

HOUSTON PARKS & RECREATION DEPARTMENT

VOL. 7 - ISSUE 1 April 1, 2013 - August 1, 2013



REGISTER FOR A WATER FITNESS CLASS TODAY!

SUMMER ACTIVITIES GUIDE & CLASS CATALOG

SUMMER FOOD SERVICE PROGRAM

FREE lunch for Youth
Ages 1 to 18
June 10 to Aug 23!
No Registration Required!
Over 460 sites in Houston!



Hermann Park -Crossing McGovern Lake

REGISTER FOR HPARD'S
SUMMER ENRICHMENT PROGRAM!
ENJOY SPORTS, CRAFTS, FIELD TRIPS
AND MUCH MORE!
PAGE 3

Friends, Fun and Food

Amigos, diversión y comida gratis

June 10 - August 23, 2013
10 de Junio - 23 de Agosto del 2013

Summer Food Program

**Hey, Parents and
Guardians!**

FREE summer meals are available for youths ages 1-18. No registration is required to eat; just show up at a site near you!

In more than 460 operating sites

Lunch 11:00 a.m. – 1:00 p.m.
Snacks 3:00 p.m. – 4:00 p.m.

Children must consume food on site



Programa de Alimentos Durante el Verano

**¡Hola padres y
tutores!**

Comidas GRATIS durante el verano para niños y adolescentes de 1 a 18 años. No tienen que inscribirse, sólo presentarse en el sitio más cercano!

En más de 460 sitios

11:00 a.m. – 1:00 p.m. Almuerzo
3:00 p.m. – 4:00 p.m. Refrigerio

Los chicos deben consumir la comida en el sitio

Information / Información
(713) 676-6832 or 2-1-1

Sponsored by
Houston Parks and Recreation Department



Sponsored by Houston Parks and Recreation Department since 1982. This program is administered by the Texas Department of Agriculture Food and Nutrition Division. In accordance with federal law and USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. Patrocinado por el Departamento de Parques y Recreación de Houston desde 1982. El programa es administrado por el Departamento de Agricultura de Texas División de Alimentos y Nutrición. De acuerdo con la Ley Federal y los reglamentos del Departamento de Agricultura de E. U., no se permite la discriminación basada en la raza, el sexo, la edad o la discapacidad.



LAKE HOUSTON WILDERNESS PARK

GATEWAY TO NATURE



Rent A Lakeside Cabin Today !
Reservations, Prices & Information: (281) 354-6881
www.houstonparks.org



**houston
PARKS**
& recreation
department

A CAPRA Accredited Agency



Summer, that time of year when the days are long and parks are full of leisure opportunities! In Houston, we don't let a little heat and humidity get us down! We take advantage of our time off and make the most of the world outside!

Whether your recreation tastes involve team sports, hiking and biking, a dip in the pool, or picnicking under the trees, the Houston Parks and Recreation Department has something for you. With 366 public parks and 60 community centers at your service, there is something for everyone in your family to take part in. Within the pages of this publication, you will find activities to fill free time for school children, hobbies and classes for active seniors, and sports leagues for adults.

Your children can burn off their energy taking free-of-charge tennis lessons or golf lessons, available through HPARD. The Summer Enrichment Program is a low-cost day camp style program that offers plenty of recreation experiences under the supervision of trained adults. The city's 37 area swimming pools are open 6 days a week for summertime enjoyment, and playgrounds and ball fields can be found at many neighborhood parks.

Active adults can stay fit and keep their muscles toned by taking part in adult sports league play in parks across the city, and those with golf on their minds have 7 excellent municipal courses to challenge their skills. Do you work your legs by running, biking, or walking the dog? HPARD has over 100 miles of trails in parks and along area bayous where you can stretch out and cover a lot of ground. And for those of you with a yen for disc golf or skate boarding, we have facilities waiting for you!

Our community centers offer year-round activities for seniors. There is no better place to meet up with your friends and work on crafts, sports, or other learning experiences. The listings in this catalog offer information available in community centers across the area.

And don't forget Lake Houston Wilderness Park! Just a few miles north of the city, you can get away from the hustle and bustle for a walk in the woods or take your family camping in a 5,000 acre woodland paradise. What better way is there to instill a love of nature and physical activity in the next generation?

This is indeed a world-class city, and the Houston Parks and Recreation Department offers outdoor opportunities to help you fill your summer with fun. It's a great time to enjoy Houston parks, so get outside and make the most of it!


Joe Turner, Director
Houston Parks and Recreation Department



MISSION STATEMENT

“ To enhance the quality of urban life by providing safe, well maintained parks and offering affordable programs for the community. ”



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PARK RULES and REGULATIONS

- Park hours of operation for all city parks are 6:00 am to 11:00 pm unless otherwise posted.
- Glass bottles and glass containers are prohibited.
- Camping in City parks is prohibited except at Lake Houston Wilderness Park where fee based camping is permitted by reservation only. Walk-ins are welcome pending site availability.
- No motorized vehicles may be driven on turf areas.
- Riding or driving animals over or through the park, except along designated bridle paths is prohibited.
- Molesting, injuring, etc., animals, fowl or fish is prohibited.
- Erecting structures, bill posting, etc. is prohibited.
- Walking, sitting or standing on any border or flower bed is prohibited.
- No hunting or use of firearms is permitted in city parks.
- Fishing is not permitted. Exceptions are children 12 and under and senior citizens 65 and older and at Lake Houston Wilderness Park with appropriate Texas State Fishing License.
- Alcoholic beverages are prohibited in City parks with posted signage.
- All animals must be on a leash and under the direct control of its owner.
- Owners must pick up after their dogs. COH Code of Ordinances Sec 6-24.
- Picnic areas are on a first come, first serve basis unless the area has been permitted. It is recommended that park patrons obtain permits to secure a picnic area for a special activity.
- The selling of food, drink or any other commodity on park property is prohibited.
- Littering is prohibited. Please take care to dispose of your litter. Keep our greenspaces clean.
- For a complete list of Park Rules and Regulations, please visit the City of Houston Code of Ordinances, Chapter 32.

HPARD ACTIVITIES IN THE PARK PROGRAM GUIDE and CLASS CATALOG

The Houston Parks and Recreation Department provides programs and recreational opportunities for people of all ages and abilities on a year-round basis.

HPARD's Activities in the Park Program Guide and Catalog is printed 3 times a year. Printed copies are available at your local HPARD Community Centers and online at www.houstonparks.org.

- **2013 Fall Activities in the Park - Aug 1, 2013**
- **2013 Winter/Spring Activities in the Park - Dec 1, 2013**
- **2014 Summer Activities in the Park - April 1, 2014**

HOUSTON PARKS and RECREATION DEPARTMENT

2999 South Wayside
Houston, TX 77023
(832) 395-7000
askparks@houstontx.gov
www.houstonparks.org

YOUTH *programs*



**houston
PARKS
& recreation
department**
www.houstonparks.org

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Summer Enrichment Program

The Summer Enrichment Program is a day-camp style program for youth (6-13) filled with fun activities. Registration is required for this 10-week program.

Available at 49 HPARD centers, program activities include crafts, nutrition, fun fitness, track and field, swimming, soccer, junior golf, nature exploration, computer literacy programs, recycling awareness, kayaking, bird watching, fishing and hiking excursions and youth entrepreneur experiences.

Parents are required to attend a program orientation at their registered community center. Transportation to and from the community center is the responsibility of the parent. Student to staff ratio is 1 to 25 with qualified professional recreation staff.

The cost is \$30.00 per child per week. Payment at Community Centers must be in the form of a cashiers check or money order only. **No personal checks are accepted.** Cash or credit card payments can be made at HPARD Permits Office 1002 Washington, Houston, TX 77002. Fee exemptions are available to parents or guardians who qualify. Appropriate documentation is required. Ask for more information regarding qualification criteria.

HPARD's Summer Enrichment Program operates under "Texas Standards of Care" as defined by the Texas Department of Protective and Regulatory Services.

(NOTE: Any scheduled field trip costs are not a part of the registration fee).

Ages: 6 - 13
Registration: April 22
Fee: \$30 Per Child Per Week
 (No Personal Checks Accepted)
Dates: June 3 - Aug 9
Times: 8:00 am - 6:00 pm
Location: 49 HPARD Community Centers
Information: (832) 395-7270
 (832) 395-7294
 (832) 395-7296

Tiny Tots Program

Parents are invited to participate in this free parent/child program. Activities include fitness, arts and crafts and social games.

Parents and/or guardian must accompany child at all times.

Ages: 2 - 4
Registration: Ongoing
Fee: FREE
Dates: Mon
Time: 10:00 am - 2:00pm
Location: Milroy Park Community Center
 1205 Yale, 77008
Information: (713) 867-0397



Summer Food Service Program



HPARD's Summer Food Program provides youth (1-18) with a FREE lunch and snack at over 460 sites in Houston and Harris Co. No registration is required.

Sites include HPARD Commy Ctrs, churches, apartment complexes, learning centers, YMCA, youth organizations, schools and many other nonprofit agencies.

To find a site near you call 2-1-1 or (713) 676-6832 and give the operator your zip code.

The Summer Food Service Program has been sponsored by the Houston Parks and Recreation Department since 1980. It is administered by the Texas Department of Agriculture Food and Nutrition Division.

Ages: 1-18
Registration: Not Required
Fees: FREE
Program Dates: June 4 - Aug 17
Times: 11:00 am - 1:00 pm (lunch)
 3:00 pm - 4:00 pm (snack)
Location: Over 460 Sites Across Houston
Information: (713) 676-6832
 Call 2-1-1 for location near you



Hershey's Track & Field

If you like to RUN, JUMP or THROW, register for the FREE Hershey's Track and Field Program. Youth (6-14*) will learn basic track and field events and have the opportunity to advance to state finals. This program is sponsored in part by The Jacob and Terese Hershey Foundation.

Registration is open to all track and field clubs and school team members and individuals. No experience is necessary.

Events include: 50 and 100 meter dash, 200, 400, 800 and 1600 meter run, 4x100 meter relay, standing broad jump and softball throw. Register at a community center near you. SPIKES ARE NOT ALLOWED.

Ages: 6 - 14 *
Registration: May 3 - July 6
Fee: Register At Any Commty Ctr
 FREE
Hershey Qualifier:
Rec Championships: June 11, Tues
Time: July 9, Tues
Location: 9:00 am - 2:00 pm
Information: Meet Location TBA
 (832) 395-7294

* As of December 31, 2012



Houston Teens Outside With Nature

This year-round program is open to tweens and teens (14-18). It offers participants opportunities to build confidence and self-esteem through mentoring and program support with HPARD programs and special events.

H-TOWN will offer a variety of activities and events including: community and volunteer projects, teen forums, educational workshops, field trips, tours, hands-on outdoor activities, monthly awareness events, sports and special events.

Ages: 14 - 18
Registration: Ongoing
Fee: Year-round
Program Date: Year-round
Information: (832) 395-7131
 (832) 395-7135
 (832) 395-7270

D-Tag Tattoo Removal

A FREE tattoo removal program for youth and young adults, (10-24) who live in the greater Houston metropolitan area.

All youth under 17 must complete a parent/guardian permission form to participate.

D-Tag was designed to help individuals re-enter mainstream society by removing tattoos which could identify them as participating in or supporting anti-social behavior.

The D-Tag Tattoo Removal Program is co-sponsored with the Harris County Medical Society.

Ages: 10 - 24
Registration: Required
Fee: FREE
 The Completion of 6 Hours Of Community Service In Advance Of Procedure Is Required
Program Dates: FREE
Time: 2nd Sat Of Scheduled Month
Location: 9:00 am - 3:00 pm
Information: All Community Centers
 2020 Hermann Dr, 77004
 (832) 395-7297
 (832) 395-7270

Opening Doors Teen Mentor Workshop

Opening Doors gives teens an opportunity to provide community service in their community during the summer.

The program is designed to develop teens character and self-worth, while preparing them for future job interviews. A mock interview and suggestions on resume preparation are part of the program.

Teens also participate in hands-on service learning projects, field trips, educational workshops, and a team building camping experience at Lake Houston Wilderness Park. The 8-week summer workshop program meets at Judson Robinson, Jr. Community Center.

Ages: 14 - 18
Registration: April 22
Fees: \$30 Per Week
 No Personal Checks Accepted
Program Times: 8:00 am - 6:00 pm , Mon - Th
Location: Judson Robinson, Jr
 2020 Hermann Dr, 77004
Information: (713) 284-1997

Teen Adventure Caravan

The Teen Adventure Caravan Program offers a variety of fun activities, mentoring opportunities, and peer group special events for teens (14-18) at community centers during the summer.

Year-round programs are coordinated through the Teen Program Section. Activities include motivational speakers, essay competitions, talent exhibitions, teen camp experiences, nature activities, cultural programs, special events and college tours.

Ages: 14 - 18
Registration: Ongoing
Fees: FREE
Program Dates: June 11 - Aug 3
Times: 8:00 am - 6:00 pm
Location: Select Community Centers
Information: (832) 395-7131
 (832) 395-7135
 (832) 395-7270

Athletes Seeking Knowledge

Athletes Seeking Knowledge (ASK) provides FREE educational support, resources and tools to middle school and high school students to help them excel academically. It is open to Houston area students registered in HPARD's Summer Enrichment Program or other HPARD recreational sports programs.

The ASK Education Fund provides scholarships and resources to assist youth in the pursuit of a college education, trade school program, or to help improve their current academic standing. ASK provides tutoring, academic preparation programs, scholarship assistance and more.

Since 2000, over \$185,000 in ASK scholarships and education incentives have been awarded to Houston area students.

For information on how to apply or contribute to the ASK scholarship program applications contact your local community center.

Ages: 13 - 18
Registration: Ongoing
Fees: FREE
Location: All Community Centers
Information: (832) 395-7293



JUNIOR *golf*



The First Tee of Houston at FM Law Park's mission is to positively impact the lives of young people in the Greater Houston area by "promoting character development and life-enhancing values through the game of golf." The curriculum is delivered by trained First Tee coaches. The First Tee of Houston at FM Law Park' is an affiliate of the national First Tee Program.

PLAYer Core Fun	7	The main focus will be on the participants understanding of the core values present in this level. They will also be taught golf swing fundamentals.
PLAYer Golf Skills	7	In this level, the participants' understanding of the core values will be strengthened, but the main focus will be on improving their putting, chipping, and driving golf skills. A basic understanding of the parts of the golf course, and the clubs which are used on those parts must be shown through certification in order to move on to the PLAYer 6 League.
PLAYer League	7	In this level, the participants' core value understanding will be tested, while they learn to play the game on the golf course. The participants must be able to play 6 holes in a safe and courteous manner, through certification, in order to move on to the PLAYer 9 Core Values level.
Advanced PLAYer Core Fun	8 - Up	The main focus will be on the participants' understanding of the core values present in this level. They will also be taught golf swing fundamentals.
Advanced PLAYer Golf Skills	8 - Up	In this level, the participants' core value understanding will be strengthened, but the main focus will be on improving their putting, chipping, and driving golf skills. A basic understanding of the parts of the golf course, and the clubs which are used on those parts must be shown through certification in order to move on to the PLAYer 9 League.
Advanced PLAYer League	8 - Up	In this level, the participants' core value understanding will be tested, while they learn to play the game on the golf course. The participants must be able to play 9 holes in a safe and courteous manner, through certification, in order to move on to the PAR Life Skills level.
PAR Life Skills	9 - Up	The main focus will be on the participants' understanding of the Life Skills present in this level. Their understanding of the game will also be increased.
PAR Golf Skills	9 - Up	In this level, the participants' life skills understanding will be strengthened, but the main focus will be on the improvement of their putting, chipping, and driving golf skills. A thorough understanding of the PAR skills and completion of their PAR golf skills must be shown through certification in order to move on to the PAR league.
PAR League	9 - Up	In this level, the participants' Life skills understanding will be tested, while continue to learn to play the game on the golf course. The participants must be able to play 9 holes in a safe and courteous manner, through certification, in order to move on to the BIRDIE Life Skills level.
BIRDIE Life Skills	11 - Up	In this level, the participants will help to deliver PLAYer 6 level classes. Their understanding of the core values will once again be tested in this level. They must show a thorough understanding of the core values, and conduct a certification for a PLAYer 6 or 9 hole participant to be able to move on to the BIRDIE PAR level.
BIRDIE Player	11 - Up	In this level, the participants will help to deliver PLAYer 6 level classes. Their understanding of the core values will once again be tested in this level. They must show a thorough understanding of the core values, and conduct a certification for a PLAYer 6 or 9 hole participant to be able to move on to the BIRDIE PAR level.
BIRDIE Par	11 - Up	In this level, the participants will help to deliver PAR level classes. Their understanding of the core values will once again be tested in this level. They must show a thorough understanding of the PAR Life Skills, and conduct a certification for a PAR level participant to be able to move on to the BIRDIE Golf Skills Level.
BIRDIE Golf Skills	11 - Up	In this level, the participants' life skills will be strengthened, but the main focus will be on the participant's improvement of their golf game. A thorough understanding of the Life Skills, and a completion of their BIRDIE golf skills must be shown through certification in order to move on to the BIRDIE League.
BIRDIE League	11 - Up	In this level, the understanding of their Life skills will be tested on the golf course. The birdie league will play various golf courses in this level. The participants must be able to play 9 holes in a safe and courteous manner, through certification, in order to move on to the EAGLE Life Skills level.
EAGLE Life Skills	13 - Up	In this level, the main focus will be on the participants' understanding of the Life Skills present in this level. Their swing fundamentals will also be a primary focus. A basic understanding of the Life Skills must be shown through certification in order to move on to the EAGLE Player level.
EAGLE Player	13 - Up	Participants will help to deliver PLAYer 6 level classes. Their understanding of the core values will once again be tested in this level. They must show a thorough understanding of the core values and conduct a certification for a PLAYer 6 or 9 hole participant to be able to move on to the EAGLE PAR level.
EAGLE Par	13 - Up	In this level, the participants will help to deliver PAR level classes. Their understanding of the core values will once again be tested in this level. They must show a thorough understanding of the PAR Life Skills, and conduct a certification for a PAR level participant to be able to move on to the EAGLE Golf Skills Level.
EAGLE Golf Skills	13 - Up	In this level, the participants' life skills will be strengthened, but the main focus will be on the participant's improvement of their golf game. A thorough understanding of the Life Skills, and a completion of their BIRDIE golf skills must be shown through certification in order to move on to the EAGLE League.
EAGLE League	13 - Up	In this level, the understanding of their Life skills will be tested on the golf course. The birdie league will play various golf courses in this level. The participants must be able to play 9 holes in a safe and courteous manner, through certification, in order to move on to the ACE Life Skills level.

The First Tee of Houston at FM Law Park

Ages: 7 - 18
Registration: Varies
 Classes limited to first 30 registrants
Fee: FREE
Session III: June 11 - Aug 17
Session IV: Aug 27 - Nov 9
Location: FM Law Park Golf Course
 8400 Mykawa Rd
Information: (832) 395-7300



All new participants are required to take our PLAYer class regardless of golf skill level. Orientation for new participant parents will be held at the beginning of each class during each Session.

* Birdie PLAYer is the second level of Birdie. Birdie participants will help deliver PLAYer classes.

** League PLAY will be conducted on the course and will vary from week to week. Contact the First Tee Office for schedule. Classes should not last more than 2 hours.

Session III

Tuesday	June 11 - Aug 13	PLAYer Core Fun	9:00 am - 10:00 pm	FM Law Park Golf Course
Tuesday	June 11 - Aug 13	Advanced PLAYer Core Fun	9:00 am - 10:00 pm	FM Law Park Golf Course
Tuesday	June 11 - Aug 13	PLAYer Golf Skills	10:30 am - 12:00 pm	FM Law Park Golf Course
Tuesday	June 11 - Aug 13	Advanced PLAYer Golf Skills	10:30 am - 12:00 pm	FM Law Park Golf Course
Wednesday	June 12 - Aug 14	Par Life Skills	9:00 am - 10:00 pm	FM Law Park Golf Course
Wednesday	June 12 - Aug 14	Par Golf Skills	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	June 15 - Aug 17	PLAYer Core Fun	9:00 am - 10:00 pm	FM Law Park Golf Course
Saturday	June 15 - Aug 17	PLAYer Golf Skills	9:00 am - 10:00 pm	FM Law Park Golf Course
Saturday	June 15 - Aug 17	Advanced PLAYer Core Fun	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	June 15 - Aug 17	Advanced PLAYer Golf Skills	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	June 15 - Aug 17	Par Life Skills	1:00 pm - 2:30 pm	FM Law Park Golf Course
Saturday	June 15 - Aug 17	Par Golf Skills	1:00 pm - 2:30 pm	FM Law Park Golf Course
Saturday	June 15 - Aug 17	Birdie Life Skills	3:00 pm - 4:30 pm	FM Law Park Golf Course
Saturday	June 15 - Aug 17	Birdie PLAYer	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	June 15 - Aug 17	Eagle Life Skills	3:00 pm - 4:30 pm	FM Law Park Golf Course
Saturday	June 15 - Aug 17	Eagle PLAYer	10:30 am - 12:00 pm	FM Law Park Golf Course

Session IV

Tuesday	Aug 27 - Nov 5	PLAYer Core Fun	6:00 pm - 7:00 pm	FM Law Park Golf Course
Tuesday	Aug 27 - Nov 5	Advanced PLAYer Core Fun	6:00 pm - 7:00 pm	FM Law Park Golf Course
Wednesday	Aug 28 - Nov 6	PLAYer Golf Skills	6:00 pm - 7:00 pm	FM Law Park Golf Course
Wednesday	Aug 28 - Nov 6	Advanced PLAYer Golf Skills	6:00 pm - 7:00 pm	FM Law Park Golf Course
Thursday	Aug 29 - Nov 7	Par Life Skills	6:00 pm - 7:00 pm	FM Law Park Golf Course
Thursday	Aug 29 - Nov 7	Par Golf Skills	6:00 pm - pm	FM Law Park Golf Course
Saturday	Aug 31 - Nov 9	PLAYer Core Fun	9:00 pm - 10:00 pm	FM Law Park Golf Course
Saturday	Aug 31 - Nov 9	PLAYer Golf Skills	9:00 pm - 10:00 pm	FM Law Park Golf Course
Saturday	Aug 31 - Nov 9	Advanced PLAYer Core Fun	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	Aug 31 - Nov 9	Advanced PLAYer Golf Skills	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	Aug 31 - Nov 9	Par Life Skills	1:00 pm - 2:30 pm	FM Law Park Golf Course
Saturday	Aug 31 - Nov 9	Par Golf Skills	1:00 pm - 2:30 pm	FM Law Park Golf Course
Saturday	Aug 31 - Nov 9	Birdie Life Skills	3:00 am - 12:00 pm	FM Law Park Golf Course
Saturday	Aug 31 - Nov 9	Birdie PLAYer	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	Aug 31 - Nov 9	Birdie PAR	1:00 am - 2:30 pm	FM Law Park Golf Course
Saturday	Aug 31 - Nov 9	Eagle Life Skills	3:00 am - 4:30 pm	FM Law Park Golf Course
Saturday	Aug 31 - Nov 9	Eagle PLAYer	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	Aug 31 - Nov 9	Eagle PAR	1:00 am - 2:30 pm	FM Law Park Golf Course

YOUTH TENNIS



Summer Youth Tennis

The Youth Tennis Program is a FREE program offered at a variety of public parks throughout the year by the Houston Parks and Recreation Department (HPARD) in partnership with the Houston Tennis Association, Inc.- NJTL. The program is designed to provide children with the fundamentals of the game of tennis and educational components that develop life skills. Equipment is available for use during class.

No pre-registration is necessary; however, you may register online at www.houstonparks.org. No new registrants are accepted after first 2 weeks of a session and class size may be limited.

Ages:	4 - 18
Registration:	Online or On Site First Day Of Class
Fees:	FREE
Session I:	June 10 - July 3, Mon - Th
Session II:	July 8 - Aug 1, Mon - Th
Information:	(713) 803-1112



Memorial Park - HPARD Youth Tennis



Memorial Park - HPARD Youth Tennis

MORNING YOUTH TENNIS CLASSES

Ages	Times
4 - 6	8:15 am - 9:00 am
7-10	9:00 am - 10:00 am
11-18	10:00 am - 11:15 am

CENTRAL

Memorial (KM 492F)	1500 Memorial Loop Dr, 77007	(713) 803-1112
River Oaks (KM 492S)	3600 Locke Lane, 77027	(713) 622-5998

EAST

Finnigan (KM 494G)	4900 Providence, 77020	(713) 678-7385
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WEST

Nottingham (KM 489E)	14205 Kimberley, 77079	(713) 803-1112
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NORTH

Melrose (KM 413T)	1001 Canino, 77078	(281) 447-0514
Montie Beach (KM 453X)	415 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	803 W Temple, 77009	(713) 862-6907

NORTHEAST

Tidwell (KM 454T)	9720 Spaulding, 77016	(713) 636-8221
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NORTHWEST

Graham (KM 452R)	540 W 34th Street, 77018	(713) 803-1112
Highland (KM 451D)	3316 DeSoto, 77091	(713) 956-9137
Jaycee (KM 452W)	1300 Seamist, 77008	(713) 803-1112
RL & Cora Johnson (KM 450T)	9920 Porto Rico, 77041	(713) 895-6141

SOUTH

Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061
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SOUTHEAST

Beverly Hills (KM 576S)	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM 535P)	8200 Park Place, 77017	(713) 645-3589
Homer Ford (KM 534R)	5225 Calhoun, 77021	(713) 803-1112
Wilson Memorial (KM 578G)	8100 Gilpin, 77034	(713) 803-1112

SOUTHWEST

Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Briarmeadow (KM 490Z)	7703 Richmond, 77083	(713) 803-1112
Linkwood (KM 532P)	3699 Norris, 77025	(713) 314-3107
Platou (KM 571B)	11655 Chimney Rock, 77035	(713) 726-7107

AFTERNOON YOUTH TENNIS CLASSES

Ages	Times
4-6	4:15 pm - 5:00 pm
7-10	5:00 pm - 6:00 pm
11-18	6:00 pm - 7:15 pm

CENTRAL

Cherryhurst (KM 492V)	1700 Missouri, 77006	(713) 284-1992
Moody (KM 453Y)	3725 Fulton, 77009	(713) 392-6925

EAST

Clinton (KM 495U)	200 Mississippi, 77029	(713) 673-0955
Settegast (KM 494N)	3000 Garrow, 77003	(713) 236-2200

WEST

Bendwood (KM 469H)	12700 Kimberley, 77024	(713) 803-1112
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NORTHEAST

Hutcheson (KM 454U)	5400 Lockwood, 77026	(713) 803-1112
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NORTHWEST

Oak Forest (KM 452N)	2100 Judiway, 77018	(713) 803-1112
Schwartz (KM 451N)	6203 Vogue, 77055	(713) 803-1112

SOUTH

Bessie Swindle (KM 573L)	11800 Scott, 77047	(713) 733-4581
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SOUTHEAST

Meadowcreek (KM 426S)	5333 Berry Creek, 77017	(713) 733-4581
Sagemont (KM 576Y)	11507 Hughes, 77089	(281) 922-2343

SOUTHWEST

Haviland (KM 570H)	11600 Haviland, 77035	(713) 803-1112
Meyerland (KM 531Q)	5151 Jason, 77096	(713) 803-1112
Sharpstown (KM 530F)	6600 Harbor Town, 77036	(713) 988-5328
Windsor Village (KM 471P)	14441 Croquet, 77085	(713) 726-7113

ADAPTIVE CLASS *

Metropolitan Multi-Service Center	1475 West Gray, 77019	(713) 733-4581
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* Designed for people with disabilities of ALL AGES who have independent functioning skills. Classes will be held on Tuesday Evenings from 7:00 to 8:30 pm.

SKATEPARKS

Lee and Joe Jamail Skatepark 103 Sabine (KM 493K)

The Lee and Joe Jamail Skatepark is the first world-class in-ground skatepark that put Houston on the map as one of the nations best venues for this fast growing, dynamic sport. The Lee and Joe Jamail skatepark is a great place for skaters to work on their kick flip, Ollie, fakie big spin or to learn how to stay balanced!

Ages:	6-17
Registration:	See Schedule
Fees:	FREE
Program Dates:	9:00 AM - 10:00 PM, Mon - Sun
Location:	103 Sabine St, 77007
Information:	(713) 222-5500



Lee & Joe Jamail Skatepark

Clinton Skatepark 200 Mississippi (KM 495U)

This 12,070 square foot facility measures 142' x 85'. Components include half pipes, roll-in, bank ramp, quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', and a grindbox (kinked).

Joe and Theresa Padilla Skatepark 6200 Lyons (KM 494H)

The Joe and Theresa Padilla Skatepark is designed to give the skater a world-class workout on an exciting series of challenging features such as quarter pipes, bank ramps, grind boxes, and stairs and rails.

Dylan Duncan Skatepark 3950 Rustic Woods (KM 297X)

This 5402 square foot facility measures 73' x 74'. Components include: a mini half pipe with 90' hip, skate benches, a kinked round grind rail, a kicker ramp, skate tables, a bank to stair with rail, shade structures with benches, drinking fountain and a bike rack in the shape of a skateboarder.

Watonga Skatepark 4100 Watonga Blvd (KM 451H)

The Watonga Skatepark is a 12,070 square foot facility measuring 142' x 85'. Components include half pipes, roll-in, bank ramp, quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', grindbox (kinked), grind rail (kinked round 20'), sub box and a bank ramp with kicker.

Eastwood Skatepark 5020 Harrisburg (KM 494T)

Eastwood skatepark is a 4,928 square foot facility measuring 88' x 56'. Components include: a concrete curb, a grind box, a grindrail, a concrete bench, a curved bench, a mini ramp with start wedge, a pyramid with planter and a wedge with box, grind rail (kinked round 20') and a sub box, bank ramp with kicker.



Eastwood Park Skatepark

DISC *golf*

Disc golf is an activity the entire family can enjoy. It is inexpensive, healthful and a great way to enjoy the outdoors. The Houston Parks and Recreation Department has five disc golf courses ranging from 9 to 18 holes in parks throughout the city. Disc golf courses are open to the public during normal park hours of operation.

To reserve a disc golf course for a special event, contact HPARD's Ball fields and Reservation Office at (832) 394-9406 and (832) 394-8407, Monday through Friday from 8:00 am to 5:00 pm.



Buffalo Bayou Park

Agnes Moffitt Park 10845 Hammerly (KM 449R)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

Buffalo Bayou/Tinsley Park 103 Sabine

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

T.C. Jester Park 4201 T.C. Jester West (KM 451M)

Holes:	21
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Stroke Saver

Mason Park 541 South 75th St.(KM 535A)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

MacGregor Park 525 Calhoun (KM 489E)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Asphalt
Basket Type:	Stroke Saver



Buffalo Bayou Park



Buffalo Bayou Park

ADULT SPORTS *leagues*



Get off of that couch and join an adult sports league! Flag Football, softball, volleyball, kickball and basketball leagues are offered at various parks throughout Houston. League play is open to adults ages 18 and over. Adult sports leagues require fees per team. Check www.houstonparks.org for more adult sports opportunities.

Summer Adult Softball League

Slow pitch softball leagues are offered year-round in select park sites throughout of the city.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages: 18 - Older
Registration Dates: June 3 - June 21
League Dates: July 8 - August 28
League Format: 5 - Week Doubleheader
 18 - Older
Divisions: Men's D/E & Co-ed
Days: Mon - Fri
Time: 6:30 pm - 10:30 pm
Fee: \$290.60 - \$317.18 per team
ASA Fee: \$20 per calendar year
Information: (832) 395-7130
www.houstonparks.org

Fall Adult Softball League

Slow pitch softball leagues are offered year-round in select park sites throughout of the city.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages: 18 - Older
Registration Dates: Aug 5 - Aug 23
League Dates: Sept 9 - Nov 1
League Format: 5 - Week Doubleheader
 (10 games total)
Divisions: Men's D/E & Co-ed
Days: Mon - Fri
Time: 6:30 pm - 10:30 pm
Fee: \$290.60 - \$317.18 per team
ASA Fee: \$20 per calendar year
Information: (832) 395-7130
www.houstonparks.org

Fall Adult Flag Football League

Adult flag football leagues are offered during the fall and winter seasons.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages: 18 - Older
Registration Dates: Aug 5 - Aug 23
League Dates: Sept 9 - Nov 1
League Format: 5 - Week Doubleheader
 (10 games total)
Divisions: Men's C, Co-ed
Days: Wed or Thurs
Time: 7:30 pm - 11:00 pm
Fee: \$348.89 per team
ASA Fee: \$20 per calendar year
Information: (832) 395-7130
www.houstonparks.org

Adult Softball League Locations:

Cleveland Park-Tim Hearn Field (KM 492M)	200 Jackson Hill, 77007	M - F	Summer & Fall Softball Leagues
Cullen Park (KM 447S)	19008 Saums Road, 77084	M - F	Summer & Fall Softball Leagues
Herman Brown Park (KM 496A)	300 Oates Road, 77013	M - F	Summer & Fall Softball Leagues
Memorial Park (KM 492K)	6501 Memorial Drive, 77007	M - F	Summer & Fall Softball Leagues
TC Jester Park (KM 451M)	4201 W. T.C. Jester, 77018	M - F	Summer & Fall Softball Leagues

Adult Flag Football League Locations:

Memorial Park (KM 492K)	6501 Memorial Drive, 77007	W or Th	Fall Flag Football League
TC Jester Park (KM 451M)	4201 W. T.C. Jester, 77018	W or Th	Fall Flag Football League



Summer Adult Kickball League

Kickball, it's not just for kids, sign up today and play one of the fastest growing Adult Sports in the U.S. Come join the league and have fun playing the sport you once played as a kid! Open to adults 18 and older.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Fall Adult Kickball League

Kickball, it's not just for kids, sign up today and play one of the fastest growing Adult Sports in the U.S. Come join the league and have fun playing the sport you once played as a kid! Open to adults 18 and older.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Fall Adult Basketball

Hoop it up this Fall by signing up for HPARD's Adult Basketball League!

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages: 18 - Older
Registration Dates: June 3 – June 21
League Dates: July 8 – Aug 28
League Format: 5 – Week Doubleheader (10 games total)
Divisions: Co-ed D
Days: Mon or Wed
Time: 6:30 pm – 10:30 pm
Fee: \$190.30
Information: (832) 395-7130
www.houstonparks.org

Ages: 18 - Older
Registration Dates: Aug 5 - Aug 23
League Dates: Sept 9 - Oct 29
League Format: 5 – Week Doubleheader (10 games total)
Divisions: Co-ed D
Days: Mon or Wed
Time: 6:30 pm – 10:30 pm
Fee: \$190.30
Information: (832) 395-7130
www.houstonparks.org

Ages: 18 - Older
Registration Dates: Aug 5 - Aug 23
League Dates: Sept 9 - Oct 29
League Format: 10 - Week Single
Divisions: Men's
Days: Tues or Thurs
Time: 6:30 pm – 9:30 pm
Fee: \$338.32
Information: (832) 395-7130
www.houstonparks.org

Adult Kickball League Locations:

Memorial Park (KM 492K)

6501 Memorial Drive, 77007

M or W

Summer & Fall Kickball



Summer Adult Sand Volleyball

Playing volleyball is a great way to get fit while having fun! Sign up today and get ready to serve, set and spike your way to a healthier you.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

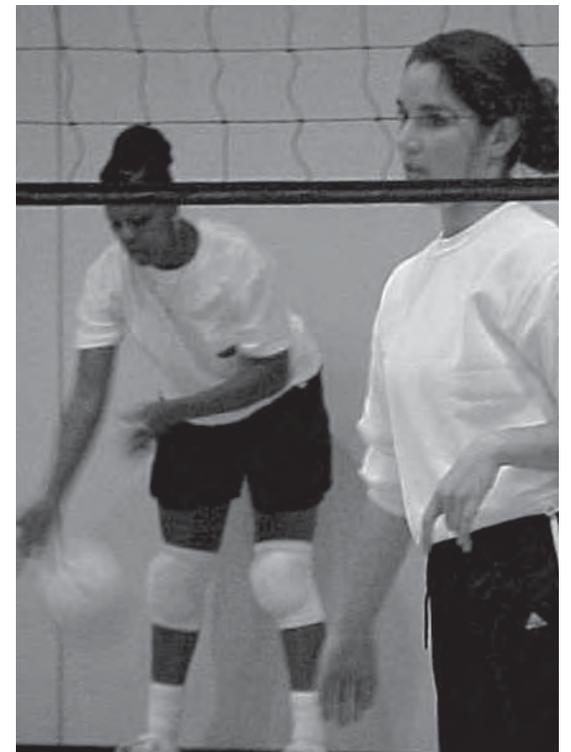
Ages: 18 - Older
Registration Dates: June 3 – June 21
League Dates: July 9 – Aug 29
League Format: 5 - Week Doubleheader (10 games total)
Divisions: Men's D & Co-ed Open
Days: Tues
Time: 6:30 pm – 8:30 pm
Fee: \$190.30 per team
Information: (832) 395-7130
www.houstonparks.org

Fall Adult Volleyball

Playing volleyball is a great way to get fit while having fun! Sign up today and get ready to serve, set and spike your way to a healthier you.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages: 18 - Older
Registration Dates: Aug 5 – Aug 24
League Dates: Sept 9 – Oct 29
League Format: 5 - Week Doubleheader (10 games total)
Divisions: Men's D & Co-ed Open
Days: Tues
Time: Tues
Fee: \$190.30 per team
Information: (832) 395-7130
www.houstonparks.org



Adult Volleyball Leagues Locations:

Memorial Park (KM 492K)

6501 Memorial Drive, 77007

Tues

Summer & Fall Volleyball

ADULT SENIOR *sports leagues*

The Adult Sports Section offers a variety of low-impact recreational sports programs for individuals 55 years and older. Programs such as pickle ball and table tennis are designed to provide opportunities for active living, improve health and fitness levels and enhance socialization with friends.

Senior Fall Pickle Ball

Pickle Ball is a game that is a mix between Table Tennis and Badminton. It is played on a court smaller than a tennis court with wooden paddles. This program is FREE.

Ages: 55 - Older
Registration Dates: Aug 8 - Aug 26
League Dates: Sept 6 - Oct 21
Divisions: Co-ed Recreational
Days: Tues
Time: 10:00 am - 11:30 am
Fee: FREE
Information: (832) 395-7273

Locations:

Tidwell Park Community Center (KM 454D)

9720 Spaulding, 77016

Senior Winter Pickle Ball

Pickle Ball is a game that is a mix between Table Tennis and Badminton. It is played on a court smaller than a tennis court with wooden paddles. This program is FREE.

Ages: 55 - Older
Registration Dates: Aug 8 - Aug 26
League Dates: Sept 6 - Oct 21
Divisions: Co-ed Recreational
Days: Tues
Time: 10:00 am - 11:30 am
Fee: FREE
Information: (832) 395-7273

Senior Fall Table Tennis

Table Tennis is a game resembling lawn tennis. It is played on a tabletop with wooden paddles and a small hollow plastic ball. This program is FREE.

Ages: 55 - Older
Registration Dates: Aug 8 - Aug 26
League Dates: Sept 6 - Oct 22
Divisions: Co-ed Recreational
Days: Tues & Wed
Time: 10:00 am - 11:30 am
Fee: FREE
Information: (832) 395-7273

Locations:

Hobart Taylor Park Community Center (KM 455Q)

8100 Kenton, 77028

Tidwell Park Community Center (KM 454D)

9720 Spaulding, 77016

Senior Winter Table Tennis

Table Tennis is a game resembling lawn tennis. It is played on a tabletop with wooden paddles and a small hollow plastic ball. This program is FREE.

Ages: 55 - Older
Registration Dates: Oct 3 - Oct 21
League Dates: Nov 1 - Dec 14
Divisions: Co-ed Recreational
Days: Tues & Wed
Time: 10:00 am - 11:30 am
Fee: FREE
Information: (832) 395-7273



Fonde Rec Center

FITNESS CENTERS

Fitness Centers

HPARD's five Fitness Centers are equipped with state of the art fitness equipment and are open year round. Workout times and fees vary by community center. All centers are close in and are reasonably priced. Contact individual fitness centers for more detailed information.

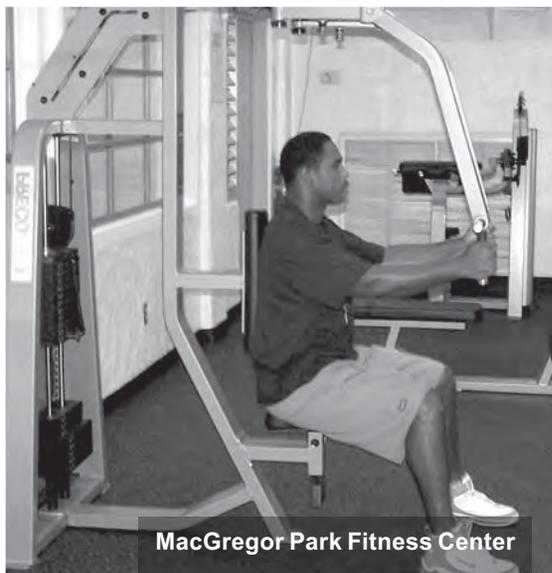
Memorial Park Fitness Center

Work out in the middle of Memorial Park! The Fitness Center is equipped with weights and cardiovascular equipment, an Olympic size outdoor swimming pool (open for lap swimming during the summer and into the fall based on temperature), showers and lockers.

Ages: 18 - Older
Program Dates: Year-round
Fee: See Fee Schedule Below
Times/Days: 6:00 am – 8:00 pm, M - F
 8:00 am – 4:00 pm, Sat
 8:00 am – 12:00 pm, Sun
Location: Memorial Park (KM 492K)
 6402 Arnot, 77007
Information: (713) 802-1662

Fee Schedule

Monthly membership	\$21.13
Daily membership	\$ 1.84
Shower rental	\$.78
Towel rental	\$.52
Lap Pool Swimming	\$ 1.00
	(when open)



MacGregor Park Fitness Center



Judson Robinson, Jr. Fitness Center



MacGregor Park Fitness Center

Judson Robinson, Jr. Fitness Center

The Judson Robinson, Jr. Fitness Center is located inside of Hermann Park. The center is equipped with weights and cardiovascular equipment for your fitness needs. The center is open year-round.

J Robinson, Jr Community Center also offers basketball, racquetball basketball, and a number of other fitness activities. Contact the center for more information.

NOTE: The weight room is closed M - Th from 3:00 pm - 3:30 pm for cleaning.

Ages: 18 - Older
Program Dates: Year-round
Fee: See Fee Schedule Below
Early Morning Workout: 6:00 am - 9:00 am, M - F
Fitness Center Hours: 10:00 am - 8:00 pm, M - Th
Raquetball Court Hours: 9:00 am - 7:30 pm, M - F
 10:00 am-1:30 pm, Sat
Location: J Robinson, Jr, (KM 533B)
 2020 Hermann Dr, 77004
Information: (713) 284-1997

Fee Schedule

Early Morning Workout:	\$21.13 / month
Raquetball Court Fees:	\$1.62 / half hour \$3.26 / hour



Fonde Fitness Center



Memorial Park Fitness Center

Fonde Fitness Center

The Fonde Recreation Center is a great place to get fit! The Center offers lunch-time fitness opportunities year-round. It is conveniently located near downtown off of Memorial Drive and Sabine Street. It features a state-of-the-art weight room, showers and lockers. A full-court gym and aerobics room are also available to help you meet your fitness goals.

Ages: 18 - Older
Program Dates: Year-round
Fees: FREE
Hours: 9:00 am - 7:00 pm, M - F
 1:00 pm - 7:00 pm, Sat
Location: Fonde (KM 493K)
 110 Sabine, 77002
Information: (713) 226-4466

MacGregor Fitness Center

The MacGregor Park Fitness Center is located inside MacGregor Park. The facility is equipped with full-service weight room equipment.

Showers and lockers are available next door at the Homer Ford Tennis Center for a \$.75 fee each.

A covered, full-court basketball pavilion and a 1.25 mile jogging trail are conveniently located near the center.

Ages: 18 - Older
Program Dates: Year-round
Fees: FREE
Hours: 7:00 am - 7:00 pm, M - F
Location: MacGregor (KM 534K)
 5225 Calhoun, 77021
Information: (713) 747-8650

Hackberry Fitness Center

The Hackberry Fitness Center is the newest HPARD fitness center. The center is open year round and is equipped with weights and cardiovascular equipment for your fitness needs.

Contact the Hackberry Park Community Center for more information.

Ages: 18 - Older
Program Dates: Year-round
Fees: FREE
Hours: 10:00 am - 8:00 pm, M - F
 10:00 am - 2:00 pm, Sat
Location: Hackberry (KM 528M)
 7777 S Dairy Ashford, 77072
Information: (281) 776-9908

Community Center Weight Rooms

In addition to HPARD's Fitness Centers, many community centers offer weight-training facilities and many feature indoor gyms. Hours of operation vary by location and season, so call the community center nearest you for information.

Please note: Showers and lockers ARE NOT AVAILABLE at these centers.

NORTHEAST

Shady Lane (KM 414W)	M - Th	4:00 pm	-	8:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	F	4:00 pm	-	6:00 pm	10220 Shady Lane, 77093	(713) 742-1503

NORTHWEST

Highland (KM 451D)	M - Th	12:00 pm	-	8:00 pm	3316 DeSoto, 77091	(713) 956-9137
Highland (KM 451D)	F	12:00 pm	-	6:00 pm	3316 DeSoto, 77091	(713) 956-9137
Lincoln (KM 412Q)	M - Th	8:00 am	-	8:00 pm	979 Greshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	F	8:00 am	-	6:00 pm	979 Greshaw, 77088	(281) 445-1617
Love (KM 452Z)	M - Th	2:00 pm	-	8:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	F	2:00 pm	-	7:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	S	10:00 am	-	2:00 am	1000 West 12th, 77008	(713) 867-0497
Woodland (KM 493C)	M - F	1:00 pm	-	7:30 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	S	10:00 am	-	2:00 pm	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

Crestmont (KM 572J)	M - F	10:00 am	-	1:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 572J)	M - Th	2:00 pm	-	6:30 pm	5200 Selinsky, 77048	(713) 733-2236
Hartman (KM 535C)	M - Th	2:00 pm	-	8:00 pm	9311 E. Ave. P, 77012	(713) 928-4803
Hartman (KM 535C)	F	1:00 am	-	6:00 pm	9311 E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	M - F	11:00 am	-	2:30 pm	541 South 75th, 77023	(713) 928-7055
Mason (KM 535A)	M - F	5:00 pm	-	8:00 pm	541 South 75th, 77023	(713) 928-7055

SOUTHWEST

Alief (KM 529E)	M - Th	1:00 pm	-	3:00 pm	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	S	6:00 pm	-	8:45 pm	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	S	10:00 am	-	2:00 pm	11903 Bellaire, 77072	(281) 564-8130
Emancipation (KM 493Y)	M - F	1:00 pm	-	3:00 pm	3018 Dowling, 77004	(713) 284-1301
Emancipation (KM 493Y)	M - F	6:00 pm	-	9:00 pm	3018 Dowling, 77004	(713) 284-1301
Emancipation (KM 493Y)	S	10:00 am	-	2:00 pm	3018 Dowling, 77004	(713) 284-1301
Hackberry (KM 528M)C)	M - F	10:00 am	-	8:00 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	S	10:00 am	-	2:00 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Marian (KM 530X)	M - Th	1:00 pm	-	8:30 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	S	10:00 am	-	2:00 pm	11101 South Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	M - W	5:30 pm	-	6:30 pm	3502 Bellfort, 77051	(713) 734-5061
Sunnyside (KM 533X)	M - W	1:00 pm	-	3:00 pm	3502 Bellfort, 77051	(713) 734-5061
Sunnyside (KM 533X)	S	10:00 am	-	2:00 pm	3502 Bellfort, 77051	(713) 734-5061

Gyms

Enjoy open basketball, volleyball or badminton at HPARD gyms. Call your local community center for their sports offerings.

Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	6200 Chimney Rock, 77081	(713) 668-4516
Candlelight (KM 452E)	1520 Candlelight, 77018	(713) 682-3587
Denver Harbor (KM 494)	6402 Market, 77020	(713) 675-2151
Emancipation (KM 493Y)	3018 Dowling, 77004	(713) 284-1302
Finnigan (KM 494H)	4900 Providence, 77020	(713) 678-7385
Fonde (KM 493K)	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	6818 Shady Villa, 77055	(713) 682-4467
Hartman (KM 535C)	9311 E. Ave. P, 77012	(713) 928-4803
Judson Robinson, Jr (KM 533B)	2020 Hermann Drive, 77004	(713) 284-1997
Kendall (KM 488C)	609 N. Eldridge Parkway, 77079	(832) 393-1898
Lincoln (KM 412Q)	979 Greshaw, 77088	(281) 445-1617
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0497
Marian (KM 530X)	11101 South Gessner, 77071	(713) 773-7015
Mason (KM 535A)	541 S. 75th, 77023	(713) 928-7055
Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y) CLOSED FOR RENOVATION	3725 Fulton, 77009	(713) 692-6925
Sagmont (KM 576Y)	11507 Hughes, 77089	(281) 922-2343
Stude (KM 493E)	1031 Stude, 77007	(713) 867-0496
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 636-8221
Townwood (KM 572P)	3403 Simsbrook, 77045	(713) 434-3508
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401



Houston Parks & Recreation Department - (832) 395-7000

Saturday Open Gym

Enjoy open basketball, volleyball or badminton at HPARD gymnasiums. Call Community Center for information.

Ages:	All ages
Registration:	Not Required
Fees:	FREE
Program Dates:	Year-round every Saturday
Times:	10:00 am - 2:00 pm
Location:	See List Below
Information:	Contact Community Center

NORTHEAST

Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151
Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y) CLOSED FOR RENOVATION	3725 Fulton, 77009	(713) 692-6925
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 636-8221

NORTHWEST

Candlelight (KM 450A)	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K) *	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	6818 Shady Villa, 77055	(713) 682-4467
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0497
Judson Robinson Jr. (KM 533B)	2020 Hermann Dr., 77004	(713) 284-1997
Kendall (KM 488C)	609 N. Eldridge Parkway, 77079	(832) 393-1898
Stude (KM 493E)	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

Hartman (KM 535C)	9311 E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	541 S. 75th, 77023	(713) 928-7055

SOUTHWEST

Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	6200 Chimney Rock, 77081	(713) 668-4516
Emancipation (KM 493Y)	3018 Dowling, 77004	(713) 284-1911
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015
Sagemont (KM 576Y)	11507 Hughes, 77089	(281) 922-2343
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572P)	3403 Simsbrook, 77045	(713) 434-3508

* Saturdays - year round 1:00 pm - 7:00 pm

Adult Basketball

Candlelight (KM 452E)	Freeplay Basketball	M - Th	6:00 pm - 9:00 pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E)	Freeplay Basketball	F	6:00 pm - 8:00 pm	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K)	Freeplay Basketball	Th	6:30 pm - 9:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Freeplay Basketball	M & W	6:00 pm - 9:00 pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	Freeplay Basketball	M - Th	6:00 pm - 9:00 pm	6818 Shady Villa, 77055	(713) 956-4467
Freed (KM 451Y)	Freeplay Basketball	F	6:00 pm - 8:00 pm	6818 Shady Villa, 77055	(713) 956-4467
J. Robinson, Jr (KM 533B)	Freeplay Basketball	T	6:00 pm - 9:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr (KM 533B)	Freeplay Basketball	W	6:00 pm - 9:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr (KM 533B)	Freeplay Basketball	F	6:00 pm - 8:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
Lincoln (KM 412Q)	Freeplay Basketball	M, W & F	12:00 pm - 3:00 pm	979 Greshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Freeplay Basketball	M & W	6:00 pm - 8:00 pm	979 Greshaw, 77088	(281) 445-1617
Woodland (KM 493C)	Freeplay Basketball	M - Th	6:00 pm - 9:00 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Freeplay Basketball	F	6:00 pm - 8:00 pm	212 Parkview, 77009	(713) 867-0401

ADULT FITNESS CLASSES

The Houston Parks and Recreation Department offers a variety of fitness classes for everyone. In addition, there are over 100 miles of walking/jogging trails in and around our parks. Some of these trails are equipped with exercise workstations located along the route. So if you're looking for a fun way to get fit check out HPARD's many offerings and workout at a park near you!

Adult Step Aerobics

Burn off those unwanted pounds in step aerobics classes for adults. Step classes are available for all levels. Classes range from medium intensity cardio workouts focusing on simple step routines to highly choreographed step routines for the advanced stepper, frequent exerciser, or experienced dancer. Check with the individual community center for more information. All classes are FREE unless otherwise noted.

Ages:	18 - Older
Registration:	Ongoing
Program Dates:	Year-round
Times:	Varies
Information:	Contact Community Center



NORTHEAST

Clark (KM 453B)	M - F	9:00 am - 11:00 am	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	M - F	6:00 pm - 7:00 pm	9718 Clark, 77076	(713) 742-1497
Melrose (KM 413T)	M, W & F	9:00 pm - 10:00 pm	1001 Canino, 77076	(281) 447-0514

NORTHWEST

J. Robinson, Jr (KM 533B) -Senior Program *	T, W & Th	9:00 am - 10:00 am	2020 Hermann Dr, 77004	(713) 284-1997
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SOUTHEAST

Edgewood (KM 534X)	M - Th	6:00 pm - 7:00 pm	5803 Bellfort, 77033	(713) 734-8434
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SOUTHWEST

Lansdale (KM 330K)	M & W	6:30 pm - 7:30 pm	8201 Roos, 77036	(713) 272-3668
Sunnyside (KM 533X)	T & Th	5:30 pm - 6:30 pm	3502 Bellfort, 77033	(713) 734-5061
Townwood (KM 572P)	T & Th	6:30 pm - 8:00 pm	3403 Simsbrook, 77045	(713) 434-3508
Windsor Village (KM 571P)	M - Th	6:00 pm - 7:00 pm	14441 Croquet, 77085	(713) 726-7113

* Concessionaire Class - Call Community Center For Cost Information.

Houston Parks & Recreation Department - (832) 395-7000

Adult Aerobics

Grapevine-step your way into a great cardio workout with adult aerobic classes. Classes are offered during the week at lunchtime and in the evenings. Call the community center nearest you for more information. All classes are FREE unless otherwise noted.

NORTHEAST

Denver Harbor (KM 494H)	M - Th	6:00 pm - 7:00 pm	6402 Market, 77020	(713) 675-2151
Melrose (KM 413T)	M - F	6:00 pm - 7:00 pm	1001 Canino, 77076	(281) 447-0514

NORTHWEST

Fonde (KM 493K)	T - Th	12:15 pm - 12:45 pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	M - Th	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(713) 682-4467
J Robinson, Jr (KM 533B) *	M, T, & W	6:00 pm - 7:00 pm	2020 Hermann Dr, 77004	(713) 284-1997
Lincoln (KM 412Q)	T & Th	6:00 pm - 7:00 pm	979 Grenshaw, 77088	(281) 445-1617
Montie Beach (KM 453X)	M, T, & Th	9:00 am - 10:00 am	915 Northwood, 77009	(713) 864-6820
Lincoln (KM 412Q)	T & Th	6:00 pm - 7:00 pm	979 Grenshaw, 77088	(281) 445-1617
Montie Beach (KM 453X)	M, T, & Th	9:00 am - 10:00 am	915 Northwood, 77009	(713) 864-6820
Stude (KM 493E)	M - Th	8:30 am - 9:30 am	1031 Stude, 77007	(713) 867-0496

SOUTHEAST

Eastwood (KM 494T)	M - W	6:00 pm - 7:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Garden Villas (KM 585W)	M, T, & Th	6:00 pm - 7:00 pm	6720 S Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	T, W, & Th	6:30 pm - 7:30 pm	9311 E Ave P, 77012	(713) 928-4803

SOUTHWEST

Burnett Bayland (KM 531B)	M & W	6:00 pm - 7:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Hackberry (KM 528M)	T & Th	6:00 pm - 7:00 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Marian (KM 530X)	M - Th	6:00 pm - 7:00 pm	11101 South Gessner, 77071	(713) 773-7015
Platou (KM 571B)	M - Th	6:00 pm - 7:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Sunnyside (KM 533X)	T & Th	5:30 pm - 6:30 pm	3502 Bellfort, 77051	(713) 734-0757
Windsor Village (KM 571P)	M - Th	6:00 pm - 7:00 pm	14441 Croquet, 77085	(713) 726-7113

* **Concessionaire Class - Call Community Center For Cost Information.**

Adult Aerobics Muscle Toning

This class focuses on increasing strength and improving muscle tone, which will help you burn calories even while you're not working out! The class uses weights, bands, bars and step platform. Check with individual community center for more information. All classes are FREE unless otherwise noted.

Ages:	18 - Older
Registration:	Ongoing
Program Dates:	Year-round
Times:	Varies
Days:	Varies
Information:	Contact Community Center

NORTHEAST

Clark (KM 453B)	M - F	10:00 am - 10:45 am	9718 Clark, 77076	(713) 742 -1497
Denver Harbor (KM 494H)	W	6:00 pm - 7:00 pm	6402 Market, 77020	(713) 675 - 2151

NORTHWEST

Stude (KM 493E)	M, W & Th	6:00 pm - 7:00 pm	1031 Stude, 77007	(713) 867-0496
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SOUTHWEST

Sunnyside (KM 533X)	F	5:30 pm - 6:00 pm	3502 Bellfort, 77051	(713) 734 - 5061
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Houston Parks & Recreation Department - (832) 395-7000

Fitness Classes

Take part in fitness classes at your local community center. Activities include kickboxing, line dancing and karate training. To get the details of available fitness services and programs, call one of the following community centers. All classes are FREE unless otherwise noted.

Ages: 18 - Older
Registration: Ongoing
Program Dates: Year-round
Information: Contact Community Center

NORTHEAST

Denver Harbor (KM 494H)	Dance Aerobics	Th	6:00 pm	-	7:00 pm	6402 Market, 77020	(713) 675-2151
Finnigan (KM 494H)	Zumba	M	6:00 pm	-	7:00 pm	4900 Providence, 77020	(713) 678-7385
Finnigan (KM 494H)	Yoga	M & TH	10:00 am	-	11:00 am	4900 Providence, 77020	(713) 678-7385
Hobart Taylor (KM 452E)	Line Dance	M	10:00 am	-	12:00 pm	8100 Kenton, 77028	(713) 674-3959
J Robinson, Sr (KM 495L)	Line Dance	F	10:00 am	-	12:00 pm	1422 Ledwicke, 77028	(713) 674-2401
Lakewood (KM 455G)	Line Dance	Th	6:00 pm	-	7:00 pm	8811 Feland, 77028	(713) 636-8217
Shady Lane (KM 414W)	Adult Aerobics	M, W, & F	9:00 am	-	10:00 am	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	Adult Aerobics	Th	11:30 am	-	12:30 pm	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	Zumba	M, W, & F	8:00 am	-	9:00 am	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	Zumba	M & Th	6:00 pm	-	7:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Tidwell (KM 455Q)	Line Dance	Th	10:00 am	-	11:30 am	9720 Spaulding, 77016	(713) 636-8221

NORTHWEST

Candlelight (KM 452E) *	Karate	T & Th	6:00 pm	-	9:00 pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E) *	Adult Fitness	M - Th	6:15 pm	-	7:15 pm	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K)	Aerobics/Kickboxing	T-Th	12:15 pm	-	12:45 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Senior Pickleball	W & F	9:00 am	-	11:00 am	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Senior Pickleball	S	10:30 am	-	12:30 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Adult Badminton	F	3:45 pm	-	8:45 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Youth Badminton	S	8:30 am	-	10:30 am	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	Karate	M & W	6:30 pm	-	9:00 pm	6818 Shady Villa, 77055	(713) 682-4467
Freed (KM 451Y) *	Senior Fitness	M - W	10:00 am	-	11:00 am	6818 Shady Villa, 77055	(713) 682-4467
Freed (KM 451Y)	Boot Camp	M, W, & F	1:30 pm	-	2:30 pm	6818 Shady Villa, 77055	(713) 682-4467
Freed (KM 451Y)	Line Dancing	T	11:00 am	-	12:30 pm	6818 Shady Villa, 77055	(713) 682-4467
Freed (KM 451Y)	Zumba	F	5:30 pm	-	6:30 pm	6818 Shady Villa, 77055	(713) 682-4467
Highland (KM 451D)	Senior Fitness	M, W, & F	9:00 am	-	10:30 am	3316 DeSoto, 77091	(713) 956-9137
J Robinson, Jr (KM 533B) *	Beginning Line Dance	M	6:00 pm	-	7:00 pm	2020 Hermann Dr, 77004	(713) 284-1997
J Robinson, Jr (KM 533B)	Line Dance Advanced	M	7:00 pm	-	8:30 pm	2020 Hermann Dr., 77004	(713) 284-1997
J Robinson, Jr (KM 533B)	Karate (Adult)	M & W	6:00 pm	-	6:50 pm	2020 Hermann Dr., 77004	(713) 284-1997
J Robinson, Jr (KM 533B) *	Karate (Youth)	M & W	7:00 pm	-	7:50 pm	2020 Hermann Dr., 77004	(713) 284-1997
J Robinson, Jr (KM 533B)	Step Aerobics	M & W	6:00 pm	-	7:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
J Robinson, Jr (KM 533B)	Circuit Training	T & Th	5:30 pm	-	6:30 pm	2020 Hermann Dr., 77004	(713) 284-1997
J Robinson, Jr (KM 533B)	Circuit Training	T & Th	6:30 pm	-	7:30 pm	2020 Hermann Dr., 77004	(713) 284-1997
J Robinson, Jr (KM 533B)	Yoga	T	5:00 pm	-	6:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
J Robinson, Jr (KM 533B)	Ballroom Dance	Th	6:30 pm	-	7:30 pm	2020 Hermann Dr., 77004	(713) 284-1997
J Robinson, Jr (KM 533B) *	Ballroom Intermediate	Th	7:30 pm	-	8:30 pm	2020 Hermann Dr., 77004	(713) 284-1997
J Robinson, Jr (KM 533B) *	Advanced Ballroom/BOP	Th	8:00 pm	-	8:30 pm	2020 Hermann Dr., 77004	(713) 284-1997
J Robinson, Jr (KM 533B) *	Spin Bike Class	Th	6:00 pm	-	7:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
J Robinson, Jr (KM 533B) *	DaBeginners BOP	Th	7:30 pm	-	8:30 pm	2020 Hermann Dr., 77004	(713) 284-1997
J Robinson, Jr (KM 533B) *	Zumba	F	6:00 pm	-	7:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
J Robinson, Jr (KM 533B) *	Spin Bike Class	S	10:00 am	-	11:00 am	2020 Hermann Dr, 77004	(713) 284-1997
J Robinson, Jr (KM 533B) *	Zumba	S	12:00 pm	-	1:00 pm	2020 Hermann Dr, 77004	(713) 284-1997

* Concessionaire Class - Call Community Center For Cost Information.



Metropolitan Multi-Service Center -Zumba Class

NORTHWEST (continued)

Kendall (KM 488C)	Tai Chi	M & W	6:00 pm	-	8:00 pm	609 North Eldridge, 77079	(713) 393-1897
Kendall (KM 488C)	Senior Tai Chi	M, W, & F	2:00 am	-	3:00 am	609 North Eldridge, 77079	(713) 393-1897
Kendall (KM 488C) *	Mom Fitness	T & Th	7:00 pm	-	8:00 pm	609 North Eldridge, 77079	(713) 393-1897
Kendall (KM 488C)	Badminton	T & Th	6:00 pm	-	7:00 pm	609 North Eldridge, 77079	(713) 393-1897
Lincoln (KM 412Q)	Line Dance	M	9:30 am	-	10:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Senior Fitness	T	9:30 am	-	10:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Adult Fitness	T & Th	6:00 pm	-	7:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Yoga	W & F	9:30 am	-	10:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Zumba	Th	9:30 am	-	10:30 am	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	Zumba	M	7:00 pm	-	8:00 pm	1000 W 12th Street, 77008	(713) 867-0497
Love (KM 452Z)	Karate	M & W	5:30 pm	-	6:30 pm	1000 W 12th Street, 77008	(713) 867-0497
Love (KM 452Z)	Line Dance	T	6:30 pm	-	8:00 pm	1000 W 12th Street, 77008	(713) 867-0497
Love (KM 452Z)	Volleyball	W	6:30 pm	-	8:30 pm	1000 W 12th Street, 77008	(713) 867-0497
Love (KM 452Z)	Cardio Aerobics	Th	6:00 pm	-	7:00 pm	1000 W 12th Street, 77008	(713) 867-0497
Montie Beach (KM 453X) *	Zumba	M, T, & Th	7:00 pm	-	8:00 pm	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X) *	Zumba	T & Th	6:00 pm	-	7:00 pm	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	Senior Fitness	T & F	9:00 am	-	10:00 am	803 W Temple, 77009	(713) 862-6907
Proctor Plaza (KM 453X) *	Zumba	W	7:00 pm	-	8:00 pm	803 W Temple, 77009	(713) 862-6907
Proctor Plaza (KM 453X) *	Dance	Th	5:30 pm	-	6:15 pm	803 W Temple, 77009	(713) 862-6907
Proctor Plaza (KM 453X) *	Cheerleading	Th	6:15 pm	-	7:00 pm	803 W Temple, 77009	(713) 862-6907
Stude (KM 493E)	Zumba	M, W, & Th	7:00 pm	-	8:00 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Zumba	S	9:00 am	-	10:00 am	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	Jazzercise	M, W, & F	9:00 am	-	10:00 am	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Jazzercise	T & Th	8:00 am	-	9:00 am	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Jazzercise	S	9:00 am	-	10:00 am	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Zumba	M & W	9:00 am	-	10:00 am	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

Bessie Swindle (KM 573L)	Line Dance	T	9:30 am	-	11:30 am	11800 Scott, 77047	(713) 733-4581
Beverly Hills (KM 576S)	Senior Aerobics	M & W	10:00 am	-	11:30 am	10201 Kingspoint, 77075	(713) 948-9065
Beverly Hills (KM 576S)	Fitness	M & W	6:30 pm	-	7:30 pm	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM 535P)	Seniorcise	M, W, & F	10:00 am	-	11:00 am	8200 Park Place, 77017	(713) 645-3589

* Concessionaire - Contact concessionaire for information on fees

Houston Parks & Recreation Department - (832) 395-7000

SOUTHEAST (continued)

Charlton (KM 535P)	Movelt	M & W	6:00 pm	-	7:15 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Walk & Stretch	T & Th	9:00 am	-	10:00 am	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Karate	Th & F	6:00 pm	-	7:00 pm	8200 Park Place, 77017	(713) 645-3589
Garden Villas (KM 535W)	Fitness	M, T, & Th	6:00 pm	-	7:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Garden Villas (KM 535W) *	Karate	M & Th	7:00 pm	-	8:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Ingrando (KM 535F)	Senior Aerobics	M	9:00 am	-	10:00 am	7302 Keller, 77012	(713) 643-4764
Ingrando (KM 535F)	Zumba	M & W	10:00 am	-	11:00 am	7302 Keller, 77012	(713) 643-4764
Ingrando (KM 535F)	Fitness	T - Th	6:30 pm	-	7:30 pm	7302 Keller, 77012	(713) 643-4764
Meadowcreek (KM 536S)	Line Dance	T	9:00 am	-	10:00 am	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 536S)	Zumba	T & Th	6:30 pm	-	7:30 pm	5333 Berry Creek, 77017	(713) 946-9020
Sagemont (KM 576Y)	Adult Fitness	M & W	6:15 pm	-	7:15 pm	11507 Hughes Road, 77089	(281) 922-2343
Sagemont (KM 576Y)	Senior Fitness	M & W	10:00 am	-	11:00 am	11507 Hughes Road, 77089	(281) 922-2343
Sagemont (KM 576Y)	Boot Camp	M & W	6:15 pm	-	7:15 pm	11507 Hughes Road, 77089	(281) 922-2343
Sagemont (KM 576Y)	Ping Pong	M - F	6:15 pm	-	8:30 pm	11507 Hughes Road, 77089	(281) 922-2343
Sagemont (KM 576Y)	TOPS Inc.	T	1:00 pm	-	2:00 pm	11507 Hughes Road, 77089	(281) 922-2343

SOUTHWEST

Alief (KM 529E)	Senior Aerobics	M, W, & F	10:00 am	-	11:00 am	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	Swing Out Class	M	7:00 pm	-	8:30 pm	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	Cheerleading	T	6:00 pm	-	7:30 pm	11903 Bellaire, 77072	(281) 564-8130
Cherryhurst (KM 492V)	Karate	M & W	6:00 pm	-	8:00 pm	1700 Missouri, 77006	(713) 284-1992
Cherryhurst (KM 492V)	Dance	T	6:00 pm	-	8:00 pm	1700 Missouri, 77006	(713) 284-1992
Emancipation (KM 493Y)	Line Dance	T	6:00 pm	-	7:30 pm	3018 Dowling, 77004	(713) 284-1302
Emancipation (KM 493Y)	Zumba	Th	6:00 pm	-	7:00 pm	3018 Dowling, 77004	(713) 284-1302
Godwin (KM 531U)	Karate	M, T, & Th	6:00 pm	-	7:00 pm	5101 Rutherglen, 77096	(713) 726-7114
Hackberry (KM 528M)	Kickboxing	M - Th	10:30 am	-	11:00 am	7777 Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	Boot Camp	T - Th	10:00 am	-	11:00 am	7777 Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	Tai Chi (Adult/Senior)	T - Th	10:00 am	-	11:00 am	7777 Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	Zumba	M - Th	6:00 pm	-	7:00 pm	7777 Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	Zumba	S	10:30 am	-	11:30 am	7777 Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	Line Dance	S	10:00 am	-	11:00 am	7777 Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	Fitness Club	S	12:00 pm	-	1:00 pm	7777 Dairy Ashford, 77072	(281) 776-9908
Platou (KM 571B)	Stretching Fitness	M, W, & F	9:00 am	-	9:45 am	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Ballroom Dance Advanced	W	6:00 pm	-	7:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Ballroom Dance Intermed	W	7:00 pm	-	8:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Zumba	Th	8:00 am	-	9:00 am	11655 Chimney Rock, 77053	(713) 726-7107
Sharpstown (KM 529E)	Tai Chi	M & T	6:00 pm	-	8:00 pm	6600 Harbor Town, 77036	(713) 988-5328
Sharpstown (KM 529E)	Silver Sneakers	T	6:00 pm	-	8:00 pm	6600 Harbor Town, 77036	(713) 988-5328
Sharpstown (KM 529E)	Asian Health Dance	W	6:00 pm	-	5:00 pm	6600 Harbor Town, 77036	(713) 988-5328
Sunnyside (KM 533X)	Silver Sneakers	T & Th	10:00 am	-	11:00 am	3502 Bellfort, 77051	(713) 734-5061
Sunnyside (KM 533X)	Silver Fitness	W	10:00 am	-	11:00 am	3502 Bellfort, 77051	(713) 734-5061
Windsor Village (KM 571P)	Fitness	T & Th	6:00 pm	-	7:00 pm	14441 Croquet, 77075	(713) 726-7113
Windsor Village (KM 571P)	Fitness	T & Th	6:00 pm	-	7:00 pm	14441 Croquet, 77075	(713) 726-7113

* Concessionaire - Contact concessionaire for information on fees

ADULT WALKING CLUBS

Get fit while enjoying the sights of your neighborhood by joining a walking club at one of our community centers. No fee is required.

NORTHEAST

Clark (KM 453B)	M - F	7:00 am	-	2:00 pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	M - F	5:00 pm	-	8:00 pm	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495U)	M, W, & F	8:00 am	-	12:00 pm	200 Mississippi, 77029	(713) 673-0955
Hobart Taylor (KM 455Q)	M, W, & F	8:00 am	-	10:00 am	8100 Kenton, 77028	(713) 674-3959
J Robinson, Sr (KM495L)	T - Th	7:00 am	-	5:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Lakewood (KM 455G)	T - Th	7:00 am	-	6:00 pm	8811 Feland, 77028	(713) 636-8217
Shady Lane (KM 414W)	M - F	8:00 am	-	11:00 am	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	M - F	5:00 pm	-	8:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Moody (KM 453Y)	M - F	5:00 pm	-	8:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Swiney (KM 494J)	M - F	7:00 am	-	11:00 am	3725 Fulton, 77009	(713) 692-6925
Tidwell (KM 454D)	M - Th	6:30 am	-	10:00 am	2812 Cline, 77020	(713) 238-2197
Tuffly (KM 454X)	M & W	10:00 am	-	10:30 am	9720 Spaulding, 77016	(713) 636-8221

NORTHWEST

Candlelight (KM 452E)	M - F	7:00 am	-	8:00 pm	1520 Candlelight, 77018	(713) 682-3587
Carverdale (KM 450A)	M & W	5:00 pm	-	6:00 pm	9920 Porto Rico, 77041	(713) 895-6141
Fonde (KM 493K)	T & Th	8:00 am	-	5:30 pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	M - F	8:00 am	-	7:00 pm	6818 Shady Villa, 77055	(713) 682-4467
Highland (KM 451D)	M, W & F	7:00 am	-	9:30 am	3316 DeSoto, 77091	(713) 956-9137
Independence Heights (KM 453)	M & W	7:00 am	-	7:00 pm	603 East 35th, 77022	(713) 867-0373
Judson Robinson, Jr (KM533B)	M & F	7:00 am	-	9:00 am	2020 Hermann Drive, 77004	(713) 284-1997
Kendall (KM 488C)	M, W & F	6:30 am	-	2:00 pm	609 North Eldridge, 77079	(832) 393-1897
Lincoln (KM 412Q)	M - F	10:00 am	-	8:30 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	M - Th	7:00 am	-	2:00 pm	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	M - F	7:00 am	-	2:00 pm	1000 West 12th, 77008	(713) 867-0497
Montie Beach (KM 453Y)	M - F	8:00 pm	-	9:00 am	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453Y)	M - Th	7:00 pm	-	8:00 pm	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	M & W	8:00 am	-	5:00 pm	803 West Temple, 77009	(713) 862-6907
Stude (KM 493B)	T & F	7:00 am	-	9:00 am	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	M - F	7:00 am	-	3:00 pm	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

Bessie Swindle (KM 573L)	M - F	10:00 am	-	11:30 am	11800 Scott, 77047	(713) 733-4581
Beverly Hills (KM 576S)	M & W	5:00 pm	-	6:00 pm	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM 535P)	T & Th	8:00 am	-	10:00 am	8200 Park Place Blvd., 77017	(713) 645-3589
Crestmont (KM 574J)	M, W & F	6:00 pm	-	7:00 pm	5200 Selinsky, 77048	(713) 733-2236
DeZavala (KM 495S)	M - F	7:30 am	-	8:30 am	907 76th St, 77012	(713) 923-5163
DeZavala (KM 495S)	M - F	6:00 pm	-	7:00 pm	907 76th St, 77012	(713) 923-5163
Eastwood (KM 494T)	M, W & F	10:30 am	-	8:30 am	5020 Harrisburg, 77011	(713) 928-4801
Edgewood (KM 534X)	W & F	6:30 pm	-	7:00 pm	5803 Bellfort, 77033	(713) 734-8434
Garden Villas (KM 535W)	M - F	8:00 am	-	10:00 am	6720 S. Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	T, W & Th	5:00 pm	-	6:00 pm	9311 E. Ave. P., 77012	(713) 928-4803
Ingrando (KM 535F)	M - F	9:00 am	-	9:00 am	7302 Keller, 77012	(713) 643-4764
MacGregor (KM 534E)	T & Th	9:00 am	-	10:00 am	5225 Calhoun, 77021	(713) 747-8650
Mason (KM 535A)	M - Th	7:00 am	-	8:30 am	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 536S)	M, W & F	6:00 pm	-	7:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Settegast (KM 494N)	M - Th	8:30 am	-	9:30 am	3000 Garrow, 77003	(713) 238-2200

SOUTHWEST

Alief (KM 572Y)	M, W & F	9:00 am	-	10:00 am	11903 Bellaire, 77072	(281) 564-8130
Almeda (KM 572Y)	T & Th	6:00 pm	-	6:30 pm	14201 Almeda School Rd., 77047	(713) 434-1909
Burnett Bayland (KM 531B)	M, W & F	5:30 pm	-	6:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Cherryhurst (KM 492V)	M, W & F	6:00 pm	-	7:00 pm	1700 Missouri, 77006	(713) 284-1992
Emancipation (KM 493U)	M & T	6:00 pm	-	7:00 pm	3018 Dowling, 77004	(713) 284-1911
Hackberry (KM 528M)	M - F	5:00 pm	-	7:00 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	M - F	11:00 am	-	1:00 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Linkwood (KM 532P)	M & W	6:00 pm	-	7:00 pm	3699 Norris, 77025	(713) 314-3107
Marian (KM 530X)	M - F	6:00 pm	-	7:30 pm	11101 South Gessner, 77071	(713) 773-7015
River Oaks (KM 492T)	M - F	5:00 pm	-	6:00 pm	3600 Locke Lane, 77027	(713) 622-5998
Sharpstown (KM 530F)	M, W & F	9:00 am	-	10:00 am	6600 Harbor Town, 77036	(713) 988-5328
Sunnyside (KM 533X)	M - Th	9:30 am	-	10:00 am	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572P)	M & W	6:30 pm	-	8:00 pm	3403 Simsbrook, 77045	(713) 434-3508
Windsor Village (KM 571P)	W	10:30 am	-	11:30 am	14441 Croquet, 77085	(713) 726-7113

PARKtrails

TRAIL	LOCATION	TYPE	MILES
Alief	11903 Bellaire Blvd	Concrete	0.53
Aron Ledet	6300 Antoine	Concrete	0.38
Autry	911 Shepherd/Allen Parkway	Asphalt	0.17
Baldwin	1701 Elgin	Granite	0.32
Bell	4800 Montrose	Granite	0.17
Bendwood	12700 Kimberly	Concrete	0.49
Beverly Hills	10201 Kingspoint	Asphalt	0.53
Bonham	8401 Braes Acres	Concrete	0.35
Boone Road	7700 Boone Road	Asphalt	1.06
Boyce-Dorian	2000 Erastus	Asphalt	0.40
Braeburn Glen	9510 Gessner	Asphalt	0.25
Brays Bayou	Gessner to MLK Blvd	Asphalt	12.50
Brays Bayou	Lawndale to Forest Hill	Asphalt	0.75
Brays Bayou	75th to Evergreen	Asphalt	0.50
Brays Bayou	Elm St Park to Brays Greenway Park	Concrete	0.73
Brentwood	13220 Landmark	Asphalt	0.33
Briarbend	7926 Woodway	Granite	0.20
Briarmeadow	7703 Richmond	Granite	0.31
Brock	8201 John Ralston	Concrete	0.17
Buffalo Bayou	Bagby to Shepherd	Concrete	4.50
Burnett-Bayland	6300 Chimney Rock	Asphalt	0.96
Cambridge Village	13000 Nitida	Asphalt	0.50
Candlelight	1520 Candlelight	Asphalt	0.33
Canterbury	12822 Northumb	Asphalt	0.33
Carter	7000 Santa Fe	Concrete	0.08
Catherine Delce	5700 Collingsworth	Asphalt	0.21
Clark	9718 Clark	Asphalt	0.36
Cleveland	200 Jackson Hill	Concrete-Granite	0.35
Clinton	200 Mississippi	Asphalt	0.42
Cloverland	3801 Hickok Lane	Asphalt	0.25
Cole Creek	7200 Drowsy Pine	Concrete	0.35
Columbia Tap - N	Dowling to Polk	Concrete	1.07
Columbia Tap - S	Union Station to S MacGregor	Concrete	3.09
Cravens Parkway	5901 Main	Granite	0.50
Crestmont	5100 Selinsky	Asphalt	0.25
Cullen	19008 Saums	Asphalt	7.38
Cullinan (JS & LH)	6700 Long Drive	Asphalt	1.06
Dodson Lake	9010 Dodson	Asphalt-Concrete	0.50
Dow	7942 Rockhill	Asphalt	0.58
Earl Henderson	4250 Elysian	Concrete	0.21
Eastwood	5000 Harrisburg	Asphalt-Concrete	0.20
Edgewood	5803 Belfort	Asphalt-Concrete	0.50
E L Crain	9051 Triola	Asphalt	0.50
E P Hill	4800 Gloryland	Asphalt	0.39
Ervan Chew	4502 Dunlavy	Concrete	0.21
Fonde	5500 Carrolton	Asphalt	0.32
Forest West	5915 Golden Forest	Asphalt	0.30
Forum	9900 Sugar Branch	Asphalt	0.49

TRAIL	LOCATION	TYPE	MILES
Francklow	1300 Seagler Road	Asphalt	0.50
Freed	7020 Shadyvilla	Asphalt	0.35
Freeway Manor	2241 Bronson	Asphalt-Concrete	0.47
Freshmeadow	4500 Campbell	Concrete	0.38
Gail Reeves	8800 Mullins	Concrete	0.35
Garden Villas	6720 S Haywood	Asphalt	0.49
George T Nelson	3820 Yellowstone	Asphalt	0.17
Glenbrook	8201 N Bayou Drive	Asphalt	0.51
Glenshire	12100 Riceville School	Asphalt	0.41
Godwin	5101 Rutherglen	Concrete	0.42
Grady	1700 Yorktown	Granite	0.20
Groveland Terrace	3921 Herald	Concrete	0.16
Gulf Palms	11901 Palm Springs	Asphalt	0.41
Hackberry	7300 Dairy Ashford	Concrete	0.61
Haden	1404 Witte Road	Asphalt	0.32
Hager	12100 Landsdowne	Asphalt	0.51
Halls Bayou	Hirsch Rd to Bretshire & Rebel	Concrete	2.86
Harrisburg - Sunset	Drennan to Marsden - Ave R to Ave	Asphalt	2.00
Hartman	9311 Avenue P	Asphalt	0.62
Harwin	11305 Harwin	Concrete	0.70
Haviland	11600 Haviland	Asphalt	0.28
Heights Blvd	400 to 1800 Heights Blvd	Granite	2.00
Hennessy	1900 Lyons	Concrete	0.20
Herman Brown	400 Mercury Drive	Asphalt-Red Dog	2.81
Herman Brown	400 Mercury Drive	Asphalt	1.60
Hermann	6001 Fannin	Concrete-Granite	2.85
Hobart Taylor	8100 Kenton	Asphalt	0.49
Houston Garden	6901 Apache	Concrete	0.39
Houston Heritage East	San Jacinto & Allen St to McKee	Concrete	0.38
Houston Heritage West	White Oak Bayou	Concrete	2.60
Hunting Bayou	Loop 610 to Lockwood	Asphalt	0.50
Hunting Bayou	US 59 to Cavalcade	Asphalt	0.50
Independence Heights	601 E 35 Street	Concrete	0.31
Ingrando	7302 Keller	Asphalt-Concrete	0.59
Jaycee	1300 Seamist	Concrete	0.30
Judson Robinson, Sr	1422 Ledwicke	Concrete	0.10
Keegan's Bayou Trail	Gessner to Kirkwood	Info Not Available	4.04
Karl Young	7800 Stella Link	Granite	0.20
Keith-Wiess	12300 Aldine-Westfield	Concrete	2.12
Kerr	4620 Arlington	Info Not Available	0.17
Lake Forest	9200 Mesa	Concrete	0.43
Lakewood	8811 Feland	Asphalt	0.14
Langwood	3975 Bolin	Asphalt	0.44
Law	6100 Vassar Road	Asphalt	0.41
Lee	9025 Pitner	Asphalt	0.26
Levy	3801 Eastside	Concrete-Granite	0.24
Linkwood	3699 Norris	Concrete	0.12
		Asphalt-Concrete	

PARKtrails (continued)

TRAIL	LOCATION	TYPE	MILES
Love	1000 W12th Street	Asphalt	0.20
MacGregor	5225 Calhoun	Asphalt	1.25
Mangum Manor	5235 Saxon	Asphalt	0.29
Marian	11100 S Gessner	Granite	0.25
Mason	541 75th Street	Asphalt-Concrete	1.40
Memorial (Lieberman Trail)	6501 Memorial Dr	Granite	2.90
Memorial (Outer Loop)	6501 Memorial Dr	Granite	1.50
Memorial (Timing Track)	6501 Memorial Dr	Asphalt	0.25
		Concrete	
Memorial (Arboretum)	4501 Woodway	Granite	3.45
Memorial (Mountain Bike)	South Picnic Lane Loop	Dirt / Unpaved	7.21
Memorial-Silver Triangle	Memorial Dr	Concrete	0.23
Metropolitan Multi-Serv Ctr	1475 West Gray	Concrete	0.21
MKT Trail	26th Street to I-45	Concrete	4.70
Montie Beach	915 Northwood	Asphalt	0.84
Moody	3725 Fulton	Asphalt-Concrete	0.94
Nellie Keyes	801 Lester	Concrete	0.12
Northline	6902 Nordling	Asphalt	0.42
Oak Meadow	500 Ahrens	Asphalt	0.25
Old Katy Hike & Bike Trail	236 N Dairy Ashford	Concrete	2.35
Park at Palm Center	5400 Griggs	Granite	0.22
Pleasantville Hike & Bike	Within Subdivision	Asphalt	1.50
Reveille	7700 Oak Vista Loop	Asphalt	0.32
River Oaks	3600 Locke Lane	Granite	0.25
Riverside	2600 S Calumet/NCalumet	Concrete	0.42
R L & Cora Johnson	9801 Tanner	Asphalt	0.25
Robert C Stuart	7520 Belfort	Asphalt	0.55
S Main Estates	12256 Zavalla	Asphalt	0.32
Scenic Woods	7449 Lakewood	Asphalt	0.34
Schnur	12227 Cullen Blvd	Asphalt	0.50
Schwartz	8203 Vogue	Asphalt	0.48
Scottcrest	10700 Rosehaven	Concrete	0.47
Selena Q. Perez	6402 Market	Asphalt	0.87
Settegast	3001 Garrow	Concrete	0.40
Shady Lane	10100 Shady Lane	Asphalt	0.50
Sharpstown Green	6300 Sharpview	Paver Stones	0.09
Shepherd	4725 Brinkman	Granite	0.25
Sims Bayou	MLK Blvd to Scott	Asphalt	2.50
Sims Bayou	White Heather to Townwood	Asphalt	0.75
Sims Bayou	S Post Oak to Croquet	Asphalt	0.50
Songwood	548 Westshire	Asphalt	0.33
Southcrest	5842 Southmund	Concrete	0.29
Spotts	401 Heights Blvd	Concrete	1.60
Saint Lo	7335 Saint Lo Rd	Concrete	0.18
Stewart	6700 Reed Rd	Concrete	0.30
Stoneybrook Esplanade	3000-3600 Stoneybrook	Asphalt	0.55
Stude	1031 Stude	Asphalt	0.70
Stuebner Airline	9201 Veterans Blvd	Concrete	0.50
Sunflower	5000 Sunflower	Concrete	0.16

TRAIL	LOCATION	TYPE	MILES
Sunnyside	3502 Belfort	Concrete	0.16
Sunnyside	3502 Belfort	Info Not Available	0.50
Swiney	2812 Cline	Concrete	0.15
Sylvan Rodriguez	1201 Clear Lake Blvd	Concrete	0.37
Sylvester Turner	2800 West Little York	Asphalt-Concrete	1.02
TC Jester Parkway	4200 W TC Jester	Granite	1.00
Tanglewilde	9631 Windswept	Concrete	0.16
Tanglewood	5801 Woodway	Concrete	0.20
Tidwell	9720 Spaulding	Concrete	0.30
Timbergrove Manor	1500 West TC Jester	Asphalt	0.88
Timbergrove Trail	1500 TC Jester	Asphalt	0.80
Tony Marron	808 York	Asphalt-Concrete	0.46
Townwood	3403 Simsbrook	Asphalt	0.39
Tuffly	3200 Russell	Asphalt	0.33
Verde Forest	8800 Brock Park Blvd	Asphalt	0.17
Veterans Memorial	1800 Tidwell	Asphalt	0.36
Waldemar	11700 Waldemar	Asphalt	0.19
Wiess	100 North Post Oak Lane	Granite	0.70
West End	1418 Patterson	No Info Available	0.13
Westside Trail	Westpark to Eldridge	Asphalt	1.90
Westwood	4045 Lemac	Asphalt-Concrete	0.38
White Oak Bayou	Watonga to Antoine	Concrete	2.60
White Oak Bayou	W 11th to Pinemont	Asphalt-Concrete	4.80
Willow	10400 Cliffwood	Granite	0.25
Willow Waterhole	5300 Gasmer	Concrete-Granite	1.17
Wilson Memorial	100 Gilpin	Asphalt-Concrete	0.28
Windsor Village	1441 Croquet	Concrete	0.31
Winzer	7300 Carver at Dolly Wright	Concrete	0.60
Woodland Park	212 Parkview	Asphalt-Concrete	0.32
Zollie Scales	3501 Corder	Asphalt	0.23



SENIOR *programs*

HPARD Senior Programs provide a wide variety of recreation and leisure activities for seniors, ages 55 years and older, at various community centers across the Houston area.

Activities include specialty and creative crafts, fitness, walking clubs, cultural events, senior forums, field trips and special events. Other program components include craft exhibitions, computer classes at local libraries, fashion shows, special holiday events, Sr. Olympics competition and sports programs. Most programming is FREE unless otherwise indicated. Field trips and certain programs may require a minimum fee or request that participant provide their own materials.

Ages: 55 & Older
Registration: Ongoing
Program Dates: Ongoing
Fees: FREE
 (Except for Field Trips or Special Events)
Times: Varies by Community Center
Information: (832) 395-7133
 (832) 395-7270



MONDAY

Clark (KM 455Q)	9718 Clark, 77076	(713) 742-1497
Hobart Taylor (KM 455Q)	8100 Kenton, 77028	(713) 674-3959
Ingrando (KM 535F)	7302 Keller, 77012	(713) 643-4764
J. Robinson, Sr (KM 495L)	1422 Ledwicke, 77029	(713) 674-2401

TUESDAY

Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 734-8434
Selena Quintanilla Perez/Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151

WEDNESDAY

Crestmont (KM574J)	5200 Selinsky, 77048	(713) 733-2236
DeZavala (KM 495S)	7521 Avenue H., 77012	(713) 923-5163

THURSDAY

Crestmont (KM574J)	5200 Selinsky, 77048	(713) 733-2236
Eastwood (KM 949T)	5020 Harrisburg, 77011	(713) 928-4801

Senior Specialty Crafts/Activities

Learn and enjoy a variety of leisure type activities including flower arranging, ceramics, quilting, painting and much more at some of your local community centers.

Ages: 50 & Older
Registration: Year-round
Program Dates: Year-round
Fees: FREE
Times: Varies by Community Center
Information: (832) 395-7296
 (832) 395-7270

NORTHEAST

Clark (KM 453B)	Quilting & More	F	12:00 pm	-	2:00 pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Ceramics	W & F	12:00 pm	-	2:30 pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Hat Making	M	9:00 am	-	2:00 am	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495V)	Crafts	W	8:00 am	-	3:00 am	203 Mississippi, 77029	(713) 673-0955
Clinton (KM 495V)	Senior Fitness	M, W & F	10:00 am	-	11:00 am	203 Mississippi, 77029	(713) 673-0955
Clinton (KM 495V)	Senior Bingo	M, W & F	11:00 am	-	1:00 pm	203 Mississippi, 77029	(713) 673-0955
Clinton (KM 495V)	Senior Crafts	T & Th	10:00 am	-	2:00 pm	203 Mississippi, 77029	(713) 673-0955
Denver Harbor (KM 494H)	Senior Arts & Crafts	T	9:00 pm	-	1:00 pm	6402 Market, 77020	(713) 675-2151
Finnigan (KM 495H)	Crafts	M - F	9:00 am	-	12:00 pm	4900 Providence, 77020	(713) 678-7385
J Robinson, Sr (KM 495L)	Creative Crafts	M	9:00 am	-	12:00 pm	1422 Ledwicke, 77029	(713) 674-2401
J Robinson, Sr (KM 495L)	Quilting	W	2:00 pm	-	4:00 pm	1422 Ledwicke, 77029	(713) 674-2401
J Robinson, Sr (KM 495L)	Senior Bingo	T	1:00 pm	-	2:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Shady Lane (KM 414W)	Arts & Crafts	M & W	10:30 pm	-	12:00 pm	10020 Shady Lane, 77093	(713) 742-1503

NORTHWEST

Fonde (KM 493K)	Pickleball	W & F	9:00 pm	-	11:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Senior Basketball	T	4:00 pm	-	6:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Senior Basketball	S	10:30 am	-	12:30 pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	Low Impact Fitness	M - W	10:00 am	-	11:00 am	3818 Shady Villa, 77055	(713) 682-4467
Freed (KM 451Y)	Quilting	M - W	4:30 pm	-	6:30 pm	3818 Shady Villa, 77055	(713) 682-4467
J Robinson, Jr (KM 533B)	Computer Class	W	2:30 am	-	3:30 am	2020 Hermann Dr., 77004	(713) 284-1997
J Robinson, Jr (KM 533B)	Bridge	W	10:30 am	-	12:30 pm	2020 Hermann Dr., 77004	(713) 284-1997
Lincoln (KM 412Q)	Quilting	M	9:00 pm	-	1:00 pm	1979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Computer Class	T	10:30 pm	-	12:30 pm	1979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Gardening	W 2nd & 4t	10:00 am	-	11:00 pm	1979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Senior Game Day	W	10:00 am	-	12:00 pm	1979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Senior Crafts	T	10:00 am	-	12:00 pm	1979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Senior Ceramics	Th	9:30 pm	-	10:30 pm	1979 Grenshaw, 77088	(281) 445-1617
Milroy (KM 452Z)	Jewelry Making	T	10:00 pm	-	12:00 pm	1205 Yale, 77008	(713) 867-0397



SOUTHEAST

Bessie Swindle (KM 573L)	Ceramics	M, T & W	10:00 am	-	12:30 pm	11800 Scott, 77047	(713) 733-4581
Bessie Swindle (KM 573L)	Bridge	W	12:00 pm	-	3:00 pm	11800 Scott, 77047	(713) 733-4581
Charlton (KM 535P)	Art 101	M	6:00 pm	-	8:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Ceramics	M & F	11:00 am	-	1:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Jewelry	T	6:00 pm	-	7:45 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Snappy Social	T & Th	12:00 pm	-	3:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Ceramics	W	6:00 pm	-	7:45 pm	8200 Park Place, 77017	(713) 645-3589
Crestmont (KM 574J)	Social Club	M - Th	12:00 pm	-	7:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Social Club	F	12:00 pm	-	6:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Crafts	W & Th	9:30 am	-	1:00 pm	5200 Selinsky, 77048	(713) 733-2236
DeZavala (KM 495S)	Crafts	W	9:00 am	-	1:00 pm	907 76th Street, 77012	(713) 923-5163
Eastwood (KM 494T)	Crafts	Th	9:00 am	-	11:00 am	5020 Harrisburg, 77011	(713) 928-4801
Edgewood (KM 534X)	Hat Making	Th	10:00 am	-	12:00 pm	5803 Bellfort, 77033	(713) 734-8434
Edgewood (KM 534X)	Jewelry Making	Th & F	9:00 am	-	12:00 pm	5803 Bellfort, 77033	(713) 734-8434
Garden Villas (KM 573L)	Karate	M & Th	6:00 pm	-	8:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Garden Villas (KM 573L)	Senior Aerobics	M, T, & Th	6:00 pm	-	7:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Ingrando (KM 535F)	Crafts	M	9:00 am	-	12:00 pm	7302 Keller, 77012	(713) 643-4764
Ingrando (KM 535F)	Ceramics	W	9:00 am	-	11:00 am	7302 Keller, 77012	(713) 643-4764
Meadowcreek (KM 535A)	Senior Aerobics	M & W	10:00 am	-	12:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Line Dancing/Board	F	10:00 am	-	12:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Walking	M - F	7:00 pm	-	8:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Sagemont (KM 576Y)	Quilting	F	11:00 am	-	2:00 pm	11507 Hughes, 77089	(281) 922-2343
Sagemont (KM 576Y)	Ceramics	Th	1:00 pm	-	3:00 pm	11507 Hughes, 77089	(281) 922-2343
Settegast (KM 494N)	Ceramics	T	9:00 am	-	1:00 pm	3000 Garrow, 77003	(713) 238-2200

SOUTHWEST

Linkwood (KM 532P)	Quilting	T - Th	6:00 pm	-	7:30 pm	3699 Norris, 77025	(713) 314-3107
Linkwood (KM 532P)	Crochet	W	6:00 pm	-	7:30 pm	3699 Norris, 77025	(713) 314-3107
Platou (KM 4571C)	Quilting	T	10:00 am	-	3:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 4571C)	Clay Workshop	W	12:00 pm	-	3:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 4571C)	Portable Projects	Th	9:30 am	-	11:30 am	11655 Chimney Rock, 77053	(713) 726-7107





Judo Clinic

Saturday, April 27, 2013

12:00 p.m. - 2:00 p.m.



Metropolitan Multi-Service Center
1475 W. Gray
Houston, TX 77019
For information call (832) 395-7333

ADAPTIVE SPORTS & RECREATION



HPARD provides access to year round activities for children and adults with disabilities through the Adaptive Recreation Division located at the Metropolitan Multi-Service Center, 1475 West Gray. In addition to providing activities, the Metropolitan Multi-Service Center partners with organizations that serve children and adults with disabilities. The goal is to provide access, experiences and opportunities to learn new skills and redefine abilities while participating in recreational activities.

Adult Recreation Fitness Center

The MMSC Fitness Center is specifically designed to be used by adults with a physical disability including visually impaired and blind who are able to function independently. The facility is equipped with wheelchair accessible upper body weight equipment along with cardio machines to get our heart pumping. Pre-registration and a safety briefing are required before using this facility.

Ages: 16 - Older
Registration: Required
Fee: FREE
Program Dates: Year-round
Time: 8:00 am - 8:00 pm, M - Th
 8:00 am - 4:00 pm, F
Location: Metropolitan Multi-Service
 1475 West Gray
Information: (832) 395-7333

Adaptive Aquatics Program

Adaptive Aquatics - Initial in water orientation and then exercise, lap swim or water walk in the heated, indoor natatorium. The pool provides a great environment for people with disabilities to exercise.

Participants are required to have independent functioning mobility skills or bring an adult attendant to assist them.

Pre-registration is required and must be completed prior to participant getting in the pool. HPARD staff will conduct initial safety screening in the water.

Ages: Youth & Adult
Registration: Required
Fee: FREE
Program Dates: Year-round
Time: Vary, call for schedule
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (832) 395-7333

Friends of the Park Council at MMSC

The Friends of the Park Council at MMSC serves to support the staff and programs of HPARD's Adaptive Recreation section. They also help communicate the program's vision, goals and services to constituent communities and provide a forum for program ideas and services.

The Friends of the Park Council at MMSC meets every two months on the second Tuesday of the month.

Program Dates: Every month
 2nd Tuesday of the month
Time: 4:30 pm - 6:00 pm
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (832) 395-7333
 charles.french@houston.tx.gov

Paralympic Military Program

The U.S. paralympic Military Program is for military men and women who have returned from Afghanistan and Iraq with a permanent physical disability including the blind and visually impaired. All veterans with a physical disability and other local people with a physical disability are invited to participate.

Paralympic sports include sitting volleyball, goal ball, power soccer, judo, air guns and rugby. If you are a veteran or know someone who might be interested in participating please contact us.

Ages: 16 - Older
Registration: Year-round
Fee: FREE
Program Dates: Year-round
Time: Varies
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (832) 395-7333



Adult Wheelchair Basketball

Weekly practice and play is scheduled throughout the summer for adults age 16 and up. No motorized chairs allowed in this game.

Mondays are reserved for league play. Wednesdays are reserved for open gym. Sports chairs are available to check out.

Registration is required.

Ages: 16 - Older
Registration: Year-round
Fee: FREE
5 on 5 League Play: June 3 - Aug 12, Mon
Wheelchair BB/ Open Gym: Wed
Time: 6:00 pm - 9:00 pm
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (832) 395-7333



Indoor Wheelchair Soccer

Get ready for fast, full-court action when adults clash metal to metal in this fast paced wheelchair sport. This game is for participants who have independent, upper body function. **MOTORIZED CHAIRS ARE PERMITTED** in this game.

Ages: 16 - Older
Registration: Required
Fee: FREE
Program Dates: June 1 - Aug 17, Sat
Time: 12:00 pm - 6:00 pm
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (832) 395-7333
 charles.french@houstontx.gov



Super Sports Saturday

This one day clinic will introduce various Paralympic Sports to people with physical disabilities. The clinic is open to people of all ages with physical disabilities including: spinal cord injuries, amputees, and blind and visually impaired participants.

Ages: Youth & Adult
Registration: Required
Fee: FREE
Program Dates: June 8, July 20 & Aug 24
Time: 9:00 am - 12:00 pm
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (832) 395-7333

Wheelchair Rugby Summer League

Get ready for fast, full-court action when adults clash metal to metal in this fast paced wheelchair sport.

MOTORIZED CHAIRS ARE NOT PERMITTED in this game. This recreational league is open to anyone with independent functioning skills.

Chairs are available for check out.

Ages: 16 - Older
Registration: Required
Fee: FREE
Program Dates: June 6 - Aug 15
Time: 6:00 pm - 9:00 pm, Th
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (832) 395-7333

Wheelchair Tennis

Wheelchair tennis is one of the fastest growing sports in the U.S. for children and adults with physical disabilities. Not only does it offer a great workout, it can be a life-long family activity and it is fun! With a few minor adjustments, tennis can be enjoyed by everyone.

Ages: All Ages
Registration: Required
Fee: FREE
Program Dates: June 7 - Aug 30
Time: 7:00 pm - 8:30 pm, Fri
Location: Metropolitan Multi-Service Ctr Tennis Courts
 1475 West Gray
Information: (832) 395-7333



Power Soccer

Power Soccer is the fastest growing sport for wheelchair users. Power Soccer is the first team sport designed specifically for power wheelchair users. It combines the skill of the wheelchair user with the speed and power of the chair itself, to participate in an extremely challenging game similar to soccer.

All ages and abilities are welcome!

Ages: All Ages
Registration: Required
Fee: FREE
Program Dates: June 1 - Aug 17
Time: 10:00 am - 12:00 pm
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (832) 395-7333

Sitting Volleyball

Sitting volleyball has grown to be one of the more popular Paralympic sports due to the fast and exciting action. At the recreation level, the game offers both disabled and non-disabled players the opportunity to compete with and against each other. Sitting volleyball is played from a sitting position on the floor.

Open gym play will be Tuesday nights beginning May 14th with competitive league play beginning June 4.

Ages: 16 - Older
Registration: Required
Fee: FREE
Program Dates: June 4 - June 30, Tue
Time: 6:00 pm - 8:00 pm
Location: Metropolitan Multi-Service Ctr Gym
 1475 West Gray
Information: (832) 395-7325

Junior Wheelchair Sports Camp

This wheelchair sports and recreation camp is an adventurous day camp designed for individuals with physical disabilities who have independent functioning skills ages 6 and up to explore their potential and try things they never imagined possible.

The camp will provide youth with a physical disability such as cerebral palsy, spina bifida, amputation, spinal cord injury, muscular dystrophy or other physical/mobility disabilities an opportunity to become involved in sport and recreation activities, make friends and have fun.

Ages: 6- 19
Registration: Required
Fee: FREE
Program Dates: June 17 - June 20
Time: 9:00 am - 3:00 pm
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (832) 395-7325

Adolescent Bariatric Surgery Program Support Group

The support group is hosted monthly for adolescents and their family by Texas Children's Hospital Staff in partnership, with HPARD's Adaptive Recreation Staff. Meetings are held at the Metropolitan Multi-Service Center.

This specialized program is designed to enhance the overall fitness level and functional capacity of each bariatric patient. Focus will be on lifetime fitness activities and exercise.

Fee: FREE
Date: 2nd Tues Of Every Month
Time: 5:00 pm - 7:00 pm
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (832) 822-4868
 Kari Turybury, MS, RD, LD
 Bariatric Surgery Program Texas Children's Hospital



The Arc of Greater Houston

The Arc of Greater Houston is a nonprofit organization formed nationally in 1950 to advocate for the inclusion of people with mental retardation and other developmental disabilities in all aspects of society and is established at the national, state, and local levels.

The Arc of Greater Houston works in collaboration with other agencies and organizations to facilitate the development of a wide array of options available to individuals and their families in the community.

Activity: Monthly Dance Social for people with disabilities
Fee: FREE
Program Dates: 1st Friday of each month
Time:
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (713) 313-1652
www.thearcofgreaterhouston.com



Houston Area Parkinson Society

The Houston Area Parkinson Society's mission is to improve the quality of life for those affected by Parkinson's disease through services, education and advocacy. The Houston Area Parkinson Society provides numerous programs and services for the Parkinson's community. Each week HAPS provides 34 free physical, occupational, speech, water, Tai Chi, and other therapy groups. Free support groups are available for individuals with Parkinson's and caregivers to share their experiences in a warm, friendly environment. In addition, HAPS offers free transportation services to and from HAPS therapy sites and physician visits. Respite, social services and educational programs are also available.

Activity: Tai Chi & Exercise for Adults with Parkinson's Disease
Fee: FREE
Program Dates: Year-round
Time:
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (713) 313-1652
www.hapsonline.org

The River Performing and Visual Arts Center

The River is 501(c)(3) nonprofit organization whose mission is to provide an accessible,affordable, fine arts education for special children, ages 2-19, who have disabilities, chronic illnesses, or are economically disadvantaged. Siblings are welcome.

The River offers year round, barrier free, classes in music, art, drama and dance. Scholarships are available.

Ages: 2 - 19
Registration: FREE
Fee: FREE
Program Dates: June 10 - Aug 17
Time: 9:00 am - 3:00 pm
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (713) 520-1220



Ray of Light Youth Social & Play Group

The Ray of Light offers education, socialization,play and networking for youth with multiple disabilities and their families. This parent and volunteer driven group comes together to share resources, learn from each other and engage in adaptive play activities with their kids.

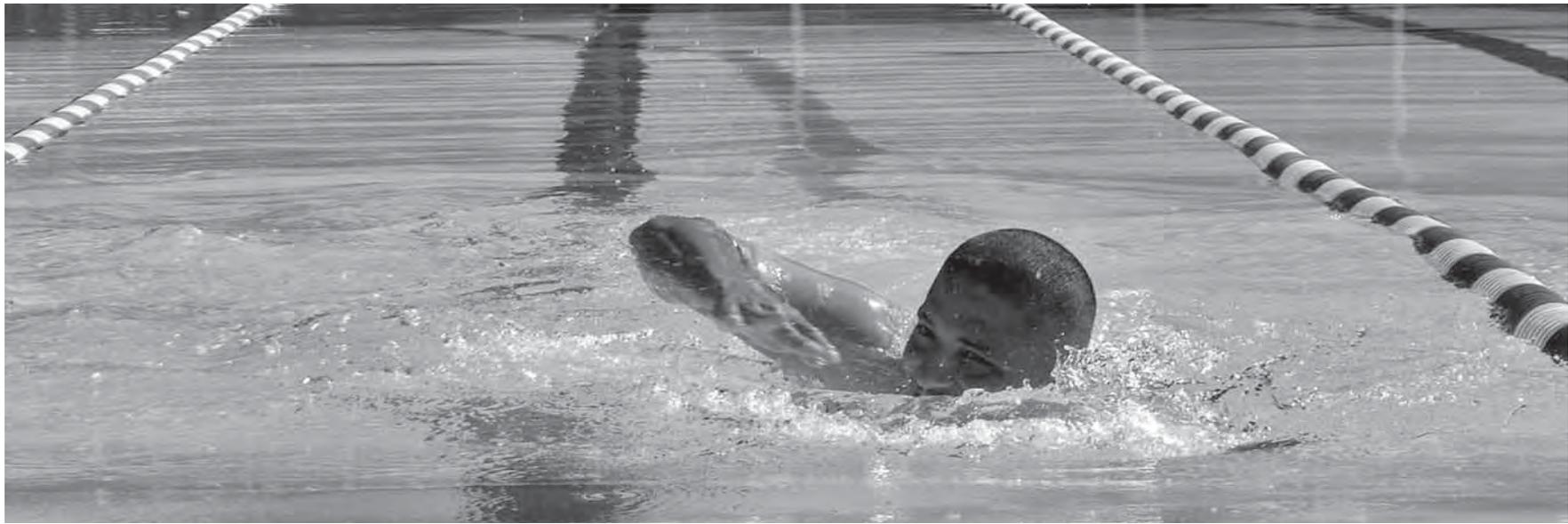
Parents are required to participate in activities with their child. The group meets the 2nd Saturday of each month.

Activity: Social & Play Group
Fee: FREE
Program Dates: June 8 - Aug 9
 2nd Sat of Each Month
Time: 9:00 am - 2:00 pm
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (832)395-7325

SWIMMING POOLS

Public pools will open in 2 phases. During Phase I, 20 select pools scheduled for May 25 - June 9, will open during the weekends only. During Phase II, scheduled to begin June 11, all 37 pools will open and will operate from Tuesday through Sunday, 1:00 pm – 8:00 pm. All public pools will be closed on Mondays throughout the summer with the exception of holidays. Also, in observance of the July 4th holiday pools will close on Thursday, July 4 at 5:00 pm.

For more information call (832) 395-7129.



Swimming Pool - Summer Schedule

When school lets out for summer, city pools open to provide Safe and Fun swimming opportunities for all. With 37 swimming pools located throughout Houston and 21 water playgrounds there's sure to be one closeby for your family to enjoy.

Public pools will open in 2 phases:

Phase	No. Of Pools Open	Dates
Phase I	20 Select Pools	May 25 - June 9
Phase II	All 37 Pools Open	June 11 - Aug 18

All public pools will be closed on Mondays throughout the summer.

Ages: Open to all ages
Registration: Daily sign-in required
Program Dates: May 25 – Aug 18
Summer Hours: 1:00 pm – 8:00 pm, Tue - Sun
Memorial Day Hours: May 27, 1:00 pm-8:00 pm
4th of July Hours: July 4, 1:00 pm-5:00 pm
Location: See Public Pool List
Information: (832) 395-7129



Swimming Pool – Fall Schedule

When students make their way back to school public pools will operate on a reduced schedule.

Fall public pool schedule:

Phase	No. Of Pools Open	Dates
Fall	20 Select Pools	Aug 19 - Sept 2

All public pools will be closed on Mon - Fri throughout the fall phase.

Labor Day will be the last day HPARD pools will operate.

Ages: Open to all ages
Registration: Daily sign-in required
Program Dates: Aug 19 – Sept 2
Fall Hours: 1:00 pm - 8:00 pm, Sat & Sun
 Closed Mon - Fri
Labor Day Hours: Sept 2, 1:00 pm - 6:00 pm
Location: See Public Pool List
Information: (832) 395-7129

Pool Locations

NORTHEAST

Greenwood (KM 497A)	602 Beresford, 77015	(713) 455-5165
Hobart Taylor (KM 455P)	8100 Kenton, 77028	(713) 673-3774
Moody (KM 453Y)	3201 Fulton, 77009	(713) 238-2215
Northline (KM 413W)	6911 Nordling, 77076	(713) 742-1512
Tidwell (KM 454D)	3201 Fulton, 77009	(713) 633-1618
Tuffly (KM 494B)	3200 Russell, 77026	(713) 674-3367

NORTHWEST

Agnes Moffit (KM 449R)	10645 Hammerly, 77043	(713) 468-5666
Independence Heights (KM 453N)	603 East 35th, 77022	(713) 862-1284
Lincoln (KM 412Q)	1048 Greshaw, 77088	(281) 447-2525
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0490
Northline (KM 413W)	6911 Nordling, 77076	(713) 742-1512
Oak Forest (KM 452N)	1400 Dubarry, 77018	(713) 684-1819
Schwartz (KM 451N)	8203 Vogue, 77055	(713) 973-6310
Stude (KM 493B)	1031 Stude, 77007	(713) 862-5762
TC Jester (KM 451M)	4205 T.C. Jester, 77018	(713) 686-6800

SOUTHEAST

Beverly Hills (KM 576S)	9800 Kingspoint, 77075	(713) 948-9063
Clinton (KM 495U)	200 Mississippi, 77029	(713) 675-9336
Cloverland (KM 573L)	11800 Scott, 77047	(713) 734-8948
Denver Harbor (KM 494H)	1020 Gazin, 77020	(713) 673-7140
DeZavala (KM 495S)	7521 Avenue H, 77012	(713) 923-7220
Eastwood (KM 494T)	5000 Harrisburg, 77011	(713) 923-8058
Emancipation (KM 493U)	3018 Dowling, 77004	(713) 284-1977
Finnigan (KM 494G)	4900 Providence, 77020	(713) 673-7311
George T. Nelson (KM 533L)	6900 LaSalette, 77021	(713) 748-0449
Glenbrook (KM 535Q)	8201 North Bayou, 77017	(713) 645-7187
Judson Robinson, Sr. (KM 495L)	1422 Ledwicke, 770297	(713) 672-8958
MacGregor (KM 534E)	5225 Calhoun, 77021	(713) 748-0317
Mason (KM 535A)	541 South 75th, 77023	(713) 928-4826
Reveille (KM 535S)	7700 Oak Vista, 77087	(713) 645-6544
Sagemont (KM 576Y)	11507 Hughes, 77089	(281) 922-2312
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-0757
Wilson Memorial (KM 576G)	100 Gilpin, 77034	(713) 948-9051

SOUTHWEST

Alief (KM 599E)	11903 Bellaire, 77072	(281) 983-8137
Memorial (KM 492K)	6402 Arnot, 77007	(713) 862-1426
Sharpstown (KM 530F)	6600 Harbor Town, 77036	(713) 272-3690
Townwood (KM 572P)	3402 Simsbrook, 77045	(713) 434-3531
Westbury (KM 531W)	10605 Mullins, 77096	(713) 723-2192
Windsor Village (KM 571P)	14441 Croquet, 77085	(713) 726-7112



Adult Water Fitness Classes

Cool off this summer with a water fitness class! Water fitness is a great exercise for any age, any fitness level and any body type. No fee is charged. All enrollments are filled on a "first-come, first-served basis. Early registration is available by calling (832) 395-7281. On site registration is also available at beginning of class. Classes are limited to a maximum of 20 participants per class. Aqua shoes, towel and a plastic bottle of water are recommended.

- **Adult Circuit Water Fitness:** A combination of cardio, strength training and flexibility that takes you through a series of stations using effective circuit training principles and the latest aquatic equipment for a total body workout. Intensity-light to moderate.
- **Adult Hydro-Fit Training:** An athletic approach to water fitness training with sports-specific drills, intense cardiovascular work, intervals, balance/core training, martial arts, and plyometrics. A great way to improve your cardiovascular conditioning and muscular strength and endurance with minimal stress on your joints. Loud, rocking music is a part of the workout. Also recommended as a great form of cross training. Intensity-moderate to hard.
- **Silver Splash:** A water fitness class for mature adults to gently stretch, flex, tone and socialize in shallow water. Intensity-light.

Ages: 18 - older
Dates: June 4 - August 9
Registration: On site at pool
Fee: FREE
Information: (832) 395-7274
www.houstonparks.org

Agnes Mofitt	F	7:00 pm - 7:45 pm	10645 Hammerly, 77043	Adult Circuit Water Fitness
Emancipation	T & Th	5:00 pm - 5:50 pm	3018 Dowling, 77004	Adult Circuit Water Fitness
MacGregor	T & Th	8:00 am - 9:00 am	5225 Calhoun, 77021	Adult Circuit Water Fitness
MacGregor	W & F	6:30 pm - 7:30 pm	5225 Calhoun, 77021	Aqua Zumba
Mason	W & F	5:00 pm - 5:50 pm	541 South 75th, 77023	Aqua Zumba
Memorial	T & Th	6:30 am - 7:30 am	6402 Arnot, 77007	Adult Hydro-Fit Training
Sunnyside	T - F	5:00 pm - 5:50 pm	3502 Belfort,	Silver Splash
Windsor Village	T & Th	7:00 pm - 7:50 pm	14441 Croquet, 77085	AquaZumba
Westbury	T & Th	7:00 pm - 7:50 pm	10605 Mullins, 77096	Adult Hydro-Fit Training



WATER SPRAYGROUNDS

The Houston Parks and Recreation Department's water playgrounds provide an engaging and interactive fun activity year-round for children, especially during the hot summer months. Water playgrounds have distinct advantages over swimming pools in that they are cost effective, low maintenance, and water-play activities extend well beyond normal pool season. Water playgrounds are controlled using a timer and touch-sensor. The timer is set for 12 hours of water activation, and the touch-sensor turns on the water for a two to three minute cycle.

H-E-B Grocery Company has generously donated more than \$1.1 million to the Houston Parks and Recreation Department through the Houston Parks Board Ind., to create and build an additional water playgrounds in Houston city parks. These are brightly colored facilities featuring equipment that squirts, sprays, mists and shoots water. Children will be able to enjoy everything from oversized flowers, that mist to a whale that spouts and squirts water and in-ground elements that resemble geysers.



Aron Ledet Park (H.E.B.)

6500 Antoine

The Aron Ledet Park water sprayground opened in June 2005. The design of the play area appeals to park visitors with its brightly colored play surface and the inventive design of its spray fixtures.

Blueridge Park (H.E.B.)

7000 Avenue Q

The Blueridge Park water sprayground opened in July 2003. Its design incorporates a colorful play surface, a curved seating wall, and water fixtures designed to appeal to a child's sense of fun and whimsy.

Burnett Bayland Park

6200 Chimney Rock

The Burnett Bayland Park water sprayground has a multi-colored rubber surface, and spray and ground features that include three colorful arches, a flower, cactus, a spiral spray and two water cannons.

Cullen Park (H.E.B.)

19008 Saums Road

The HEB Cullen Park sprayground opened in August 2003. It features a colorful play surface, multiple geyser and spray fixtures. It is located within easy viewing of the picnic pavilion and the pecan grove picnic area.

Dodson Lake Park (H.E.B.)

9010 Dodson

The H-E-B Water Playground at Dodson Lake Park was the seventh addition to the company's Water Playground legacy. Its design includes a unique concentric circle splash pad that creates the illusion of ripples with geysers, pop-up sprays, tulip sprays and a fan jet spray.

Edgewood Park (H.E.B.)

5803 Belfort

The Edgewood Park sprayground was built as part of the H-E-B Water Playground legacy and has brought a splash of fun to southeast Houston since June of 2003. Its design includes a brightly colored concrete play area, geysers and spray elements, and a curving seat wall.

Gutierrez Park (H.E.B.)

7900 Flaxman

The Gutierrez Park water sprayground features a large plaza with multiple ground sprays. The plaza is surfaced with colored concrete and features a seat wall along one edge.

Hermann Park

6100 Fannin

The water playground at Hermann Park features two large palm trees and a spiral provide a variety of water effects for all children to run through. Two large beaches create a sand play zone adjacent to the water play area.

Hidalgo Park (H.E.B.)

7000 Avenue Q

The 1,200-square foot sprayground features brightly-colored recreational areas equipped with turtles and lily pads that squirt and spray water and mist, as well as in-ground geysers.



Jaycee Park (H.E.B.)
1300 Seamist

The HEB Jaycee Park sprayground opened May 21, 2011. The water facility's timed spouts are surrounded by colorful, oversized butterflies and leaves in the paved surface. Benches are placed around the site for seating.

Marian Park
11000 S. Gessner

The Marian Park sprayground includes three different areas of play, with individually operated spray features. An adjacent shade structure provides seating.

Melrose Park
12200 Melrose Park Road

The water sprayground at Melrose Park features a multi-colored rubber surface and spray and ground features like a flower, cactus and an arch.

Montie Beach Park (H.E.B.)
915 Northwood

The Montie Beach water sprayground opened in 2006. Its beach theme includes a palm island, a whale sporting a spout spray at its hump, and multiple wave sprays that create a rolling "wave" effect.

Nieto Park
500 Port

The Nieto Park Water sprayground is also designed with a beach theme in mind. It includes a wave of stairs, a surfboard, real palm trees and plastic palm trees that spray water. It has a rubber surface with play items that also spray water.

Settegast Park
3000 Garrow

Settegast Park sprayground includes a multi-colored rubber surface and spray ground features including a ground geyser, a bell-spray column, a misty arch, a magic touch bollard, a water trio, a donut and a flower.

Tony Marron Park (H.E.B.)
808 N. York

The water play area at Tony Marron Park features a variety of ground sprays. A seat wall curves around the area, offering great views of the park and downtown. This project was funded through the Park People.

Wiley Park
1414 Gillette

The James Wiley Park sprayground includes a multi-colored rubber surface and sprayground features such as a flower, rainbow, fire hydrant activator, raining buckets and an in-ground spray fountain. Other park improvements include benches, landscaping, drinking fountains, electrical work and black vinyl coated chain link fence.

LAKE HOUSTON WILDERNESS PARK

Lake Houston Wilderness Park (LHWP) is a beautiful, lushly forested expanse of nearly 5,000 acres located 4 miles east of New Caney (approximately 30 miles north of Houston off of I-59). Lake Houston Wilderness Park is the only park in the department's inventory that allows overnight camping. It offers a variety of outdoor learning experiences for people of all ages including: camping, hiking, trail running, mountain biking, canoeing, kayaking and horseback riding (visitors must bring own bikes, watercraft and horses). Most of the park is heavily forested with beautiful trails which provide a perfect setting for photography, nature study, bird watching and relaxing.

The Lake Houston Wilderness Park Nature Center is an incredible place to visit and learn about some of the woodland creatures that call LHWP home. Tour the Ecosystem Displays which include the Wetlands Ecosystem Room featuring live turtles and amphibians, the Invertebrate Room featuring mounted insects of all types including moths, butterflies, spiders, beetles and more. The Reptile Room contains live specimens of both venomous and non-venomous snakes as well as several lizards. The LHWP Nature Center offers classes and programs for all ages; please see below for a listing. You can also contact the LHWP Park Headquarters for more information.

Program Dates:

Year-round

Location:

25840 FM 1485

New Caney, TX 77357

Gates Open/Office Hours:

9:00 am - 6:00 pm, Sun - Th

9:00 am - 9:00 pm, Fri - Sat

Information/Reservations:

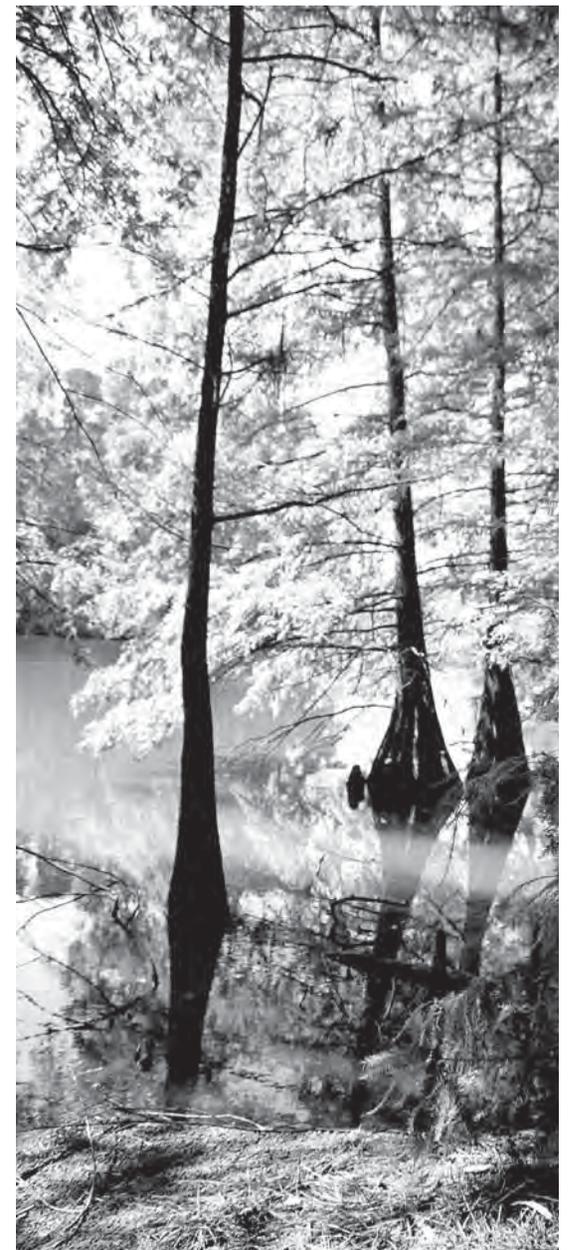
(281) 354-6881

www.houstonparks.org

Fees

Park Entry Fee - Per Person Ages 13 -64	\$ 3.00
Forest Lodge - Occupancy Up To 12	\$ 180 / night *
Lazy Creek Lodge - Occupancy Up To 26	\$ 250 / night *
Lakeside Cabins - Occupancy Up To 6	\$ 125 / night *
Lakeside Tent Platforms - Occupancy Up To 6	\$ 35 / night
Screen Shelters - Occupancy Up To 6	\$ 25 / night
Group Campsites - Occupancy Up To 50	\$ 40 / night
Walk - in Campsites - Occupancy Up To 8	\$ 7 / night
Backpacking Campsites - Occupancy Up To 8	\$ 7 / night
Pine Grove Dining Hall	\$ 100 / night

* Holiday Weekends Add \$50 To Nightly Rate.



Lake Houston Wilderness Park Nature Center

Hours: 9:00 am – 4:00 pm, Thurs - Sun
Closed Mon - Wed

Information / Reservations: (281) 354-0173

Contact the Lake Houston Wilderness Park Nature Center for information on programming, day camps, field trips and presentations. All programs require a reservation unless otherwise noted. Contact the LHWP Nature Center to make your reservation!

Sat, April 6 - 2:00 pm - 3:00 pm

*Birding 101 for Kids - All Ages**

This is Birding 101 just for the kiddos! Join us as we learn about our feathered friends and head out to identify some!

Sat, April 20-21 - Overnight Camping

Family Wilderness Adventure - Get Outdoors

Come stay the night at the park and learn all about camping and being outdoors! No experience required! We will have outdoor recreation activities including fishing, kayaking, outdoor cooking and more to inspire your family to get outdoors! For more information and pricing please call the LHWP Nature Center at (281) 354-0173.

Sat, April 27 - 2:00 pm - 3:00 pm

Owl Pellets - All Ages

Do you know what an owl pellet is? Well this is the day for you to find out! We will dissect real owl pellets to discover the remaining bones inside and identify what they ate!

Sat, May 4 - 1:00 pm - 3:00 pm

*Junior Angler Education - All Ages **

Join us and become a certified Texas Parks and Wildlife Jr Angler. We will learn about tackle, tying knots, casting, bait, fishing regulations and fishing safety and then we will go fishing. If you do not have fishing equipment of your own don't worry you can use ours.

Sun, May 5 - 2:00 pm - 3:00 pm

*Insect Exploration - All Ages**

We are collecting insects to bring back to the Nature Center for everyone to see and discuss! Learn differences between different species, what adaptations insects have to help them survive and their importance in the environment!

Sat, May 11 - 12:30 pm - 2:00 pm

*Archery 101 - Ages 7 - 11**

Learn the basics of archery! We will discuss the equipment, appropriate use, and correct form. See how an outdoor range is set up and become successful at shooting a target!

Sat, May 11 - 2:15 pm - 3:45 pm

*Archery 101 - Ages 12 - Older**

Learn the basics of archery! We will discuss the equipment, appropriate use, and correct form. See how an outdoor range is set up and become successful at shooting a target!

Sun, May 12 - 2:00 pm - 3:00 pm

*Guided Hike - Magnolia Trail - All Ages **

Meet our Naturalist at the Nature Center where you will start on your guided hike along the Magnolia Trail.

Sun, May 18 - 2:00 pm - 3:00 pm

Snake Program - All Ages - No Reservation Required

Come find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

Sun, May 19 - 2:00 pm - 3:00 pm

Turtle Program - All Ages - No Reservation Required

There are more turtles than you think! Come get a close up look while you learn about these fascinating creatures.

Sat, May 25 - 2:00 pm - 3:00 pm

*Animal Evidence - All Ages**

What was that!?! Did you see it!?! Learn how to track animals by finding animal prints, discovering burrows and identifying scat.

Sun, May 26 - 2:00 pm - 3:00 pm

Animal Eyes - All Ages

Can your family dog see color? How do nocturnal animals see at night to hunt? Come discover how animals see their world!

Sat, June 1 - 1:00 pm - 3:00 pm

*Master Angler - All ages**

Are you a certified Jr Angler? Then join us and become a certified Texas Parks and Wildlife Master Angler. We will learn how to tie additional knots, fishing regulations and fishing safety, aquatic habits, and then we will go fishing. If you don't have fishing equipment of your own, you can use ours.

Sun, June 2 - 2:00 pm - 3:00 pm

Amazing Amphibians - All Ages - No Reservation Required

Frogs, toads and salamanders are all amphibians! Come learn the lives and characteristics of amazing amphibians!

Sat, June 8 - 2:00 pm - 3:00 pm

*Orienteering for Beginners- All Ages**

Have you ever used a map and compass to find locations and plot an adventure? This program will teach the basics of just how to do that.

Sun, June 9 - 10:00 am - 11:00 am

*Bird Walk - All Ages**

Bring your binoculars, if you have some, and join our Park Naturalist at the Nature Center and go on a trek through the Park looking for our resident birds.

Sat, June 15 - 12:30 pm - 2:00 pm

*Intermediate Archery - Ages 7 - 11**

Already taken Archery 101 and ready to take your skill to the next level? This program will help you work on form and accuracy.

Sat, June 15 - 2:15 pm - 3:45 pm

*Intermediate Archery - 12 - Older**

Already taken Archery 101 and ready to take your skill to the next level? This program will help you work on form and accuracy.

Sun, June 16 - 2:00 pm - 3:00 pm

*Guided Hike - Peach Creek Loop- All Ages **

Meet our Naturalist at the Nature Center where you will start on your guided hike along the Peach Creek Loop Trail.

Sat, June 22 - 8:15 pm - 9:15 pm

*Park After Dark - All Ages**

Join us as we take a ride around the park in search of its night time residents! Limited seating available for this program.

Sun, June 23 - 9:00 am - 12:00 pm

Scavenger Hunt - All Ages - No Reservation Required*

Start your Scavenger Hunt at the Nature Center by picking up your list of things to find! Then enjoy the park during your search!

Sat, June 29 - 10:00 am - 11:00 am

*Plants and Their Uses Hike - All Ages**

Have you ever wondered what early cultures used the plants we have today for? Join us on a hike to discover what our ancestors knew about nature.

Sun, June 30 - 1:00 pm - 3:00 pm

Plantable Flower Seed Paper - All Ages

Come to the Nature Center where we will show you how to make your own plantable flower seed paper to take home!

Sat, July 6 - 10:00 am - 11:30 am

*Swamp Tromp - All Ages **

Join us on a ride out to some rarely seen areas of the park! We will go and dip net in cypress bogs and see what we can find. Don't forget to wear closed toed shoes that you don't mind getting muddy!

Sat, July 13 - 10:00 am - 11:00 am

*Birding 101 For Kids – All Ages **

This is Birding 101 just for the kiddos! This is a great opportunity for Scouts to earn pins, belt loops or badges in birding!

Sat, July 20 - 10:00 am - 11:00 am

*Stream Ecology - All Ages**

Join us as we use dip nets to catch freshwater invertebrates on order to determine the water quality in Peach Creek.

Sat, July 27 - 10:00 am - 11:00 am

Owl Pellets - All Ages

Do you know what an owl pellet is? Well this is the day for you to find out! We will dissect real owl pellets to discover the remaining bones inside and identify what they ate!

Sat, Aug 3 - 10:00 am - 11:00 am

*Geocaching 101 - All Ages**

Learn the basics of geocaching with a GPS and then try your skills on a course here at the park!

Sat, Aug 10 - 10:00 am - 11:00 am

Snake Program - All Ages - No Reservation Required

Come find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

Sat, Aug 17 - 10:00 am - 11:00 am

Pollinator Garden - All Ages - No Reservation Required

Learn how to make your own Pollinator Garden that will be sure to attract a variety of butterflies, caterpillars and even hummingbirds!

Sat, Aug 24 – 7:45 pm – 8:45 pm

*Owl Prowl – All Ages **

Who? Who? Who wants to go on a night hike in search of owls? We are taking Magnolia Trail and using owl calls to see if our resident owls to talk back.

Sat, Aug 31 - 10:00 am - 11:00 am

Amazing Amphibians – All Ages – No Reservation Required

Frogs, toads and salamanders are all amphibians! Come learn the lives and characteristics of amazing amphibians!

*** An Adult Is Required To Attend This Program With Youth Ages 17 & Younger.**

TENNIS

HPARD operates three centers each complete with a pro shop as well as locker and shower facilities that are available for a nominal fee. Lessons can be scheduled with center staff. Tournaments, leagues, corporate outings services and other events can be scheduled by calling any of the centers. For general tennis information as well as information on youth tennis programs, call (713) 803-1112.

PLEASE NOTE: Prices are subject to change without notice. Hours are as indicated unless otherwise posted.

Memorial Park Tennis Center

The Memorial Park Tennis Center is located in Memorial Park. It provides 18 courts plus a practice wall. Fees listed are per court for 1½ hours of use. A Smoothie King concession is located inside the pro shop.

Program Dates: Year-round
Time: 6:00 am - 9:00 pm, Mon-Fri
 7:00 am - 6:00 pm, Sat - Sun
Location: Memorial Park (KM 492F)
 1500 Memorial Loop Drive, 77007
Information: (713) 867-0440

Fees

Weekday Reserved	
<i>Mon - Fri Before 6:00 pm :</i>	\$4.00
Evening & Weekend Reserved :	\$6.00
Tournaments & Leagues :	\$7.00

Lee LeClear Tennis Center

The Lee LeClear Tennis Center is located in Braeburn Glen Park. It provides 26 courts plus 2 practice walls. Fees listed are per court for 1½ hours of use.

Program Dates: Year-round
Time: 7:30 am - 9:00 pm, Mon-Fri
 7:30 am - 6:00 pm, Sat - Sun
Location: Lee LeClear (KM 530T)
 9506 S. Gessner, 77074
Information: (713) 272-3697

Fees

Weekday Reserved	
<i>Mon - Fri Before 6:00 pm :</i>	\$ 4.00
Evening & Weekend Reserved:	\$ 6.00
Tournaments & Leagues:	\$ 7.00

Homer Ford Tennis Center

The Homer Ford Tennis Center is located in MacGregor Park. It provides 16 courts plus a practice wall. Fees listed are per court for 1½ hours of use.

Program Dates: Year-round
Time: 7:30 am - 9:00 pm, Mon-Fri
 7:30 am - 6:00 pm, Sat - Sun
Location: MacGregor Park (KM 534E)
 5225 Calhoun, 77021
Information: (713) 842-3460

Fees

Weekday Reserved	
<i>Mon - Fri Before 6:00 pm :</i>	\$ 3.00
Evening & Weekend Reserved:	\$ 5.00
Tournaments & Leagues:	\$ 6.00



HPARD Neighborhood Tennis Courts

Tennis Office (713) 803-1112

HPARD's neighborhood tennis courts are open to the public on a first come, first served basis. Play is limited to one hour when others are waiting. There is no fee required to use neighborhood tennis courts unless a reservation is made requiring a permit.

No one is allowed to give tennis lessons or offer structured tennis activities without the written authorization of the Houston Parks & Recreation Department. Tennis courts are for tennis use only.

Park	Location	No.	Lights	Wall	Park	Location	No.	Lights	Wall
Alief (KM 529E)	11903 Bellaire Blvd, 77072	4	Yes	1	Oak Forest (KM 452N)	2100 Judiway, 77018	2	Yes	
Anderson (KM 491X)	5701 Beverlyhill, 77057	2	Yes		Proctor Plaza (KM 453X)	803 W. Temple, 77009	1	Yes	
Bendwood (KM 489D)	12700 Kimberley, 77024	2	Yes	1	Gail Reeves (KM 531N)	8800 Mullins, 77096	2	Yes	1
Beverly Hills (KM 576S)	10201 Kingspoint, 77075	1	No		River Oaks (KM 492S)	3600 Locke Lane, 77027	4	No	
Bonham (KM 530Q)	8401 Braes Acres, 77074	2	No		J Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	1	Yes	
Briar meadow (KM 490Z)	7703 Richmond, 77063	2	No		Sagemont (KM 576Y)	1507 Hughes, 77089	2	No	
R.L. & Cora Johnson (KM 450A)	9920 Porto Rico, 77041	2	No		Scenic Woods (KM 415W)	449 Lakewood, 77017	2	Yes	
Charlton (KM 535P)	8200 Park Place, 77017	2	No		Schwartz (KM 451N)	8203 Voque, 77055	2	Yes	
Herman Brown (KM ???)	400 Mercury Drive, 77013	4	No		Settegast (KM 494N)	3001 Garrow, 77003	1	Yes	
Cherryhurst (KM 492V)	1700 Missouri, 77006	1	No	1	Sharpstown (KM 530F)	8200 Bellaire Blvd, 77036	2	Yes	
Chimney Rock (KM 571B)	11655 Chimney Rock, 77035	2	Yes		Smokey Jasper (KM 415A)	13400 River Trail Rd, 77050	2	Yes	
Cleveland (KM 492M)	200 Jackson Hill, 77007	2	Yes		Spotts (KM 493J)	401 S. Heights Blvd, 77007	2	Yes	
Clinton (KM 495U)	200 Mississippi, 77029	2	Yes		Sunnyside (KM 533X)	3502 Bellfort, 77051	2	Yes	
Cloverland (KM 573L)	3801 Hickok, 77047	2	No		J Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	1	Yes	
Cole Creek (KM 411W)	7200 Drowsy Pine, 77092	2	No		Sagemont (KM 576Y)	1507 Hughes, 77089	2	Yes	
Crestmont (KM 574J)	5100 Selinsky Rd, 77048	2	No	1	Scenic Woods (KM 415W)	449 Lakewood, 77017	2	Yes	
Dodson Lake (KM 454F)	9010 Dodson, 77093	2	No	1	Schwartz (KM 451N)	8203 Voque, 77055	2	Yes	
Dow (KM 535X)	7942 Rockhill, 77061	3	No	1	Settegast (KM 494N)	3001 Garrow, 77003	1	Yes	
Eastwood (KM 494T)	5000 Harrisburg, 77011	2	No		Sharpstown (KM 530F)	8200 Bellaire Blvd, 77036	2	Yes	
Emancipation (KM 493U)	3018 Dowling, 77004	2	No	1	Smokey Jasper (KM 415A)	13400 River Trail Rd, 77050	2	Yes	
Finnigan (KM 494G)	4900 Providence, 77020	2	Yes		Spotts (KM 493J)	401 S. Heights Blvd, 77007	2	Yes	
Fleming (KM 532D)	1901 Sunset Blvd, 77005	2	Yes		Sunnyside (KM 533X)	3502 Bellfort, 77051	2	Yes	
Freeway Manor (KM 576F)	2241 Bronson/2300 Theta, 77034	1	Yes		Tanglewood (KM 491K)	5801 Woodway, 77057	1	Yes	
Grady (KM 491Q)	1700 Yorktown, 77056	1	Yes		Tidwell (KM 454D)	9720 Spaulding, 77016	1	Yes	
Graham (KM 452R)	540 West 34th St, 77018	1	Yes		Townwood (KM 572P)	3403 Simsbrook, 77045	1	Yes	
Greenwood (KM 497A)	602 Beresford, 77015	2	Yes		Walter Jones (KM 575T)	8000 Coastway Lane, 77075	2	Yes	
Grimes (KM 573D)	5150 Reed Rd, 77033	2	Yes		Westbury (KM 531W)	5635 Willowbend, 77096	2	Yes	
Haqer (Lee) (KM 571A)	12100 Landsdowne, 77035	1	Yes	1	Westwood (KM 532S)	4045 Lemac, 77025	2	Yes	
Halbert (KM 453S)	200 East 23rd St, 77008	1	Yes		Willow (KM 531Z)	10400 Cliffwood, 77035	2	Yes	1
Hartman (KM 535C)	9311 Avenue P, 77012	2	Yes		Wilson Memorial (KM 576G)	10400 Cliffwood, 77035	2	Yes	
Haviland (KM 570H)	11600 Haviland, 77035	2	No		Windsor Village (KM 571P)	14441 Croquet, 77085	2	Yes	
Highland (KM 451D)	3316 DeSoto, 77091	2	Yes	1	Winzer (KM 412S)	7300 Carver/Dolly Wright, 77088	2	Yes	
Hutcheson (KM 454U)	5400 Lockwood, 77026	1	Yes		Woodland (KM 493C)	212 Parkview, 77009	1	Yes	
Independence Heights (KM 453N)	601 East 35th St., 77022	1	Yes		Zollie Scales (KM 533P)	501 Corder, 77021	1	Yes	
Ingrando (KM 535E)	7302 Keller, 77012	2	No						
Jaycee (KM 452W)	1300 Seamist, 77008	2	No	1					
Karl Young (KM 532J)	7800 Stella Link, 77025	1	No						
Keith-Wiess (KM 413M)	12300 Aldine-Westfield, 77093	2	No						
Law (KM 534Y)	6200 Scarlet / 6100 Vassar, 77033	2	No	1					
Lincoln (KM 412Q)	979 Greshaw, 77088	1	No						
Linkwood (KM 532P)	3699 Norris, 77025	2	No	1					
Manqum Manor (KM 451L)	5235 Saxon, 77092	1	Yes	1					
Mason (KM 535A)	541 South 75th St./Tipps, 77023	2	Yes						
Meadowcreek Village (KM 536S)	5333 Berry Creek, 77017	2	Yes						
Melrose (KM 413T)	12200 Melrose Park Rd., 77076	4	Yes						
Meyerland (KM 531Q)	5151 Jason, 77096	2	Yes						
Milby (KM 535G)	2001 Central, 77017	2	Yes						
Milroy (KM 452Z)	1205 Yale, 77008	1	Yes						
Montie Beach (KM 453X)	915 Northwood, 77009	2	Yes	1					
Moody (KM 453Y)	3725 Fulton, 77009	2	Yes						
Nieto (KM 495A)	500 Port, 77020	1	Yes	1					
Northline (KM 413W)	6902 Nordling, 77076	2	Yes						
Nottingham (KM 489E)	14205 Kimberley, 77079	2	Yes	1					





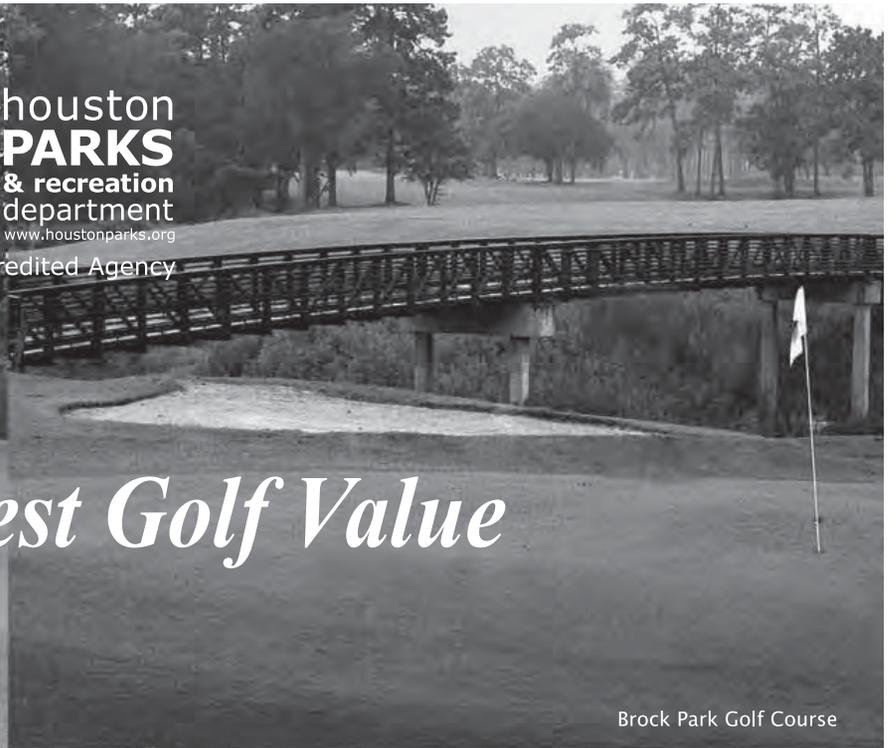
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Houston's Best Golf Value



Gus Wortham Golf Course



Brock Park Golf Course



Sharpstown Golf Course



Memorial Park Golf Course



Sharpstown Park Golf Course
6600 Harbor Town
(713) 988-2099



Gus Wortham Park Golf Course
7000 Capitol
(713) 928-4260



Brock Park Golf Course
8201 John Ralston Road
(281) 458-1350



Memorial Park Golf Course
1001 East Memorial Loop Drive
(713) 862-4033

GOLFcourses

The Houston Parks & Recreation Department provides 7 challenging golf courses for citizens' enjoyment. From the highly acclaimed Memorial Park (the #1 municipal course in the state!), to the well maintained and lower priced Brock Park and Gus Wortham Park courses, there is something for every golfer.

Memorial, Hermann and Gus Wortham are all located inside the loop. Sharpstown, one of Houston's most popular and most walkable courses, is close in on the Southwest side. Brock offers opportunities to Northeast golfers, while Glenbrook provides a venue in the Southeast area of the City. Melrose, in the North Central part of the city, offers a chance to practice short-game skills with its 18 par -3 holes. All courses except Glenbrook have driving ranges. All have practice putting and chipping greens. Pro shops are available at all courses. Dining facilities are available at all courses except Melrose.

All courses are non-metal spike facilities. Weekday fees apply Monday through Thursday. Weekend fees apply Friday through Sunday, and all city holidays. Junior (under 18) and Senior (65 – older) rates are offered on weekdays only. Twilight start times vary by season. Please call the course.

For tee time reservations, log on to www.houstonparks.org and access the tee time reservation system. This innovative tee time system includes Memorial, Sharpstown, Brock and Gus Wortham. For tee times at other courses call the pro shop.

For information on all the courses, visit www.houstonparks.org. Lessons from qualified instructors are available at all courses. Tournament and corporate outings may be scheduled by calling any of the courses.

(Note: Prices are subject to change without notice. Extra fee applies for use of electric golf car.)



Memorial Park Golf Course

Memorial Park Golf Course began in 1923 as a 9-hole sand green course built near the hospital at Camp Logan. In 1935, in an ambitious effort to enhance parks across the city, the Houston Parks and Recreation Department began constructing an illustrious 18-hole golf course. In July of 1936, the first ball was teed off on what architect John Bredemus called his "greatest golf course ever." Through the years, Memorial Park Golf Course hosted many famous golfers such as Arnold Palmer, Babe Didrikson and Charlie Sifford. It also hosted

the Houston Open PGA Tour event from 1951 to 1963. In 1995, a newly renovated 260-acre course opened with a lighted driving range, putting and chipping greens and a beautiful new clubhouse facility featuring an expanded pro shop and a Beck's Prime Restaurant.

Today, Memorial Park Golf Course is known as one of the best municipal courses in the nation and is visited by more than 60,000 patrons each year. Houston is proud to call Memorial Park Golf Course the crown jewel of Memorial Park. Memorial Park Golf Course is closed on Tuesdays. Tee times are available online at www.houstonparks.org. Click on the golf link and select "Online Tee Times" to access the tee time reservation system.

Yardage / Par:	7309 / 72
Hours:	Dawn - 10:00 pm
Fees:	See Fee Schedule Below
Location:	Memorial Park (KM 492F) 1001 Memorial Loop, 77007
Information:	(713) 862-4033

Fees

Junior (Mon - Thur Only):	\$10.00
Senior/Disabled (Mon - Thur):	\$15.00
Mon - Thur:	\$30.00
Fri - Sun & Holidays:	\$38.00
Mon - Thur Twilight:	\$21.00
Fri - Sun Holiday Twilight:	\$28.00





Hermann Park Golf Course

Hermann Park Golf Course is a jewel nestled in the center of the Bayou City. Since 1922, this lush parkland course has been at the center of a rich tradition of golfing excellence. The course was fully renovated in 1998. The new clubhouse is located at the corner of Almeda and North MacGregor, and from there you set out on this short, but challenging and enjoyable course. Water toughens the course, coming into play on half the holes.

You'll find no more enjoyable way to experience George Hermann's legacy than playing this 18-hole oasis in the very heart of Houston. Hermann has a driving range, practice putting green, pro shop and complete snack bar.

The Hermann Park Golf Course is managed for HPARD by BSL Golf Corp. Sales tax is additional on all fees. Carts required weekend mornings. Tee times are available online at www.houstonparks.org. Click on the golf link and choose Calendar of Events: Hermann Park Golf Course to access the Hermann Park Golf Course website.

Yardage / Par: 6600 / 70
Hours: 7:00 am - 9:00 pm
Fees: See Fee Schedule Below
Location: Hermann Park (KM 533A)
 2155 N. MacGregor, 77030
Information: (713) 526-0077

Fees

Junior (Mon - Thur Only):	\$ 8.00
Senior/Disabled (Mon - Thur):	\$ 12.00
Mon - Thur:	\$21.50
Fri - Sun & Holidays:	\$30.64
Mon - Thur Twilight:	\$14.34
Fri - Sun Holiday Twilight:	\$18.78
Fri - Sun Holiday Twilight 2:	\$14.00



Gus Wortham Park Golf Course

Come play on living history. Gus Wortham opened in 1908 as the original Houston Country Club. Today, Wortham is the oldest continually operating 18 hole course in the state. Gus Wortham provides challenges not regularly found in Houston. Elevated tees and uphill carries to greens make you use all your clubs. The course is relatively wide open, making it attractive for all levels of golfers. The front 9 features 3 consecutive par 5 holes, 2 of which you may want to go for in 2. Your shot-making skills will be tested on several of the "short but challenging" par 4

holes. Playing to more than 6,400 yards, Gus Wortham is a fun course, located only minutes from downtown and inside the loop.

A full driving range is available for practice or warming up. Additional practice areas include a putting green, chipping green and practice bunker. Gus Wortham has a fully stocked pro shop and full snack bar. The pro shop staff is available for lessons.

Tee times are available online at www.houstonparks.org. Click on the golf link and choose "Online Tee Times" to access the tee time reservation system.

Yardage / Par: 6427 / 72
Hours: Dawn - Dusk
Fees: See Fee Schedule Below
Location: Gus Wortham Park (KM 494Z)
 7000 Capital, 77023
Information: (713) 928-4261

Fees

Junior (Mon - Thur Only):	\$ 7.00
Senior/Disabled (Mon - Thur):	\$10.00
Mon - Thur:	\$16.00
Fri - Sun & Holidays:	\$23.00
Mon - Thur Twilight:	\$13.00
Mon - Thur Twilight 2:	\$10.00
Fri - Sun Holiday Twilight:	\$17.00
Fri - Sun Holiday Twilight 2:	\$13.00



Sharpstown Park Golf Course

Welcome to Houston's "Best Golfing Value." Sharpstown Golf Course has earned this reputation by providing outstanding customer service and excellent facility conditions, while offering some of the lowest fees in the gulf coast area. The course is located in the heart of southwest Houston, one mile west of Hwy 59 and 1 block north of Bellaire Blvd. on Harbor Town Drive. Sharpstown's convenient location allows for quick access from anywhere in the greater Houston area.

Recent improvements at Sharpstown include new cart paths, improved drainage, reconstructed bunkers, tees and lakes. The 18 hole, par 70 course has 4 sets of tees, allowing moderate degrees of difficulty for the novice and beginner, yet enough length (6,660 from the back tees) to test the avid and skilled player.

Sharpstown's amenities include a driving cage for practice or warming up, 2 putting greens, a chipping green, full service pro shop, cafe and beverage cart and golf professionals who are available for lessons.

Tee times are available online at www.houstonparks.org. Click on the golf link and choose "Online Tee Times" to access the tee time reservation system.

Yardage / Par: 6600 / 70
Hours: Dawn - Dusk
Fees: See Fee Schedule Below
Location: Sharpstown Park (KM 530F)
 6600 Harbor Town Dr, 77036
Information: (713) 988-2099

Fees

Junior (Mon - Thur Only):	\$ 8.00
Senior/Disabled (Mon - Thur):	\$ 13.00
Mon - Thur:	\$18.00
Fri - Sun & Holidays:	\$26.00
Mon - Thur Twilight:	\$15.00
Mon - Thur Twilight 2:	\$13.00
Fri - Sun Holiday Twilight:	\$20.00
Fri - Sun Holiday Twilight 2:	\$16.00



Brock Park Golf Course

Welcome to Houston's "Best Kept Secret," Brock Park Golf Course, quietly tucked in northeast Houston, far from the noise, but less than 20 minutes from downtown. Brock Park is managed and maintained by the Houston Parks and Recreation Department's golf operations division staff. This tree-lined course has been one of the City's fine municipal courses since 1972.

Brock plays to 6,427 yards with elevation changes unlike most courses in the area. It combines risk and reward on many holes, and requires good shot selection and execution on others. Greens Bayou comes into play on 4 holes and creeks cross 4 others. Good scores can be found at Brock, provided you stay out of the trees!

A driving range is available for practice or for warming up. Additional practice areas include a putting green, chipping green and practice bunker. The pro shop staff is available for lessons. Brock Park is a non-metal spike facility with a fully stocked pro shop and snack bar.

Tee times are available online at www.houstonparks.org. Click on the golf link and choose "Online Tee Times" to access the tee time reservation system.

Yardage / Par: 6427 / 72
Hours: Dawn - Dusk
Fees: See Fee Schedule Below
Location: Brock Park (KM 456E)
 8201 John Ralston Road, 77044
Information: (281) 458-1350

Fees

Junior (Mon - Thur Only):	\$ 7.00
Senior/Disabled (Mon - Thur):	\$10.00
Mon - Thur:	\$16.00
Fri - Sun & Holidays:	\$23.00
Mon - Thur Twilight:	\$13.00
Mon - Thur Twilight 2:	\$10.00
Fri - Sun Holiday Twilight:	\$17.00
Fri - Sun Holiday Twilight 2:	\$13.00



Melrose Park Golf Course

Melrose Park Golf Course is one of the few 18 hole par-3 golf courses in the state and it is lighted for night play! Located on Canino Road, between Airline Drive and the Hardy Toll Road, Melrose also offers a lighted driving range with a grass hitting area, chipping green, practice bunker and practice putting green.

With holes ranging in length from 70 yards to 145 yards, you will get the opportunity to work on all aspects of your short iron game. Imagine being able to play 18 holes in less than 2 hours and have a chance for a hole-in-one on every hole!

Melrose is managed for HPARD by Walton Golf Enterprises. Individual lessons and group clinics are available. Contact the course for further information.

Yardage / Par: 2250 / 54
Hours: Dawn - Dusk
Fees: See Fee Schedule Below
Location: Melrose Park (KM 413T)
 401 Canino, 77076
Information: (281) 931-4666

Fees

Junior (Weekday Only):	\$ 6.00
Senior/Disabled (Weekday Only):	\$ 6.00
Weekday (Mon - Thur):	\$10.00
Weekday Night:	\$11.00
Weekday/Holiday (Fri - Sat):	\$12.00
Weekday/Holiday Night:	\$13.00



Glenbrook Park Golf Course

Glenbrook Park Golf Course is located south/southeast of downtown Houston in the Hobby Airport area. Located along Sims Bayou, Glenbrook has 7 holes that cross the waterway. Recent improvements at Glenbrook include new tees on many holes, expanding the distance from the rear tees.

Glenbrook is managed for HPARD by Lopez Golf Management. Tee times are available by phone on Thursday morning at 7:00 a.m. for Friday, Saturday and Sunday starting times. Sales tax on all fees is additional.

Yardage / Par: 6520 / 71
Hours: Dawn - Dusk
Fees: See Fee Schedule Below
Location: Glenbrook Park (KM 535Q)
 8205 Bayou Drive, 77017
Information: (713) 649-8089

Fees

Junior (Mon - Thur Only):	\$ 7.00
Senior/Disabled (Mon - Thur):	\$10.00
Mon - Thur:	\$16.00
Fri - Sun & Holidays:	\$23.00
Mon - Thur Twilight:	\$13.00
Fri - Sun & Holiday Twilight:	\$17.00

PERMITS & RESERVATIONS

Permits and Reservations

HPARD has many different venues available for rental. Whether you are planning a wedding, a family or a neighborhood event, a company picnic or a sports tournament we have a site for you!

An area within a park may be reserved for personal use or private events by obtaining a permit through HPARD's Permits Section for a fee and refundable deposit. This permit ensures the exclusive use of the specific space for a designated time frame.

Park space, including pavilions, picnic table clusters and open space may be reserved for picnics, birthday parties, family or religious gatherings, weddings and more. Sports field rentals and reservations, are also available year round at nominal fees for weekdays and weekends. When planning your event it is very important to contact HPARD's Permits Office as early as possible to receive the most current information on the park or facility of your choice.

You can make online reservations by visiting: activenet011.active.com/houstonparks.

For information regarding permits for large public events, call the Mayor's Office of Special Events at (832) 393-0861 .

Office Hours: 8:00 am - 4:00 pm, M-F
Sportsfield Permits: (832) 394-8804
Outdoor Permits: (832) 394-8805
Online Reservations: activenet011.active.com/houstonparks



GARDENS

Houston Garden Center

Wander the pathways of The Houston Garden Center and enjoy the sights and smells of over 2,500 roses. Identify your favorite rose, tree or flower on a casual stroll or plan your next event with the center as its backdrop.

The gardens cover 6 acres of land and include: the Bulb Garden, the All-American Rose Selection Test Garden, the Fragrant Garden, the Perennial Garden, the Camellia Garden, the Friendship Pavilion and the early stages of the International Garden.

Every year, the Garden Center serves as a backdrop for weddings, private functions, plant shows and various garden club meetings.

The Houston Garden Center is located across from the Miller Outdoor Theatre and east of the Houston Museum of Natural Science.

Visit www.houstonparks.org for a list of horticultural groups that meet at the Houston Garden Center. For rental information, contact the Houston Garden Center Office during normal business hours.

Office Hours: 8:00 am – 5:00 pm, M-F
Information: (713) 284-1989

Japanese Garden at Hermann Park

Nestled in a pine grove near the Sam Houston Monument in Hermann Park you'll find an island of serenity known as the Japanese Garden. Designed by world-renowned Japanese landscape architect Ken Nakajima, the garden was built to symbolize the friendship between Japan and the US, and to recognize Houston's thriving Japanese community.

The Japanese Garden in Hermann Park is built in the Daimyo Style, a traditional design that dates back to the 17th, 18th, and 19th century stroll gardens. Like most stroll gardens, this 5-acre oasis is designed around a sequence of landscape elements, which combine to create a work of living art.

THE JAPANESE GARDEN IS NOT AVAILABLE FOR RENTALS.

Spring/Summer Hours: 10:00 am - 6:00 pm
Fall/Winter Hours: 10:00 am - 5:00 pm
Location: 6001 Fannin
Information: (713) 284-1989

PARK VOLUNTEER programs

Every year HPARD depends on hundreds of volunteers of all ages to assist in a variety of programs and activities from coaching youth sports teams to cleanup projects in neighborhood parks. We encourage individuals, businesses, youth groups, adult organizations and corporate sponsors to learn more about all the volunteer opportunities available with the department. Make a difference in your community, in the lives of children and in our park programs. Get involved! Volunteer today!

Greenspace Volunteer Programs

Green Team Volunteer Program

Green Team Volunteers provide landscaping maintenance and improvements, tree planting, help with beautification projects and park or bayou de-littering..

Individuals, businesses, youth groups, adult organizations and corporate sponsors are encouraged to participate in this program.

All volunteers must complete a volunteer waiver form for each event.

Ages: Youth - Adult / Varies With Project

Registration: (832) 395-7280

Eagle Scout Projects

HPARD welcomes project submission from Eagle green spaces, youth sports programs and our community centers.

Ages: 18 - Older

Registration: (281) 460-2586

Internship Program

HPARD provides a professional environment in which graduate, undergraduate and post-graduate students may acquire experience which relates to their academic course of study.

This program is open to all students from an accredited college or university who are seeking and actively pursuing a career in the fields of recreation, park management or other related professions.

Ages: 18 - Older

Registration: (832) 395-7112



Facilities, Management and Development

Internship Program

HPARD provides a professional environment in which graduate, undergraduate and post-graduate students may acquire experience which relates to their academic course of study.

This program is open to all students from an accredited college or university who are seeking a career in the fields of park management, landscape architecture, planning, GIS and other related fields.

Ages: 18 - Older

Registration: (832) 395-7028





Recreation and Wellness Volunteer Programs

Teen and Adult Volunteer Programs

Volunteer at your area community center! You can gain valuable experience in the recreational field, explore a potential career option, develop personal and professional skills while giving back to your community.

Teen Volunteer Programs

Volunteer opportunities include: Summer Enrichment Program Assistance, Office Assistant and acting as a Receptionist.

No experience is necessary. All teen volunteers are required to complete a Teen Volunteer Application Form before volunteering.

Ages:

Registration:

Program Dates:

Location:

Information:

Adult Volunteer Program

Volunteer opportunities include: Assisting with Summer Enrichment Program, Office Assistant, Chaperone on youth field trips and Receptionist duties.

No experience is necessary. Each Adult Volunteer Application Form must complete an Adult Volunteer Application Form before volunteering.

All applicants must pass a Background Check before being accepted as a volunteer.

Ages:

Registration:

Program Dates:

Location:

Information:

Athletic Team Volunteer

Team volunteers serve as coaches, assistant coaches or provide support to youth participating in baseball, basketball, flag football, golf, soccer, track and field and volleyball.

All applicants must pass a Background Check before being accepted as a volunteer.

Ages:

Information:

Friends of the Park

Make a difference in your community by joining your neighborhood Friends of the Park Council. Your assistance is needed with volunteer opportunities, planning/assisting with special events and providing input regarding the community's programming needs.

All applicants must pass a Background Check before being accepted as a volunteer.

Ages:

Location:

Information:



PARTNERING *With parks*

The Houston Parks and Recreation Department (HPARD) oversees 366 developed parks and more than 200 green spaces totaling over 37,832 acres of land. We are committed to providing the public with educational and recreational programming; with responsible stewardship of Houston's parkland, greenspaces and urban forest; and with volunteering and partnership opportunities, for individuals and businesses that support the City's parks.

Partnering with Parks can help your group meet organization's goals while improving the city's quality of life and providing one of the most visible and public ways to demonstrate your dedication and commitment to the environment and to the community. Public-private partnerships benefit all of us all. Won't you join us today to create something wonderful for all Houstonians!

Contact: Luci Correa
Information: (832) 395-7057

Lake Houston Wilderness Park

Lake Houston Wilderness Park (LHWP) is a 4,800-acre "natural" park northeast of Houston acquired by the City from TPWD in 2006. It is managed for the City by the Houston Parks and Recreation Department. The park is on the central flyway for migratory birds of the U.S. and is recognized on the Great Texas Coastal Birding Trail (Upper).

LHWP provides camping facilities; hiking, biking and equestrian trails; water activities for kayaks and canoes; and natural areas for nature lovers and birders alike.

Partnership and funding opportunities exist in many areas including the creation of a vehicle bridge, the development of a new park headquarters and pavilion, the development of canoe and kayak facilities and the building of cabins and stables.



Lake Houston Wilderness Park

Playgrounds without Limits

Playgrounds Without Limits is a campaign to build inclusive playgrounds in HPARD parks. These playgrounds surpass ADA accessibility guidelines and provide a variety of play elements and activities for children of all abilities. Ramps and transfer systems address mobility issues, elements like elevated sand boxes provide children with sight impairment sensory-rich activities to enjoy and porch-swing gliders give children with wheelchairs the opportunity to enjoy a swing.

Each Playground without Limits has an approximate cost of \$500,000. We have this Playground featured at Alief Park, Eastwood Park, Memorial Park, the Metropolitan Multi-Service Center and Tidwell Parks.

Park Playgrounds

Playgrounds provide kids with an opportunity for free unstructured play. Play is an important factor in how they develop both socially and physically. Kids who play build their confidence and learn the social skills that help them become happy, well-adjusted adults. Approximately 200 new or replacement playgrounds are needed in Houston of varying size and components to match the needs of the park, neighborhood, and age of the children playing on them.



Metropolitan Multi-Service Center Vale-Asche Foundation Playground Without Limits

Lighted Sports Fields

The rapid growth of Houston soccer in recent years has created a citywide shortage of fields, leaving many teams and leagues to vie for play space every day. Lighting existing sports fields is a cost effective alternative to acquiring, developing, and maintaining new facilities because it extends hours of play, especially during the shortening days of the fall and winter seasons. In summertime, lighted fields provide an escape from the hot Texas sun, making games safer for players and more enjoyable for fans. Increased recreational opportunities have a direct impact on the success of our youth, and as a result, the future success of our entire community.

Funding will be used to purchase Musco Lighting's energy efficient Light-Structure Green™ lighting system. This state-of-the-art technology offers key benefits including:

- 50% savings in operating costs through reduced energy consumption and an automated control and monitoring system
- 50% less spill and glare, protecting the environment and keeping neighbors happy
- 100% of maintenance costs eliminated for 25 years, including lamp replacements, through a comprehensive warranty program
- Light levels guaranteed to remain constant for 25 years



Burnett Bayland Soccer Fields

Trails in Parks

A survey of Houstonians for the Houston Parks and Recreation Master Plan showed recreational walking is the number one fitness activity. Trails in parks provide a simple outlet for physical activity to improve fitness and mental health. Trails in parks also make our parks safer and reduce vandalism by increasing park use throughout the day.

Opportunities exist to develop loop trails within existing parks as well as dedicated trails along linear parks. To meet the recommended national standards, new trails totaling 428 miles are needed to serve the 2020 population.



Dodson Lake Trail

PARK and GREENSPACE *adoption*

Park Adoption Programs

HPARD's Adoption programs are a great way to show your pride and commitment to Houston's parks and green spaces. Whether you're with a group or business interested in active community involvement we have a program that will fit your desire to improve the quality of our park system and public land. There are 5 different Adoption Programs for you to choose from, Adopt-A-Park, Adopt-An-Esplanade, Adopt-A-Sports Field, Adopt-A-Trail and Adopt-A-Library Greenspace. Regardless of the program you choose your involvement helps us maintain green spaces that we're all proud of!

Contact: Marilu De La Fuente
Information: (832) 395-7029
marilu.delafuente@houstontx.gov

Adopt-A-PARK

This adoption program welcomes homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of a park.

Term of agreement minimum of 2 years.

Adopt-A-SPORTS FIELD

This adoption program welcomes organized youth leagues who wish to adopt a sports field in lieu of paying permitting fees associated with the use of ball fields. This adoption is available for youth leagues only.

The term is for 6 months (Jan –June) and (July-Dec). The adoptee is responsible for all maintenance related to the sports field for the entire 6 month period.

Adopt-An-ESPLANADE

This adoption program welcomes homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of esplanades/medians.

Term is perpetual provided adoptee maintains esplanades/medians free of trash, mowed and edged.

Adopt-A-TRAIL

This adoption program welcomes civic groups interested in providing long-term support for the maintenance and aesthetic quality of a portion of a trail.

Term is a 2 year minimum.

Adopt-A-LIBRARY GREEN SPACE

This adoption program welcomes homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of library grounds.

Term of agreement minimum of 2 years.



Adopted Esplanade

SUMMER FOOD SERVICE PROGRAM

Summer Food Service Program

Register today to become a Summer Food Service Site and help provide FREE lunches and snacks to area youth, ages 1-18, this summer! The Summer Food Service Program (SFSP) works to fill the meal gap that area youth experience when school cafeterias are closed for the summer.

The program is a federally funded and administered by the Texas Department of Agriculture. The Houston Parks and Recreation Department has sponsored and coordinated the program since 1980. Various organizations and groups can apply to become a Summer Food Program site and participate in the program at no cost to themselves. Participating sites have included HPARD Community Centers, churches, apartment complexes, learning centers, YMCA's and many other nonprofit organizations. Organizations must apply and qualify to become a Summer Food Service Site.

The program operates on a weekday basis. Meals are prepared and delivered daily to participating sites. The meals consist of a sandwich, a fruit, juice and milk. Each year over 1.2 million meals are distributed at more than 460 participating sites throughout Houston and Harris County. The need for more sites is great and we encourage interested groups and organizations to consider becoming a Summer Food Service Site and help us feed area youth throughout the summer. This year's Summer Food Service Program will run from June 10, 2013 through August 23, 2013.

Applications must be received by April 12, 2013. Apply today to become a Summer Food Service Site and help us provide nutritious meals this summer to Houston's young people.

Note:

Application Forms are available for download at www.houstonparks.org. No billing or food preparation involved.

SFSP Registration Deadline: April 12, 2013
Fees: FREE
Information: (713) 676-6832
sheila.pous@houstontx.gov

Friends, Fun and Food
Amigos, diversión y comida gratis

June 10 - August 23, 2013
10 de Junio - 23 de Agosto del 2013

Summer Food Program

Hey, Parents and Guardians!

FREE summer meals are available for youths ages 1-18. No registration is required to eat; just show up at a site near you!

In more than 460 operating sites

Lunch 11:00 a.m. - 1:00 p.m.
 Snacks 3:00 p.m. - 4:00 p.m.

Children must consume food on site



Programa de Alimentos Durante el Verano
iHola padres y tutores!

Comidas GRATIS durante el verano para niños y adolescentes de 1 a 18 años. No tienen que inscribirse, sólo presentarse en el sitio más cercano!

En más de 460 sitios

11:00 a.m. - 1:00 p.m. Almuerzo
 3:00 p.m. - 4:00 p.m. Refrigerio

Los chicos deben consumir la comida en el sitio

Information/Información
(713) 676-6832 or 2-1-1

Sponsored by
 Houston Parks and Recreation Department



Sponsored by Houston Parks and Recreation Department since 1980. This program is administered by the Texas Department of Agriculture Food and Nutrition Division. In accordance with federal law and USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. Hecho posible por el Departamento de Parques y Recreación de Houston desde 1980. El programa es administrado por el Departamento de Agricultura de Texas División de Alimentos y Nutrición. De acuerdo con la Ley Federal y los reglamentos del Departamento de Agricultura de E. U., no se permite la discriminación basada en la raza, el sexo, la edad o la discapacidad.

HPARD Community Centers Phone Numbers

NORTHEAST

Clark (KM 453B)
9718 Clark, 77076
(713) 742-1497 / clark@houstontx.gov

Clinton (KM 495U)
200 Mississippi, 77029
(713) 673-0955 / clinton@houstontx.gov

Finnigan (KM 494H) - Harris Co. Pct 1
4900 Providence, 77020
(713) 678-7385 / Finnigan@houstontx.gov

Hobart Taylor (KM 455Q)
8100 Kenton, 77028
(713) 674-3959 / hobarttaylor@houstontx.gov

J Robinson, Sr (KM 495L)
1422 Ledwicke, 77029
(713) 674-2401 / email@houstontx.gov

Kingwood (KM 296X)
4102 Rustic Woods, 77345
(281) 348-2570 / kingwood@houstontx.gov

Lakewood (KM 455G)
8811 Feland, 77028
(713) 636-8217 / LakewoodPark@houstontx.gov

Melrose (KM 413T) - YMCA
1001 Canino, 77076
(281) 447-0514 / prmelrose@houstontx.gov

Moody (KM 453Y) Closed/Renovation
3725 Fulton, 77009
(713) 692-6925 / prmoody@houstontx.gov

Selena Quintanilla Perez (KM 494H)
6402 Market, 77020
(713) 675-2151 / DenverHarbor@houstontx.gov

Shady Lane (KM 414W)
10220 Shady Lane, 77093
(713) 742-1503 / shadylane@houstontx.gov

Swiney (KM 494T)
2812 Cline, 77020
(713) 238-2197 / swiney@houstontx.gov

Tidwell (KM 454D)
9720 Spaulding, 77016
(713) 636-8221 / tidwell@houstontx.gov

Tuffly (KM 454X)
3200 Russell, 77026
(713) 867-0496 / tuffly@houstontx.gov

NORTHWEST

Candlelight (KM 452E)
1520 Candlelight, 77018
(713) 682-3587 / candlelight@houstontx.gov

Fonde (KM 493K) - YMCA
110 Sabine, 77002
(713) 226-4466 / Fonde@houstontx.gov

Freed (KM 451Y)
6818 Shady Villa, 77055
(713) 682-4467 / Freed@houstontx.gov

Highland (KM 451D)
3316 DeSoto, 77091
(713) 956-9137 / prhighland@houstontx.gov

Independence Heights (KM 453N)
603 East 35th, 77022
(713) 867-0373 / independenceheights@houstontx.gov

J Robinson, Jr. (KM 533B) - YMCA
2020 Hermann Drive, 77004
(713) 284-1997 / JudsonRobinsonJr@houstontx.gov

Kendall (KM 488C)
609 North Eldridge, 77079
(832) 393-1897 / PRKendall@houstontx.gov

Lincoln (KM 412Q) - Harris Co. Pct 1
979 Greshaw, 77088
(281) 445-1617 / prlincoln@houstontx.gov

Love (KM 452Z)
1000 West 12th, 77008
(713) 867-0497 / Love@houstontx.gov

Milroy (KM 452Z)
1205 Yale, 77008
(713) 867-0397 / Milroy@houstontx.gov

Montie Beach (KM 453X)
915 Northwood, 77009
(713) 864-6820 / MontieBeach@houstontx.gov

Proctor Plaza (KM 453X)
803 West Temple, 77009
(713) 862-6907 / proctorplaza@houstontx.gov

R L & Cora Johnson (KM 450A)
9920 Porto Rico, 77041
(713) 895-6141 / carverdale@houstontx.gov

Stude (KM 493E)
1031 Stude, 77007
(713) 867-0496 / stude@houstontx.gov

Woodland (KM 493C)
212 Parkview, 77009
(713) 867-0401 / woodland@houstontx.gov

SOUTHEAST

Bessie Swindle (KM 573L)
11800 Scott, 77047
(713) 733-4581 / swindle@houstontx.gov

Beverly Hills (KM 576S)
10201 Kingspoint, 77075
(713) 948-9065 / beverlyhills@houstontx.gov

Charlton (KM 535P)
8200 Park Place, 77017
(713) 645-3589 / charlton@houstontx.gov

Crestmont (KM 574J)
5200 Selinsky, 77048
(713) 733-2236 / Crestmont@houstontx.gov

DeZavala (KM 495S)
907 76th St, 77012
(713) 923-5163 / DeZavala@houstontx.gov

Eastwood (KM 494T)
5020 Harrisburg, 77011
(713) 928-4801 / Eastwood@houstontx.gov

Edgewood (KM 534X)
5803 Bellfort, 77033
(713) 734-8434 / Edgewood@houstontx.gov

Garden Villas (KM 535W)
6720 South Haywood, 77061
(713) 847-5168 / GardenVillas@houstontx.gov

Hartman (KM 535C)
9311 East Ave P, 77012
(713) 928-4803 / hartman@houstontx.gov

Ingrando (KM 535F)
7302 Keller, 77012
(713) 643-4764 / ingrando@houstontx.gov

MacGregor (KM 534E)
5225 Calhoun, 77021
(713) 747-8650 / MacGregor@houstontx.gov

Mason (KM 535A)
541 South 75th, 77023
(713) 928-7055 / Mason@houstontx.gov

Meadowcreek (KM 536S)
5333 Berry Creek, 77017
(713) 946-9020 / Meadowcreek@houstontx.gov

Sagemont (KM 576Y)
11507 Hughes, 77089
(281) 922-2343 / sagemont@houstontx.gov

Settegast (KM 494N)
3000 Garrow, 77003
(713) 238-2200 / settegast@houstontx.gov

SOUTHWEST

Alief (KM 529E)
11903 Bellaire, 77072
(281) 564-8130 / AliefPark@houstontx.gov

Almeda (KM 572Y)
14201 Almeda School Rd, 77047
(713) 434-1909 / almeda@houstontx.gov

Burnett Bayland (KM 531B) Campo del Sol
6200 Chimney Rock, 77081
(713) 668-4516 / burnettbayland@houstontx.gov

Cherryhurst (KM 492R)
1700 Missouri, 77006
(713) 284-1992 / cherryhurst@houstontx.gov

Emancipation (KM 493Y)
3018 Dowling, 77004
(713) 284-1302 / Emancipation@houstontx.gov

Godwin (KM 531U)
5101 Rutherglen, 77096
(713) 726-7114 / Godwin@houstontx.gov

Hackberry (KM 528M)
7777 S. Dairy Ashford, 77072
(281) 776-9908 / HackBerry@houstontx.gov

Lansdale (KM 530K)
8201 Roos, 77036
(713) 272-3668 / lansdale@houstontx.gov

Linkwood (KM 532P)
3699 Norris, 77025
(713) 314-3107 / email@houstontx.gov

Marian (KM 530X)
11101 South Gessner, 77071
(713) 773-7015 / Marian@houstontx.gov

Platou (KM 571B)
11655 Chimney Rock, 77053
(713) 726-7107 / platou@houstontx.gov

River Oaks (KM 492T)
3600 Locke Lane, 77027
(713) 622-5998 / riveroaks@houstontx.gov

Sharpstown (KM 530F)
6600 Harbor Town, 77036
(713) 988-5328 / sharpstown@houstontx.gov

Sunnyside (KM 533X)
3502 Bellfort, 77051
(713) 734-5061 / sunnyside@houstontx.gov

Townwood (KM 572P)
3403 Simsbrook, 77045
(713) 434-3508 / townwood@houstontx.gov

Windsor Village (KM 571P)
14441 Croquet, 77085
(713) 726-7113 / windsorvillage@houstontx.gov



Important HPARD Phone Numbers

Frequently Called Numbers

Houston Parks and Recreation Department Main Phone No.	2999 South Wayside Dr	(832) 395-7000
HPARD Urban Park Rangers Dispatch	2999 South Wayside Dr	(832) 395-7100
HPARD Park Maintenance Problems		3-1-1

HPARD Program / Administration Phone Numbers

Adoption Programs	2999 South Wayside Dr	(832) 395-7029
Adult Sports	6200 Wheeler, Building 3	(832) 395-7130
Adult Sports Bulletin Board	(Phone Message Only)	(713) 865-4105
After School Enrichment Program	6200 Wheeler, Building 3	(832) 395-7294
After School Enrichment Program Administration	6200 Wheeler, Building 3	(832) 395-7270
Athletes Seeking Knowledge Program	6200 Wheeler, Building 3	(832) 395-7293
Aquatics	1001 East Memorial Loop Drive	(832) 395-7129
Community Centers Information	6200 Wheeler, Building 3	(832) 395-7294
D-Tag (Information)	6200 Wheeler, Building 3	(832) 395-7297
D-Tag (Administration)	6200 Wheeler, Building 3	(832) 395-7270
First Tee of Houston at FM Law Park	8400 Mykawa Road	(713) 264-2100
Golf – Brock Park Golf Course	8201 John Ralston Road	(281) 458-1350
Golf – Glenbrook Park Golf Course	8205 Bayou Drive	(713) 649-8089
Golf – Gus Wortham Park Golf Course	7000 Capitol	(713) 928-4260
Golf – Hermann Park Golf Course Managed by BSL Golf Corp.	2155 North MacGregor	(713) 526-0777
Golf – Melrose Park Golf Course Managed by Walton Golf Enterprises	401 Canino	(281) 931-4666
Golf – Memorial Park Golf Course	1001 East Memorial Loop Drive	(713) 862-4033
Golf – Sharpstown Park Golf Course	6600 Harbor Town	(713) 988-2099
Houston Garden Center	1500 Hermann Circle Drive	(713) 284-1989
Lake Houston Wilderness Park Reservations	22031 Baptist Encampment Rd New Caney, Texas 77357	(281) 354-6881
Lee and Joe Jamail Skatepark	103 Sabine Street	(713) 222-5500
Mayor's Office of Special Events (Special Events Permits)		(832) 393-0868
Mayor's Office of Special Events (Parade and Street Function Permits)		(832) 393-0868
Memorial Park Bike Trail Message Line	(Phone Message Only)	(713) 437-6588
Memorial Park Fitness Center	6402 Arnot, 77007	(713) 802-1662
Metropolitan Multi-Service Center	1475 West Gray	(713) 284-1973
Nature Programs (HPARD Venues)	6200 Wheeler, Building 3	(832) 284-7132
Nature, Teen and Senior Programs Administration	6200 Wheeler, Building 3	(832) 395-7270
Partnership Programs	2999 South Wayside Dr	(832) 395-7056
Permits and Rentals (Outdoors)	1002 Washington Ave	(832) 394-8805
Permits and Rentals (Sports fields)	1002 Washington Ave	(832) 394-8804
Senior Programs (Information)	6200 Wheeler, Building 3	(832) 395-7133
Senior Programs (Administration)	6200 Wheeler, Building 3	(832) 395-7270
Senior Programs and Summer Enrichment Program (Administration)	6200 Wheeler, Building 3	(832) 395-7270
Summer Food Service Program	6402 Market Street	(713) 676-6832
Teen Programs (Information)	6200 Wheeler, Building 3	(832) 395-7131
Tennis - Homer Ford Tennis Center	5225 Calhoun	(713) 842-3460
Tennis - Lee LeClear Tennis Center	9506 South Gessner	(713) 272-3697
Tennis - Memorial Park Tennis Center	1500 Memorial Loop Drive	(713) 867-0440
Tennis - Youth Tennis Office	1500 Memorial Loop Drive	(713) 803-1112
The Houston Garden Center at Hermann Park Reservations	Hermann Circle Drive	(713) 284-1989
Volunteer Programs HPARD	2999 South Wayside Dr	(832) 395-7280

ART In Parks

Houston Parks & Recreation Department

Visit a city of Houston park and experience

Art In Parks

Use your cell phone to map your journey.

Find out more at www.houstonparks.org

Art In Parks is funded by a grant from
the City of Houston through Houston Arts Alliance.



Mayor Annise Parker



A CAPRA Accredited Agency

HOUSTON'S TWELFTH ANNUAL
**FATHER'S DAY FATHER/CHILD
CHARITY GOLF TOURNAMENT
AND SCHOLARSHIP FUND**

Thursday, June 13, 2013



Benefiting

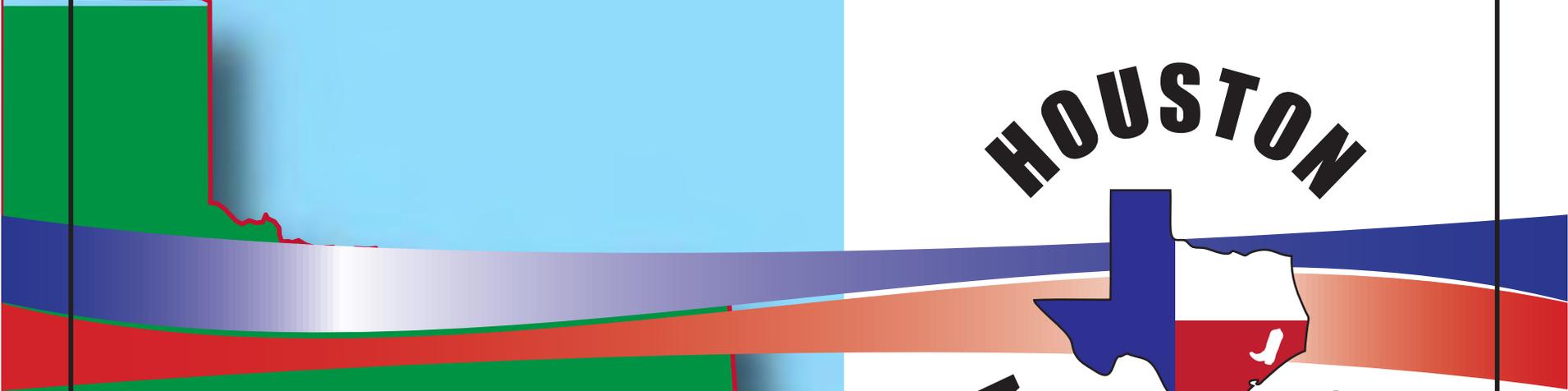


**Sponsorship and Registration Info. Call (713) 942-8500
or visit www.houstonparksboard.org**



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