

HOUSTON PARKS & RECREATION DEPARTMENT

Vol. 10 - Issue 3 December 1, 2015 - March 31, 2016



WINTER / SPRING ACTIVITIES GUIDE & CLASS CATALOG

REGISTER ONLINE FOR ADULT SPORTS LEAGUES!

Register For HPARD's
After School Meal Program

**CONTACT YOUR LOCAL
HPARD COMMUNITY CENTER**



White Oak Bayou Trail

REGISTER FOR HPARD'S
AFTER-SCHOOL ENRICHMENT PROGRAM
ENJOY SPORTS, CRAFTS, FIELD TRIPS
AND MORE!
PAGE 3

After-School Meal Program

Programa de Alimentos para Después de la Escuela

September 1 - May 25
Septiembre a Mayo

**Friends, Fun
and Free Food**

**Hey, Parents
and Guardians!**

FREE meals are available for children
ages 1-18 who participate in programming
at HPARD community centers.
No registration is required.

In more than **76** operating sites
Snacks and supper served
between 3:00 pm and 6:00 pm

Children must consume meals on site



**Amigos, diversión
y comida gratis**

**¡Hola padres y
tutores!**

Alimentos **GRATIS** para
niños y niñas de 1 a 18 años.
No es necesario registrarse.

En más de **76** sitios de operación
3:00 p.m. - 3:45 p.m. Refrigerio
5:00 p.m. - 6:00 p.m. Cena

Los niños deben consumir los
alimentos en el sitio

Information / Información
(832) 395-7284

Sponsored by
Houston Parks and Recreation Department

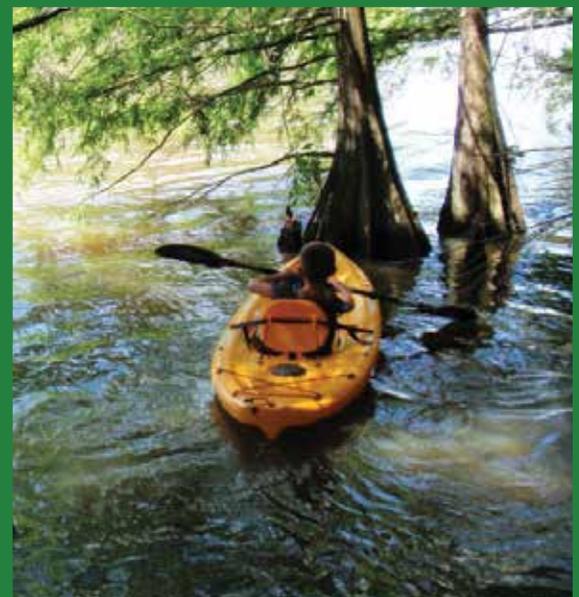


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LAKE HOUSTON WILDERNESS PARK

25840 FM1485, New Caney, TX. 77357

GATEWAY TO NATURE



Rent A Fully Furnished Lakeside Cabin For Your Next Family Camping Trip !

Reservations, Prices & Information: (281) 354-6881

www.houstonparks.org

 houston
PARKS
& recreation
department
www.houstonparks.org
A CAPRA Accredited Agency



Linkwood Park - 2014 Youth Tennis Play Day

It may be winter; but, those of us lucky enough to live in Houston have a wide world of outdoor recreation available to us. The Houston Parks and Recreation Department is here to provide you with many options for fun this winter and spring. Whether you like organized sports, a long bike ride, or simply a stroll in the woods, you and your family have countless recreation options to choose from during Houston's mild winter/spring weather.

Within this Activities Guide and Class Catalog, you will find lots of information on programs you can use to stay active and locations for indoor and outdoor fun. We have adult sports leagues that run throughout the year. HPARD offers some of the best golf and tennis facilities around, and our fitness centers and community center weight rooms give you spots to work out no matter what sort of weather there is outside.

On those great days when the sun shines and you can't wait to enjoy a brisk trip outside, Houston offers up an extensive system of trails for your use. Whether you are walking, jogging, biking, or simply taking in the air, we have linear trails running along the banks of our bayous and many of our 370 developed parks are equipped with trails marked with mile markers so you can gauge how much exercise you are burning up while you stretch your legs. You can enjoy the trees and the wildlife in such locations as Keith-Wiess Park and Cullen Park and, of course, Memorial Park, or you can check out the prairie being restored at Willow Waterhole or at the Hermann Park Bayou Parkland.

On the subject of the woods, did you know that our department offers camping and overnight cabins at Lake Houston Wilderness Park? This 5,000-acre natural getaway is a short drive north of the city, but may as well be a world away. You can bring your tents, your kayaks and canoes, bikes and horses to enjoy on pristine woodland trails. Whether you set aside a few hours or plan to stay at the park for a night or a weekend, you will find plenty to enjoy. And if you come to watch the wildlife, you will find that many animals are more active when the weather is cool!

Sports leagues, after school activities for the kids, leisure activities for seniors, the Houston Parks and Recreation Department has something for everyone. Skateparks, water spraygrounds, wide open fields, disc golf, there is almost no end to the activities you can find in Houston Parks. I hope you will find something in the pages of this catalog that will appeal to you and your sense of fun and adventure. Get outside and play! Remember, winter is mild in Houston, and spring is full of flowers. A great big, beautiful world is waiting for you to enjoy it!

Joe Turner, Director
Houston Parks and Recreation Department



MISSION STATEMENT

" To enhance the quality of urban life by providing safe, well maintained parks and offering affordable programs for the community. "



A CAPRA Accredited Agency

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PARK RULES and REGULATION

- Park hours of operation for all city parks are 6:00 am to 11:00 pm unless otherwise posted
- Glass bottles and glass containers are prohibited.
- Camping in City parks is prohibited except at Lake Houston Wilderness Park where fee based camping is permitted by reservation only. Walk-ins are welcome pending site availability.
- No motorized vehicles may be driven on turf areas.
- Riding or driving animals over or through the park, except along designated bridle paths is prohibited.
- Molesting, injuring, etc., animals, fowl or fish is prohibited.
- Erecting structures, bill posting, etc. is prohibited.
- Walking, sitting or standing on any border or flower bed is prohibited.
- No hunting or use of firearms is permitted in city parks.
- Fishing is not permitted. Exceptions are children 12 and under and senior citizens 65 and older and at Lake Houston Wilderness Park with appropriate Texas State Fishing License.
- Alcoholic beverages are prohibited in City parks with posted signage.
- All animals must be on a leash and under the direct control of its owner.
- Owners must pick up after their dogs. COH Code of Ordinances Sec 6-24.
- Picnic areas are on a first come, first serve basis unless the area has been permitted. It is recommended that park patrons obtain permits to secure a picnic area for a special activity.
- The selling of food, drink or any other commodity on park property is prohibited.
- Littering is prohibited. Please take care to dispose of your litter. Keep our greenspaces clean.
- For a complete list of Park Rules and Regulations, please visit the City of Houston Code of Ordinances, Chapter 32.

HOUSTON PARKS AND RECREATION DEPARTMENT

2999 South Wayside | Houston, TX 77023 | (832) 395-7000
askparks@houstontx.gov | www.houstonparks.org

To report need for repairs in a park or at a park facility please contact the City of Houston non- emergency Help and Info Line by dialing

3-1-1 or (713) 837-0311

You may also submit a service request your request online by visiting

<http://hfdapp.houstontx.gov/311/index.php>.

HPARD ACTIVITIES IN THE PARK
PROGRAM GUIDE AND CLASS CATALOG

The Houston Parks and Recreation Department provides programs and recreational opportunities for people of all ages and abilities on a year-round basis. HPARD's Activities in the Park Program Guide and Catalog is printed three times a year. Printed copies are available at your local HPARD Community Centers. A downloadable electronic version is available online at www.houstonparks.org.

- 2016 Summer Activities in the Park - April 1, 2016
- 2016 Fall Activities in the Park - Aug 1, 2016
- 2016 Winter/Spring Activities in the Park - December 1, 2016

YOUTH PROGRAMS

After School Enrichment Program

Enjoy arts and crafts, games, entertainment, special events, sports, field trips, nature explorations and a variety of FREE activities at community centers across the city. This program is open to youth ages 6-13.

To register visit www.houstonparks.org and click on Permits and Reservation heading. Click on "Online Registration - ASEP" then follow the directions to create an account and register.

Ages:	6 - 13
Registration:	Ongoing Until Capacity Reached Registration Available Online at www.houstonparks.org
Fee:	FREE
Program Dates:	Jan 4 - May 20, 2016
Times:	3:00 pm – 6:00 pm
Locations:	All community centers
Information:	(832) 395-7296 (832) 395-3297 (832) 395-7261



ASEP - Archery Instruction

a.s.a.p.
after-school achievement Program

Through ASAP, the City of Houston funds local area schools and non-profit agencies to provide fun, affordable, quality after school program opportunities for elementary and middle school age youth.

Applicants must fill out a Competitive Request for Proposal (RFP) which are released annually (January/February). In addition, applicants must attend a mandatory application workshop for additional information. Please note limited funds are available.

Programs are offered during the school year, September to June, at more than 14 funded sites across the Houston area. Each site sets their own curriculum, incorporating activities from ASAP's four component areas which include Academic Enhancement, Skill Development, Enrichment and Community Involvement. Enrollment in each campus is determined on a first-come, first served basis.

A.S.A.P. Provider Registration Information

The ASAP funding cycle is from September to June. Interested applicants should:

- 1) Complete a Competitive Request for Proposal (RFP)
- 2) Attend a mandatory application workshop for more information

A.S.A.P. Participant Enrollment Information

Ages:	Elementary through Middle School
Registration:	Ongoing
Fees:	FREE
Program Dates:	Sept to June
Time:	3:00 pm - 6:00 pm
Location:	Call for nearest locations
Information:	(832) 395-7244



ASEP - Outdoor Activities

After School Meal Program (ASMP)

Get a FREE nutritious meal and snack at more than 75 ASMP Provider Sites in the Houston/Harris county area. This program is open to youth ages 5 to 18. It provides a FREE nutritious meal and snack to qualifying registered youth during the week. Meals are served Monday through Friday from 3:00 pm to 6:00 pm at participating ASMP sites.

No registration is required. To locate a site near you dial 2-1-1 and the operator will provide you with a site in your zip code area.

Ages:	5 - 18
Program Dates:	Sept 1 - May 25 Mon - Fri
Time:	3:00 pm - 6:00 pm
Fee:	FREE
Information:	(832) 395-7284

Instructional Sports Play

As part of HPARD's After School Enrichment Program youth ages 6-13, will learn the fundamental skills of a variety of sports through Instructional Sports Play. The program is FREE to youth enrolled in HPARD's After School Enrichment Program. Sports programming includes instruction and scrimmage play in a variety of sports including: Basketball, Soccer, Volleyball and Flag Football. Equipment will be provided. Contact your After School Enrichment Program site for a schedule.

Ages:	6 - 13
Registration:	Aug 1 - Ongoing
Program Dates:	Sept 4 - Dec 14
Fee:	FREE
Information:	(832) 395-7294 (832) 395-7261

Tiny Tots Program

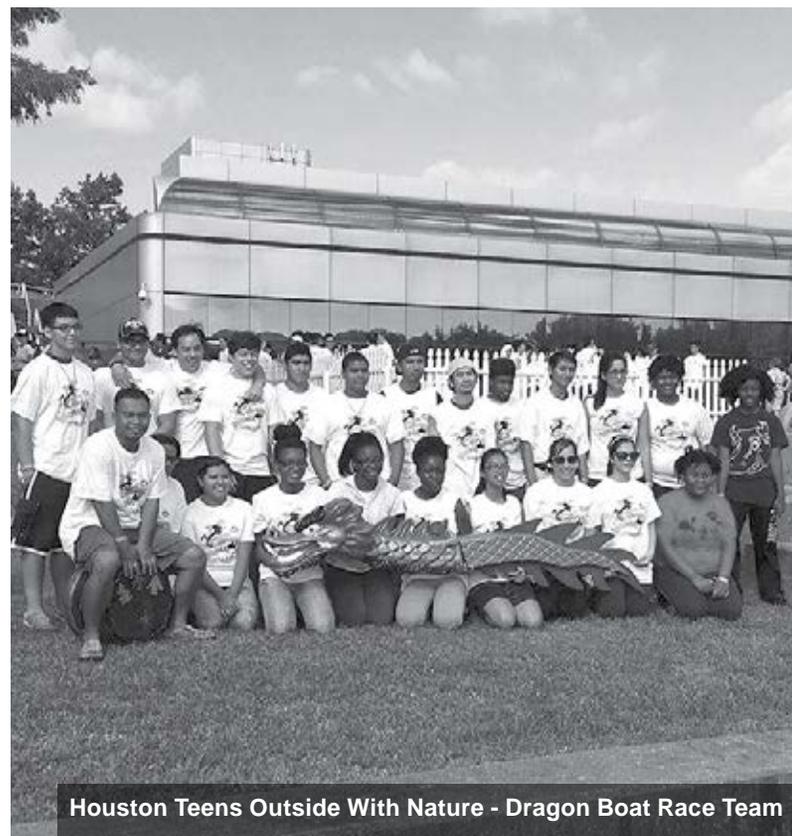
Parents are invited to participate in this program for youth ages 4 and under. This parent/child program include fitness activities, arts and crafts and social games.

Parents and/or guardian must accompany child at all times.

Ages:	6 months - 4 years
Registration:	Ongoing
Program Dates:	Jan 4 - May 27th Mon & Fri
Time:	10:00 am - 12:00 pm
Fee:	FREE
Location:	Milroy Park Community Ctr. 1205 Yale, 77008
Information:	(713) 867-0397



Sharpstown Community Center - 2014 ASK Scholarship Awards



Houston Teens Outside With Nature - Dragon Boat Race Team

A.S.K. Athletes Seeking Knowledge
ATHLETES SEEKING KNOWLEDGE

(A.S.K.) provides scholarships and other resources to assist young people in the pursuit of higher education or to help improve their current academic standing. Hundreds of teens participate in the ASK Program every year.

Since 2000, over \$200,000 has been awarded to Houston area youth and teens in scholarships, tutoring programs, college and career fairs, SAT and ACT practice exams, academic bowls, and college campus tours.

A variety of ASK activities are planned throughout the year. Activities are open to all HPARD youth and teen recreation program registrants and volunteers.

Contact your local community center for upcoming ASK program activities.

Ages: 13 - 18
Registration: Ongoing
Program Dates: Year round
Fee: FREE
Locations: All community centers
Information: (832) 395-7293



Houston Teens Outside With Nature

(HTOWN) is a year-round program for tweens and teens, ages 14-18.

Participants will be provided with opportunities to build confidence and self-esteem through mentoring, HPARD programming, and special events.

HTOWN offers participants with activities and events including: community/volunteer projects, teen forums, educational workshops, field trips, tours, hands-on outdoor activities, monthly awareness events, sports, and special events.

Ages: 14 - 18, (Boys and Girls)
Registration: Ongoing
Program Dates: Year round
Fee: FREE
Information: (832) 395-7131
(832) 395-7135
(832) 395-7270

D-Tag Program

D-Tag is a FREE tattoo removal program for youth and young adults, 10 to 24 years old, who reside in the greater Houston area. D-Tag is designed to help individuals re-enter mainstream society by removing tattoos which could identify them as participating in or supporting anti-social behavior. This specialty service is a scheduled process.

The D-Tag program is FREE; however, participants must complete six hours of community service before the procedure is performed. All youth under the age of 17 must complete a Parent or Guardian Permission Form to participate. Registration is required.

The Houston Police Department co-sponsors this program.

Ages: 10 - 24
Registration: Required
Fee: FREE
With completion of 6 Hrs of Community Service prior to procedure
Program Dates: Scheduled Quarterly on the 2nd Saturday of the Month
Locations: Judson Robinson, Jr. 2020 Hermann Dr, 77004
Information: (832) 395-7297
(832) 395-7270

Houston Parks and Recreation Department
In partnership with
Minute Maid Grand Slam For Youth Baseball



**REGISTRATION IS UNDERWAY FOR
AMERICA'S FAVORITE PASTIME!**

**Boys and Girls Ages 4 - 18
No experience necessary**

Minute Maid Grand Slam For Youth Baseball is a community outreach partnership of the Houston Astros, the Astros Foundation and Minute Maid. They provide the team shirts, baseball caps, and baseball supplies for league and instructional play at Houston city-owned ballfields. HPARD staff organizes and oversees league play or instructional play opportunities at select park locations based on number of youth registered.

Registration: January 4 - February 26, 2016
Locations: HPARD community centers
Ages: 4 - 18
Cost: Free
Program Dates: March 19 - May 14, 2016
Time: Weekdays after-school and Saturdays
Information: (832) 395-7261 or (832) 395-7260

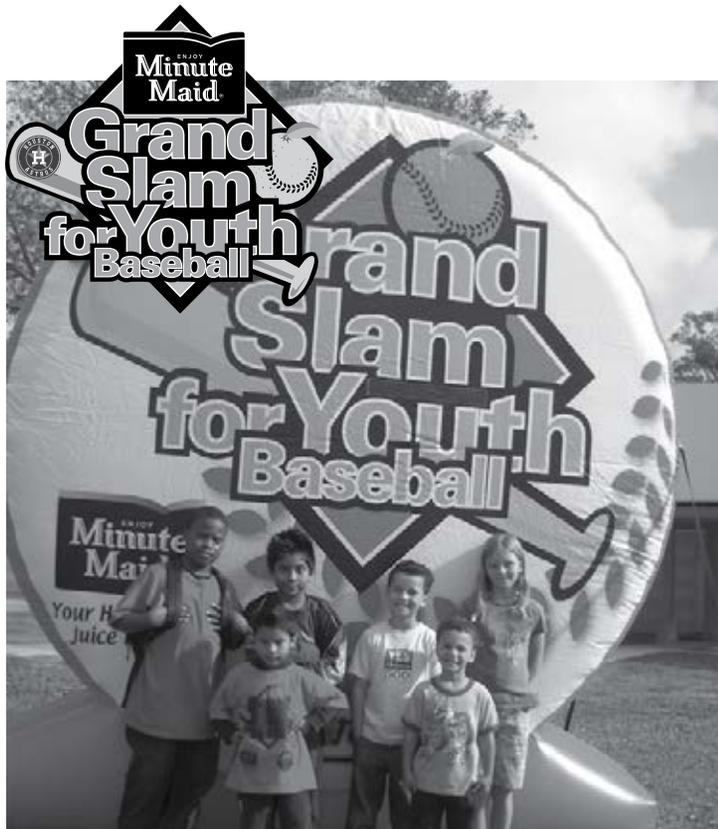
Parents:

Volunteer coaches are needed. Training is provided.
Please complete Volunteer Application at your closest Community Center.



THE ASTROS
FOUNDATION





GRAND SLAM FOR YOUTH BASEBALL

The Houston Astros and makers of Minute Maid sponsor this FREE program for youth, ages 4 to 18, as part of their Grand Slam for Youth Baseball Initiative. The program provides young people the opportunity to participate in T-ball, baseball and slow pitch softball at various skill levels. T-shirts are provided to registered teams and for instructional play. Equipment may be checked out for practice and play activities for registered youth.

Recreational league play will be determined based on individual registration. Instructional play opportunities and all girls leagues are available. No experience is necessary. Parent orientation and player development clinics will be offered. Volunteer coaches are needed! Contact your nearest participating community center.

Ages:	4 – 18
Registration:	Jan 4 - Feb 26, 2016
Fee:	FREE
Program Dates:	March 19 - May 14, 2016
Times:	Weekday Evenings & Saturdays
Locations:	See locations list
Information:	(832) 395-7261 (832) 395-7260

NORTHEAST

Clark (KM 453B)	9718 Clark, 77076	(713) 742-1497
Finnigan (KM 494H)	4900 Providence, 77020	(713) 678-7385
Hobart Taylor (KM 455Q)	8100 Kenton, 77028	(832) 395-7621
Judson Robinson Sr. (KM495L)	1422 Ledwick, 77029	(713) 674-2401
Lakewood (KM 455G)	8811 Feland, 77028	(713) 636-8217
Melrose Park (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(713) 692-6925
Shady Lane (KM 414W)	10220 Shady Lane, 77093	(713) 742-1503
Tidwell (KM 454Y)	9720 Spaulding, 77016	(713) 636-8221
Tuffly (KM 454X)	3200 Russell, 77026	(713) 674-2355

NORTHWEST

Candlelight (KM 452E)	1520 Candlelight, 77018	(713) 682-3587
Highland (KM 451D)	3316 DeSoto, 77091	(713) 956-9137
Ind. Heights (KM 453N)	603 E. 35th, 77022	(713) 867-0373
Lincoln City (KM 412Q)	979 Grenshaw, 77088	(281) 445-1617
Montie Beach (KM 453X)	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	803 W. Temple, 77009	(713) 862-6907
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401

SOUTHWEST

Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8150
Godwin (KM 531U)	5101 Rutherglen, 77096	(713) 726-7114
Linkwood (KM 532P)	3699 Norris, 77025	(713) 314-3107
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	3502 Bellfort, 77051	(832) 395-7686
Windsor Village (KM 571P)	14441 Croquet, 77085	(713) 726-7113

SOUTHEAST

Bessie Swindle (KM 573L)	11800 Scott, 77047	(713) 73-4581
Beverly Hills (KM 576S)	10201 Kingspoint, 77075	(713) 948-9065
De Zaqvala (KM 495S)	907 76th Street, 77012	(713) 923-5163
Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 734-8434
Garden Villas (KM 535W)	6720 S. Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	9311 E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 536S)	5333 Berry Creek, 77017	(713) 946-9020
Settegast (KM 494N)	3000 Garrow, 77003	(713) 238-2200

YOUTH TENNIS



Winter/Spring Youth Tennis

The Youth Tennis Program is a FREE program offered at a variety of public parks throughout the year by the Houston Parks and Recreation Department in partnership with the Houston Tennis Association, Inc. - NJTL. The program is designed to provide children with the fundamentals of the game of tennis and educational components that develop life skills. Equipment is available for use during class.

Register online at www.houstonparks.org or onsite the first week of class.

Ages: 6 - 18
Registration: Online or On Site First Day of Class
Fees: FREE
Winter: Jan 19 - March 10, 2016
Spring: March 21 - May 12, 2016
Information: (832) 395-7561

Age	Class	Description	Time
6 - 10	Beginners	Fun based instruction	4:15 pm - 5:15 pm
8 - 18	Beginners/Advanced Beginners	Emphasis on learning	4:15 pm - 6:15 pm
8 - 18	Intermediates *	Skill development/match play (must pass skills test)	6:15 pm - 7:15 pm
6 - 18	Home School Programs **	Morning Tennis Class at Highland (Wed and Fri)	8:30 am - 10:30 am
6 - 18	Home School Programs **	Morning Tennis Class at Lee LeClear (Tues and Thurs)	10:00 am - 11:30 am

* Intermediates Class Offered At Sites Marked with Asterisk

** Morning Tennis Class For Home School Students

Offered at Highland Site Only Wed & Fri from 8:30 am - 10:30 am and at Lee LeClear on Tues & Thurs 10:00 am - 11:30 am

+ Lee LeClear Class Times T & Th

Ages 4-6 4:00 pm - 4:45 pm | Ages 7-10 4:45 pm - 5:45 pm | Ages 11 - 18 (or coach approved 5:45 pm - 7:00 pm)





WINTER SCHEDULE JANUARY 19 - MARCH 10, 2016

CENTRAL

Cherryhurst (KM 492V)	T & Th	1700 Missouri, 77006	(713) 284-1992
Jaycee (KM 452W)	T & Th	1300 Seamist, 77008	(832) 395-7561

EAST

Finnigan (KM 494G)	M & W	4900 Providence, 77021	(713) 678-7385
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WEST

Bendwood (KM 489H)	M & W	12700 Kimberley, 77024	(832) 395-7561
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NORTH

Melrose (KM 413T)	T & TH	1001 Canino, 77076	(281) 447-0514
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NORTHWEST

Highland (KM 451D) **	W & F	3316 DeSoto, 77091	(713) 269-9986
RL & Cora Johnson (KM 450A)	M & W	9920 Porto Rico, 77041	(713) 895-6141

SOUTH

Sunnyside (KM 533X)	T & Th	3502 Belfort, 77051	(832) 395-7686
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SOUTHEAST

Sagemont (KM 576Y) *	M & W	11507 Hughes, 77089	(281) 922-2343
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SOUTHWEST

Alief (KM 529E) *	T & Th	11903 Bellaire, 77072	(281) 564-8130
Lee LeClear (KM 530 P) +	T & Th	9506 S Gessner, 77074	(832) 395-7561
Linkwood (KM 532P)	M & W	3699 Norris, 77025	(713) 314-3107

* Intermediates Class Offered At Sites Marked with Asterisk

** Morning Tennis Class For Home School Students

Offered at Highland Site Only Wed & Fri from 8:30 am - 10:30 am and at Lee LeClear on Tues & Thurs 10:00 am - 11:30 am

+ Lee LeClear Class Times T & Th

Ages 4-6 4:00 pm - 4:45 pm | Ages 7-10 4:45 pm - 5:45 pm | Ages 11 - 18 (or coach approved 5:45 pm - 7:00 pm)

SPRING SCHEDULE MARCH 21 - MAY 12, 2016

CENTRAL

Cherryhurst (KM 492V)	T & Th	1700 Missouri, 77006	(713) 284-1992
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EAST

Finnigan (KM 494G)	M & W	4900 Providence, 77021	(713) 678-7385
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WEST

Nottingham (KM 489E)	M & W	14205 Kimberley, 77029	(832) 395-7561
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NORTH

Melrose (KM 413T)	T & TH	1001 Canino, 77076	(281) 447-0514
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NORTHWEST

Highland (KM 451D) **	W & F	3316 DeSoto, 77091	(713) 269-9986
RL & Cora Johnson (KM 450A)	M & W	9920 Porto Rico, 77041	(713) 895-6141

SOUTH

Sunnyside (KM 533X)	T & Th	3502 Belfort, 77051	(832) 395-7686
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SOUTHEAST

Sagemont (KM 576Y) *	M & W	11507 Hughes, 77089	(281) 922-2343
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SOUTHWEST

Alief (KM 529E) *	T & Th	11903 Bellaire, 77072	(281) 564-8130
Lee LeClear (KM 530 P) +	T & Th	9506 S Gessner, 77074	(832) 395-7561
Linkwood (KM 532P)	M & W	3699 Norris, 77025	(713) 314-3107
Meyerland (KM 531Q)	T & Th	5151 Jason, 77096	(832) 395-7561

SKATEPARKS

Lee and Joe Jamail Skatepark 103 Sabine (KM 493K)

The Lee and Joe Jamail Skatepark is the first world-class in-ground skatepark that put Houston on the map as one of the nations best venues for this fast growing, dynamic sport. The Lee and Joe Jamail skatepark is a great place for skaters to work on their kick flip, Ollie, fakie big spin or to learn how to stay balanced!

NOTE: The Lee and Joe Jamail Skatepark is scheduled to close during the winter/spring for facility renovation. Closure dates are currently being determined and will be posted at www.houstonparks.org when they are finalized.

Ages:	6 - Up
Fees:	FREE
Program Dates:	9:00 am - 10:00 pm , Mon - Sun
Location:	103 Sabine Street, 77007
Information:	713) 222-5500

Clinton Skatepark
200 Mississippi (KM 495U)
This 12,070 square foot facility measures 142' X 85'. Components include half pipes, roll-in, bank ramp, quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', and a grindbox (kinked).

Dylan Duncan Skatepark
3950 Rustic Woods (KM 297X)
This 5402 sq foot facility measures 73' X 74'. Components include: a mini half pipe with 90' hip, skate benches, a kinked round grind rail, a kicker ramp, skate tables, a bank to stair with rail, shade structures with benches, drinking fountain and a bike rack in the shape of a skateboarder.

Eastwood Skatepark
5020 Harrisburg (KM 494T)
Eastwood Skatepark is a 4,928 sq foot facility measuring 88' X 56'. Components include: a concrete curb, a grind box, a grindrail, a concrete bench, a curved bench, a mini ramp with start wedge, a pyramid with planter and a wedge with box, grind rail (kinked round 20') and a sub box, bank ramp with kicker.

Joe and Theresa Padilla Skatepark
6200 Lyons (KM 494H)
The Joe and Theresa Padilla Skatepark is designed to give the skater a world-class workout on an exciting series of challenging features such as quarter pipes, bank ramps, grind boxes, stairs, and rails.

Watonga Skatepark
4100 Watonga Blvd (KM 451H)
The Watonga Skatepark is a 12,070 square foot facility measuring 142' X 85'. Components include half pipes, roll-in, bank ramp, quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', grindbox (kinked), grind rail (kinked round 20'), sub box and a bank ramp with kicker.



Lee & Joe Jamail Skatepark



Eastwood Park Skatepark

DISC GOLF

Disc golf is an inexpensive, healthful outdoor activity the entire family can enjoy. The Houston Parks and Recreation Department has five disc golf courses ranging from 9 to 18 holes in parks throughout the city. Disc golf courses are open to the public during normal park hours of operation. Courses may be used on a "first-come first served" basis. No exclusive use. Alcohol Prohibited.



MacGregor Park

Agnes Moffitt Park **10845 Hammerly (KM 449R)**

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

Mason Park **541 South 75th St.(KM 535A)**

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

MacGregor Park **525 Calhoun (KM 489E)**

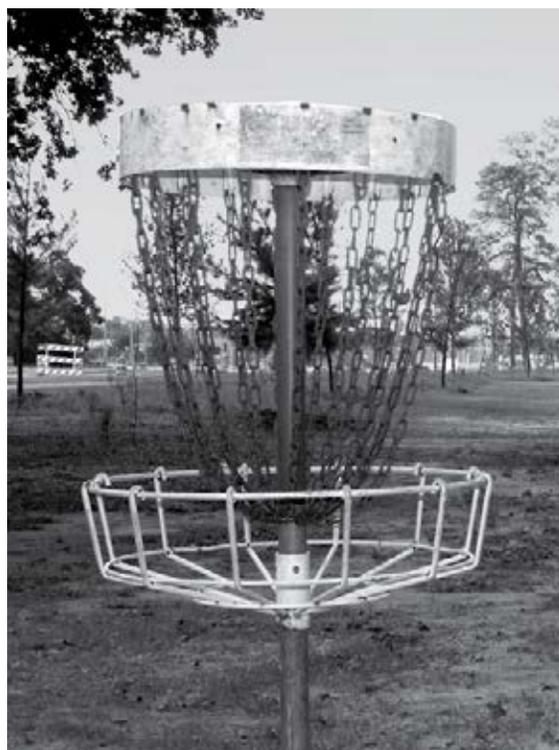
Holes:	18
Warm-up Basket:	Yes
Tee Type:	Asphalt
Basket Type:	Stroke Saver

Milby Park **2001 Central (KM 535G)**

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Natural
Basket Type:	Disc Catcher

T.C. Jester Park **4201 T.C. Jester West (KM 451M)**

Holes:	21
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Stroke Saver



ADULT SPORTS LEAGUES



Adult Softball League



Adult Basketball League



Adult Volleyball League

Get off of that couch and join an adult sports league! Flag Football, softball, volleyball, kickball and basketball leagues are offered at various parks throughout Houston. League play is open to adults ages 18 and over. Adult sports leagues require fees per team. Check www.houstonparks.org for more adult sports opportunities.

Adult Softball Spring 1

Slow pitch softball leagues are offered year-round in select park sites throughout of the city.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages: 18 - Older
Divisions: Men's D/E, Co-ed D and Seniors
Registration Dates: Jan 25 - Feb 12, 2016
Fee: \$275.33 - \$330.27 Per Team
ASA Fee: \$20.00 Per Calendar Year
League Dates: Feb 29 - April 22, 2016
League Format: 5-Week Doubleheader (10 games total)
Days: Monday - Friday
Time: 6:30 pm - 10:30 pm
Information: (832) 395-7130

Adult Softball Spring 2

Slow pitch softball leagues are offered year-round in select park sites throughout of the city.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages: 18 - Older
Divisions: Men's D/E, Co-ed D and Seniors
Registration Dates: March 21 - April 8, 2016
Fee: \$275.23 - \$330.27 Per Team
ASA Fee: \$20.00 Per Calendar Year
League Dates: April 25 - June 17, 2016
League Format: 5-Week Doubleheader (10 games total)
Days: Monday - Friday
Time: 6:30 pm - 10:30 pm
Information: (832) 395-7130

Adult Flag Football League

Adult flag football leagues are offered during the fall and winter seasons.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages: 18 - Older
Divisions: Co-ed Open
Registration Dates: Jan 25 - Feb 12, 2016
Fee: \$363.30 Per Team
TAAFFee: \$10.00 Per Calendar Year
League Dates: Feb 29 - April 22, 2016
League Format: 5-Week Doubleheader (10 games total)
Days: Tuesday
Time: 6:30 p.m. - 9:30 p.m.
Information: (832) 395-7130

Locations:

Memorial Park (KM 492K)	6501 Memorial Drive, 77007
Cullen Park (KM 447S)	19008 Saums Road, 77084
Herman Brown Park (KM 496A)	300 Oates Road, 77013
T.C. Jester Park (KM 451M)	4201 West T.C. Jester, 77018
Cleveland Park/ Tim Hearn Field (KM 492M)	200 Jackson Hill, 77007

Location:

Memorial Park (KM 492K) 6501 Memorial Dr, 77007



Adult Kickball League

Adult Kickball Spring I

Kickball, it's not just for kids, sign up today and play one of the fastest growing Adult Sports in the U.S. Come join the league and have fun playing the sport you once played as a kid! Open to adults 18 and older.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages: 18 - Older
Divisions: Co-ed D
Registration Dates: Jan 25 - Feb 12, 2016
Fee: \$198.15 per team
League Dates: Feb 29 - April 22, 2016
League Format: 5-Wk Doubleheader Season (10 games total)
Days: Mon, Wed, and Thurs
Time: 6:30 pm - 9:30 pm
Information: (832) 395-7130

Locations:

Memorial Park (KM492K)

Adult Kickball Spring II

Kickball, it's not just for kids, sign up today and play one of the fastest growing Adult Sports in the U.S. Come join the league and have fun playing the sport you once played as a kid! Open to adults 18 and older.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages: 18 - Older
Divisions: Co-ed D
Registration Dates: March 21 - April 8, 2016
Fee: \$198.15 per team
League Dates: April 25 - June 17, 2016
League Format: 5-Wk Doubleheader Season (10 games total)
Days: Monday and Wednesday
Time: 6:30 pm - 10:30 pm
Information: (832) 395-7130

Locations:

6501 Memorial Drive, 77007

Fall and Winter

Adult Spring Basketball

Hoop it up this Fall by signing up for HPARD's Adult Basketball League!

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages: 18 - Older
Divisions: Men's
Registration Dates: Jan 25 - February 12, 2016
Fee: \$352 per team
League Dates: Feb 29 - April 22, 2016
League Format: 10 - Week Single
Days: Tuesday and Thursday
Time: 6:30 pm - 10:30 pm
Information: (832) 395-7130

Locations:

Townwood (KM 572P)

3403 Simsbrook, 77051

ADULT SENIOR SPORTS LEAGUES

The Adult Sports Section offers a variety of low-impact recreational sports programs for individuals 55 years and older. Programs like pickle ball and table tennis are designed to provide opportunities for active living, improve health and fitness levels, and enhance socialization with friends.

Senior Pickle Ball - Spring

Pickle Ball is a game that is a mix between Table Tennis and Badminton played on a court smaller than a tennis court with wooden paddles. This program is FREE.

Ages: 55 - Older
Divisions: Coed Recreational
Registration Dates: Jan 4 - 15, 2016
Fee: FREE
League Dates: Jan 18 - April 22, 2016
Days: Tues
Time: 10:00 am - 11:30 am
Information: (832) 395-7273

Locations:

Tidwell Park (KM 454D) 9720 Spaulding, 77016

Senior Fall Table Tennis

Table Tennis is a game resembling lawn tennis and is played on a tabletop with wooden paddles and a small hollow plastic ball. This program is FREE.

Ages: 55 - Older
Divisions: Coed Recreational
Registration Dates: Jan 4 - 15, 2016
Fee: FREE
League Dates: Jan 18 - April 22, 2016
Days: Tues and Wed
Time: 10:00 am - 11:30 am
Information: (832) 395-7273

Locations:

Tidwell (KM 454D) 9720 Spaulding, 77016
 Hobart Taylor (KM 455Q) 8100 Kenton, 77028



Fonde Rec Center

FITNESS CENTERS

HPARD's five Fitness Centers are equipped with state of the art fitness equipment and are open year round. Workout times and fees vary by community center. All centers are close in and are reasonably priced. Contact individual fitness centers for more detailed information.



Memorial Park Fitness Center

Memorial Park Fitness Center

Work out and get fit right in the middle of Memorial Park! The Memorial Park Fitness Center is equipped with weights and cardiovascular equipment.

In addition, an Olympic size outdoor swimming pool is open during the summer and into the fall for lap swimming based on temperature. Showers and lockers are also available for fitness center guests.

Prices subject to change after Dec. 31, 2015.

Ages:	18 - Older *
Program Dates:	Year Round
Hours:	6:00 am – 8:00 pm, M - F 8:00 am – 4:00 pm, Sat 8:00 am – 12:00 pm, Sun
Location:	Memorial Park (KM 492K) 6402 Arnot, 77007
Information:	(832) 395-7596

Fee Schedule

(Prices subject to change after Dec. 31, 2015.)

Monthly membership	\$22.01
Daily membership	\$ 1.92
Shower rental	\$.82
Towel rental	\$.54
Lap Pool Swimming	\$ 1.00
	(When open)



Judson Robinson Jr, Fitness Center

Judson Robinson, Jr. Fitness Center

The Judson Robinson, Jr. Fitness Center is located inside of Hermann Park. The center is equipped with weights and cardiovascular equipment for your fitness needs. The center is open year- round. In addition to the Fitness Center, J Robinson, Jr offers basketball, racquetball and a number of other fitness activities. Contact J Robinson Jr Community Center for information.

Prices subject to change after Dec. 31, 2015.

Note: The weight room is closed Mon-Thurs from 3:00 pm - 3:30 pm for cleaning.

Ages:	18 - Older *
Program Dates:	Year Round
Early Morning Workout:	6:00 am - 9:00 am, M - F
Fitness Center Hours:	10:00 am - 8:00 pm, M - Th 10:00 am - 4:00 pm, F 10:00 am - 2:00 pm, Sat
Racquetball Court Hours:	9:00 am - 7:30 pm, M - F 10:00 am - 1:30 pm, Sat
Location:	J Robinson, Jr., (KM 533B) 2020 Hermann Dr, 77004
Information:	(832) 395-7626

Fee Schedule

Early Morning Workout:	\$22.01/ month
Racquetball Court Rental:	\$1.70/ half hour \$3.40 / hour

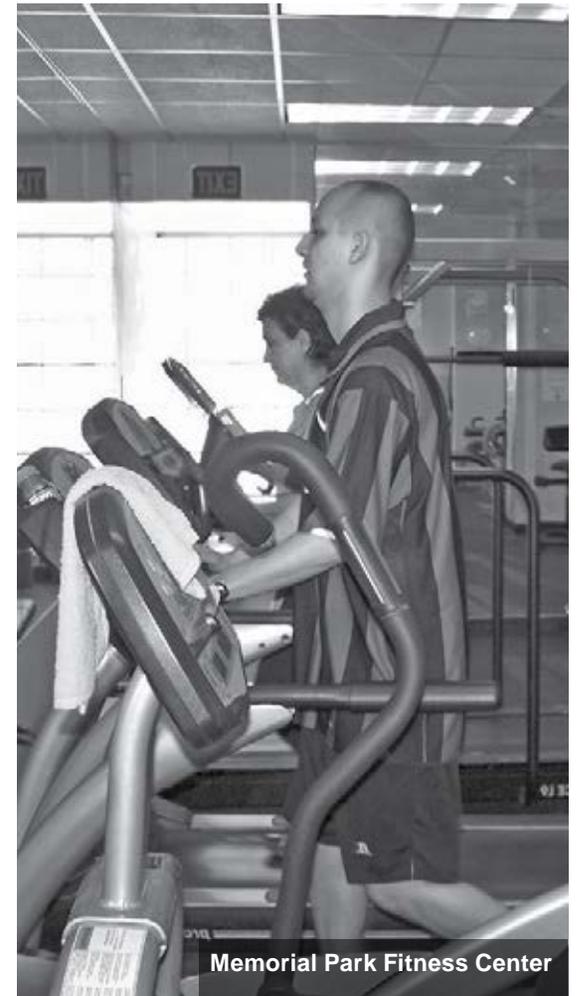


MacGregor Park Fitness Center

* Minors (anyone 14 - 17 years old and younger) MUST BE accompanied by an adult or guardian.



Judson Robinson, Jr. Fitness Center



Memorial Park Fitness Center

Fonde Fitness Center

The Fonde Recreation Center, home to some of basketball's greatest players, is also a great place to get fit!

Conveniently located near downtown off of Memorial Drive and Sabine Street, Fonde offers lunch-time fitness opportunities.

Fonde features a state-of-the-art weight room, showers and lockers as well as a full-court gym and aerobics room all FREE to help you meet your fitness goals.

Ages: 18 - Older *
Program Dates: Year Round
Hours: 9:00 am - 7:00 pm, M- F
 1:00 pm - 7:00 pm, Sat
Location: Fonde (KM 493K)
 110 Sabine, 77002
Information: (713) 226-4466

MacGregor Fitness Center

The MacGregor Park Fitness Center is located inside MacGregor Park. The facility is equipped with full-service weight room equipment.

Showers and lockers are available next door at the Homer Ford Tennis Center for a \$.75 fee each.

A covered, full-court basketball pavilion and a 1.25 mile jogging trail are conveniently located near the center.

Ages: 18 - Older *
Fee: No membership fees
Program Dates: Year Round
Hours: 7:00 am - 7:00 pm, M - F
Location: MacGregor (KM 534K)
 5225 Calhoun, 77021
Information: (713) 747-8650

Hackberry Fitness Center

The Hackberry Fitness Center is the newest HPARD fitness center. It is equipped with weights and cardiovascular equipment for your fitness needs.

The center is open year round. Contact the Hackberry Park Community Center for more information.

Ages: 18 - Older *
Fee: No membership fees
Program Dates: Year Round
Hours: 10:00 am - 8:00 pm, M - F
 10:00 am - 2:00 pm, Sat
Location: Hackberry (KM 528M)
 7777 S Dairy Ashford, 77072
Information: (281) 776-9908

* Minors (anyone 14 -17 years old and younger) MUST BE accompanied by an adult or guardian.

Community Center Weight Rooms

In addition to HPARD's Fitness Centers, many community centers offer weight-training facilities and many feature indoor gyms. Hours of operation vary by location and season, so call the community center nearest you for information.

Please note: Showers and lockers ARE NOT AVAILABLE at these centers. All guests must present valid picture ID.

NORTHEAST

Finnigan (KM 494H)	M & F	6:00 pm - 7:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 452Y)	M - Th (Ladies)	9:30 am - 11:00 am	3725 Fulton, 77009	(713) 692-6925
Moody (KM 452Y)	M - Th (Open)	1:00 pm - 4:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 452Y)	M - F (Seniors 55+)	11:00 am - 1:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 452Y)	M - F (Teens)	4:00 pm - 6:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 452Y)	M - Th (Open)	1:00 pm - 9:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 452Y)	F (Open)	1:00 pm - 8:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 452Y)	Sat (Open)	10:00 am - 2:00 pm	3725 Fulton, 77009	(713) 692-6925
Shady Lane (KM 414W)	M, W & F (Ladies)	9:00 am - 10:30 am	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	M - Th	4:00 pm - 8:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	F	11:00 am - 7:00 pm	10220 Shady Lane, 77093	(713) 742-1503

NORTHWEST

Highland (KM 451D)	M - Th	12:00 pm - 8:00 pm	3316 DeSoto, 77091	(713) 956-9137
Highland (KM 451D)	F	12:00 pm - 7:00 pm	3316 DeSoto, 77091	(713) 956-9137
Lincoln (KM 412Q)	M - Th	8:00 am - 7:00 pm	979 Greshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	F	8:00 am - 6:00 pm	979 Greshaw, 77088	(281) 445-1617
Love (KM 452Z)	M - Th	2:00 pm - 8:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	F	2:00 pm - 7:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	S	10:00 am - 2:00 pm	1000 West 12th, 77008	(713) 867-0497
Woodland (KM 493C)	M - F	1:00 pm - 7:30 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	S	10:00 am - 2:00 pm	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

Crestmont (KM 572J)	M - F	1:00 pm - 6:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 572J)	M - Th	3:30 pm - 6:30 pm	5200 Selinsky, 77048	(713) 733-2236
Hartman (KM 535C)	F	1:00 pm - 6:00 pm	9311 E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	M - F	5:00 pm - 8:00 pm	541 South 75th, 77023	(713) 928-7055
MacGregor (KM 534E)	M - F	7:00 am - 7:00 pm	5225 Calhoun, 77021	(413) 747-8650

SOUTHWEST

Alief (KM 529E)	M - Th	1:00 pm - 3:00 pm	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	M - F	6:00 pm - 9:00 pm	11903 Bellaire, 77072	(281) 564-8130
Emancipation (KM 493Y)	M - F	1:00 pm - 3:00 pm	3018 Dowling, 77004	(713) 284-1301
Emancipation (KM 493Y)	M - F	6:00 pm - 9:00 pm	3018 Dowling, 77004	(713) 284-1301
Hackberry (KM 528M)	M - F	1:00 pm - 8:00 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Marian (KM 530X)	M - Th	1:00 pm - 3:00 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	M - Th	6:00 pm - 8:30 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	F	1:00 pm - 3:00 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	F	6:00 pm - 7:30 pm	11101 South Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X) *	M - F	1:00 pm - 3:00 pm	3502 Bellfort, 77051	(832) 395-7686
Sunnyside (KM 533X) *	M - F	6:00 pm - 8:00 pm	3502 Bellfort, 77051	(832) 395-7686
Sunnyside (KM 533X) *	S	10:00 am - 2:00 pm	3502 Bellfort, 77051	(832) 395-7686

* Minors (anyone 14 -17 years old and younger) MUST BE accompanied by an adult or guardian.



Fonde Recreation Center

Gyms - Adult Basketball / Volleyball Freeplay

Sign up today to play one of the most popular and widely viewed sports in the world Basketball! There are a variety of basketball courts and games available for you to choose from. Check with individual community centers for more information.

NORTHEAST

Finnigan (KM 494H)	Freeplay BB	M, T & Th	1:00 pm - 4:00 pm	4900 Providence, 77020	(713) 678-7385
Melrose (KM 413T)	Freeplay BB	M - F	1:00 pm - 3:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay BB	M, W & F	7:00 pm - 9:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay BB	S	10:00 am - 2:00 pm	1001 Canino, 77076	(281) 447-0514
Moody (KM 452Y)	Freeplay BB (Adults)	M - F	1:00 pm - 4:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 452Y)	Freeplay BB (Teens)	M - F	4:00 pm - 6:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 452Y)	Freeplay BB (Adults)	M, W & Th	7:00 pm - 9:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 452Y)	Open Volleyball	T	6:00 pm - 9:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 452Y)	Freeplay BB	F	6:00 pm - 8:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 452Y)	Freeplay BB	S	10:00 am - 2:00 pm	3725 Fulton, 77009	(713) 692-6925
Selena Quintanilla Perez (KM 494H)	Freeplay BB	M - Th	6:00 pm - 9:00 pm	6402 Market, 77020	(832) 395-7640
Selena Quintanilla Perez (KM 494H)	Freeplay BB	F	6:00 pm - 8:00 pm	6402 Market, 77020	(832) 395-7640
Selena Quintanilla Perez (KM 494H)	Freeplay BB	S	10:00 am - 2:00 pm	6402 Market, 77020	(832) 395-7640
Tidwell (KM 454D)	Freeplay BB	T & Th	6:30 pm - 8:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Freeplay BB	S	10:00 am - 2:00 pm	9720 Spaulding, 77016	(713) 636-8221

NORTHWEST

Candlelight (KM 452E)	Freeplay BB	M - F	1:00 pm - 3:00 pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E)	Freeplay BB	T - Th	6:00 pm - 8:30 pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E)	Freeplay BB	F	6:00 pm - 7:00 pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E)	Freeplay BB	S	10:00 am - 2:00 pm	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K)	3 on 3 BB	M, W & F	12:30 pm - 9:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Full Court BB	M - F	9:00 am - 12:30 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	3 on 3 BB	T	12:30 pm - 6:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Senior BB	T	4:00 pm - 6:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Ladies Night BB	Th	6:30 pm - 9:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	3 on 3 BB	F	12:30 pm - 5:45 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Full Court BB	S	1:00 pm - 4:00 pm	110 Sabine, 77002	(713) 226-4466

Gyms - Adult Basketball/Volleyball Freeplay (continued)**NORTHWEST (cont.)**

Freed (KM 451Y)	Freeplay BB	M - Th	1:00 pm	-	5:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	3 on 3 BB	T & Th	5:00 pm	-	7:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Freeplay BB	W	6:30 pm	-	9:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Freeplay BB	F	1:00 pm	-	5:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Judson Robinson, Jr (KM 533B)	Freeplay BB	M - F	10:00 am	-	2:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Leisure BB	F	6:00 am	-	2:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Freeplay BB	S	10:00 pm	-	8:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Kendall (KM 488C)	Freeplay BB	M, W & F	1:00 pm	-	5:00 pm	609 N. Eldridge, 77079	(832) 393-1897
Kendall (KM 488C)	Adult BB	T & Th	12:00 pm	-	6:00 pm	609 N. Eldridge, 77079	(832) 393-1897
Lincoln (KM 412Q)	Freeplay BB	M, W & F	12:00 pm	-	3:00 pm	979 Greshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Freeplay BB	M & W	6:00 pm	-	8:00 pm	979 Greshaw, 77088	(281) 445-1617
Love (KM 452Z)	Freeplay BB	M, T & Th	6:00 pm	-	9:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	Freeplay BB	F	6:00 pm	-	8:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	Freeplay BB	S	10:00 am	-	2:00 pm	1000 West 12th, 77008	(713) 867-0497
Woodland (KM 493C)	Freeplay BB	M - F	1:00 pm	-	3:00 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Freeplay BB	M - Th	6:00 pm	-	9:00 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Freeplay BB	F	6:00 pm	-	8:00 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Freeplay BB	S	10:00 am	-	2:00 pm	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

Hartman (KM 535C)	Freeplay BB	M - Th	12:00 pm	-	3:00 pm	9311 Ave P, 77012	(713) 928-4803
Hartman (KM 535C)	Freeplay BB	F	1:00 pm	-	3:00 pm	9311 Ave P, 77012	(713) 928-4803
Mason (KM 535A)	Freeplay BB	M, W & F	12:30 pm	-	2:30 pm	541 South 75th St, 77023	(713) 928-7055
Mason (KM 535A)	Freeplay BB	F	6:00 pm	-	8:00 pm	541 South 75th St, 77023	(713) 928-7055
Sagemont (KM 576Y)	Freeplay BB	S	10:00 am	-	2:00 pm	11507 Hughes, 77089	(281) 922-2343

SOUTHWEST

Alief (KM 529E)	Freeplay BB	M - F	1:00 pm	-	3:00 pm	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	Freeplay BB	S	10:00 am	-	2:00 pm	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	Freeplay BB	M - F	1:00 pm	-	6:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B)	Freeplay BB	S	10:00 am	-	2:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Emancipation (KM 493Y)	Freeplay BB	M - F	1:00 pm	-	3:00 pm	3018 Dowling, 77004	(713) 284-1302
Emancipation (KM 493Y)	Freeplay BB	M - F	6:00 pm	-	9:00 pm	3018 Dowling, 77004	(713) 284-1302
Emancipation (KM 493Y)	Freeplay BB	S	10:00 am	-	2:00 pm	3018 Dowling, 77004	(713) 284-1302
Marian (KM 530X)	Freeplay BB	M - F	1:00 pm	-	3:00 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Freeplay BB	T & Th	6:00 pm	-	8:30 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Freeplay BB	S	10:00 am	-	2:00 pm	11101 South Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	Freeplay BB	M - F	1:00 pm	-	3:00 pm	3502 Bellfort, 77051	(832) 395-7686
Sunnyside (KM 533X)	Freeplay BB	M - F	7:00 pm	-	8:30 pm	3502 Bellfort, 77051	(832) 395-7686
Sunnyside (KM 533X)	Freeplay BB	S	11:30 am	-	2:00 pm	3502 Bellfort, 77051	(832) 395-7686
Townwood (KM 572P)	Freeplay BB	M - F	1:00 pm	-	9:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	Freeplay BB	S	10:00 am	-	2:00 pm	3403 Simsbrook, 77045	(832) 395-7565

ADULT AEROBICS & FITNESS CLASSES

The Houston Parks and Recreation Department offers a variety of fitness opportunities to help keep Houstonians fit. We offer more than 100 miles of walking/jogging trails in and around our parks. In addition, there are exercise workstations located along some of our trails as well as indoor and outdoor basketball courts, outdoor tennis courts and swimming pools, disc golf courses, golf courses, and community center fitness programs designed to meet the needs of all Houstonians. So if you're looking for a fun way to get fit check out HPARD's many offerings and workout at a park near you!

Adult Step Aerobics

Burn off those unwanted pounds in step aerobics classes for adults. Step classes are available for all levels. Classes range from medium intensity cardio workouts focusing on simple step routines to highly choreographed step routines for the advanced stepper, frequent exerciser, or experienced dancer. Check with the individual community center for more information. All classes are FREE unless otherwise noted.

Ages:	18 - Older
Registration:	Ongoing
Program Dates:	Year round
Times:	Varies by Community Center
Information:	Contact Community Center



NORTHEAST

Clark (KM 453B)	M - F	10:00 am - 11:00 am	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	M - F	6:00 pm - 7:00 pm	9718 Clark, 77076	(713) 742-1497
Finnigan (KM 494H)	T & Th	6:00 pm - 7:00 pm	4900 Providence, 77020	(713) 678-7385
Melrose (KM 413T)	M, W & F	9:00 am - 10:00 am	1001 Canino, 77076	(281) 447-0514
Shady Lane (KM 414W)	T & W	9:00 am - 10:30 am	10220 Shady Lane, 77093	(713) 742-1503

NORTHWEST

Freed (KM 451Y)	M, T, W & Th	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(832) 395-7611
J. Robinson, Jr. (KM 533B)*	T, W & Th (Sr Program)	9:00 am - 10:00 am	2020 Hermann Dr., 77004	(832) 395-7626

SOUTHEAST

Crestmont (KM 574J)	M & F	6:30 pm - 8:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	T & Th	7:00 pm - 8:00 pm	5200 Selinsky, 77048	(713) 733-2236
Edgewood (KM 534X)	M - Th	6:30 pm - 7:30 pm	5803 Bellfort, 77033	(713) 734-8434
Hartman (KM 535C)	T, W & Th (Sr Program)	9:00 am - 10:00 am	9311 E. Ave P, 77012	(713) 928-4803
Meadowcreek (KM 535A)	M, T & W	10:00 am - 11:30 am	5333 Berry Creek, 7701	(713) 946-9020

SOUTHWEST

Lansdale (KM 330K)	M & W	6:30 pm - 7:30 pm	8201 Roos, 77036	(713) 272-3668
Linkwood (KM 532P)	M - W	6:00 pm - 7:00 pm	3699 Norris, 77025	(713) 314-3107
Sunnyside (KM 533X)	T & Th	5:30 pm - 6:30 pm	3502 Bellfort, 77051	(832) 395-7686
Townwood (KM 572P)	M, T, & Th	6:00 pm - 6:50 pm	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	M & W	1:00 pm - 2:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	M - F	1:00 pm - 2:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Windsor Village (KM 571P)	M - Th	6:00 pm - 7:00 pm	14441 Croquet, 77085	(713) 726-7113

* Concessionaire Class - Call Community Center For Cost Information.

Adult Aerobics

Grapevine-step your way into a great cardio workout with adult aerobic classes. Classes are offered during the week at lunchtime and in the evenings. Call the community center nearest you for more information. All classes are FREE unless otherwise noted.

NORTHEAST

Finnigan (KM 494H)	T - Th	6:00 pm - 7:00 pm	6402 Market, 77020	(832) 395-7640
Melrose (KM 413T)	M - F	6:00 pm - 7:00 pm	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	M - Th	8:30 am - 9:30 am	3725 Fulton, 77009	(713) 692-6925
Shady Lane (KM 414W)	M - W	10:30 am - 11:30 am	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	F	10:30 am - 11:30 am	10220 Shady Lane, 77093	(713) 742-1503

NORTHWEST

Fonde (KM 493K)	T - Th	12:15 pm - 12:45 pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	M - Th	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(832) 395-7611
J. Robinson, Jr. (KM 533B)*	M, T & W	6:00 pm - 7:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Highland (KM 451D)	T & Th	6:30 pm - 7:30 pm	3316 DeSoto, 77091	(713) 956-9137
Lincoln (KM 412Q)	T & Th	6:00 pm - 7:00 pm	979 Greshaw, 77088	(281) 445-1617
Montie Beach (KM 453X)	M, T & Th	9:00 am - 10:00 am	915 Northwood, 77009	(713) 864-6820

SOUTHEAST

Eastwood (KM 494T)	M - Th	6:00 pm - 7:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Garden Villas (KM 535W)	M, T & Th	6:00 pm - 7:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	M - Th	6:30 pm - 7:30 pm	9311 E. Ave. P., 77012	(713) 928-4803
Ingrando (KM 535F)	M - F	8:30 am - 9:30 pm	7302 Keller, 77012	(713) 643-4764
Mason (KM 635A)	T - Th	8:30 am - 9:30 pm	541 S. 75th, 77023	(713) 928-7055
Mason (KM 635A)	M - Th	6:00 pm - 7:00 pm	541 S. 75th, 77023	(713) 928-7055

SOUTHWEST

Alief (KM 529E)	M, W & F	10:00 am - 11:00 am	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	M & W	6:00 pm - 7:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Hackberry (KM 528M)	T & Th	6:00 pm - 7:00 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Lansdale (KM 530K)	W & F	10:00 am - 11:00 am	8201 Roos, 77025	(713) 272-3668
Linkwood (KM 530K)	T & W	6:00 pm - 7:00 pm	3699 Norris, 77036	(713) 314-3107
Marian (KM 530X)	M - Th	6:00 pm - 7:00 pm	11101 South Gessner, 77071	(713) 773-7015
Platou (KM 571B)	T & Th	6:00 pm - 7:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Sunnyside (KM 533X)	M - Th	5:30 pm - 6:30 pm	3502 Bellfort, 77051	(713) 734-0757
Windsor Village (KM 571 P)	M - Th	6:00 pm - 7:00 pm	14441 Croquet, 77085	(713) 726-7112

* **Concessionaire Class - Call Community Center For Cost Information.**

Adult Aerobics Muscle Toning - 18 and Older

This class focuses on increasing strength and improving muscle tone, which will help you burn calories even while you're not working out! The class uses weights, bands, bars and the step. Check with individual community center for more information. All classes are FREE unless otherwise noted.

NORTHEAST

Clark (KM 453B)	M - F	10:00 am - 11:00 am	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	M - Th	7:00 pm - 7:30 pm	9718 Clark, 77076	(713) 742-1497
Selena Quintanilla Perez (KM 494H)	M - Th	12:00 pm - 1:00 pm	6402 Market, 77020	(832) 395-7640

NORTHWEST

Woodland (KM 493C)	T & Th	5:00 pm - 6:00 pm	9718 Clark, 77076	(713) 742-1497
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SOUTHEAST

Charlton (KM 535P)	M - Th	6:30 pm - 7:30 pm	8200 Park Place Blvd, 77017	(713) 645-3589
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SOUTHWEST

Hackberry (KM 528M)	M, W & F	10:00 am - 11:30 am	7777 S. Dairy Ashford, 77072	(281) 776-9908
Lansdale (KM 530K)	T & Th	6:00 pm - 7:00 pm	8201 Roos Road, 77036	(713) 272-3668
Sunnyside (KM 533X)	F	5:30 pm - 6:00 pm	3502 Bellfort, 77051	(832) 395-7686

* **Concessionaire Class - Call Community Center For Cost Information.**

Fitness Classes

Houston let's get moving! Join a fitness class at your local community center. Activities include weight training, aerobics and circuit training. Call your nearest community center for more information!



Shady Lane Park - Zumba Class

NORTHEAST

Clinton (KM 495U)	Sr. Fitness/Chair Yoga	M	9:30 am - 10:15 am	200 Mississippi, 77029	(713) 673-0955
Finnigan (KM 494H)	Zumba	M	6:00 pm - 7:00 pm	4900 Providence, 77020	(713) 682-7385
Finnigan (KM 494H)	Yoga	M & Th	10:00 am - 11:00 am	4900 Providence, 77020	(713) 682-7385
Finnigan (KM 494H)	Line Dance	M	10:00 am - 12:00 am	4900 Providence, 77020	(713) 682-7385
Hobart Taylor (KM 455Q)	Line Dance	M	1:00 pm - 3:00 pm	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Zumba	M, W & Th	6:30 pm - 7:30 pm	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Adult Aerobics	M - Th	8:30 am - 9:30 am	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	55 + Fitness	T, W & Th	11:00 am - 1:00 pm	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Nutrition Class 4	F	6:00 pm - 6:45 pm	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Zumba	F	6:00 pm - 6:45 pm	8100 Kenton, 77028	(832) 395-7621
Judson Robinson Sr. (KM 495L)	Zumba	W	6:00 pm - 7:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Judson Robinson Sr. (KM 495L)	Line Dance	F	10:00 am - 12:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Kingwood (KM 296X)	Senior Chair Yoga	M	9:00 am - 10:00 am	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Line Dance	Th	2:00 pm - 4:00 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Melrose (KM 413T)	Zumba	M - F	7:00 pm - 8:00 pm	1001 Canino, 77076	(713) 447-0514
Melrose (KM 413T)	Adult Aerobics	M - F	9:00 am - 10:00 am	1001 Canino, 77076	(713) 447-0514
Melrose (KM 413T)	Adult Aerobics	M - F	6:00 pm - 7:00 pm	1001 Canino, 77076	(713) 447-0514
Melrose (KM 413T)	Ballet	M - W	6:00 pm - 7:00 pm	1001 Canino, 77076	(713) 447-0514
Melrose (KM 413T)	Karate	T - Th	6:00 pm - 7:00 pm	1001 Canino, 77076	(713) 447-0514
Melrose (KM 413T)	Karate	S	11:00 am - 12:00 pm	1001 Canino, 77076	(713) 447-0514
Selena Quintanilla Perez (KM 494H)	Zumba	M - Th	11:00 am - 12:00 pm	6402 Market, 77093	(832) 395-7640
Selena Quintanilla Perez (KM 494H)	Zumba	T, W & Th	11:00 am - 12:00 pm	6402 Market, 77093	(832) 395-7640
Selena Quintanilla Perez (KM 494H)	Bootcamp	T, W & Th	12:00 pm - 1:00 pm	6402 Market, 77093	(832) 395-7640
Shady Lane (KM 414W)	Zumba	M, T, W & F	9:00 am - 10:30 am	10220 Shady Lane, 77093	(713) 742-1503
Tidwell (KM 454D)	Pickleball	T	10:00 am - 11:30 am	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Line Dance	Th	10:00 am - 11:30 am	9720 Spaulding, 77016	(713) 636-8221

* Concessionaire Class - Call Community Center For Cost Information.

Fitness Classes (cont.)

NORTHWEST

Fonde (KM 493K)	Kickboxing	T & Th	12:15 pm - 12:45 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Pickleball	W	9:00 am - 11:00 am	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K) *	Pickleball	F	9:00 am - 11:00 am	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Pickleball	S	10:30 am - 12:30 am	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	Zumba	M - F	9:00 am - 10:00 am	6818 Shady Villa, 7705	(832) 395-7611
Freed (KM 451Y)	Line Dancing	M & W	9:00 am - 10:00 am	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Adult Fitness	M, W & Th	5:30 pm - 6:30 pm	6818 Shady Villa, 7705	(832) 395-7611
Freed (KM 451Y)	Zumba	T	11:00 am - 12:30 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Zumba	T - F	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Zumba	T, W & Th	7:00 pm - 8:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Highland (KM 451D)	Sr Fitness	M, W, & F	9:00 am - 10:30 am	3316 DeSoto, 77091	(713) 956-9137
Highland (KM 451D)	Adult Fitness	M, T & Th	6:30 pm - 7:30 pm	3316 DeSoto, 77091	(713) 956-9137
Independence Heights (KM 453N)	Sr Fitness	W & F	9:00 am - 10:30 am	603 E 35th, 77022	(713) 867-0373
Independence Heights (KM 453N)	Line Dance	Th	6:00 pm - 7:30 pm	603 E 35th, 77022	(713) 867-0373
Judson Robinson, Jr (KM 533B)	Beg Line Dance	M	6:00 pm - 7:00 pm	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Line Dance	W	10:00 am - 11:00 am	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Karate (Youth)	M & W	6:00 pm - 6:50 pm	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Karate (Adult)	M & W	7:00 pm - 8:00 pm	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B) *	Spin Bike	T	6:00 pm - 7:00 pm	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B) *	Salsa	T	7:00 pm - 9:00 pm	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Sr Fitness	T - Th	9:00 am - 10:00 am	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Circuit Training	T & Th	9:00 am - 10:00 am	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Circuit Training	T & Th	5:15 pm - 5:45 pm	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Circuit Training	T & Th	6:00 pm - 6:45 pm	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	2 Step Class	Th	7:00 pm - 8:00 pm	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Line Dance Intermediate	Th	7:00 pm - 8:00 pm	2020 Hermann Dr, 77004	(832) 395-7626
Kendall (KM 488C)	Badminton	T	6:00 pm - 8:00 pm	609 N. Eldridge, 77079	(832) 393-1898
Lincoln (KM 412Q)	Yoga	W & F	9:30 am - 10:30 am	979 Greshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Line Dance	M	10:00 am - 12:00 pm	979 Greshaw, 77088	(281) 445-1617
Love (KM 452Z)	Weight Droppers	M - F	1:00 pm - 1:45 pm	1000 W 12 St, 77088	(713) 867-0497
Love (KM 452Z)	Tai Chi	M & W	10:00 am - 11:00 am	1000 W 12 St, 77088	(713) 867-0497
Love (KM 452Z)	Fitness	M & W	6:00 pm - 8:30 pm	1000 W 12 St, 77088	(713) 867-0497
Love (KM 452Z)	Line Dance	T	6:00 pm - 8:30 pm	1000 W 12 St, 77088	(713) 867-0497
Montie Beach (KM 453X)	Zumba	T & Th	6:00 pm - 7:00 pm	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X) *	Zumba	M, W & F	9:00 am - 10:00 am	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	Tai Chi	W	11:30 am - 12:30 pm	803 W. Temple, 77009	(713) 862-6907
RL & Cora Johnson (KM 450A)	Adult Fitness	M, W & F	9:00 am - 10:00 pm	9920 Porto Rico, 77041	(713) 895-6141
RL & Cora Johnson (KM 450A)	Adult Fitness	M, W & F	6:00 pm - 7:00 pm	9920 Porto Rico, 77041	(713) 895-6141
RL & Cora Johnson (KM 450A)	Adult Fitness	T & Th	6:00 pm - 7:00 pm	9920 Porto Rico, 77041	(713) 895-6141
Stude (KM 493E)	Zumba	M, T & W	8:30 am - 9:30 am	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Zumba	T - Th	7:00 pm - 8:00 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Zumba	M, W & Th	7:00 pm - 8:00 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Zumba	S	9:00 am - 10:00 am	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	Adult Fitness	M & Th	6:00 pm - 8:00 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Pickleball	M & T	10:30 am - 12:30 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Adult Fitness	W & F	9:00 am - 10:00 am	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Zumba	T - Th	9:00 am - 10:00 am	212 Parkview, 77009	(713) 867-0401

* Concessionaire Class - Call Community Center For Cost Information.

SOUTHEAST

Bessie Swindle (KM 573L)	Senior Aerobics	M & W	10:00 am - 11:30 am	11800 Scott, 77047	(713) 773-4581
Bessie Swindle (KM 573L)	Toddler Fitness	M, W & F	10:00 am - 11:00 am	11800 Scott, 77047	(713) 773-4581
Bessie Swindle (KM 573L)	Adult Line Dancing	T	9:00 am - 1:00 pm	11800 Scott, 77047	(713) 773-4581
Beverly Hills (KM 576S)	Senior Aerobics	M & W	10:00 am - 11:30 am	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM 535P)	Tai Chi	M	6:30 pm - 8:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Chi Chung	T & W	6:30 pm - 7:30 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Muscle Works Body Sculpting	W	10:00 am - 11:00 am	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Tai Chi	Th	6:30 pm - 7:30 pm	8200 Park Place, 77017	(713) 645-3589
Crestmont (KM 574J)	Adult Fitness	M, T & Th	6:30 pm - 7:30 pm	5200 Selinsky, 77048	(713) 733-2236
Garden Villas (KM 535W)	Fitness	M, T & Th	6:00 pm - 7:00 pm	6720 S. Haywood, 77061	(713) 948-9065
Ingrando (KM 535F)	Fitness	M - Th	6:00 pm - 7:00 pm	7302 Keller, 77012	(713) 643-4764
Meadowcreek (KM 536S)	Senior Fitness	M, T, W & F	10:00 am - 11:00 am	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 536S)	Senior Aerobics	M, T & W	10:00 am - 11:00 am	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 536S)	Line Dance	T	9:00 am - 1:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 536S)	Line Dance	F	10:00 am - 12:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Sagemont (KM 576Y) *	Zumba	M & W	6:30 pm - 7:30 pm	11507 Hughes Rd, 77089	(281) 922-2343

SOUTHWEST

Alief (KM 529E)	Senior Aerobics	M, W & F	10:00 am - 11:00 am	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	Adult Circuit Training	T & Th	10:00 am - 11:00 am	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	Table Tennis	M, W & F	1:00 pm - 3:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B)	Adult Fitness	T & Th	10:00 am - 11:00 am	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B) *	Zumba	T, W & Th	6:30 pm - 7:30 pm	6200 Chimney Rock, 77081	(713) 668-4516
Cherryhurst (KM 492V)	Karate	M & W	6:00 pm - 8:00 pm	1700 Missouri, 77006	(713) 284-1992
Cherryhurst (KM 492V)	Dance	T	6:00 pm - 8:00 pm	1700 Missouri, 77006	(713) 284-1992
Emancipation (KM 493U)	Zumba	M & W	6:00 pm - 7:00 pm	3018 Dowling, 77004	(713) 284-1302
Emancipation (KM 493U)	Line Dance	T	6:00 pm - 7:00 pm	3018 Dowling, 77004	(713) 284-1302
Godwin (KM 531U)	Operation Get Fit	M & W	8:00 am - 9:00 am	5101Rutherglen, 77096	(713) 726-7114
Godwin (KM 531U)	Karate	T & Th	6:00 pm - 7:00 pm	5101Rutherglen, 77096	(713) 726-7114
Godwin (KM 531U)	Tai Chi	W	6:00 pm - 8:00 pm	5101Rutherglen, 77096	(713) 726-7114
Hackberry (KM 528M)	HITT Program	M - W	11:00 am - 12:00 pm	7777 S Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	Kickboxing	M & W	10:30 am - 11:15 am	7777 S Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	Boxing (Teens)	M, W & F	6:00 pm - 7:00 pm	7777 S Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	Boxing	M, W, & F	7:00 pm - 8:00 pm	7777 S Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	Zumba	M - Th	6:00 pm - 7:00 pm	7777 S Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	Core Training (Open Use)	T & Th	10:00 am - 4:30 pm	7777 S Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	Senior Aerobics	Th	4:00 pm - 5:30 pm	7777 S Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	Kickboxing	F	10:15 am - 11:15 am	7777 S Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	Line Dancing	S	5:00 pm - 6:00 pm	7777 S Dairy Ashford, 77072	(281) 776-9908
Lansdale (KM530K)	Adult Fitness	M & W	6:30 pm - 7:15 pm	8201 Roos, 77036	(713) 272-3668
Lansdale (KM530K)	Senior Aerobics	M & W	6:00 pm - 7:00 pm	8201 Roos, 77036	(713) 272-3668
Lansdale (KM530K)	Table Tennis	T & Th	6:15 pm - 8:00 pm	8201 Roos, 77036	(713) 272-3668
Marian (KM 830X)	Senior Fitness	T - Th	10:30 am - 12:30 pm	11101 S Gessner, 77071	(713) 773-7015
Platou (KM 571B)	Ball Room Dancing	M & W	7:00 pm - 8:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
River Oaks (KM 492T)	Tai Chi	T & Th	6:00 pm - 8:00 pm	3600 Locke Lane, 77027	(713) 622-5998
Sharpstown (KM 530F)	Adult/Senior Table Tennis	W	5:00 pm - 7:00 pm	6600 Harbor Town, 77036	(832) 395-7605
Sunnyside (KM 533X)	Youth Tennis	T & Th	4:15 am - 6:15 pm	3502 Bellfort, 77051	(832) 395-7686
Sunnyside (KM 533X)	Sr Fitness Silver Sneakers	T & Th	10:00 am - 11:00 am	3502 Bellfort, 77051	(832) 395-7686
Sunnyside (KM 533X)	Senior Chair Volleyball	W	10:00 am - 11:00 pm	3502 Bellfort, 77051	(832) 395-7686
Sunnyside (KM 533X)	Senior Circuit Training	W	11:00 am - 12:00 pm	3502 Bellfort, 77051	(832) 395-7686

* Concessionaire Class - Call Community Center For Cost Information.



Woodland Park Community Center - Fitness Class

SOUTHWEST (cont)

Townwood (KM 572P)	Pickleball	M	10:00 am - 12:00 pm	3403 Simsbrook	(713-434-3508)
Townwood (KM 572P)	Aerobics	M, T & Th	6:00 pm - 6:50 pm	3403 Simsbrook	(713-434-3508)
Townwood (KM 572P)	Adult Fitness	M, T & Th	7:00 pm - 8:00 pm	3403 Simsbrook	(713-434-3508)
Townwood (KM 572P)	Zumba	M, T & F	8:00 am - 9:00 am	3403 Simsbrook	(713-434-3508)
Townwood (KM 572P)	Chair Aerobics	M & W	10:00 am - 10:45 am	3403 Simsbrook	(713-434-3508)
Windsor Village (KM 571P)	Line Dancing	M	7:00 pm - 8:00 pm	14441 Croquet, 77075	(713) 726-7113
Windsor Village (KM 571P)	Adult Fitness	T & W	9:30 am - 10:30 am	14441 Croquet, 77075	(713) 726-7113
Windsor Village (KM 571P)	Adult Fitness	T & Th	6:00 pm - 7:00 pm	14441 Croquet, 77075	(713) 726-7113
Windsor Village (KM 571P)	Line Dancing	F	9:30 am - 10:30 am	14441 Croquet, 77075	(713) 726-7113

* Concessionaire Class - Call Community Center For Cost Information.

ADULT WALKING CLUBS

Ages: All ages
Registration: Ongoing
Program Dates: Year-round
Information: Contact Community Center

NORTHEAST

Clark (KM 453B)	M - F	7:30 am	-	7:00 pm	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495U)	T - Th	10:00 am	-	11:00 am	200 Mississippi, 77029	(713) 673-0955
Clinton (KM 495U)	W & F	8:00 am	-	9:00 am	200 Mississippi, 77029	(713) 673-0955
Finnigan (KM 494H)	M - W	9:00 am	-	10:00 am	4900 Providence, 77020	(713) 678-7385
Hobart Taylor (KM 455Q)	M, W & F	9:00 am	-	11:00 am	8100 Kenton, 77028	(832) 395-7621
Kingwood (KM 296X)	M - F	9:00 am	-	10:00 pm	4102 Rustic Woods, 77345	(281) 348-2570
Lakewood (KM 455G)	M - F	7:00 am	-	11:00 am	6811 Feland, 77028	(713) 636-8217
Selena Q Perez Denver Harbor (KM 494H)	M - F	10:00 am	-	11:00 am	6402 Market, 77020	(832) 395-7640
Shady Lane (KM 414W)	M - F	8:00 am	-	11:00 am	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	M - F	4:00 pm	-	8:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Swiney (KM 494J)	M, W & F	6:30 am	-	10:00 am	2812 Cline, 77009	(713) 238-2197
Tidwell (KM 454D)	M & W	10:00 am	-	11:00 am	9720 Spaulding, 77016	(713) 636-8221
Tuffly (KM 455G)	M & W	10:00 am	-	11:00 am	3200 Russell, 77026	(713)674-2355

NORTHWEST

Candlelight (KM 452E)	M - F	6:00 pm	-	8:00 pm	1520 Candlelight, 77018	(713) 682-3587
Freed (KM 451Y)	M - F	5:30 pm	-	6:30 pm	6818 Shady Villa, 77055	(832) 395-7611
Kendall (KM 488C)	M, W & F	12:00 pm	-	1:00 pm	609 N Eldridge, 77079	(832) 339-1897
Independence Heights (KM 453N)	M & W	6:00 pm	-	7:00 pm	603 East 35th, 77002	(713) 867-0373
Judson Robinson, Jr (KM 533B)	M & W	8:30 am	-	9:30 am	2020 Hermann Drive, 77004	(832) 395-7626
Lincoln (KM 412Q)	M - F	8:30 am	-	11:30 am	979 Greshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	M - Th	6:30 pm	-	8:30 pm	979 Greshaw, 77088	(281) 445-1617
Love (KM 452Z)	M - F	1:00 pm	-	2:00 pm	1000 West 12th, 77008	(713) 867-0497
Montie Beach (KM 453X)	M - F	8:00 am	-	9:00 am	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X)	M - Th	7:00 pm	-	8:00 pm	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	M, T & Th	5:00 pm	-	6:00 pm	803 West Temple, 77009	(713) 862-6907
Judson Robinson, Jr. (KM 533B)	M - F	7:00 am	-	9:00 am	2020 Hermann Dr., 77004	(832) 395-7626
R L and Cora Johnson (KM 450A)	M, W & F	10:30 am	-	11:30 am	9920 Porto Rico, 77041	(713) 895-6141
R L and Cora Johnson (KM 450A)	T & Th	6:00 pm	-	7:00 pm	9920 Porto Rico, 77041	(713) 895-6141
Stude (KM 493B)	T & F	8:00 am	-	9:00 am	1031 Stude, 77007	(713) 867-0497
Woodland (KM 493C)	M - F	1:00 pm	-	3:00 pm	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

Bessie Swindle (KM 573L)	M - F	10:00 am	-	11:30 am	11800 Scott, 77047	(713) 733-4581
Beverly Hills (KM 576S)	M & W	5:00 pm	-	6:00 pm	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM 535P)	T & Th	9:00 am	-	10:00 am	8200 Park Place Blvd, 77017	(713) 645-3589
Crestmont (KM 455G)	M, W & F	6:00 pm	-	7:00 pm	5200 Selinsky, 77048	(713) 733-2236
DeZavala (KM 495S)	W	6:00 pm	-	7:00 pm	7521 Ave, H, 77012	(713) 923-5163

**SOUTHEAST (cont.)**

Eastwood (KM 494T)	F	8:30	am	-	9:30	am	5020 Harrisburg, 77011	(713) 928-4801
Edgewood (KM 534X)	W & F	6:30	pm	-	7:00	pm	5803 Belfort, 77033	(713) 734-8434
Garden Villas (KM 535W)	M - F	6:00	pm	-	8:00	pm	6720 S Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	T, W & Th	5:00	pm	-	6:00	pm	9311 E Ave P, 77012	(713) 928-4803
Ingrando (KM 535F)	M - F	8:00	am	-	11:00	am	7302 Keller, 77012	(713) 643-4764
MacGregor (KM 534E)	T & Th	9:00	am	-	10:00	am	5225 Calhoun, 77021	(713) 747-8650
Mason (KM 535A)	M - TH	7:00	am	-	8:30	am	541 South 75th, 77023	(713) 928-7055
Sagemont (KM 576Y)	M - F	7:00	am	-	11:00	am	11507 Hughes, 77089	(281) 922-2343
Settegast (KM 494N)	M - TH	8:30	am	-	9:30	am	3000 Garrow, 77003	(713) 238-2200

SOUTHWEST

Alief (KM 529E)	S	10:00	am	-	11:00	pm	11903 Bellaire Blvd, 77072	(281) 564-8130
Almeda (KM 572Y)	M - F	6:00	pm	-	6:30	pm	14201 Almeda School Road, 77047	(713) 434-1909
Almeda (KM 572Y)	T - Th	6:00	pm	-	6:30	pm	14201 Almeda School Road, 77047	(713) 434-1909
Burnett Bayl& (KM 531B)	M & W	10:00	am	-	6:00	pm	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayl& (KM 531B)	W	6:00	pm	-	7:00	pm	6200 Chimney Rock, 77081	(713) 668-4516
Cherryhurst (KM 492V)	M, W & F	6:00	pm	-	7:00	pm	1700 Missouri, 77006	(713) 284-1992
Emancipation (KM 493U)	M & T	6:00	pm	-	7:00	pm	3018 Dowling, 77004	(713) 284-1302
Emancipation (KM 493U)	M & T	6:30	pm	-	7:30	pm	3018 Dowling, 77004	(713) 284-1302
Godwin (KM 531U) ¹	M - Th	5:30	pm	-	6:30	pm	5101 Rutherglen, 77096	(713) 726-7114
Hackberry (KM 528M)	M - F	9:00	am	-	11:00	am	7777 S Dairy Ashford, 77072	(281) 776-9908
Lansdale (KM 530K)	M - W	8:00	am	-	9:45	am	8201 Roos, 77036	(713) 272-3668
Linkwood (KM 532P)	Th	6:00	pm	-	7:00	pm	3699 Norris, 77025	(713) 314-3107
Marian (KM 530X) ¹	M - F	6:00	pm	-	7:30	pm	11101 South Gessner, 77071	(713) 773-7015
River Oaks (KM 492T)	Th	5:00	pm	-	6:00	pm	3600 Locke Lane, 77027	(713) 622-5998
River Oaks (KM 492T) ²	M - F	5:00	pm	-	6:00	pm	3600 Locke Lane, 77027	(713) 622-5998
Sharpstown (KM 530F)	M, W & F	9:00	am	-	10:00	am	6600 Harbor Town, 77036	(832) 395-7605
Sunnyside (KM 533X) ¹	T - Th	6:30	am	-	7:30	am	3502 Belfort, 77051	(832) 395-7686
Townwood (KM 572P)	M & W	6:30	pm	-	7:30	pm	3403 Simsbrook, 77045	(832) 395-7565
Windsor Village (KM 571P)	M - W	1:00	pm	-	2:00	pm	14441 Croquet, 77085	(713) 726-7113

¹ Senior Walking Club ² Dog Walking Club

PARK TRAILS

TRAIL	LOCATION	TYPE	MILES	TRAIL	LOCATION	TYPE	MILES
Alief	11903 Bellaire Blvd.	Concrete	0.53	Forest West	5915 Golden Forest	Asphalt	0.30
Aron Ledet	6300 Antoine	Concrete	0.38	Forum	9900 Sugar Branch	Asphalt	0.49
Autry	911 Shepherd/Allen Pkwy	Granite	0.17	Francklow	1300 Seagler Road	Asphalt	0.50
Baldwin	1701 Elgin	Granite	0.32	Freed	7020 Shadyvilla	Asphalt	0.35
Bell	4800 Montrose	Granite	0.17	Freeway Manor	2241 Bronson	Asphalt-Concrete	0.47
Bendwood	12700 Kimberly	Concrete	0.49	Freshmeadow	4500 Campbell	Concrete	0.38
Beverly Hills	10201 Kingspoint	Asphalt	0.53	Gail Reeves	8800 Mullins	Concrete	0.35
Bonham	8401 Braes Acres	Concrete	0.35	Garden Villas	6720 S Haywood	Asphalt	0.49
Boone Road	7700 Boone Road	Asphalt	1.06	George T Nelson	3820 Yellowstone	Asphalt	0.17
Boyce-Doran	2000 Erastus	Asphalt	0.40	Glenbrook	8201 N Bayou Drive	Asphalt	0.51
Braeburn Glen	9510 Gessner	Asphalt	0.25	Glenshire	12100 Riceville School	Asphalt	0.41
Brays Bayou	Gessner to MLK Blvd	Asphalt	12.50	Godwin	5101 Rutherglen	Concrete	0.42
Brays Bayou	Lawndale to Forest Hill	Concrete	0.75	Grady	1700 Yorktown	Granite	0.20
Brays Bayou	75th to Evergreen	Concrete	0.50	Groveland Terrace	3921 Herald	Concrete	0.16
Brays Bayou	Elm St Park to Brays Greenway Park	Concrete	0.73	Gulf Palms	11901 Palm Springs	Asphalt	0.41
Brentwood	13220 Landmark	Asphalt	0.33	Hackberry	7300 Dairy Ashford	Concrete	0.70
Briarbend	7926 Woodway	Granite	0.20	Haden	1404 Witte Road	Asphalt	0.32
Briar meadow	7703 Richmond	Granite	0.31	Hager	12100 Landsdowne	Asphalt	0.51
Brock	8201 John Ralston	Concrete	0.17	Halls Bayou	Hirsch Rd to Bretshire & Rebel	Concrete	2.86
Buffalo Bayou	Bagby to Shepherd	Concrete	4.90	Harrisburg - Sunset	Drennan to Marsden	Concrete	2.00
Burnett-Bayland	6300 Chimney Rock	Asphalt	0.96	Hartman	9311 Ave P	Asphalt	0.62
Cambridge Village	13000 Nitida	Asphalt	0.50	Harwin	11305 Harwin	Concrete	0.70
Candlelight	1520 Candlelight	Asphalt	0.45	Haviland	11600 Haviland	Asphalt	0.28
Canterbury	12822 Northumb	Asphalt	0.33	Heights Blvd	400 to 1800 Heights Blvd	Granite	2.00
Carter	7000 Santa Fe	Concrete	0.08	Hennessy	1900 Lyons	Concrete	0.20
Catherine Delce	5700 Collingsworth	Asphalt	0.21	Herman Brown	400 Mercury Drive	Asphalt	2.81
Clark	9718 Clark	Asphalt	0.36	Herman Brown	400 Mercury Drive	Asphalt	1.60
Cleveland	200 Jackson Hill	Concrete-Granite	0.35	Hermann	6001 Fannin	Concrete-Granite	2.85
Clinton	200 Mississippi	Asphalt	0.42	Hobart Taylor	8100 Kenton	Asphalt	0.49
Cloverland	3801 Hickok Lane	Asphalt	0.25	Houston Garden	6901 Apache	Concrete	0.39
Cole Creek	7200 Drowsy Pine	Concrete	0.35	Houston Heritage East	Studewood to Main & Girard	Concrete	0.38
Columbia Tap - N	Dowling to Polk	Concrete	1.07	Houston Heritage West	San Jacinto & Allen St. to McKee	Concrete	2.60
Columbia Tap - S	Union Station To S Macgregor	Concrete	3.09	Hunting Bayou	Loop 610 to Lockwood	Asphalt	0.50
Cravens Parkway	5901 Main	Granite	0.50	Hunting Bayou	US 59 to Calvalcade	Asphalt	0.50
Crestmont	5100 Selinsky	Asphalt	0.25	Independence Heights	601 E 35th Street	Concrete	0.31
Cullen	19008 Saums	Asphalt	7.38	Ingrando	7302 Keller	Asphalt-Concrete	0.59
Cullinan (JS & LH)	6700 Long Drive	Asphalt	1.06	Jaycee	1300 Seamist	Concrete	0.50
Dodson Lake	9010 Dodson	Asphalt-Concrete	0.50	Judson Robinson, Sr	1422 Ledwicke	Concrete	0.10
Dow	7942 Rockhill	Asphalt	0.58	Karl Young	7800 Stella Link	Granite	0.20
Earl Henderson	4250 Elysian	Concrete	0.21	Keith-Wiess	12300 Aldine-Westfield	Concrete	2.12
Eastwood	5000 Harrisburg	Asphalt-Concrete	0.20	Kerr	4620 Arlington	Asphalt	0.17
Edgewood	5803 Belfort	Asphalt-Concrete	0.50	Lake Forest	9200 Mesa	Concrete	0.43
E L Crain	9051 Triola	Asphalt	0.50	Lake Houston Wilderness	25840 FM 1485 New Caney Tx	???	11.60
E P Hill	4800 Gloryland	Asphalt	0.39	Lakewood	8811 Feland	Asphalt	0.14
Ervan Chew	4502 Dunlavy	Concrete	0.21	Langwood	3975 Bolin	Asphalt	0.44
Fonde	5500 Carrolton	Asphalt	0.32	Law	6100 Vassar Road	Asphalt	0.41

TRAIL	LOCATION	TYPE	MILES
Lee	9025 Pitner	Asphalt	0.26
Levy	3801 Eastside	Concrete-Granite	0.24
Linkwood	3699 Norris	Concrete	0.12
Love	1000 W 12th Street	Asphalt	0.20
MacGregor	5225 Calhoun	Granite	1.11
Mangum Manor	5235 Saxon	Asphalt	0.29
Marian	11100 S Gessner	Granite	0.25
Mason	541 75th Street	Asphalt-Concrete	1.40
Memorial-S. Lieberman	6501 Memorial Drive	Granite	2.90
Memorial-Outer Loop	6501 Memorial Drive	Granite	1.50
Memorial-Timing Track	6501 Memorial Drive	Asphalt	0.25
Memorial-Arboretum	4501 Woodway	Granite	3.45
Memorial-Mountain Bike	6501 Memorial Drive	Natural	721
Memorial Silver Triangle	1901 Memorial Way	Concrete	0.23
Metropolitan Multi-Service Ctr	1475 West Gray	Concrete	0.33
MKT Trail	26th Street to I-45	Concrete	4.70
Montie Beach	915 Northwood	Asphalt	0.84
Moody	3725 Fulton	Asphalt-Concrete	0.94
Nellie Keyes	801 Lester	Concrete	0.12
Northline	6902 Nordling	Asphalt	0.42
Oak Meadow	500 Ahrens	Asphalt	0.25
Old Katy Hike & Bike Trail	236 N Dairy Ashford	Concrete	2.35
Park at Palm Center	5400 Griggs	Granite	0.22
Pleasantville Hike & Bike	Within Subdivision	Asphalt	1.50
Reveille	7700 Oak Vista Loop	Asphalt	0.40
River Oaks	3600 Locke Lane	Granite	0.25
Riverside	260 S Calumet/N Calumet	Concrete	0.42
R L & Cora Johnson	9801 Tanner	Asphalt	0.25
Robert C Stuart	7520 Bellfort	Asphalt	0.75
S Main Estates	12256 Zavalla	Asphalt	0.32
Scenic Woods	7449 Lakewood	Asphalt	0.34
Schnur	12227 Cullen Blvd	Asphalt	0.50
Schwartz	8203 Vogue	Asphalt	0.48
Scottcrest	10700 Rosehaven	Concrete	0.47
Selena Q Perez	6402 Market	Asphalt	0.87
Settegast	3001 Garrow	Concrete	0.40
Shady Lane	10100 Shady Lane	Asphalt	0.50
Sharpstown Green	6300 Sharpview	Paver Stones	0.09
Shepherd	4725 Brinkman	Granite	0.25
Songwood	548 Wetshire	Asphalt	0.33
Southcrest	5842 Southmund	Concrete	0.29
Spotts	401 Heights Blvd	Concrete	1.60
Saint Lo	7335 Saint Lo Rd	Concrete	0.18
Stewart	6700 Reed Rd	Gravel	0.30
Stoneybrook Esplanade	3000-3600 Stoneybrook	Asphalt	0.55
Stude	1031 Stude	Asphalt	0.70

TRAIL	LOCATION	TYPE	MILES
Stuebner Airline	9201 Veterans Blvd	Concrete	0.50
Sunflower	5000 Sunflower	Concrete	0.16
Sunnyside	3502 Bellfort	Concrete	0.48
Swiney	2812 Cline	Concrete	0.15
Sylvan Rodriguez	1201 Clear Lake Blvd	Concrete	1.10
Sylvester Turner	2800 West Little York	Asphalt-Concrete	1.02
TC Jester Parkway	34th to 43rd Streets	Granite	1.15
Tanglewilde	9631 Windswept	Concrete	0.16
Tidwell	9720 Spaulding	Concrete	0.30
Timbergrove Manor	1500 West TC Jester	Asphalt	0.88
Timbergrove Trail	1500 TC Jester	Asphalt	0.80
Tony Marron	808 York	Asphalt-Concrete	0.46
Townwood	3403 Simsbrook	Asphalt	0.90
Tuffly	3200 Russell	Asphalt	0.33
Verde Forest	8800 Brock Park Blvd	Asphalt	0.17
Veterans Memorial	1800 Tidwell	Asphalt	0.36
Waldemar	11700 Waldemar	Asphalt	0.19
Wiess	100 North Post Oak Lane	Granite	0.70
West End Park	1418 Patterson	Concrete	0.13
Westside Trail	Westpark to Eldridge	Concrete	1.90
Westwood	4045 Lemac	Asphalt-Concrete	0.38
White Oak Bayou	Watonga to Antoine	Concrete	2.60
White Oak Bayou	W 11th to Pinemont	Asphalt-Concrete	4.80
Willow	10400 Cliffwood	Granite	0.25
Willow Waterhole	5300 Gasmer	Concrete-Granite	1.17
Wilson Memorial	100 Gilpin	Asphalt-Concrete	0.28
Windsor Village	14441 Croquet	Concrete	0.31
Winzer	7300 Carver at Dolly Wright	Concrete	0.60
Woodland Park	212 Parkview	Asphalt-Concrete	0.32
Zollie Scales	3501 Corder	Asphalt	0.23



SENIOR PROGRAMS

HPARD Senior Programs provide a wide variety of recreation and leisure activities for seniors, ages 55 years and older, at various community centers across the Houston area.

Activities include specialty and creative crafts, fitness, walking clubs, cultural events, senior forums, field trips and special events. Other program components include craft exhibitions, computer classes at local libraries, fashion shows, special holiday events, Senior Olympics competition and sports programs.

Most programming is FREE unless otherwise indicated. Field trips and certain programs may require a minimum fee or request that participant provide their own materials.

Ages: 55 and older

Registration: Ongoing

Program Dates: Ongoing

Fees: FREE

(Except for Field Trips or Special Programs)

Times: Varies by Community Center

Information: (832) 395-7133

(832) 395-7270



MONDAY

Clark (KM 455Q)	9718 Clark, 77076	(713) 742-1497
Hobart Taylor (KM 455Q)	8100 Kenton, 77028	(832) 395-7621
Ingrando (KM 535F)	7302 Keller, 77012	(713) 643-4764

TUESDAY

Clark (KM 453B)	9718 Clark, 77076	(713) 742-1497
Edgewood (KM 534X)	5303 Bellfort, 77033	(713) 734-8434
Selena Quintanilla Perez/Denver Harbor (KM 494H)	6402 Market, 77020	(832) 395-7640
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 638-8221

WEDNESDAY

DeZavala (KM 495S)	907 76th Street, 77012	(713) 923-5163
Emancipation (KM 533X)	3018 Dowling, 77004	(713) 284-1302
Sunnyside (KM 533X)	3502 Belfort, 77051	(832) 395-7686

THURSDAY

Crestmont (KM 574J)	5200 Selinsky, 77048	(713) 733-2236
Eastwood (KM 949T)	5020 Harrisburg, 77011	(713) 928-4801
Lakewood (KM 455G)	8811 Feland, 77028	(713) 636-8217

Specialty Crafts/Activities

Learn and enjoy a variety of leisure type activities including flower arranging, ceramics, quilting, games and much more at some of your local community centers.

Ages: 18 and older
Registration: Aug 7 - Ongoing
Fees: FREE
Times: Various by Community Center
Information: (832) 395-4512
(832) 395-4517



Tidwell Park Community Center - Quilting Class

NORTHEAST

Clark (KM 453B)	Hat Making	M	10:00 am - 1:00 pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Arts and Crafts	T	12:00 pm - 2:00 pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Ceramics	W & F	12:00 pm - 2:30 pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Quilting & More	F	12:00 pm - 2:00 pm	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495V)	Crafts/Computer	T & Th	9:00 am - 12:00 pm	203 Mississippi, 77029	(713) 673-0955
Clinton (KM 495V)	Bingo	M, W & F	9:00 am - 1:00 pm	203 Mississippi, 77029	(713) 673-0955
Clinton (KM 495V)	Arts, Crafts, Dominos	T & Th	9:00 am - 1:00 pm	203 Mississippi, 77029	(713) 673-0955
DenverHarbor (KM494H)	Sr Artist Crafts	T	10:00 am - 1:00 pm	6402 Market, 77020	(832) 395-7640
Finnigan (KM 495H)	Crafts	M	9:00 am - 12:00 pm	4900 Providence, 77020	(713) 678-7385
Hobart Taylor (KM 455Q)	Crochet	M	12:00 pm - 2:00 pm	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Arts and Crafts	M	12:00 pm - 3:00 pm	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Jewelry Making	T	12:00 pm - 2:00 pm	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Jewelry & Crafts	T	12:00 pm - 4:00 pm	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Jewelry & Crafts	Th	2:00 pm - 6:00 pm	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Ceramics	W	11:00 am - 1:30 pm	8100 Kenton, 77028	(832) 395-7621
Judson Robinson, Sr.	Bridge - Beginning	M	10:30 am - 12:30 pm	1422 Ledwicke, 77029	(713) 674-2401
Judson Robinson, Sr.	Bingo	T	1:00 pm - 2:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Judson Robinson, Sr.	Adult Crafts	T & Th	11:30 pm - 1:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Judson Robinson, Sr.	Computer Class	W	2:00 pm - 3:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Judson Robinson, Sr.	Quilting	W	2:00 pm - 4:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Kingwood (KM 296X)	Bunko	Th	1:00 pm - 3:00 pm	4102 Rustic Woods, 77345	(832) 348-2570
Kingwood (KM 296X)	Bridge	W & Th	6:00 pm - 9:00 pm	4102 Rustic Woods, 77345	(832) 348-2570
Kingwood (KM 296X)	Bingo	M	12:30 pm - 3:00 pm	4102 Rustic Woods, 77345	(832) 348-2570
Shady Lane (KM 414W)	Arts and Crafts	M - W	10:30 am - 12:00 pm	10220 Shady Lane, 77096	(713) 742-1503
Tuffly (KM 454X)	Crafts	M	10:00 am - 1:00 pm	3200 Russell, 77026	(713) 674-2355
Tuffly (KM 454X)	Ceramics	F	10:00 am - 1:00 pm	3200 Russell, 77026	(713) 674-2355

NORTHWEST

Carverdale (KM 450A)	Quilting	T	10:00 am - 1:00 pm	9920 Porto Rico, 77041	(713) 895-6141
Carverdale (KM 450A)	Quilting	4th T	6:00 pm - 7:00 pm	9920 Porto Rico, 77041	(713) 895-6141
J Robinson, Jr. (KM 533B)	Adult Crafts	T & Th	11:30 pm - 1:00 pm	2020 Hermann Drive, 77004	(832) 395-7626
J Robinson, Jr. (KM 533B)	Computer Class	W	2:30 pm - 3:30 pm	2020 Hermann Drive, 77004	(832) 395-7626
J Robinson, Jr. (KM 533B)	Bridge - Beginner	W	10:30 am - 12:30 pm	2020 Hermann Drive, 77004	(832) 395-7626
Kendall (KM 488C)	Board Games	M, W, & F	1:00 pm - 3:00 pm	609 N Eldridge, 77079	(832) 393-1897
Lincoln (KM 412Q)	Writing	M	11:30 am - 12:30 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Computer Class	T	10:30 am - 12:30 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Gardening	2nd & 4th W	10:00 am - 11:00 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Sr Game Day	W	10:00 am - 12:00 pm	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	Scrapbooking	T & Th	11:00 am - 1:00 pm	1000 West 12th, 77008	(713) 867-0497
Milroy (KM 452Z)	Quilting	T	10:00 am - 3:00 pm	1205 Yale, 77008	(713) 867-0397
Milroy (KM 452Z)	Social Crafts	W	10:00 am - 2:00 pm	1205 Yale, 77008	(713) 867-0397
Proctor Plaza (KM 453X)	Scrapbooking	M	10:00 am - 12:00 pm	803 West Temple, 77009	(713) 862-6907



Finnigan Park Community Center - Chair Volleyball

SOUTHEAST

Beverly Hills (KM 576S)	Ceramics	M & W	10:00 am - 2:00 pm	10201 Kingspoint, 77075	(713) 948-9065
Bessie Swindle (KM 573L)	Bridge	T & W	10:00 am - 4:00 pm	11800 Scott, 77047	(713) 733-4581
Bessie Swindle (KM 573L)	Scrapbooking	M & F	10:00 am - 3:00 pm	11800 Scott, 77047	(713) 733-4581
Charlton (KM 535P)	Ceramics	M & F	10:00 am - 1:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Jewelry Creations	T	6:00 pm - 8:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Family Night Ceramics	W	6:00 pm - 7:30 pm	8200 Park Place, 77017	(713) 645-3589
Crestmont (KM 574J)	Social Club	M - F	2:30 pm - 7:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Crafts	Th	9:00 am - 1:00 pm	5200 Selinsky, 77048	(713) 733-2236
Eastwood (KM 494T)	Ceramics	M, T & F	10:00 am - 2:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Edgewood (KM 534X)	Hat Making	Th	10:00 am - 2:00 pm	5803 Bellfort, 77033	(713) 734-8434
Edgewood (KM 534X)	Jewelry Making	F	9:00 am - 2:00 pm	5803 Bellfort, 77033	(713) 734-8434
Hartman (KM 535C)	Ceramics	W	10:00 am - 12:00 pm	9311 E Ave P, 77012	(713) 928-4803
Ingrando (KM 535F)	Quilting	W	9:00 am - 12:00 pm	7302 Keller, 77012	(713) 643-4764
Mason (KM 535A)	Ceramics	T	10:00 am - 12:00 pm	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 535A)	Senior Aerobics	M, T & W	10:00 am - 11:00 am	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Board Games	F	10:00 am - 12:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Senior Game Day	F	11:00 am - 12:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Settegast (KM 494N)	Ceramics	T	9:00 am - 11:00 am	3000 Garrow, 77003	(713) 238-2200
Settegast (KM 494N)	Scrapbooking	Th	9:00 am - 11:00 am	3000 Garrow, 77003	(713) 238-2200



Clinton Park Community Center - Board Games

SOUTHWEST

Burnett Bayland (KM 531B)	Quilting	M	11:00 am - 1:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B)	Dominos	T & Th	1:00 pm - 3:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B)	Senior Social Club	T & Th	1:00 pm - 3:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B)	Scrapbooking	W	11:00 am - 1:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B)	Computer Basics	W	2:30 pm - 4:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B)	Scrapbooking	W	6:00 pm - 7:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Emancipation (KM 493Y)	Quilting	T	10:00 am - 1:00 pm	3018 Dowling, 77004	(713) 284-1302
Emancipation (KM 493Y)	Senior Craft Program	W	9:00 am - 1:00 pm	3018 Dowling, 77004	(713) 284-1302
Godwin (KM 531U)	Ceramics	T & Th	10:00 am - 1:00 pm	5101 Rutherglen, 77096	(713) 726-7114
Linkwood (KM 532P)	Quilting	T - Th	6:00 pm - 7:00 pm	3699 Norris, 77025	(713) 314-3107
Marian (KM 830X)	Senior Games	T & Th	12:30 pm - 5:00 pm	11101 S Gessner, 77071	(713) 773-7015
Platou (KM 571B)	Quilting	M & T	10:00 am - 12:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Senior Games	Th	12:30 pm - 2:30 pm	11655 Chimney Rock, 77053	(713) 726-7107
Sharpstown (KM 530F)	Knitting/Crochet	W	11:30 am - 1:30 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Chess Club	T	5:30 pm - 7:30 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Quilting	W	12:30 pm - 3:30 pm	6600 Harbor Town, 77036	(832) 395-7605
Sunnyside (KM 533X)	Quilting	M	11:00 am - 2:00 pm	3502 Belfort, 77051	(832) 395-7686
Townwood (KM 572P)	Senior Sewing	T	10:00 am - 2:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Windsor Village (KM 530K)	Crocheting	T	10:00 am - 12:00 pm	14441 Croquet, 77085	(713) 726-7113
Windsor Village (KM 530K)	Jewelry Making	T	10:00 am - 12:00 pm	14441 Croquet, 77085	(713) 726-7113
Windsor Village (KM 530K)	Quilting	T	10:30 am - 12:30 pm	14441 Croquet, 77085	(713) 726-7113
Windsor Village (KM 530K)	Ceramics	T & Th	9:30 am - 12:00 pm	14441 Croquet, 77085	(713) 726-7113
Windsor Village (KM 530K)	Adult Crafts	T & Th	10:30 am - 12:30 pm	14441 Croquet, 77085	(713) 726-7113
Windsor Village (KM 530K)	Dominoes/Cards	Th	12:00 pm - 2:00 pm	14441 Croquet, 77085	(713) 726-7113

ADAPTIVE SPORTS & RECREATION

HPARD provides access to year round activities for children and adults with disabilities through the Adaptive Recreation Division located at the Metropolitan Multi-Service Center, 1475 West Gray. In addition to providing activities, the Metropolitan Multi-Service Center partners with organizations that serve children and adults with disabilities. The goal is to provide access, experiences and opportunities to learn new skills and redefine abilities while participating in recreational activities.



Friends of the Park Council at MMSC

The Friends of the Park Council at MMSC serves to support the staff and programs of HPARD's Adaptive Recreation section. They also help communicate the vision, goals and services of the program to constituent communities and provide a forum for program ideas and services.

The Friends of the Park Council at MMSC meets every two months on the second Tuesday of the month.

Date: Every month
3rd Tuesday of the month

Time: 4:30 pm - 6:00 pm

Location: Metropolitan Multi-Service Ctr
1475 West Gray

Information: (713) 395-7333
charles.french@houston.tx.gov

Adult Recreation Fitness Center

The Metropolitan Multi-Service Fitness Center is specifically designed to be used by adults with a physical disability including visually impaired and blind who are able to function independently.

The facility is equipped with wheelchair accessible upper body weight equipment along with cardio machines to get your heart pumping. Pre-registration and a safety briefing are required before using this facility.

Ages: 16 - older

Registration: Required

Program Dates: 7:00 am - 7:00 pm, M - Th
7:00 am - 4:00 p.m., F

Fee: FREE

Location: Metropolitan Multi-Service Ctr
1475 West Gray

Information: (713) 395-7333
charles.french@houston.tx.gov

Adaptive Yoga

This Adaptive Yoga class modifies traditional Kundalini Yoga for persons with physical disabilities based on students abilities. This 60 minute class led by a certified Kundalini Yoga instructor. It combines seated, standing and floor postures and incorporates guided meditation and creative visualization.

Ages: Youth and Adult

Registration: Required

Program Dates: 9:15 am - 10:30 am
1st and 3rd Friday of each month, Ongoing

Fee: FREE

Location: Metropolitan Multi-Service Ctr
1475 West Gray

Information: (713) 395-7333
charles.french@houston.tx.gov



Wheelchair & Ambulatory Tennis

Wheelchair tennis is one of the fastest growing sports in the United States for children and adults with physical disabilities. Not only does it offer a great workout - it can be a life-long family activity - and it is fun! With a few minor adjustments, tennis can be enjoyed by everyone.

Ampu-Tennis is open to anyone with a mobility impairment, including amputees and will be taught by Jeff Bourns, a single leg amputee representing the USTA.

Ages: All Ages
Registration: Required
Fee: FREE
Program Dates: Ongoing Evenings
Wheelchair Tennis: 7:00 pm - 8:30 pm, Tues & Fri
Ampu-Tennis: 7:00 pm - 8:30 pm, Mon & Wedi
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (713) 395-7333

Adult Wheelchair Basketball

Weekly practice and play is scheduled throughout the year for adults age 16 and up. No motorized chairs allowed in this game.

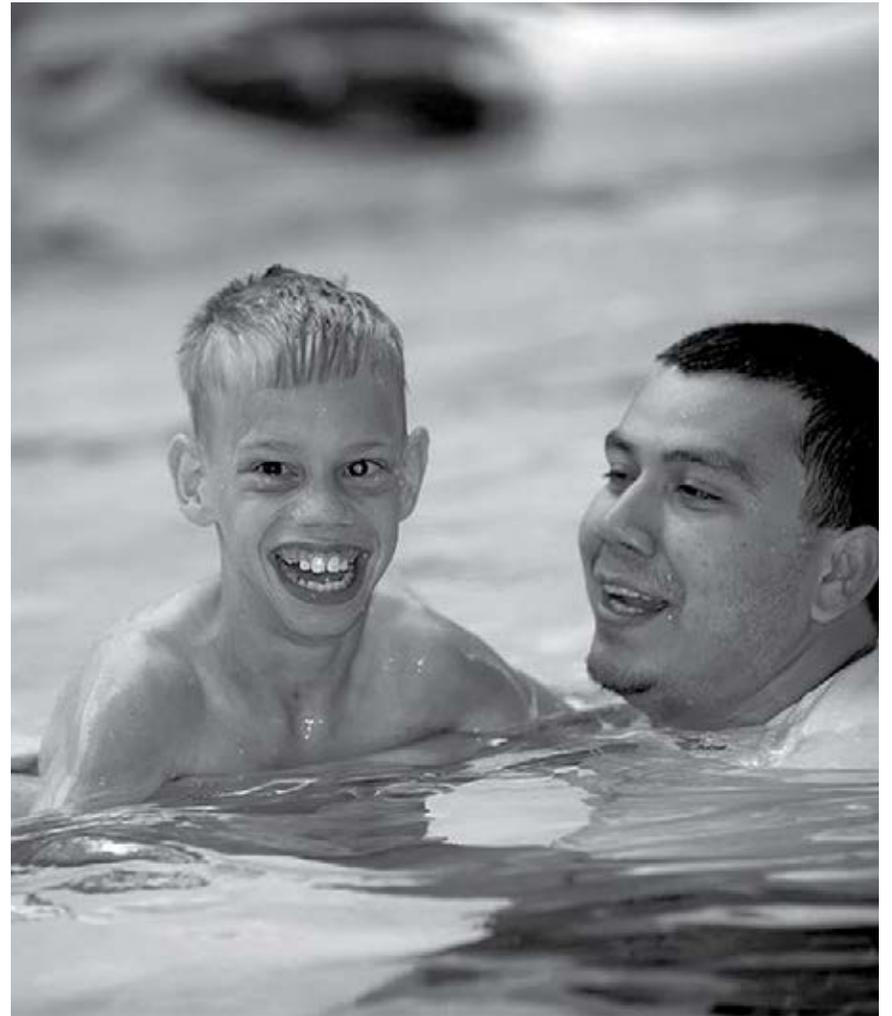
January through March open gym will be held on Mondays and Wednesdays. From April through May, Mondays will be league nights. Sports chairs are available to check out. Registration is required.

Ages: 16 - Older
Registration: Required
Fee: FREE
3 on 3 League Play: April - May
 6:00 pm - 9:00 pm, Mon
Open Gym: January -March
 6:00 pm - 9:00 pm, Mon & Wed
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (713) 395-7333

Adult Wheelchair Rugby

Get ready for fast, full-court action when adults clash metal to metal in this fast paced wheelchair sport. Rugby is for quadriplegics who have independent, upper body function. Participants must have independent functioning skill to participate. Motorized chairs not permitted in this game.

Ages: 12 - Older
Registration: Required
Fee: FREE
Program Dates: Sept 1 - April 26, 2016
Open Play: 6:00 pm - 8:00 pm, Thurs
Team Practice: 9:00 am - 11:00 am, Sat
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (713) 395-7325



Power Soccer

Power Soccer is the fastest growing sport for wheelchair users. Power Soccer is the first team sport designed specifically for power wheelchair users. It combines the skill of the wheelchair user with the speed and power of the chair itself, to participate in an extremely challenging game similar to soccer. All ages and abilities welcome!

Ages: All Ages
Registration: Required
Fee: FREE
Program Dates: Jan 9 - April 30, 2016
Times: 11:00 am - 1:00 pm, Sat
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (713) 395-7325

Adaptive Aquatics Program

Initial in water orientation and then exercise, lap swim or water walk in the heated, indoor natatorium. The pool provides a great environment for people with disabilities to exercise. Participants are required to have independent functioning mobility skills or bring an adult attendant to assist them.

Pre-registration is required and must be completed prior to participant getting in the pool. HPARD staff will conduct initial safety screening in the water.

Ages: Youth and Adult
Registration: Required
Program Dates: Year round
Time: Vary, call for schedule
Fee: FREE
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (713) 395-7333

Youth Wheelchair Basketball

TIRR Memorial Hermann Junior Hotwheels Basketball team practices on Tuesday nights through March 2015.

This youth basketball program accepts any school-aged players with physical disabilities that are interested in wheelchair basketball, either competitively or recreationally.

Ages: 16 - older
Registration: Required
Event Date: January - March, 2016
Time: 6:00 pm - 9:00 pm, Tues
Fee: FREE
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (713) 797-5928
 Ava Skrabanek
 ava.skrabanek@memorialhermann.org

Art Class

In partnership with the Houston Civic Arts Association, HPARD's Adaptive Recreation Section will host an art class with professional instruction in watercolor and acrylic based paints for people with disabilities.

Ages: All Ages
Registration: Required
Program Dates: Feb 3 - March 30, 2016
Time: 1:00 pm - 3:00 pm, Wed
Fee: FREE
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (713) 395-7333

The River Performing & Visual Arts Center

The River is a non-profit 501(c)(3) organization whose mission is to provide an accessible, affordable, fine arts education for special children, ages 2-19, who have disabilities, chronic illnesses, or are economically disadvantaged. Siblings are welcome. The River offers year round, barrier free, classes in music, art, drama and dance. Scholarships are available. For more information contact The River Performing and Visual Arts Center.

Ages: 2 - 19
Program Dates: Jan 23 - April 9, 2016
Time: 9:00 am - 2:00 pm, Sat
Information: (713) 520-1220

Roll - Fit

Roll-Fit is an adaptive workout program for athletes with disabilities. Its purpose is for athletes to challenge, encourage and motivate each other to reach greater goals.

Ages: Open to All Ages
Program Dates: Ongoing
Time: 5:00 pm - 8:00 pm, Fri
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (832) 395-7333
 Oziel Flores

**Adolescent Bariatric Surgery Program Support Group**

The support group is hosted monthly for adolescents and their family by Texas Children's Hospital Staff in partnership, with HPARD's Adaptive Recreation Staff. Meetings are held at the Metropolitan Multi-Service Center.

This is a specialized program designed to enhance the overall fitness level and functional capacity of each bariatric patient. Focus will be on lifetime fitness activities and exercise.

Date: 2nd Tuesday
 Of Every Month
Time: 5:00 pm - 7:00 pm
Fee: FREE
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (832) 822-0615
 Kari Turybury, Clinical Program Coordinator
 kjturybu@texaschildrens.org

Houston Area Parkinson Society

The Houston Area Parkinson Society's mission is to improve the quality of life for those affected by Parkinson's disease through services, education and advocacy. The Houston Area Parkinson Society provides numerous programs and services for the Parkinson's community. Each week HAPS provides 34 free physical, occupational, speech, water, Tai Chi and other therapy groups. Free support groups are available for individuals with Parkinson's and caregivers to share their experiences in a warm, friendly environment. In addition, HAPS offers free transportation services to and from HAPS therapy sites and physician visits. Respite, social services and educational programs are also available.

For more information contact the Houston Area Parkinson Society (713) 313-1652.

Activity: Tai Chi and Exercise for Adults
 with Parkinson
Information: (713) 313-1652
 www.hapsonline.org

The Arc of Greater Houston

The Arc of Greater Houston is a non-profit organization formed nationally in 1950 to advocate for the inclusion of people with mental retardation and other developmental disabilities in all aspects of society and is established at the national, state, and local levels. The Arc of Greater Houston works in collaboration with other agencies and organizations to facilitate the development of a wide array of options available to individuals and their families in the community.

For more information contact the Arc of Greater Houston at (713) 957-1600.

Activity: Monthly Dance/Social For Adults
 With Intellectual and Developmental Disabilities
Information: (713) 957-1600
 www.thearcofgreaterhouston.com

WATER SPRAYGROUNDS

The Houston Parks and Recreation Department's water playgrounds provide an engaging and interactive fun activity year-round for children, especially during the hot summer months. Water playgrounds have distinct advantages over swimming pools in that they are cost effective, low maintenance, and water-play activities extend well beyond normal pool season. Water playgrounds are controlled using a timer and touch-sensor. The timer is set for 12 hours of water activation. The touch-sensor turns on the water for a two to three minute cycle.

H-E-B Grocery Company has generously donated more than \$1.1 million to the Houston Parks and Recreation Department through the Houston Parks Board Inc., to create and build additional water playgrounds in Houston city parks. These are brightly colored facilities featuring equipment that squirts, sprays, mists and shoots water. Children will be able to enjoy everything from oversized flowers that mist to a whale that spouts and squirts water and in-ground elements that resemble geysers.



Shady Lane Park

Aron Ledet Park (H.E.B.)
6500 Antoine

The Aron Ledet Park water sprayground's design appeals to park visitors with its brightly colored play surface and the inventive design of its spray fixtures.

Blueridge Park (H.E.B.)
5600 Court Road

The Blueridge Park water sprayground opened in July 2003. Its design incorporates a colorful play surface, a curved seating wall, and water fixtures designed to appeal to a child's sense of fun and whimsy.

Burnett Bayland Park
6200 Chimney Rock

This water sprayground has a multi-colored rubber surface, spray and ground features including three colorful arches, a flower, cactus, a spiral spray, and two water cannons.

Cullen Park (H.E.B.)
19008 Saums Road

The H-E-B Cullen Park water sprayground opened in August 2003. It features a colorful play surface, multiple geyser, and spray fixtures. It is within easy viewing of the picnic pavilion.

Dodson Lake Park (H.E.B.)
9010 Dodson

This H-E-B water sprayground's design includes a unique concentric circle splash pad that creates the illusion of ripples with geysers, pop-up sprays, tulip sprays, and a fan jet spray.

Edgewood Park (H.E.B.)
5803 Bellfort

This H-E-B water sprayground was built has brought a splash of fun to southeast Houston since June of 2003. Its design includes a brightly colored concrete play area, geysers and spray elements, and a curving seat wall.

Ervan Chew Park
4502 Dunlavy

Built in 2010, the sprayground at Ervan Chew Park is convenient to the playground, picnic area, soccer, and baseball fields, and the dog park.

Gutierrez Park (H.E.B.)
7900 Flaxman

This water sprayground features a large plaza with multiple ground sprays. The plaza is surfaced with colored concrete, and features a seat wall along one edge.

Hackberry Park
7777 Dairy Ashford

This 1,200-square foot spraygrounds brightly-colored areas equipped with turtles and lily pads that squirt, and spray water and mist, as well as in-ground geysers.

Herman Brown Park
400 Mercury Drive

The water sprayground features a large, vividly colored play area in the shape of a giant frog. Its gentle slope suggests a stream and interactive water geysers and spray elements spring up from the "stream." A covered picnic area with restrooms is adjacent to the sprayground.

Hermann Park
6100 Fannin

The water playground at Hermann Park features two large palm trees and a spiral provide a variety of water effects for all children to run through. Two large beaches create a sand play zone adjacent to the water play area.

Hidalgo Park (H.E.B.)
7000 Avenue Q

The 1,200-square foot sprayground features brightly colored recreational areas equipped with turtles and lily pads that squirt, spray water, and mist as well as in-ground geysers.

**Hackberry Park**

Jaycee Park (H.E.B.)
1300 Seamist

The H-E-B Jaycee Park sprayground's timed spouts are surrounded by colorful, oversized butterflies, and leaves in the paved surface. Benches are placed around the site for seating.

Marian Park
11000 S. Gessner

The Marian Park sprayground includes three different areas of play, with individually operated spray features. An adjacent shade structure provides seating.

Melrose Park
12200 Melrose Park Road

The Melrose Park water sprayground features a multi-colored rubber surface and spray and ground features like a flower, cactus and an arch.

Montie Beach Park (H.E.B.)
915 Northwood

The Montie Beach water sprayground opened in 2006. Its beach theme includes a palm island, a whale sporting a spout spray at its hump, and multiple wave sprays that create a rolling "wave" effect.

Nieto Park
500 Port

The Nieto Park Water sprayground is also designed with a beach theme in mind. It includes a wave of stairs, real palm trees, and plastic palm trees and other play items that spray water.

Park at Palm Center
5400 Griggs Road

The water sprayground at the Park at Palm Center was built in 2009. It is adjacent to the playground and picnic area in the park, and adds a wonderful recreational element to the neighborhood.

Settegast Park
3000 Garrow

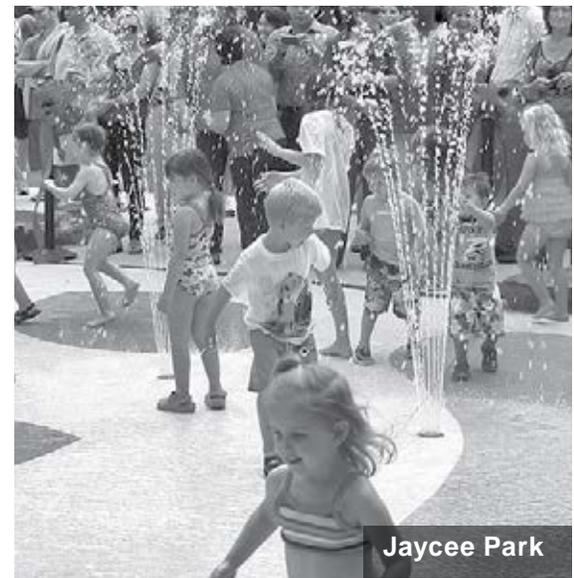
Settegast Park sprayground includes a multi-colored rubber surface and spray ground features including a ground geyser, a bell-spray column, a misty arch, a magic touch bollard, a water trio, a donut, and a flower.

Shady Lane Park
10100 Shady Lane

The water sprayground at Shady Lane Park opened on Oct 10, 2013 during the National Recreation and Parks Association Congress and Expo. The sprayground was a part of the group's Parks Build Communities program. It features a small pond with water bubbling up from a couple of boulders. Amongst the various spray features an alligator head peeking above the blue concrete surface will delight the children at play. This sprayground connects with other play features to simulate a forest and wetlands area designed to connect children with nature.

Stuebner - Airline Park
9201 Veterans Memorial

The sprayground at Stuebner-Airline Park is approximately 1900 square feet. All spray features are surface-mounted in a combination of sprays and jets. The surface pattern is a combination of multi-colored circles and semi-circles. This sprayground also has two benches and a seating wall.

**Nieto Park****Jaycee Park**

Tony Marron Park (H.E.B.)
808 N. York

The water play area at Tony Marron Park features a variety of ground sprays. A seat wall curves around the area, offering great views of the park and downtown. This project was funded through the Park People.

Wiley Park
1414 Gillette

The James Wiley water sprayground includes a multi-colored rubber surface and sprayground features such as a flower, rainbow, fire hydrant activator, raining buckets and an in-ground spray fountain. Other park improvements include benches, landscaping, drinking fountains, electrical work, and black vinyl coated chain link fence.

Lake Houston Wilderness Park

Making Family Memories One Camping Trip At A Time

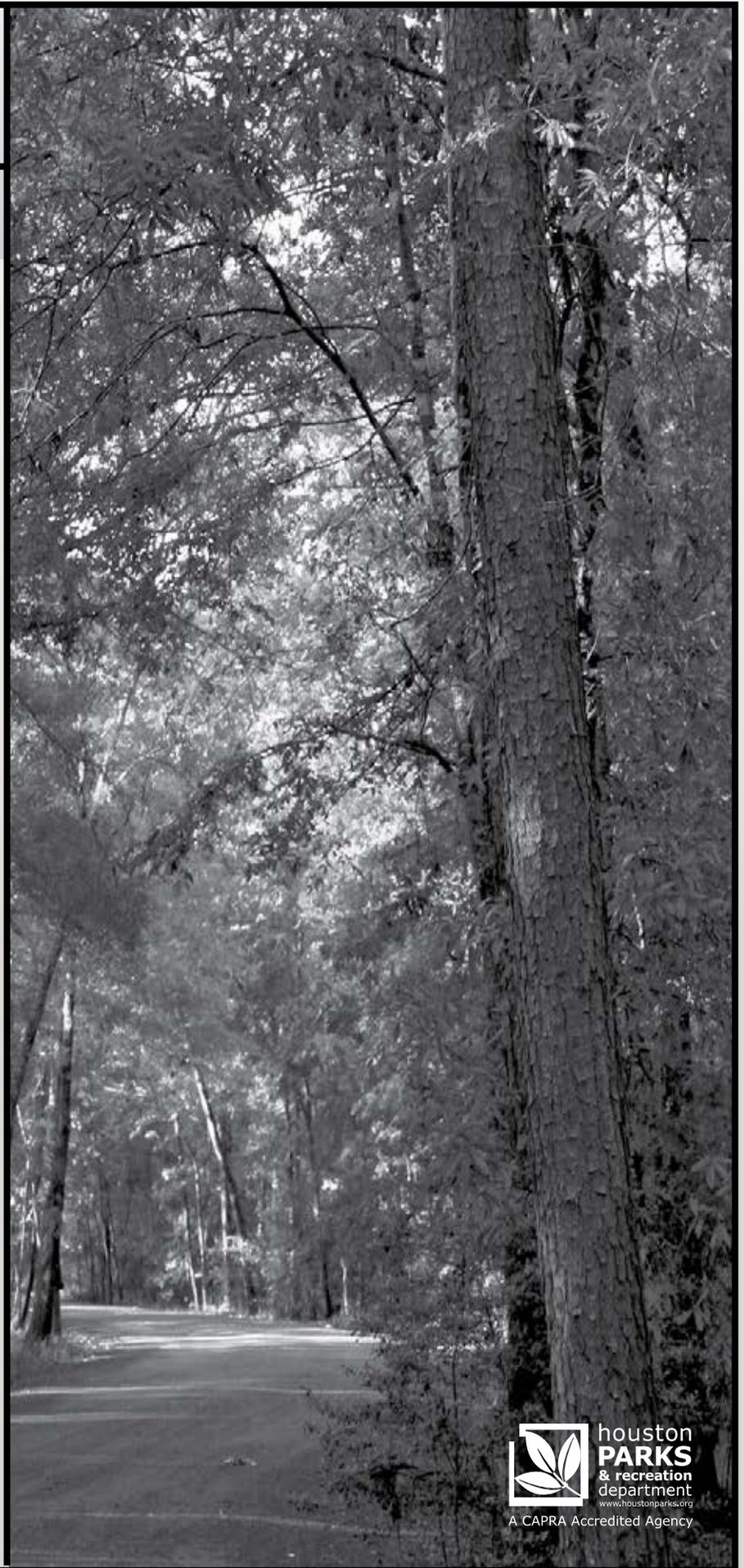
You'll
Never Forget
Your First S'more,
Your First Fishing Trip,
Or Your First Campfire

MAKE A MEMORY
That Will Last A Lifetime

Visit
LAKE HOUSTON
WILDERNESS PARK

Book Your Family Memory Today
Call (281) 354-6881

Lake Houston Wilderness Park
25840 FM 1485
New Caney, Texas 77357
www.houstonparks.org



houston
PARKS
& recreation
department
www.houstonparks.org

A CAPRA Accredited Agency

LAKE HOUSTON WILDERNESS PARK

Lake Houston Wilderness Park (LHWP) is a beautiful, lushly forested expanse of nearly 5,000 acres located four miles east of New Caney (approximately 30 miles north of Houston) off of Hwy-59. Lake Houston Wilderness Park is the only park in the department's inventory that allows overnight camping. It offers a variety of outdoor learning experiences for people of all ages including: camping, hiking, trail running, mountain biking, canoeing, kayaking, birding, fishing and horseback riding (visitors must bring own bikes, fishing equipment, watercraft and horses). Most of the park is heavily forested with beautiful trails which provide a perfect setting for photography, nature study, bird watching and relaxing.

The Lake Houston Wilderness Park Nature Center is an incredible place to visit and learn about some of the woodland creatures that call LHWP home. Tour the Ecosystem Displays which include the Wetlands Ecosystem Room featuring live fish, turtles and amphibians; the Invertebrate Room, which features mounted insects of all types including moths, butterflies, spiders, beetles and more; the Reptile Room, containing live specimens of both venomous and non-venomous snakes as well as several lizards; the Nature Center classroom; and, Eye on the Wilderness, an exciting visual display of local flora and fauna with sound effects. The LHWP Nature Center offers classes and programs for all ages; please see next pages for a list of classes. You can also contact the LHWP Park Naturalist, Brock Nedland at 281-354-0173 for more information.

(Note: Prices are subject to change.)

Program Dates:

Year Round

Location:

25840 FM1485

New Caney, Texas 77357

Listed rental prices DO NOT include Tax

Gate House Hours:

7:00 am – 6:00 pm, Sun - Th

7:00 am - 5:00 pm, Fri - Sat

Information/Reservations:

(281) 354-6881

www.houstonparks.org

Fees (All fees listed are without tax)

Park Entry Fee - Per Person Ages 13- 64	\$3.00
Forest Lodge - Occupancy up to 12	\$180 / night *
Lazy Creek Lodge - Occupancy Up to 26	\$250 / night *
Lakeside Cabins - Occupancy Up to 6	\$125/ night *
Lakeside Tent Platforms - Occupancy Up to 6	\$35 / night
Screen Shelters, Occupancy Up to 6	\$25 / night
Group Campsites, Occupancy Up to 50	\$40 / night
Walk-in Campsites, Occupancy Up to 8	\$7 / night
Backpacking Campsites, Occupancy Up to 8	\$7 / night
Pine Grove Dining Hall	\$100 / day

* Holiday Weekends Add \$50 To Nightly Rate.



Lake Houston Wilderness Park Nature Center

Visit the Lake Houston Wilderness Park Nature Center for programs and activities for all ages. Please note that all programs require a reservation unless otherwise indicated. We've listed some of our upcoming scheduled programs below. For more information on programs and activities call the LHWP Nature Center, Check our online calendar (www.houston) or look at the LHWP Nature Center events board to see what is going on! For information on Program and day camp information or to make reservations, field trips, and presentations for schools groups and other interested parties please call information line at (281) 354-0173.

Nature Center Hours: 9:00 am – 4:00 pm

Days of Operation: Wed - Sun
Closed Mon & Tues

Park Naturalist: Brock Nedland

Information: (281) 354-0173

Sat, Dec 5th - 10:00 am – 11:00 am Owl Pellets - All Ages

Do you know what an owl pellet is? Well this is the day for you to find out! We will dissect real owl pellets to discover the remaining bones inside and identify what owls eat!

Sat, Dec 5 - 2:00 pm – 3:00 pm Snakes

Come find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

Sun, Dec 6 - 8:00 am – 9:00 am Weekly Nature Hike No Reservation Required

Come take a Sunday stroll with the Lake Houston Naturalist crew every Sunday at 8am sharp! Meet us at the LHWP Nature Center and we'll take you down one of our best trails while showing you what this park has to offer.

Sun, Dec 6 - 2:00 pm – 3:00 pm Weekly Activities

Every Sunday afternoon, we'll have a different activity planned to get you and your family involved. From archery to fly fishing and everything in between, come join us! Events will be posted on the Nature Center events board each Saturday morning.

Sat, Dec 12 - 10:00 am – 11:00 am Plantable Flower Seed Paper - All Ages

Come to the Nature Center where we will show you how to make your own plantable flower seed paper to take home!

Sat, Dec 12 - 2:00 pm – 3:00 pm Scavenger Hunt - All Ages No Reservation Required

Start your Scavenger Hunt at the Nature Center by picking up your list of things to find! Then enjoy the park during your search!

Sat, Dec 12 - 4:30 pm – 5:30 pm Bats Eat Bugs

Learn about these fascinating creatures of the night while playing a game outside. Perfect activity for teenagers, families, or for the young at heart.

Sun, Dec 13 - 8:00 am – 9:00 am Weekly Nature Hike No Reservation Required

Come take a Sunday stroll with the Lake Houston Naturalist crew every Sunday at 8am sharp! Meet us at the LHWP Nature Center and we'll take you down one of our best trails while showing you what this park has to offer.

Sun, Dec 13 - 2:00 pm – 3:00 pm Weekly Activities

Every Sunday afternoon, we'll have a different activity planned to get you and your family involved. From archery to fly fishing and everything in between, come join us! Events will be posted on the Nature Center events board each Saturday morning.

Sat, Dec 19 - 10:00 am – 11:00 am Mushroom Enthusiasts

There's more to mushrooms than eating! Join us as we teach you the finer points of these little fungi and what types of mushrooms you can expect to find at LHWP.

Sat, Dec 19 - 2:00 pm – 3:00 pm Fly Tying - Ages 12 and Older * Bring your own vice and materials to participate.

Witness and practice how to tie Texas specific fly patterns by ex-fly fishing guide and Park Naturalist Brock Nedland. Bring your own vice and materials to participate, but everyone is welcome to come and observe.

Sun, Dec 20 - 8:00 am – 9:00 am Weekly Nature Hike No Reservation Required

Come take a Sunday stroll with the Lake Houston Naturalist crew every Sunday at 8am sharp! Meet us at the LHWP Nature Center and we'll take you down one of our best trails while showing you what this park has to offer.

Sun, Dec 20 - 2:00 pm – 3:00 pm Weekly Activities

Every Sunday afternoon, we'll have a different activity planned to get you and your family involved. From archery to fly fishing and everything in between, come join us! Events will be posted on the Nature Center events board each Saturday morning.

Sat, Dec 26 - 10:00 am – 11:00 am Snakes

Come find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

Sat, Dec 26 - 2:00 pm – 3:00 pm Turtles - All Ages

There are more to turtles than you think! Come get a close up look while you learn about these fascinating creatures.

Sun, Dec 27 - 8:00 am – 9:00 am Weekly Nature Hike No Reservation Required

Come take a Sunday stroll with the Lake Houston Naturalist crew every Sunday at 8am sharp! Meet us at the LHWP Nature Center and we'll take you down one of our best trails while showing you what this park has to offer.

Sun, Dec 27 - 2:00 pm – 3:00 pm Weekly Activities

Every Sunday afternoon, we'll have a different activity planned to get you and your family involved. From archery to fly fishing and everything in between, come join us! Events will be posted on the Nature Center events board each Saturday morning.

Sat, Jan 2 - 10:00 am – 11:00 am Owl Pellets - All Ages

Do you know what an owl pellet is? Well this is the day for you to find out! We will dissect real owl pellets to discover the remaining bones inside and identify what owls eat!

Sat, Jan 2 - 2:00 pm – 3:00 pm Amazing Amphibians

Frogs, toads, and salamanders are all amphibians! Come learn the lives and characteristics of amazing amphibians!

Sun, Jan 3 - 8:00 am – 9:00 am Weekly Nature Hike No Reservation Required

Come take a Sunday stroll with the Lake Houston Naturalist crew every Sunday at 8am sharp! Meet us at the LHWP Nature Center and we'll take you down one of our best trails while showing you what this park has to offer.

Sun, Jan 3 - 2:00 pm – 3:00 pm
Weekly Activities

Every Sunday afternoon, we'll have a different activity planned to get you and your family involved. From archery to fly fishing and everything in between, come join us! Events will be posted on the Nature Center events board each Saturday morning.

Sat, Jan 9 - 10:00 am – 11:00 am
Snakes

Come find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

Sat, Jan 9 - 2:00 pm – 3:00 pm
Animal Eyes

Can your family dog see color? How do nocturnal animals see at night to hunt? Come discover how animals see their world!

Sun, Jan 10 - 8:00 am – 9:00 am
Weekly Nature Hike

No Reservation Required

Come take a Sunday stroll with the Lake Houston Naturalist crew every Sunday at 8am sharp! Meet us at the LHWP Nature Center and we'll take you down one of our best trails while showing you what this park has to offer.

Sun, Jan 10 - 2:00 pm – 3:00 pm
Weekly Activities

Every Sunday afternoon, we'll have a different activity planned to get you and your family involved. From archery to fly fishing and everything in between, come join us! Events will be posted on the Nature Center events board each Saturday morning.

Sat, Jan 16 - 10:00 am – 11:00 am
Mushroom Enthusiasts

There's more to mushrooms than eating! Join us as we teach you the finer points of these little fungi and what types of mushrooms you can expect to find at LHWP.

Sat, Jan 16 - 2:00 pm – 3:00 pm
Turtles - All Ages

There are more to turtles than you think! Come get a close up look while you learn about these fascinating creatures.

Sun, Jan 17 - 8:00 am – 9:00 am
Weekly Nature Hike

No Reservation Required

Come take a Sunday stroll with the Lake Houston Naturalist crew every Sunday at 8am sharp! Meet us at the LHWP Nature Center and we'll take you down one of our best trails while showing you what this park has to offer.

Sun, Jan 17 - 2:00 pm – 3:00 pm
Weekly Activities

Every Sunday afternoon, we'll have a different activity planned to get you and your family involved. From archery to fly fishing and everything in between, come join us! Events will be posted on the Nature Center events board each Saturday morning.

Sat, Jan 23 - 10:00 am – 11:00 am
Birding 101

Come with us and see what birds LHWP has to offer! We'll teach you the basics of birding, and then take you on a hike to see what we can find.

Sat, Jan 23 - 2:00 pm – 3:00 pm
Animal Eyes

Can your family dog see color? How do nocturnal animals see at night to hunt? Come discover how animals see their world!

Sun, Jan 24 - 8:00 am – 9:00 am
Weekly Nature Hike

No Reservation Required

Come take a Sunday stroll with the Lake Houston Naturalist crew every Sunday at 8am sharp! Meet us at the LHWP Nature Center and we'll take you down one of our best trails while showing you what this park has to offer.

Sun, Jan 24 - 2:00 pm – 3:00 pm
Weekly Activities

Every Sunday afternoon, we'll have a different activity planned to get you and your family involved. From archery to fly fishing and everything in between, come join us! Events will be posted on the Nature Center events board each Saturday morning.

Sat, Jan 30 - 10:00 am – 11:00 am
Snakes

Come find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

Sat, Jan 30 - 2:00 pm – 3:00 pm
Owl Pellets

Do you know what an owl pellet is? Well this is the day for you to find out! We will dissect real owl pellets to discover the remaining bones inside and identify what owls eat!

Sun, Jan 31 - 8:00 am – 9:00 am
Weekly Nature Hike

No Reservation Required

Come take a Sunday stroll with the Lake Houston Naturalist crew every Sunday at 8am sharp! Meet us at the LHWP Nature Center and we'll take you down one of our best trails while showing you what this park has to offer.

Sun, Jan 31 - 2:00 pm – 3:00 pm
Weekly Activities

Every Sunday afternoon, we'll have a different activity planned to get you and your family involved. From archery to fly fishing and everything in between, come join us! Events will be posted on the Nature Center events board each Saturday morning.

Sat, Feb 6 - 11:00 am – 12:00 pm
Turtles - All Ages

There are more to turtles than you think! Come get a close up look while you learn about these fascinating creatures.

Sat, Feb 6 - 2:00 pm – 3:00 pm
Scavenger Hunt - All Ages

No reservation required

Start your Scavenger Hunt at the Nature Center by picking up your list of things to find! Then enjoy the park during your search!

Sat, Feb 6 - 3:45 pm – 4:45 pm
Bird Walk - All Ages

Bring your binoculars, if you have some, and join our Park Naturalist at the Nature Center and go on a trek through the park looking for our resident birds.

Sun, Feb 7 - 8:00 am – 9:00 am
Weekly Nature Hike

No Reservation Required

Come take a Sunday stroll with the LHWP Naturalist crew every Sunday at 8am sharp! Meet us at the LHWP Nature Center and we'll take you down one of our best trails while showing you what this park has to offer.

Sun, Feb 7 - 2:00 pm – 3:00 pm
Weekly Activities

Every Sunday afternoon, we'll have a different activity planned to get you and your family involved. From archery to fly fishing and everything in between, come join us! Events will be posted on the Nature Center events board each Saturday morning.

Sat, Feb 13 - 10:00 am – 11:00 am
Amazing Amphibians

Frogs, toads, and salamanders are all amphibians! Come learn the lives and characteristics of amazing amphibians!

Sat, Feb 13 - 2:00 pm – 3:00 pm
Orienteering for Beginners - Ages 12 and older

Have you ever used a map and compass to find locations and plot an adventure? This program will teach the basics of just how to do that.

Sun, Feb 14 - 8:00 am – 9:00 am
Weekly Nature Hike

No Reservation Required

Come take a Sunday stroll with the LHWP crew every Sunday at 8am sharp! Meet us at the LHWP Nature Center and we'll take you down one of our best trails while showing you what this park has to offer.

Sun, Feb 14 - 2:00 pm – 3:00 pm
Weekly Activities

Every Sunday afternoon, we'll have a different activity planned to get you and your family involved. From archery to fly fishing and everything in between, come join us! each Saturday morning.

Sat, Feb 20 - 10:30 am – 11:30 am

Scavenger Hunt

No reservation required

Start your Scavenger Hunt at the Nature Center by picking up your list of things to find! Then enjoy the park during your search!

Sat, Feb 20 - 1:30 pm – 2:30 pm

Archery 101 - Ages 9 and older

Learn the basics of archery! We will discuss safety, equipment, and its appropriate use and correct form.

Sat, Feb 20 - 2:45 pm – 3:45 pm

Intermediate Archery - Ages 12 and Older

Already taken Archery 101? Ready to take your skill to the next level? This program will help you work on form and accuracy.

Sun, Feb 21 - 8:00 am – 9:00 am

Weekly Nature Hike

No Reservation Required

Come take a Sunday stroll with the Lake Houston Naturalist crew every Sunday at 8am sharp! Meet us at the LHWP Nature Center and we'll take you down one of our best trails while showing you what this park has to offer.

Sun, Feb 21 - 2:00 pm – 3:00 pm

Weekly Activities

Every Sunday afternoon, we'll have a different activity planned to get you and your family involved. From archery to fly fishing and everything in between, come join us! Events will be posted on the Nature Center events board each Saturday morning.

Sat, Feb 27 - 10:00 am – 11:00 am

Birding 101 For Kids

This is Birding 101 just for the kiddos! We'll learn the basics of birding and then head out to see how many birds we can identify.

Sat, Feb 27 - 2:00 pm – 3:00 pm

Stream Ecology - All Ages

Join us as we use dip nets to catch freshwater invertebrates in order to determine the water quality in Peach Creek.

Sun, Feb 28 - 8:00 am – 9:00 am

Weekly Nature Hike

No Reservation Required

Come take a Sunday stroll with the Lake Houston Naturalist crew every Sunday at 8am sharp! Meet us at the LHWP Nature Center and we'll take you down one of our best trails while showing you what this park has to offer.

Sun, Feb 28 - 2:00 pm – 3:00 pm

Weekly Activities

Every Sunday afternoon, we'll have a different activity planned to get you and your family involved. From archery to fly fishing and everything in between, come join us! Events will be posted on the Nature Center events board each Saturday morning.

Sat, March 5 - 10:30 am – 11:30 am

Scavenger Hunt

No reservation required

Start your Scavenger Hunt at the Nature Center by picking up your list of things to find! Then enjoy the park during your search!

Sat, March 5 - 2:00 pm – 3:00 pm

Camping 101 - All Ages

Want to go camping, but don't know where to start? Join us to learn all you need to know about camping! We'll be setting up a tent and learning how to build a fire.

Sat, March 5 - 6:00 pm – 7:00 pm

Bats Eat Bugs

Learn about these fascinating creatures of the night while playing a game outside. Perfect activity for teenagers, families, or for the young at heart.

Sun, March 6 - 8:00 am – 9:00 am

Weekly Nature Hike

No Reservation Required

Come take a Sunday stroll with the Lake Houston Naturalist crew every Sunday at 8am sharp! Meet us at the LHWP Nature Center and we'll take you down one of our best trails while showing you what this park has to offer.

Sun, March 6 - 2:00 pm – 3:00 pm

Weekly Activities

Every Sunday afternoon, we'll have a different activity planned to get you and your family involved. From archery to fly fishing and everything in between, come join us! Events will be posted on the Nature Center events board each Saturday morning.

Sat, March 12 - 11:15 am – 12:15 pm

Geocaching - All Ages

Learn the basics of geocaching with a GPS. Then try your skills on a course here at the park!

Sat, March 12 - 2:00 pm – 3:00 pm

Mushroom Enthusiasts

There's more to mushrooms than eating! Join us as we teach you the finer points of these little fungi and what types of mushrooms you can expect to find at Lake Houston Wilderness Park.

Sat, March 12 - 6:45 pm – 7:45 pm

Owl Prowl - All Ages

Who? Who? Who wants to go on a night hike in search of owls? We are taking Magnolia Trail and using owl calls to see if our resident owls talk back.

Sun, March 13 - 8:00 am – 9:00 am

Weekly Nature Hike

No Reservation Required

Come take a Sunday stroll with the Lake Houston Naturalist crew every Sunday at 8am sharp! Meet us at the LHWP Nature Center and we'll take you down one of our best trails while showing you what this park has to offer.

Sun, March 13 - 2:00 pm – 3:00 pm

Weekly Activities

Every Sunday afternoon, we'll have a different activity planned to get you and your family involved. From archery to fly fishing and everything in between, come join us! Events will be posted on the Nature Center events board each Saturday morning.

Sat, March 19 - 10:30 am – 11:30 am

Scavenger Hunt

No reservation required

Start your Scavenger Hunt at the Nature Center by picking up your list of things to find! Then enjoy the park during your search!

Sat, March 19 - 1:30 pm – 2:30 pm

Fly Fishing - Ages 12 and older

Come join us as we teach you how to fly fish! We'll give you the knowledge and expertise to have you catching your own fish in no time. Personal equipment required.

Sat, March 19 - 3:00 pm – 4:30 pm

Junior Angler - All Ages

Join us and become a certified Jr. Angler. We will learn about tackle, tying knots, casting, bait, fishing regulations and fishing safety. Then we will go fishing. If you do not have fishing equipment of your own, don't worry you can use ours.

Sun, March 20 - 8:00 am – 9:00 am

Weekly Nature Hike

No Reservation Required

Come take a Sunday stroll with the Lake Houston Naturalist crew every Sunday at 8am sharp! Meet us at the LHWP Nature Center and we'll take you down one of our best trails while showing you what this park has to offer.

Sun, March 20 - 2:00 pm – 3:00 pm

Weekly Activities

Every Sunday afternoon, we'll have a different activity planned to get you and your family involved. From archery to fly fishing and everything in between, come join us! Events will be posted on the Nature Center events board each Saturday morning.

Sat, March 26 - 10:00 am – 11:00 am

Archery 101 - Ages 9 and older

Learn the basics of archery! We will discuss safety, equipment, and its appropriate use and correct form.

Sat, March 26 - 2:00 pm – 3:00 pm

Intermediate Archery - Ages 12 and Older

Already taken Archery 101? Ready to take your skill to the next level? This program will help you work on form and accuracy.

Sun, March 27 - 8:00 am – 9:00 am

Weekly Nature Hike

No Reservation Required

Come take a Sunday stroll with the Lake Houston Naturalist crew every Sunday at 8am sharp! Meet us at the LHWP Nature Center and we'll take you down one of our best trails while showing you what this park has to offer.

Sun, March 27 - 2:00 pm – 3:00 pm

Weekly Activities

Every Sunday afternoon, we'll have a different activity planned to get you and your family involved. From archery to fly fishing and everything in between, come join us! Events will be posted on the Nature Center events board each Saturday morning.

Houston Parks and Recreation Department

Lifeguard Jobs

**Aquatic Center Supervisors,
Head Lifeguards and Lifeguards**



Lifeguards working for the City of Houston HPARD are among the highest paid guards in the Greater Houston Area!

Requirements:

- Must be 16 years of age by May 31
- Must pass standard Lifeguard Swim Evaluation
- Must pass ARC Lifeguard Training course offered or approved by COH Aquatics Administration
- Must pass drug test and criminal history background check
- Must have reliable transportation

The following positions are available:

Lifeguard

Head Lifeguard

Aquatic Center Supervisor

For more information call (832) 395-7129



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www.houstonparks.org

A CAPRA Accredited Agency

TENNIS

HPARD operates three centers each complete with a pro shop as well as locker and shower facilities that are available for a nominal fee. Lessons can be scheduled with center staff. Tournaments, leagues, corporate outings services and other events can be scheduled by calling any of the centers. For general tennis information as well as information on youth tennis programs, call (832) 395-7561.

PLEASE NOTE: Prices are subject to change. Hours are as indicated unless otherwise posted.

Memorial Park Tennis Center

The Memorial Park Tennis Center provides 18 courts plus a practice wall. Fees listed are per court for 1½ hours of use. A Smoothie King concession is located inside the pro shop.

Program Dates: Year-round
Time: 6:00 am - 9:00 pm, M-F
 7:00 am - 6:00 pm, Sat - Sun
Location: Memorial Park (KM492F)
 1500 Memorial Loop Drive, 77007
Information: (832) 395-7556

Fees

Weekday Reserved (M-F) : Before 6:00 pm	\$ 4.00
Evening and Weekend Reserved :	\$ 6.00
Tournaments and Leagues :	\$ 7.00

Lee LeClear Tennis Center

The Lee LeClear Tennis Center is located in southwest Houston. It provides 26 courts plus 2 practice walls. Fees listed are per court for 1½ hours of use.

Program Dates: Year-round
Time: 7:30 am - 9:00 pm, M - F
 7:30 am - 6:00 pm, Sat - Sun
Location: Lee LeClear (KM 530T)
 9506 S. Gessner, 77074
Information: (713) 272-3697

Fees

Weekday Reserved (M-F) : Before 6:00 pm	\$ 4.00
Evening and Weekend Reserved:	\$ 6.00
Tournaments and Leagues:	\$ 7.00

Homer Ford Tennis Center

The Homer Ford Tennis Center is located in MacGregor Park. It provides 16 courts plus a practice wall. Fees listed are per court for 1½ hours of use.

Program Dates: Year-round
Time: 7:30 am - 9:00 pm, M - F
 7:30 am - 6:00 pm, Sat - Sun
Location: MacGregor Park (KM 534E)
 5225 Calhoun, 77021
Information: (713) 842-3460

Fees

Weekday Reserved (M-F) : Before 6:00 pm	\$ 3.00
Evening and Weekend Reserved:	\$ 5.00
Tournaments and Leagues:	\$ 6.00



NEIGHBORHOOD TENNIS COURTS

Tennis Office (832) 395-7561

HPARD's neighborhood tennis courts are open to the public on a first come, first served basis. Play is limited to one hour when others are waiting. There is no fee required to use neighborhood tennis courts unless a reservation is made requiring a permit.

- **No one is allowed to give tennis lessons or offer structured tennis activities without the written authorization of the Houston Parks and Recreation Department.**
- **Tennis courts are for tennis use only.**

PARK	LOCATION	NO.	LIGHTS	WALL	PARK	LOCATION	NO.	LIGHTS	WALL
Alief (KM 529E)	11903 Bellaire Blvd, 77072	4	Yes	1	Melrose (KM 413T)	12200 Melrose Park Rd., 77076	4	Yes	
Anderson (KM 491X)	5701 Beverlyhill, 77057	2	Yes		Meyerland (KM 531Q)	5151 Jason, 77096	2	Yes	
Bendwood (KM 489D)	12700 Kimberley, 77024	2	Yes	1	Milby (KM 535G)	2001 Central, 77017	2	Yes	
Beverly Hills (KM 576S)	10201 Kingspoint, 77075	1	No		Milroy (KM 452Z)	1205 Yale, 77008	1	Yes	
Bonham (KM 530Q)	8401 Braes Acres, 77074	2	Yes		Montie Beach (KM 453X)	915 Northwood, 77009	2	Yes	1
Briarmeadow (KM 490Z)	7703 Richmond, 77063	2	Yes		Moody (KM 453Y)	3725 Fulton, 77009	2	Yes	
RL & Cora Johnson (KM 450A)	9920 Porto Rico, 77041	2	Yes		Nieto (KM 495A)	500 Port, 77020	1	Yes	
Charlton (KM 535P)	8200 Park Place, 77017	2	Yes		Northline (KM 413W)	6902 Nordling, 77076	2	Yes	
Cherryhurst (KM 492V)	1700 Missouri, 77006	1	Yes	1	Nottingham (KM 489E)	14205 Kimberley, 77079	2	Yes	1
Chimney Rock (KM 571B)	11655 Chimney Rock, 77035	2	Yes		Oak Forest (KM 452N)	2100 Judiway, 77018	2	Yes	
Cleveland (KM 492M)	200 Jackson Hill, 77007	2	No		Proctor Plaza (KM 453X)	803 W. Temple, 77009	1	Yes	
Clinton (KM 495U)	200 Mississippi, 77029	2	Yes		Gail Reeves (KM 531N)	8800 Mullins, 77096	2	Yes	1
Cloverland (KM 573L)	3801 Hickok, 77047	2	Yes		River Oaks (KM 492S)	3600 Locke Lane, 77027	4	No	
Cole Creek (KM 411W)	7200 Drowsy Pine, 77092	2	No		J Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	1	Yes	
Crestmont (KM 574J)	5100 Selinsky Rd, 77048	2	Yes	1	Sagemont (KM 576Y)	1507 Hughes, 77089	2	Yes	
Dodson Lake (KM 454F)	9010 Dodson, 77093	2	Yes	1	Scenic Woods (KM 415W)	449 Lakewood, 77017	2	Yes	
Dow (KM 535X)	7942 Rockhill, 77061	3	Yes	1	Schwartz (KM 451N)	8203 Vogue, 77055	2	Yes	
Eastwood (KM 494T)	5000 Harrisburg, 77011	2	Yes		Settegast (KM 494N)	3001 Garrow, 77003	1	Yes	
Emancipation (KM 493U)	3018 Dowling, 77004	2	Yes	1	Sharpstown (KM 530F)	8200 Bellaire Blvd, 77036	2	Yes	
Finnigan (KM 494G)	4900 Providence, 77020	2	Yes		Smokey Jasper (KM 415A)	13400 River Trail Rd, 77050	2	Yes	
Fleming (KM 532D)	1901 Sunset Blvd, 77005	2	Yes		Spotts (KM 493J)	401 S. Heights Blvd, 77007	2	Yes	
Freeway Manor (KM 576F)	2241 Bronson/2300 Theta, 77034	1	Yes		Sunnyside (KM 533X)	3502 Bellfort, 77051	2	Yes	
Grady (KM 491Q)	1700 Yorktown, 77056	1	Yes		J Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	1	Yes	
Graham (KM 452R)	540 West 34th St, 77018	1	Yes		Sagemont (KM 576Y)	1507 Hughes, 77089	2	Yes	
Greenwood (KM 497A)	602 Beresford, 77015	2	Yes		Scenic Woods (KM 415W)	449 Lakewood, 77017	2	Yes	
Grimes (KM 573D)	5150 Reed Rd, 77033	2	Yes		Schwartz (KM 451N)	8203 Vogue, 77055	2	Yes	
Hager (Lee) (KM 571A)	12100 Landsdowne, 77035	1	Yes	1	Settegast (KM 494N)	3001 Garrow, 77003	1	Yes	
Halbert (KM 453S)	200 East 23rd St, 77008	1	Yes		Sharpstown (KM 530F)	8200 Bellaire Blvd, 77036	2	Yes	
Hartman (KM 535C)	9311 Avenue P, 77012	2	Yes		Smokey Jasper (KM 415A)	13400 River Trail Rd, 77050	2	Yes	
Haviland (KM 570H)	11600 Haviland, 77035	2	Yes		Spotts (KM 493J)	401 S. Heights Blvd, 77007	2	Yes	
Herman Brown (KM 456X)	400 Mercury Drive, 77013	4	Yes		Sunnyside (KM 533X)	3502 Bellfort, 77051	2	Yes	
Highland (KM 451D)	3316 DeSoto, 77091	2	Yes	1	Tanglewood (KM 491K)	5801 Woodway, 77057	2	Yes	
Hutcheson (KM 454U)	5400 Lockwood, 77026	1	Yes		Tidwell (KM 454D)	9720 Spaulding, 77016	2	Yes	
Ind Heights (KM 453N)	601 East 35th St., 77022	1	Yes		Townwood (KM 572P)	3403 Simsbrook, 77045	1	Yes	
Ingrando (KM 535E)	7302 Keller, 77012	2	Yes		Walter Jones (KM 575T)	8000 Coastway Lane, 77075	2	Yes	
Jaycee (KM 452W)	1300 Seamist, 77008	2	Yes	1	Westbury (KM 531W)	5635 Willowbend, 77096	2	Yes	
Karl Young (KM 532J)	7800 Stella Link, 77025	1	Yes		Westwood (KM 532S)	4045 Lemac, 77025	2	Yes	
Keith-Wiess (KM 413M)	12300 Aldine-Westfield, 77093	2	Yes		Willow (KM 531Z)	10400 Cliffwood, 77035	2	Yes	1
Law (KM 534Y)	6200 Scarlet / 6100 Vassar, 77033	2	Yes	1	Wilson Memorial (KM 576G)	100 Gilpin, 77034	2	Yes	
Lincoln (KM 412Q)	979 Grenshaw, 77088	1	Yes		Windsor Village (KM 571P)	14441 Croquet, 77085	2	Yes	
Linkwood (KM 532P)	3699 Norris, 77025	2	Yes	1	Winzer (KM 412S)	7300 Carver/Dolly Wright, 77088	2	Yes	
Mangum Manor (KM 451L)	5235 Saxon, 77092	1	Yes	1	Woodland (KM 493C)	212 Parkview, 77009	1	Yes	
Mason (KM 535A)	541 South 75th St./Tipps, 77023	2	Yes		Zollie Scales (KM 533P)	501 Corder, 77021	1	Yes	
Meadowcreek Village (KM 536S)	5333 Berry Creek, 77017	2	Yes						



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PARKS
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department

www.houstonparks.org

A CAPRA Accredited Agency

Houston's Best Golf Value

Gus Wortham Golf Course

Brock Park Golf Course

Sharpstown Golf Course

Memorial Park Golf Course



Sharpstown Park Golf Course
6600 Harbor Town
(713) 988-2099



Gus Wortham Park Golf Course
7000 Capitol
(713) 928-4260



Brock Park Golf Course
8201 John Ralston Road
(281) 458-1350



Memorial Park Golf Course
1001 East Memorial Loop Drive
(713) 862-4033

GOLF COURSES

The Houston Parks and Recreation Department provides 7 challenging golf courses for citizens' enjoyment. From the highly acclaimed Memorial Park (the #1 municipal course in the state!), to the well maintained and lower priced Brock Park and Gus Wortham Park courses, there is something for every golfer.

Memorial, Hermann, and Gus Wortham are all located inside the loop. Sharpstown, one of Houston's most popular and most walkable courses, is close in on the Southwest side. Brock offers opportunities to Northeast golfers, while Glenbrook provides a venue in the Southeast area of the City. Melrose, in the North Central part of the city, offers a chance to practice short-game skills with its 18 par -3 holes. All courses except Glenbrook have driving ranges. All have practice putting and chipping greens. Pro shops are available at all courses. Dining facilities are available at all courses except Melrose.

All courses are non-metal spike facilities. Weekday fees apply Monday through Thursday. Weekend fees apply Friday through Sunday, and all city holidays. Junior (under 18) and Senior (65 – older) rates are offered on weekdays only. Twilight start times vary by season and courses. Call individual courses for more information. For tee time reservations log on to www.houstonparks.org and access the tee time reservation system. This innovative tee time system includes Memorial, Sharpstown, Brock, and Gus Wortham. For tee times at other courses call the pro shop. For information on all the courses, visit www.houstonparks.org. Lessons from qualified instructors are available at all courses. Tournament and corporate outings may be scheduled by calling any of the courses.

(Note: Prices are subject to change. Extra fee applies for use of electric golf car.)



Memorial Park Golf Course

Memorial Park Golf Course began in 1923 as a 9-hole sand green course built near the hospital at Camp Logan. In 1935, in an ambitious effort to enhance parks across the city, the Houston Parks and Recreation Department began constructing an illustrious 18-hole golf course. In July of 1936, the first ball was teed off on what architect John Bredemus called his "greatest golf course ever."

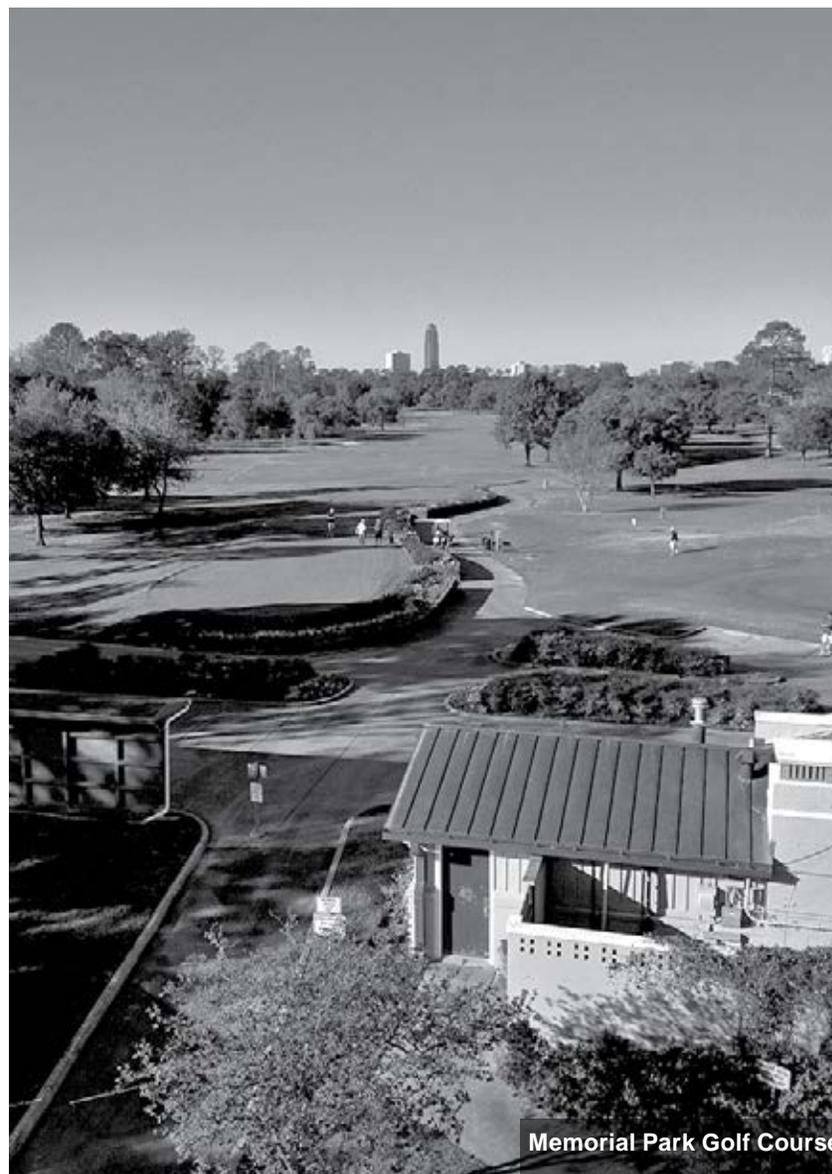
Through the years, Memorial Park Golf Course hosted many famous golfers like Arnold Palmer, Babe Didrikson, and Charlie Sifford. It also hosted the Houston Open PGA Tour event from 1951 to 1963. In 1995, a newly renovated 260-acre course opened with a lighted driving range, putting and chipping greens, and a beautiful new clubhouse facility featuring an expanded pro shop and a Beck's Prime Restaurant.

Today, Memorial Park Golf Course is known as one of the best municipal courses in the nation and is visited by more than 60,000 patrons each year. Houston is proud to call Memorial Park Golf Course the crown jewel of Memorial Park. Memorial Park Golf Course is closed on Tuesdays. Tee times are available online at www.houstonparks.org. Click on the golf link and choose "Online Tee Times" to access the tee time reservation system.

Location:	Memorial Park (KM 492F) 1001 Memorial Loop, 77007
Information:	(713) 862-4033
Yardage / Par:	7309 / 72
Hours:	Dawn - 10:00 pm

Fees

Junior (Mon - Thur Only):	\$10.00
Senior/Disabled (Mon - Thur):	\$15.00
Mon - Thur:	\$30.00
Fri - Sat & Holidays:	\$38.00
Mon - Thur Twilight:	\$21.00
Fri - Sun Holiday Twilight:	\$28.00



Memorial Park Golf Course



Hermann Park Golf Course

Hermann Park Golf Course is a jewel nestled in the center of the Bayou City. Since 1922, this lush parkland course has been at the center of a rich tradition of golfing excellence. The course was fully renovated in 1998.

The new clubhouse is located at the corner of Almeda and North MacGregor and from there you set out on this short but challenging and enjoyable course. Water toughens the course, coming into play on half the holes.

You'll find no more enjoyable way to experience George Hermann's legacy than playing this 18-hole oasis in the very heart of Houston.

Hermann has a driving range, practice putting green, pro shop and complete snack bar. The Hermann Park Golf Course is managed for HPARD by BSL Golf Corp. Sales tax is additional on all fees. Carts required weekend mornings. Tee times are available online at www.houstonparks.org. Click on the golf link and choose Calendar of Events: Hermann Park Golf Course to access the Hermann Park Golf Course website.

Location: Hermann Park (KM 533A)
2155 N. MacGregor, 77030

Information: (713) 526-0077

Yardage / Par: 6014 / 70

Hours: 7:00 am - 9:00 pm

Fees

Junior (Mon - Thur Only):	\$ 8.00
Senior/Disabled (Mon - Thur):	\$12.00
Mon - Thur:	\$21.50
Fri - Sun & Holidays:	\$30.64
Mon - Thur Twilight:	\$14.34
Fri - Sun Holiday Twilight:	\$18.78
Fri - Sun Holiday Twilight 2:	\$14.00



Gus Wortham Park Golf Course

Come play on living history. Gus Wortham opened in 1908 as the original Houston Country Club. Today, Gus Wortham is the oldest continually operating 18 hole course in the state. Gus Wortham provides challenges not regularly found in Houston. Elevated tees and uphill carries to greens make you use all your clubs. The course is relatively wide open, making it attractive for all levels of golfers. The front 9 features 3 consecutive par 5 holes, 2 of which you may want

to go for in 2. Your shot-making skills will be tested on several of the "short but challenging" par 4 holes. Playing to more than 6,400 yards, Gus Wortham is a fun course, located only minutes from downtown and inside the loop.

A full driving range is available for practice or warming up. Additional practice areas include a putting green, chipping green and practice bunker. The pro shop staff are available for lessons. Gus Wortham has a fully stocked pro shop and full snack bar.

Tee times are available online at www.houstonparks.org. Click on the golf link and choose "Online Tee Times" to access the tee time reservation system.

Location: Gus Wortham Park (KM 494Z)
7000 Capitol, 77023

Information: (713) 928-4261

Yardage / Par: 6447 / 72

Hours: Dawn - Dusk

Fees

Junior (Mon - Thur Only):	\$ 7.00
Senior/Disabled (Mon - Thur):	\$10.00
Mon - Thur:	\$16.00
Fri - Sun & Holidays:	\$23.00
Mon - Thur Twilight:	\$13.00
Mon - Thur Twilight 2:	\$10.00
Fri - Sun Holiday Twilight:	\$17.00
Fri - Sun Holiday Twilight 2:	\$13.00



Sharpstown Park Golf Course

Welcome to Sharpstown Park Golf Course, Houston's "Best Golfing Value." Sharpstown has earned this reputation by providing outstanding customer service and excellent facility conditions, while offering some of the lowest fees in the Gulf Coast area. Sharpstown Golf Course is located in the heart of southwest Houston, one mile west of Hwy 59 and just 1 block north of Bellaire Blvd. on Harbor Town Drive. Sharpstown's convenient location allows for quick access from anywhere in the

greater Houston area. Recent improvements at Sharpstown include new cart paths, improved drainage, and resurfaced greens with high quality mini-verde ultra-dwarf bermuda. The 18 hole, par 70 course has 4 sets of tees, allowing moderate degrees of difficulty for the novice and beginner, yet enough length (6,660 from the back tees) to test the avid and skilled player.

Sharpstown's amenities include a driving cage for practice or warming up, 2 putting greens, a chipping green, full service pro shop, cafe and beverage cart and golf professionals who are available for lessons.

Tee times are available online at www.houstonparks.org. Click on the golf link and choose "Online Tee Times" to access the tee time reservation system.

Location: Sharpstown Park (KM 530F)
6660 Harbor Town, 77036
Information: (713) 988-2099
Yardage / Par: 6600 / 70
Hours: Dawn - Dusk

Fees

Junior (Mon - Thur Only):	\$ 8.00
Senior/Disabled (Mon - Thur):	\$13.00
Mon - Thur:	\$18.00
Fri - Sun & Holidays:	\$26.00
Mon - Thur Twilight:	\$15.00
Mon - Thur Twilight 2:	\$13.00
Fri - Sun Holiday Twilight:	\$20.00
Fri - Sun Holiday Twilight 2:	\$16.00



Brock Park Golf Course

Brock Park is one of Houston's "Best Kept Secrets." Quietly tucked in northeast Houston, far from the noise, but less than 20 minutes from downtown, this tree-lined course has been one of the City's fine municipal courses since 1972.

Brock plays to 6,427 yards with elevation changes unlike most courses in the area. It combines risk and reward on many holes, and requires good shot selection and execution on others. Greens Bayou comes into play on 4 holes, and creeks cross 4 others. Good scores can be found at Brock, provided you stay out of the trees!

A driving range is available for practice or for warming up. Additional practice areas include a putting green, chipping green and practice bunker. The pro shop staff is available for lessons. Brock Park is a non-metal spike facility with a fully stocked pro shop and snack bar.

Visit www.houstonparks.org for tee times. Click on the golf link and choose "Online Tee Times" to access the tee time reservation system.

Location: Brock Park (KM 456E)
8201 John Ralston Road
Information: (281) 458-1350
Yardage / Par: 6427 / 72
Hours: Dawn - Dusk

Fees

Junior (Mon - Thur Only):	\$ 7.00
Senior/Disabled (Mon - Thur):	\$10.00
Mon - Thur:	\$16.00
Fri - Sun & Holidays:	\$23.00
Mon - Thur Twilight:	\$13.00
Mon - Thur Twilight 2:	\$10.00
Fri - Sun Holiday Twilight:	\$17.00
Fri - Sun Holiday Twilight 2:	\$13.00



Melrose Park Golf Course

Melrose Park Golf Course is one of the few 18 hole par-3 golf courses in the state and it is lighted for night play! Located on Canino Road, between Airline Drive and the Hardy Toll Road, Melrose also offers a lighted driving range with a grass hitting area, chipping green, practice bunker and practice putting green. With holes ranging in length from 70 yards to 145 yards,

you will get the opportunity to work on all aspects of your short iron game. Imagine being able to play 18 holes in less than 2 hours and have a chance for a hole-in-one on every hole!

Melrose is managed for HPARD by Walton Golf Enterprises. Individual lessons and group clinics are available. Summer hours are from 8:00 am to 9:00 pm. Contact the course for further information.

Location: Melrose Park (KM 413T)
401 Canino, 77076

Information: (281) 931-4666

Yardage / Par: 2250 / 54

Hours: Dawn - Dusk

Fees

Junior (Weekday Only):	\$ 6.00
Senior/Disabled (Weekday Only):	\$ 6.00
Weekday (Mon - Thur):	\$10.00
Weekday Night:	\$11.00
Weekday/Holiday (Fri - Sat):	\$12.00
Weekday/Holiday Night:	\$13.00



Glenbrook Park Golf Course

Glenbrook Park Golf Course is located in the Hobby Airport area, south/ southeast of downtown Houston. Located along Sims Bayou, Glenbrook has 7 holes that cross the waterway. Recent improvements at Glenbrook include new tees on many holes, expanding the distance from the rear tees.

Glenbrook is managed for HPARD by Lopez Golf Management.

Tee times are available by phone on Thursday morning at 7:00 a.m. for Friday, Saturday and Sunday starting times. Sales tax on all fees is additional.

Location: Glenbrook Park (KM 535Q)
8205 Bayou Drive, 77017

Information: (713) 649-8089

Yardage / Par: 6520 / 71

Hours: Dawn - Dusk

Fees

Junior (Mon - Thur Only):	\$ 7.00
Senior/Disabled (Mon - Thur):	\$10.00
Mon - Thur:	\$16.00
Fri - Sun & Holidays:	\$23.00
Mon - Thur Twilight:	\$13.00
Fri - Sun & Holiday Twilight:	\$17.00

Register Now!

Become A

Summer Food Service Program Site!

Please partner with the Houston Parks and Recreation Department to reduce child hunger during the summer.

- **Become a Summer Food Provider Site**
Community organizations such as churches, private schools, community centers, and apartment complexes are eligible to become sites for the distribution of **FREE** lunches and snacks to youth ages 1-18 during the summer school break.
- **A Request to Participate Form must be completed** and returned by March 15, 2016. Forms are available at the Summer Food Service Program Office or download at

<http://www.houstontx.gov/parks/pdfs/2016/2016SummerFoodRequestParticipateForm.pdf>

- **Reduce Child Hunger during the Summer**
This federally funded program provides a nutritional **FREE** lunch and afternoon snack to children ages 1 - 18 during school summer break. Since 1982, the Houston Parks and Recreation Department has sponsored this program. The program runs from May 31 - August 12, 2016.
- **Call 713.676.6832 to request program information**



PARK VOLUNTEER PROGRAMS

Every year HPARD depends on hundreds of volunteers of all ages to assist in a variety of programs and activities from coaching youth sports teams to cleanup projects in neighborhood parks. We encourage individuals, businesses, youth and adult organizations and corporate sponsors to learn more about all the volunteer opportunities available with the department. Make a difference in your community, in the lives of children and in our park programs. Get involved and volunteer today!

Greenspace Volunteer Programs

Green Team Volunteer Program

Green Team Volunteers provide landscaping maintenance and improvements, tree planting, park and/or bayou de-littering, and help with beautification projects. Individuals, businesses, youth and adult organizations and corporate sponsors are all encouraged to participate in this program.

All volunteers must complete a volunteer waiver form for each event.

Ages: Youth - Adult
Varies With Project

Registration: (832) 395-7280
(832) 395-7270

Eagle Scout Projects

HPARD welcomes project submission from Eagle Scout candidates for projects involving green spaces, youth sports programs and community centers.

Ages: 18 - older

Registration: (832) 395-7280
(832) 395-7270

Internship Program

HPARD provides a professional environment in which undergraduate, graduate and post-graduate students may acquire experience, which relates to their academic course of study.

The internship program is open to all students from an accredited college or university who are seeking and actively pursuing a career in the fields of recreation, park management or other related professions.

Ages: 18 - older
Registration: (832) 395-7112



Facilities, Management and Development

Internship Program

HPARD provides a professional environment in which undergraduate, graduate and post-graduate students may acquire experience, which relates to their academic course of study.

The internship program is open to all students from an accredited college or university who are seeking and actively pursuing a career in the fields of recreation, park management, landscape architecture, planning, GIS and other related fields.

Ages: 18 and older
Registration: (832) 395-7097





Recreation and Wellness Volunteer Programs

Volunteer at your area community center! You can gain valuable experience in the recreational field, explore a potential career option, develop personal and professional skills while giving back to your community.

Teen Volunteer Programs

Volunteer opportunities include: Summer Enrichment Program Assistance, Office Assistant and acting as a Receptionist.

No experience is necessary. All teen volunteers are required to complete a Teen Volunteer Application Form before volunteering.

Ages: 14 - 17
Registration: Ongoing
 During Community Ctr Hours
Program Dates: Ongoing
Location: All HPARD Community Ctrs
Information: (832) 395-7280
 (832) 395-7270

Adult Volunteer Program

Volunteer opportunities include: Summer Enrichment Program Assistance, Office Assistant Chaperone on youth field trips and Receptionist duties.

No experience is necessary. Each Adult Volunteer must complete an Adult Volunteer Application Form before volunteering.

All applicants must pass a Background Check before being accepted as a volunteer.

Ages: 18 - older
Registration: Ongoing
 During Community Ctr Hours
Program Dates: Ongoing
Location: All HPARD Community Ctrs
Information: (832) 395-7280
 (832) 395-7270

Athletic Team Volunteer

Team volunteers serve as coaches, assistant coaches or provide support to youth participating in Grand Slam for Youth Baseball and instructional sports (as part of the After School Enrichment Program).

All applicants must pass a Background Check before being accepted as a volunteer. Apply at any HPARD Community Center.

Ages: 18 - older
Information: (832) 395-7261
 (832) 395-7270

Friends of the Park

Make a difference in your community by joining your neighborhood Friends of the Park Council. Your assistance is needed with volunteer opportunities, planning/assisting with special events and providing input regarding the community's programming needs.

All applicants must pass a Background Check before being accepted as a volunteer.

Ages: 18 - older
Location: All HPARD Community Ctrs
Information: (832) 395-7294

PARK & GREENSPACE ADOPTION

Park Adoption Programs

HPARD's Adoption Programs are a great way to show your pride and commitment to Houston's parks and green spaces. Whether you're with a group or business interested in active community involvement we have a program that will fit your desire to improve the quality of our park system and public land. There are 5 different Adoption Programs for you to choose from, Adopt-A-Park, Adopt-An-Esplanade, Adopt-A-Sports Field, Adopt-A-Trail and Adopt-A-Library Greenspace. Regardless of the program you choose your involvement helps us maintain green spaces that we're all proud of!

Contact: Marilu De La Fuente
Information: (832) 395-7029
marilu.delafuente@houstontx.gov

Adopt-A-PARK

This HPARD adoption program welcomes homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of a park.

Term of agreement minimum of 2 years.

Adopt-A-SPORTS FIELD

This HPARD adoption program welcomes organizations who wish to adopt a sports field in lieu of paying permitting fees associated with the use of ballfields.

This adoption is available for youth leagues only.

The term is for 6 months, Jan-June and July-Dec. The adopter is responsible for all maintenance related to the sports field for the entire 6 month period.

Adopt-An-ESPLANADE

This HPARD adoption program welcomes organizations homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of esplanades/medians.

Term is perpetual provided adopter maintains esplanades/medians free of trash, mowed and edged.

Adopt-A-TRAIL

This adoption program welcomes civic groups interested in providing long-term support for the maintenance and aesthetic quality of a portion of a trail.

Term is a 2 year minimum.

Adopt-A-LIBRARY GREEN SPACE

This HPARD adoption program welcomes homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of library grounds.

Term of agreement minimum of 2 years.



Adopted Esplanade

PERMITS AND RESERVATIONS

Permits and Reservations

HPARD has many different venues available for rental, whether you're planning a wedding, a family or a neighborhood event, or a company picnic or a sports tournament.

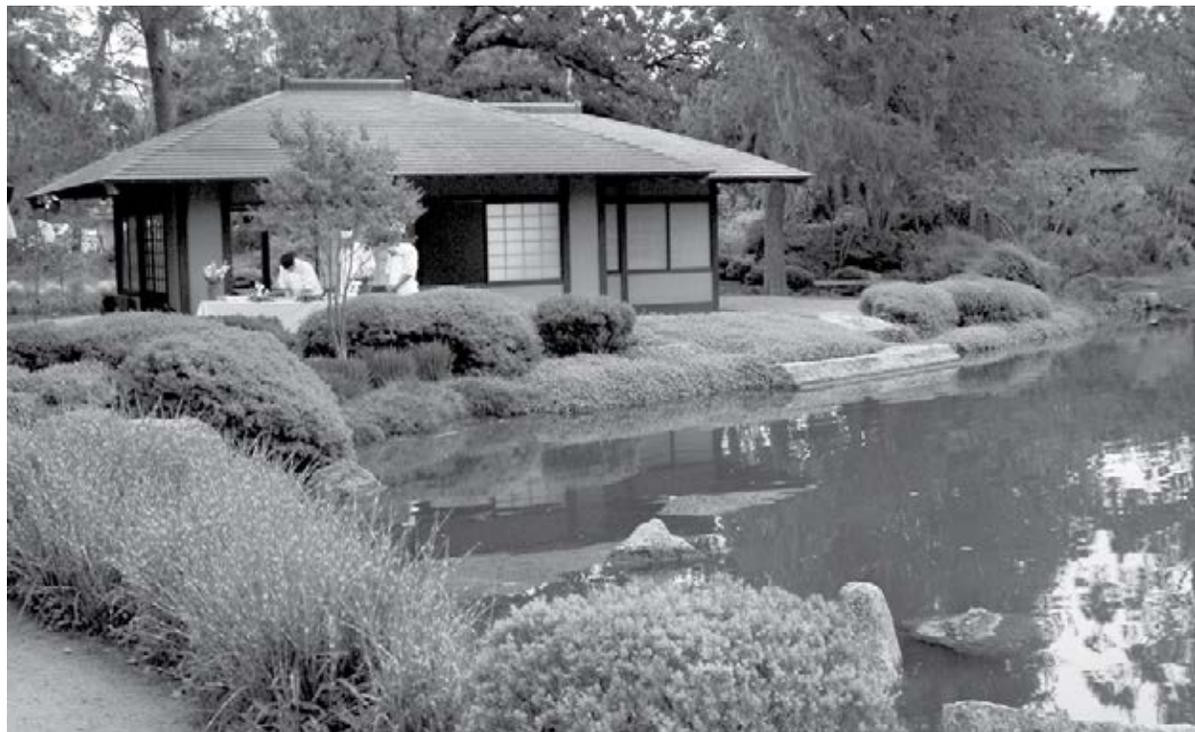
An area within a park may be reserved for personal use or private events by obtaining a permit through HPARD's Permits Section for a fee and refundable deposit. This permit ensures the exclusive use of the specific space for a designated time frame.

Park space, including pavilions, picnic table clusters and open space may be reserved for picnics, birthday parties, family or religious gatherings, weddings and more. Sports field rentals and reservations are also available year round for a nominal fee for weekdays and weekends. When planning your event it is very important to contact HPARD's Permits Office as early as possible to receive the most current information on the park or facility of your choice.

Make your online reservation and payments at:
apm.activecommunities.com/houstonparks

For information regarding permits for large public events, call the Mayor's Office of Special Events at (832) 393-0861.

Office Hours: 8:00 am - 4:00 pm, M-F
Sportsfield Permits: (832) 394-8804
Outdoor Permits: (832) 394-8805
Rain-out Line: (832) 395-7004
Fax Line: (832) 395-9633
Online Reservations: apm.activecommunities.com/houstonparks



McGovern Centennial Gardens

The McGovern Centennial Gardens and the Cherie Flores Garden Pavilion are expected to open early 2015.

The Cherie Flores Garden Pavilion is the entry way to the Gardens. Designed by world renowned architect Peter Bohlin of Bohlin Cywinski Jackson the dramatic entry way provides a meeting room as well as a spectacular fountain and walkway to a 30-foot Garden Mount.

The McGovern Centennial Gardens were designed by the landscape design firm Hoerr Schaudt, in collaboration with White Oak Studio and Dr. William C. Welch of Texas A & M University. They will feature several themed gardens (including a rose garden and sculpture garden). The 30-foot Garden Mount will provide a scenic view of the area's beauty.

The McGovern Centennial Gardens hours change seasonally. The gardens stay open later during the summer months between Memorial Day and Labor Day and close earlier during the shorter winter months.

For more information on the Cherie Flores Garden Pavilion and on the McGovern Centennial Gardens please visit <http://www.hermannpark.org/centennial-year/mcgovern-centennial-gardens-cherie-flores-garden-pavilion/>.

Location: 1500 Hermann Drive
Houston, TX 77004
Information: (713) 524-5876

Japanese Garden at Hermann Park

Nestled in a pine grove near the Sam Houston Monument in Hermann Park you'll find an island of serenity known as the Japanese Garden. Designed by world-renowned Japanese landscape architect Ken Nakajima, the garden was built to symbolize the friendship between Japan and the US, and to recognize Houston's thriving Japanese community.

The Japanese Garden in Hermann Park is built in the Daimyo Style, a traditional design that dates back to the 17th, 18th, and 19th century stroll gardens. Like most stroll gardens, this 5-acre oasis is designed around a sequence of landscape elements, which combine together to create a work of living art.

THE JAPANESE GARDEN IS NOT AVAILABLE FOR RENTALS.

Professional Photographers are prohibited.

Spring/Summer Hours: 10:00 am - 6:00 pm
Fall/Winter Hours: 10:00 am - 5:00 pm
Location: 6001 Fannin
Information: (713) 284-1989

HPARD Community Centers Phone Numbers

NORTHEAST

Clark (KM 453B)
9718 Clark, 77076
(713) 742-1497 / clark@houstontx.gov

Clinton (KM 495U)
200 Mississippi, 77029
(713) 673-0955 / clinton@houstontx.gov

Finnigan (KM 494H)
4900 Providence, 77020
(713) 678-7385 / finnigan@houstontx.gov

Hobart Taylor (KM 455Q)
8100 Kenton, 77028
(832) 395-7621 / hobarttaylor@houstontx.gov

J Robinson, Sr (KM 495L)
1422 Ledwicke, 77029
(713) 674-2401 / JudsonRobinsonSr@houstontx.gov

Kingwood (KM 297X)
4102 Rustic Woods Drive, 77345
(281) 348-2570 / kingwood@houstontx.gov

Lakewood (KM 455G)
8811 Feland, 77028
(713) 636-8217 / LakewoodPark@houstontx.gov

Melrose (KM 413T)
1001 Canino, 77076
(281) 447-0514 / prmelrose@houstontx.gov

Moody (KM 453Y)
3725 Fulton, 77009
(713) 692-6925 / prmoody@houstontx.gov

Selena Q. Perez (KM 494H)
6402 Market, 77020
(832) 395-7640 / DenverHarbor@houstontx.gov

Shady Lane (KM 414W)
10220 Shady Lane, 77093
(713) 742-1503 / shadylane@houstontx.gov

Swiney (KM 494J)
2812 Cline, 77020
(713) 238-2197 / swiney@houstontx.gov

Tidwell (KM 454D)
9720 Spaulding, 77016
(713) 636-8221 / tidwell@houstontx.gov

Tuffly (KM 454X)
3200 Russell, 77026
(713) 674-2355 / tuffly@houstontx.gov

NORTHWEST

Candlelight (KM 452E)
1520 Candlelight, 77018
(713) 682-3587 / candlelight@houstontx.gov

Fonde (KM 493K)
110 Sabine, 77002
(713) 226-4466 / Fonde@houstontx.gov

Freed (KM 451Y)
6818 Shady Villa, 77055
(832) 395-7611 / Freed@houstontx.gov

Highland (KM 451D)
3316 DeSoto, 77091
(713) 956-9137 / prhighland@houstontx.gov

Independence Heights (KM 453N)
603 East 35th, 77022
(713) 867-0373 / independenceheights@houstontx.gov

J Robinson, Jr. (KM 533B)
2020 Hermann Drive, 77004
(832) 395-7626 / JudsonRobinsonJr@houstontx.gov

Kendall (KM 488C)
609 North Eldridge, 77079
(832) 393-1897 / PRKendall@houstontx.gov

Lincoln (KM 412Q)
979 Grenshaw, 77088
(281) 445-1617 / prlincoln@houstontx.gov

Love (KM 452Z)
1000 West 12th, 77008
(713) 867-0497 / Love@houstontx.gov

Milroy (KM 452Z)
1205 Yale, 77008
(713) 867-0397 / Milroy@houstontx.gov

Montie Beach (KM 453X)
915 Northwood, 77009
(713) 864-6820 / MontieBeach@houstontx.gov

Proctor Plaza (KM 453X)
803 West Temple, 77009
(713) 862-6907 / proctorplaza@houstontx.gov

R L and Cora Johnson (KM 450A)
9920 Porto Rico, 77041
(713) 895-6141 / carverdale@houstontx.gov

Stude (KM 493E)
1031 Stude, 77007
(713) 867-0496 / stude@houstontx.gov

Woodland (KM 493C)
212 Parkview, 77009
(713) 867-0401 / woodland@houstontx.gov

SOUTHEAST

Bessie Swindle (KM 573L)
11800 Scott, 77047
(713) 733-4581 / swindle@houstontx.gov

Beverly Hills (KM 576S)
10201 Kingspoint, 77075
(713) 948-9065 / beverlyhills@houstontx.gov

Charlton (KM 535P)
8200 Park Place, 77017
(713) 645-3589 / charlton@houstontx.gov

Crestmont (KM 574J)
5200 Selinsky, 77048
(713) 733-2236 / Crestmont@houstontx.gov

DeZavala (KM 495S)
907 76th St., 77012
(713) 923-5163 / DeZavala@houstontx.gov

Eastwood (KM 494T)
5020 Harrisburg, 77011
(713) 928-4801 / Eastwood@houstontx.gov

Edgewood (KM 534X)
5803 Bellfort, 77033
(713) 734-8434 / Edgewood@houstontx.gov

Garden Villas (KM 535W)
6720 S. Haywood, 77061
(713) 847-5168 / GardenVillas@houstontx.gov

Hartman (KM 535C)
9311 E. Ave P, 77012
(713) 928-4803 / hartman@houstontx.gov

Ingrando (KM 535F)
7302 Keller, 77012
(713) 643-4764 / ingrando@houstontx.gov

MacGregor (KM 534E)
5225 Calhoun, 77021
(713) 747-8650 / MacGregor@houstontx.gov

Mason (KM 535A)
541 South 75th, 77023
(713) 928-7055 / Mason@houstontx.gov

Meadowcreek (KM 535A)
5333 Berry Creek, 77017
(713) 946-9020 / Meadowcreek@houstontx.gov

Sagemont (KM 576Y)
11507 Hughes, 77089
(281) 922-2343 / sagemont@houstontx.gov

Settegast (KM 494N)
3000 Garrow, 77003
(713) 238-2200 / settegast@houstontx.gov

SOUTHWEST

Alief (KM 529E)
11903 Bellaire, 77072
(281) 564-8130 / AliefPark@houstontx.gov

Almeda (KM 572Y)
14201 Almeda School Rd., 77047
(713) 434-1909 / almeda@houstontx.gov

Burnett Bayland (KM 531B)
6200 Chimney Rock, 77081
(713) 668-4516 / burnettbayland@houstontx.gov

Cherryhurst (KM 492R)
1700 Missouri, 77006
(713) 284-1992 / cherryhurst@houstontx.gov

Emancipation (KM 493Y)
3018 Dowling, 77004
(713) 284-1302 / Emancipation@houstontx.gov

Godwin (KM 531U)
5101 Rutherglen, 77096
(713) 726-7114 / Godwin@houstontx.gov

Hackberry (KM 528M)
7777 S. Dairy Ashford, 77072
(832) 395-7616 / HackBerry@houstontx.gov

Lansdale (KM 530K)
8201 Roos, 77036
(713) 272-3668 / lansdale@houstontx.gov

Linkwood (KM 532P)
3699 Norris, 77025
(713) 314-3107 / prlinkwood@houstontx.gov

Marian (KM 530X)
11101 South Gessner, 77071
(713) 773-7015 / Marian@houstontx.gov

Platou (KM 571B)
11655 Chimney Rock, 77053
(713) 726-7107 / platou@houstontx.gov

River Oaks (KM 492T)
3600 Locke Lane, 77027
(713) 622-5998 / riveroaks@houstontx.gov

Sharpstown (KM 530F)
6600 Harbor Town, 77036
(832) 395-7605 / sharpstown@houstontx.gov

Sunnyside (KM 533X)
3502 Bellfort, 77051
(832) 395-7686 / sunnyside@houstontx.gov

Townwood (KM 572P)
3403 Simsbrook, 77045
(832) 395-7565 / townwood@houstontx.gov

Windsor Village (KM 571P)
14441 Croquet, 77085
(713) 726-7113 / windsorvillage@houstontx.gov



Important HPARD Phone Numbers

Frequently Called Numbers

Houston Parks & Recreation Department Main Phone No.	2999 S. Wayside Dr.	(832) 395-7000
HPARD Urban Park Rangers Dispatch	2999 S. Wayside Dr.	(832) 395-7100
HPARD Park Maintenance Problems		3-1-1

HPARD Program / Administration Phone Numbers

Adoption Programs	2999 S. Wayside Dr.	(832) 395-7029
Adult Sports	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7130
Adult Sports Bulletin Board	(Phone Message Only)	(832) 395-7004
After School Enrichment Program	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7296
After School Enrichment Program Administration	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7270
After School Food Services Program		(832) 395-7284
Athletes Seeking Knowledge Program	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7293
Aquatics	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7129
Community Centers Information	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7294
D-Tag (Information)	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7297
D-Tag (Administration)	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7270
First Tee of Houston at FM Law Park	8400 Mykawa Road	(713) 264-2100
Golf – Brock Park Golf Course	8201 John Ralston Road	(281) 458-1350
Golf – Glenbrook Park Golf Course	8205 Bayou Drive	(713) 649-8089
Golf – Gus Wortham Park Golf Course	7000 Capitol	(713) 928-4260
Golf – Hermann Park Golf Course Managed by BSL Golf Corp.	2155 North MacGregor	(713) 526-0777
Golf – Melrose Park Golf Course Managed by Walton Golf Enterprises	401 Canino	(281) 931-4666
Golf – Memorial Park Golf Course	1001 East Memorial Loop Drive	(713) 862-4033
Golf – Sharpstown Park Golf Course	6600 Harbor Town	(713) 988-2099
Lake Houston Wilderness Park Reservations	25840 FM 1485 New Caney, Texas 77357	(281) 354-6881
Lee & Joe Jamail Skatepark	103 Sabine Street	(713) 222-5500
McGovern Centennial Gardens & Cherie Flores Garden Pavilion	1500 Hermann Drive	(713) 524-5876 x 335
Mayor's Office of Special Events (Special Events Permits)		(832) 393-0868
Mayor's Office of Special Events (Parade & Street Function Permits)		(832) 393-0868
Memorial Park Bike Trail Message Line	(Phone Message Only)	(713) 437-6588
Memorial Park Fitness Center	6402 Arnot, 77007	(832) 395-7596
Memorial Park Running Trail Center	7575 North Picnic Lane, 77007	(832) 395-7357
Metropolitan Multi-Service Center	1475 West Gray	(713) 284-1973
Nature Programs (HPARD Venues)	6200 Wheeler, Bldg. 3	(832) 284-7131
Nature, Teen & Senior Programs Administration	6200 Wheeler, Bldg. 3	(832) 395-7270
Permits & Rentals (Outdoors)	2999 S. Wayside Dr.	(832) 394-8805
Permits & Rentals (Sports fields)	2999 S. Wayside Dr.	(832) 394-8804
Senior Programs (Information)	6200 Wheeler, Bldg. 3	(832) 395-7133
Senior Programs (Administration)	6200 Wheeler, Bldg. 3	(832) 395-7270
Summer Enrichment Program (Administration)	6200 Wheeler, Bldg. 3	(832) 395-7270
Summer Food Service Program	6402 Market Street	(713) 676-6832
Teen Programs (Information)	6200 Wheeler, Bldg. 3	(832) 395-7131
Tennis - Homer Ford Tennis Center	5225 Calhoun	(713) 842-3460
Tennis - Lee LeClear Tennis Center	9506 S. Gessner	(713) 272-3697
Tennis - Memorial Park Tennis Center	1500 Memorial Loop Dr.	(713) 867-0440
Tennis - Youth Tennis Office	1500 Memorial Loop Dr.	(713) 803-1112
Volunteer Programs	2999 S. Wayside Dr.	(832) 395-7030
Volunteer Programs		(832) 395-7270

Houston Parks and Recreation Department

Lifeguard Jobs

**Aquatic Center Supervisors,
Head Lifeguards and Lifeguards**



Lifeguards working for the City of Houston HPARD are among the highest paid guards in the Greater Houston Area!

Requirements:

- Must be 16 years of age by May 31
- Must pass standard Lifeguard Swim Evaluation
- Must pass ARC Lifeguard Training course offered or approved by COH Aquatics Administration
- Must pass drug test and criminal history background check
- Must have reliable transportation

The following positions are available:

Lifeguard

Head Lifeguard

Aquatic Center Supervisor

For more information call (832) 395-7129



houston
PARKS
& recreation
department
www.houstonparks.org

A CAPRA Accredited Agency

Register Now!

Become A Summer Food Service Program Site!

Please partner with the Houston Parks and Recreation Department to reduce child hunger during the summer.

- **Become a Summer Food Provider Site**
Community organizations such as churches, private schools, community centers, and apartment complexes are eligible to become sites for the distribution of **FREE** lunches and snacks to youth ages 1-18 during the summer school break.
- **A Request to Participate Form must be completed** and returned by March 15, 2016. Forms are available at the Summer Food Service Program Office or download at

<http://www.houston.tx.gov/parks/pdfs/2016/2016SummerFoodRequestParticipateForm.pdf>

- **Reduce Child Hunger during the Summer**
This federally funded program provides a nutritional **FREE** lunch and afternoon snack to children ages 1 - 18 during school summer break. Since 1982, the Houston Parks and Recreation Department has sponsored this program. The program runs from May 31 - August 12, 2016.
- **Call 713.676.6832 to request program information**



Sponsored by Houston Parks and Recreation Department since 1980. This program is administered by the Texas Department of Agriculture Food and Nutrition Division. In accordance with federal law and USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. *Patrocinado por el Departamento de Parques y Recreación de Houston desde 1980. El programa es administrado por el Departamento de Agricultura de Texas División de Alimentos y Nutrición. De acuerdo con la Ley Federal y los reglamentos del Departamento de Agricultura de E. U., no se permite la discriminación basada en la raza, el sexo, la edad o la discapacidad.*

Celebrate Arbor Day Celebrate Trees

January 30, 2016



For more information contact
Oneika Shelby at (832) 395-7280
or oneika.shelby@houstontx.gov



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