acre oasis is designed around a sequence of landscape elements, which combine together to create a work of living art.

THE JAPANESE GARDEN IS NOT AVAILABLE FOR RENTALS.

Professional Photographers are prohibited.

Spring/Summer Hours:	10:00 am - 6:00 pm
Fall/Winter Hours:	10:00 am - 5:00 pm
Location:	6001 Fannin
Information:	(713) 284-1989

HPARD COMMUNITY CENTERS PHONE NUMBERS

NORTHEAST

Clark (KM 453B)

9718 Clark, 77076 / (713) 742-1497
clark@houston.tx.gov

Clinton (KM 495U)

200 Mississippi, 77029 / (713) 673-0955
clinton@houston.tx.gov

Finnigan (KM 494H)

4900 Providence, 77020 / (713) 678-7385
finnigan@houston.tx.gov

Hobart Taylor (KM 455Q)

8100 Kenton, 77028 / (832) 395-7621
hobarttaylor@houston.tx.gov

Judson Robinson, Sr (KM 495L)

1422 Ledwicke, 77029 / (713) 674-2401
JudsonRobinsonSr@houston.tx.gov

Kingwood (KM 297X)

4102 Rustic Woods Drive, 77345
(281) 348-2570 / kingwood@houston.tx.gov

Lakewood (KM 455G)

8811 Feland, 77028 / (713) 636-8217
LakewoodPark@houston.tx.gov

Melrose (KM 413T)

1001 Canino, 77076 / (281) 447-0514
prmelrose@houston.tx.gov

Moody (KM 453Y)

3725 Fulton, 77009 / (832) 395-7645
prmoody@houston.tx.gov

Selena Q. Perez (KM 494H)

6402 Market, 77020 / (832) 395-7640
DenverHarbor@houston.tx.gov

Shady Lane (KM 414W)

10220 Shady Lane, 77093 / (713) 742-1503
shadylane@houston.tx.gov

Swiney (KM 494J)

2812 Cline, 77020 / (713) 238-2197
swiney@houston.tx.gov

Tidwell (KM 454D)

9720 Spaulding, 77016 / (713) 636-8221
tidwell@houston.tx.gov

Tuffly (KM 454X)

3200 Russell, 77026 / (713) 674-2355
tuffly@houston.tx.gov

NORTHWEST

Candlelight (KM 452E)

1520 Candlelight, 77018 / (713) 682-3587
candlelight@houston.tx.gov

Fonde (KM 493K)

110 Sabine, 77007 / (713) 733-4591
Fonde@houston.tx.gov

Freed (KM 451Y)

6818 Shady Villa, 77055 / (832) 395-7611
Freed@houston.tx.gov

Highland (KM 451D)

3316 DeSoto, 77091 / (713) 956-9137
prhighland@houston.tx.gov

Independence Heights (KM 453N)

603 East 35th, 77022 / (713) 867-0373
independenceheights@houston.tx.gov

Judson Robinson, Jr. (KM 533B)

2020 Hermann Drive, 77004 / (832) 395-7626
JudsonRobinsonJr@houston.tx.gov

Kendall (KM 488C)

609 North Eldridge, 77079 / (832) 393-1897
PRKendall@houston.tx.gov

Lincoln (KM 412Q)

979 Grenshaw, 77088 / (281) 445-1617
prlincoln@houston.tx.gov

Love (KM 452Z)

1000 West 12th, 77008 / (713) 867-0497
Love@houston.tx.gov

Milroy (KM 452Z)

1205 Yale, 77008 / (713) 867-0397
Milroy@houston.tx.gov

Montie Beach (KM 453X)

915 Northwood, 77009 / (713) 864-6820
MontieBeach@houston.tx.gov

Proctor Plaza (KM 453X)

803 West Temple, 77009 / (713) 862-6907
proctorplaza@houston.tx.gov

R L and Cora Johnson (KM 450A)

9920 Porto Rico, 77041 / (713) 895-6141
carverdale@houston.tx.gov

Stude (KM 493E)

1031 Stude, 77007 / (713) 867-0496
stude@houston.tx.gov

Woodland (KM 493C)

212 Parkview, 77009 / (713) 867-0401
woodland@houston.tx.gov

SOUTHEAST

Bessie Swindle (KM 573L)

11800 Scott, 77047 / (713) 733-4581
swindle@houston.tx.gov

Beverly Hills (KM 576S)

10201 Kingspoint, 77075 / (713) 948-9065
beverlyhills@houston.tx.gov

Charlton (KM 535P)

8200 Park Place, 77017 / (713) 645-3589
charlton@houston.tx.gov

Crestmont (KM 574J)

5200 Selinsky, 77048 / (713) 733-2236
Crestmont@houston.tx.gov

DeZavala (KM 495S)

907 76th St., 77012 / (713) 923-5163
DeZavala@houston.tx.gov

Eastwood (KM 494T)

5020 Harrisburg, 77011 / (713) 928-4801
Eastwood@houston.tx.gov

Edgewood (KM 534X)

5803 Bellfort, 77033 / (713) 734-8434
Edgewood@houston.tx.gov

Garden Villas (KM 535W)

6720 S. Haywood, 77061 / (713) 847-5168
GardenVillas@houston.tx.gov

Hartman (KM 535C)

9311 E. Ave P, 77012 / (713) 928-4803
hartman@houston.tx.gov

Ingrando (KM 535F)

7302 Keller, 77012 / (713) 643-4764
ingrando@houston.tx.gov

MacGregor (KM 534E)

5225 Calhoun, 77021 / (713) 747-8650
MacGregor@houston.tx.gov

Mason (KM 535A)

541 South 75th, 77023 / (713) 928-7055
Mason@houston.tx.gov

Meadowcreek (KM 535A)

5333 Berry Creek, 77017 / (713) 946-9020
Meadowcreek@houston.tx.gov

Sagemont (KM 576Y)

11507 Hughes, 77089 / (281) 922-2343
sagemont@houston.tx.gov

Settegast (KM 494N)

3000 Garrow, 77003 / (713) 238-2200
settegast@houston.tx.gov

SOUTHWEST

Alief (KM 529E)

11903 Bellaire, 77072 / (281) 564-8130
AliefPark@houston.tx.gov

Almeda (KM 572Y)

14201 Almeda School Rd., 77047
(713) 434-1909 / almeda@houston.tx.gov

Burnett Bayland (KM 531B)

6200 Chimney Rock, 77081
(713) 668-4516 / burnettbayland@houston.tx.gov

Cherryhurst (KM 492R)

1700 Missouri, 77006 / (713) 284-1992
cherryhurst@houston.tx.gov

Emancipation (KM 493Y)

3018 Dowling, 77004 / (713) 284-1302
Emancipation@houston.tx.gov

Godwin (KM 531U)

5101 Rutherglen, 77096 / (713) 726-7114
Godwin@houston.tx.gov

Hackberry (KM 528M)

7777 S. Dairy Ashford, 77072
(832) 395-7616 / HackBerry@houston.tx.gov

Lansdale (KM 530K)

8201 Roos, 77036 / (713) 272-3668
lansdale@houston.tx.gov

Linkwood (KM 532P)

3699 Norris, 77025 / (713) 314-3107
prlinkwood@houston.tx.gov

Marian (KM 530X)

11101 South Gessner, 77071 / (713) 773-7015
Marian@houston.tx.gov

Platou (KM 571B)

11655 Chimney Rock, 77053 / (713) 726-7107
platou@houston.tx.gov

River Oaks (KM 492T)

3600 Locke Lane, 77027 / (713) 622-5998
riveroaks@houston.tx.gov

Sharpstown (KM 530F)

6600 Harbor Town, 77036 / (832) 395-7605
sharpstown@houston.tx.gov

Sunnyside (KM 533X)

3502 Bellfort, 77051 / (832) 395-7586
sunnyside@houston.tx.gov

Townwood (KM 572P)

3403 Simsbrook, 77045 / (832) 395-7565
townwood@houston.tx.gov

Windsor Village (KM 571P)

14441 Croquet, 77085 / (713) 726-7113
windsorvillage@houston.tx.gov

HPARD PHONE NUMBERS

Frequently Called Numbers

Houston Parks & Recreation Department	2999 S. Wayside Dr.	(832) 395-7000
HPARD Urban Park Rangers Dispatch	2999 S. Wayside Dr.	(832) 395-7100
HPARD Park Maintenance Problems		3-1-1

HPARD Program / Administration Phone Numbers

Adoption Programs	2999 S. Wayside Dr.	(832) 395-7029
Adult Sports	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7130
Adult Sports Bulletin Board	(Phone Message Only)	(832) 395-7004
After School Enrichment Program	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7296
After School Enrichment Program Administration	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7270
After School Food Services Program		(832) 395-7284
Athletes Seeking Knowledge Program	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7275
Aquatics	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7129
Community Centers Information	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7294
D-Tag (Information)	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7297
D-Tag (Administration)	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7270
First Tee of Houston at FM Law Park	8400 Mykawa Road	(713) 264-2100
Golf – Brock Park	8201 John Ralston Road	(281) 458-1350
Golf – Glenbrook Park	8205 Bayou Drive	(713) 649-8089
Golf – Gus Wortham Park Managed by Houston Golf Association	7000 Capitol	(713) 928-4260
Golf – Hermann Park Managed by BSL Golf Corp.	2155 North MacGregor	(713) 526-0777
Golf – Melrose Park Managed by Walton Golf Enterprises	401 Canino	(281) 931-4666
Golf – Memorial Park	1001 East Memorial Loop Drive	(713) 862-4033
Golf – Sharpstown Park	6600 Harbor Town	(713) 988-2099
Lake Houston Wilderness Park Reservations	25840 FM 1485 New Caney, Texas 77357	(281) 354-6881
Lee & Joe Jamail Skatepark	103 Sabine Street	(713) 222-5500
McGovern Centennial Gardens & Cherie Flores Garden Pavilion	1500 Hermann Drive	(713) 524-5876 x 335
Mayor's Office of Special Events (Special Events Permits)		(832) 393-0868
Mayor's Office of Special Events (Parade & Street Function Permits)		(832) 393-0868
Memorial Park Bike Trail Message Line	(Phone Message Only)	(713) 437-6588
Memorial Park Fitness Center	6402 Arnot, 77007	(832) 395-7596
Memorial Park Running Trail Center	7575 North Picnic Lane, 77007	(832) 395-7357
Metropolitan Multi-Service Center	1475 West Gray	(713) 284-1973
Nature Programs (HPARD Venues)	6200 Wheeler, Bldg. 3	(832) 284-7131
Nature, Teen & Senior Programs Administration	6200 Wheeler, Bldg. 3	(832) 395-7270
Permits & Rentals (Outdoors)	2999 S. Wayside Dr.	(832) 394-8805
Permits & Rentals (Sports fields)	2999 S. Wayside Dr.	(832) 394-8804
Senior Programs (Information)	6200 Wheeler, Bldg. 3	(832) 395-7133
Senior Programs (Administration)	6200 Wheeler, Bldg. 3	(832) 395-7270
Summer Enrichment Program (Administration)	6200 Wheeler, Bldg. 3	(832) 395-7270
Summer Food Service Program	6402 Market Street	(713) 676-6832
Teen Programs (Information)	6200 Wheeler, Bldg. 3	(832) 395-7131
Tennis - Homer Ford Tennis Center	5225 Calhoun	(713) 842-3460
Tennis - Lee LeClear Tennis Center	9506 S. Gessner	(713) 272-3697
Tennis - Memorial Park Tennis Center	1500 Memorial Loop Dr.	(713) 867-0440
Tennis - Youth Tennis Office	1500 Memorial Loop Dr.	(713) 803-1112
Volunteer Programs	6200 Wheeler, Bldg. #3	(832) 395-7270
Volunteer Programs (Administration)	6200 Wheeler, Bldg. #3	(832) 395-7270



HOUSTON PARKS AND RECREATION DEPARTMENT & U.S. PARALYMPIC MILITARY SPORTS PROGRAM

PRESENT

THE 8TH ANNUAL METAL & MUSCLE EXPO

December 2, 3, & 4 2016 | 9:00 a.m. - 5:00 p.m.
GEORGE R. BROWN CONVENTION CENTER HALL A
1001 Avenida de Las Americas, 77010



The Metal & Muscle EXPO is FREE and open to all and will feature a paralympic sports clinic, competitive team activities and exhibitors who provide services for people with physical disabilities.

Service men and women returning from Iraq and Afghanistan with permanent physical disabilities, including blind and visually impaired as well as all veterans with a physical disability, are encouraged to attend.

Demonstrations and activities will include:

- Sitting Volleyball
- Power Soccer
- Challenge Slalom
- Wheelchair Ruby
- Judo for the Blind
- Air Gun Competition
- Wheelchair Basketball
- Wheelchair Racing
- Amputee Walking/Running Clinic



A CAPRA Accredited Agency

Events are offered for participation by both able-bodied and persons with disabilities.
For more information contact Chuck French, (832) 395- 7325 or charles.french@houstontx.gov.

HOUSTON'S BEST GOLF VALUE



Sharpstown Park Golf Course
6600 Harbor Town
(713) 988-2099



Gus Wortham Park Golf Course
7000 Capitol
(713) 928-4260



Brock Park Golf Course
8201 John Ralston Road
(281) 458-1350

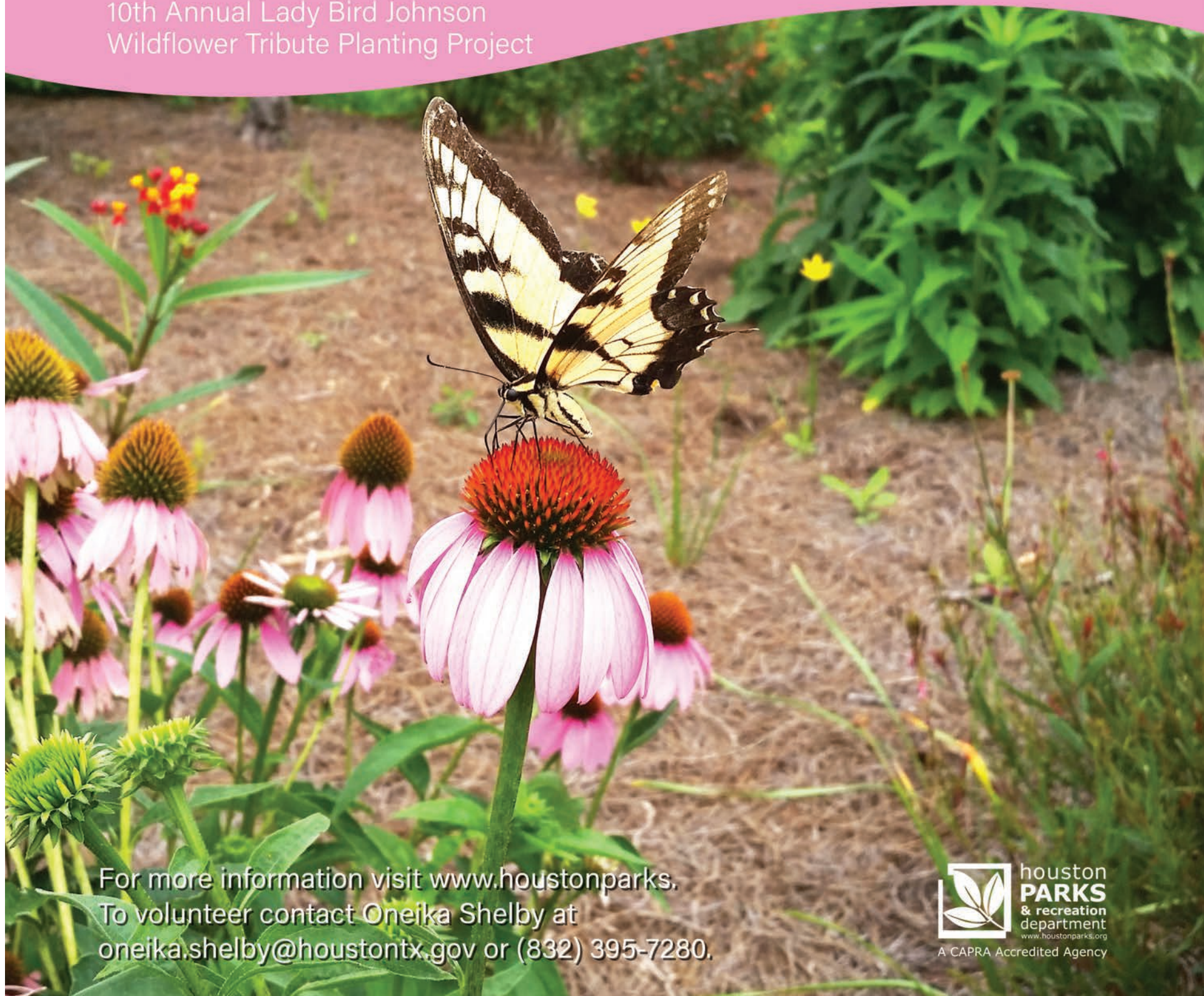


Memorial Park Golf Course
1001 East Memorial Loop Drive
(713) 862-4033

Save the Date!

SATURDAY, NOVEMBER 5, 2016

10th Annual Lady Bird Johnson
Wildflower Tribute Planting Project



For more information visit www.houstonparks.org.
To volunteer contact Oneika Shelby at
oneika.shelby@houstontx.gov or (832) 395-7280.



houston
PARKS
& recreation
department
www.houstonparks.org

A CAPRA Accredited Agency