



28th Annual Houston Meals for the Elderly at their Door Steps on Thanksgiving.

Call 832.393.4301

Ho.M.E. Project provides meals on Thanksgiving morning!

The Harris County Area Agency on Aging (HCAAA) is celebrating its 28th annual Houston Meals for the Elderly (Ho.M.E.) Project. Through the help of hundreds of volunteers a hot nutritional meal will be delivered “to the doors” of elder adults in Harris County on Thanksgiving morning. This year’s goal is to serve an 4,000 meals to seniors on Thanksgiving morning from 10 distribution sites across Harris County.

The meals are intended for senior adults who do not have another means of receiving a hot Thanksgiving meal. Qualifications for seniors to receive the meal are as follows:

- Any senior adult 60 years of age or older and/or their spouse who will not have a hot meal on Thanksgiving;
- A current nutrition participant that receives a congregate or home bound meal and will not have a hot meal on Thanksgiving;
- Any physically/mentally challenged person living with an eligible senior 60 years of age or older and,
- A child/grandchild who resides with the eligible senior.

For additional information on how a senior can receive a meal or to volunteer at the 8000 North Stadium Drive location, contact the Harris County Area Agency on Aging at **832.393.4301**.

Thank you and have a Happy Thanksgiving from the staff of the Harris County Area Agency!